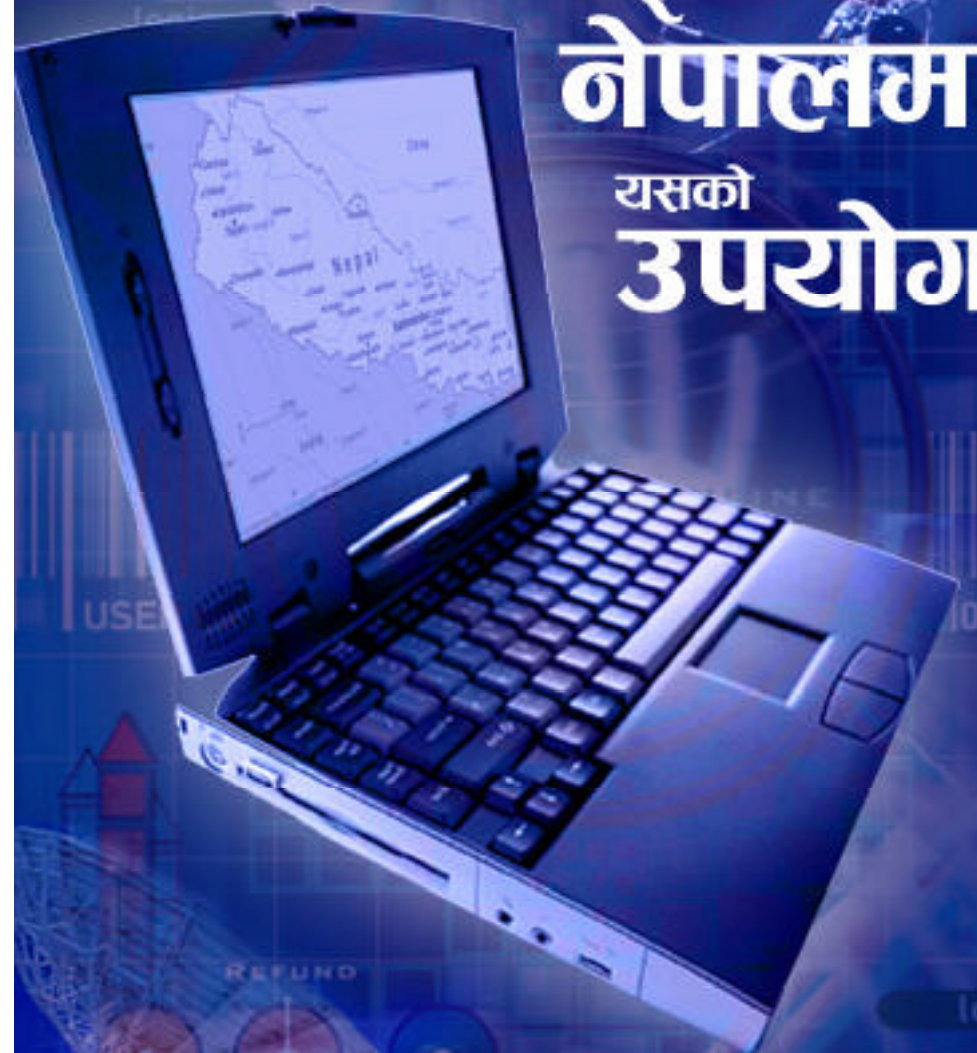


# सूचना प्रविधिको शक्ति र नेपालमा यसको उपयोग



विनय कुमार कसजू

; Ygf klj lwsf]zIQm/ gkfndf o; sf]pkof]u  
n]ys Mlj gosdf/ s; h"

## Power of Information Technology and Its Use in Nepal

- Vinaya Kumar Kasajoo

© Mn]ysdf

klxnf]; :s/Of M; [6]a/, @))# -ebf} @)^)\_  
dlbt ; Wof M@)) k]t

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l8hf0g M

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lqk/; j /, sf7df8f

krf] M (\*!)\$&\$&, (\*!)%&)\*

kndfS; M \$@^^\*@!

db\$ M 0G6b]fl ckm; ; k], cgfd gu/, sf7df8f

df]h M?= @)) ÷- -lj Bfyl{f nflu ?= !)) ÷- ; :tf]sfutdf\_

## Ij ifo ; Fl

eldsf

klxnf]v08 M ; Ygf klj lwsf]kl/ro, dxIj / pkof]utf

!= ; Ygf tyf ; #f/ klj lw

; Ygf tyf ; #f/ klj lw Jofks cy@f

; Ygf tyf ; #f/sf lj leGg klj lw

; Ygf tyf ; #f/ klj lw kQffnl

..; Ygf klj lw sf]tffko{

; Ygf klj lw s]xf]<

; Ygf klj lwsf lj z]ftf

; Ygf klj lwn]ug{ Sg]k]v sfd

@= ; Ygf qmlGt / dfgj lj sf;

dfgj lj sf; / ; Ygf tyf ; #f/ klj lwsf]lj sf;

1fg k]kt ug] ; ux ug] / k] f/ ug]dfgj lfdtfsf]lj sf;

; Ygf / ; -rf/ df]lods]lj sf; sf]ems -rf\$] \_

dfgj lj sf; sf]; f#f]/ ; Ys M ; Ygf / 1fg

; Ygf tyf ; #f/ klj lwsf]k]fj

; Ygf qmlGtsf]nlo / k]fj

#= ; Ygf klj lwsf cfwf/

sDKo6/

g]j s{

0G6/g]

b/; #f/

dIN6ldl8of

; Ygf ; flf/tf

(

!\$

@!

**\$= ; ʻrgf klj lwsf]pkofʻ** **\$&**  
; gsf]kmh kfg]sv/f  
; ʻrgf ; #f/ klj lwsf]kdf  
; ʻrgf kʻzfv]g klj lwsf]kdf  
o6qps/0f tyf ; fdu] pTkfbgdf  
; ^6j ʻ/÷cef]ts ; fdu]sf]pTkfbgdf

**%= lj sf; zln bʻzsf nflu ; ʻrgf klj lwsf]dxTj** **%@**  
; ʻrgf klj lw / cfw/et cfj ZostfdWb]sg /f]g]k  
; ʻrgf klj lwn]kʻbfg ug]cj ; /x  
; ʻrgf klj lw M ; j]et ʻ  
lj sf; zln bʻzxx]df ; ʻrgf klj lwsf]pkofʻsf lj z]f lʻq]x  
u]dl0f lj sf; df ; ʻrgf klj lwsf]eldsf  
ul/al 36fpg ; ʻrgf klj lwsf]eldsf  
ul/a bʻzxx]sf nflu tf/lax]g ; ʻrgf klj lw  
lj sf; zln bʻzxx]df ; ʻrgf klj lw k]4g]sf nflu ug]k]s]sf  
lj rf/ kʻofpg'kg]s'f

bf] f]v08 M g]k]fndf ; ʻrgf klj lwsf]pkofʻ oyfy{ ; e]j gf / xfS

**^= g]k]nsf]nflu ; ʻrgf klj lwsf]dxTj** **&&**

**&= ; ʻrgf klj lwsf cfw/ / l:y]t** **\*!**  
; ʻrgf klj lwsf]k]De / j t]fg l:y]t  
; ʻrgf klj lw gllt, P]g sfgg  
; ʻrgf klj lw gllt lgo]ds lgsfo]x  
; ʻrgf klj lw ; j]f kʻbfg ug]lgsfo]x  
; j]wt ; ʻ ; :yf  
hgziQm]lzi]ff / ; lk

**\*= ; ʻrgf klj lwsf]pkofʻ M ; e]j gf / jf:t]j stf** **!!#**  
; #f/sf] ; #f/df  
k]h]t]g / ; z]f; gsf] lʻq]df  
lj sf; sf] lʻq]df

lz]ffsf] lʻq]df  
; j]f:Yosf] lʻq]df  
; ʻrgf klj lwdf cfw]t Joj ; fodf  
pB]f] Jofk]sf] lʻq]df  
ko]gsf] lʻq]df  
s]l]fsf] lʻq]df  
dgr]h]gsf] lʻq]df  
; #s]t / wd]d]sf] lʻq]df  
; flx]to / snfsf] lʻq]df

**(= cfdhgt]sf nflu ; ʻrgf klj lw** **!^)**  
d]Wb:yx]sf]el]dsf  
6]h; ʻ6/ M uf]p]h]sf]b]h]r]df ; ʻrgf klj lw  
u]dl0f ; ʻrgf s]b] awl ; /sf/l of]h]g  
; ʻrgf klj lw / ; fdb]fos ; #f/sf]d]h  
; fdb]fos /]Bof]df ; ʻrgf klj lwsf]pkofʻ  
s]h, 066/g]b / /]Bof]sf]d]h  
cgnf0gsf]lj s]lk ; l8l/f]d  
; f]d]p]h]f]6 r]Ng]klj lwsf]pkofʻ

**!)= ; ʻrgf klj lwsf]lj sf; sf ; d:of / xf]x]x** **!&#**  
kxF / pkofʻ  
; ʻrgf klj lwsf]lj sf; sf ; d:of]x  
; ʻrgfklj lwn]f0{ ; j { he / pkofʻul agfpg]pkfo]x

**kl/lzi6 ! M ; f]g]le]s Pj +k]f/efl]fs zAb]j nl** **!(\***

**kl/lzi6 @ M ; G]be{ ; fdu]** **@(**

# e'ldsf

al; fFztfAb'lsf] cl'Gtd dlxgdf j fl; #6gdf e'hf ePsf cd'v/sl  
el j iolj b'x'z'n]s] el j ioj f0fl u/]eg] cfufdl rfyf0 zt'fAb'lnf0{; 'rgf  
qmf'Gtn]8f]ofpg]5 . ; 'rgf qmf'Gtn]; Dk0f{; #f/ Joj :yf tyf cy'Gqnf0{  
k'eflj t kfb'xdfgj hlj gsf x/3 k'ldf kj 3 ug5 .

; g\!(^^ df :yflkt lj Zj el j io ; dfhdf c; L b'z'sf j ] flgsx'z,  
lj le'g lj ifosf lj z'f'1x'z tyf k'j {/fhgllts g'j'fx'z ; d'j tl; xhf/  
; b:o 5g\ o; sf c'w'blf P8j f8{sf]lg{ e'65g\æc7f/fFztfAb'ldf s'lf  
cy'Gqnf0{cf'f'f'us qmf'Gtn]z'k'f'Gtl/t u/'h:t}; 'rgf qmf'Gtn]j t'Gfg  
cy'Gqnf0{z'k'f'Gtl/t ub'5 .

; 'rgf qmf'Gtsf]y'fngl em08}Ps bzsc'13 066/g'p'sf]k'l/Deaf6 ePsf]  
lyof]. o; sf d'v'o rf/ j 6f lj z'f'f'f 5g'v'lj s'j'bl's/Of (decentralization),  
lj Zj'ls/Of (universalization), ; fd'Gh:0LS/Of (harmonization) /  
JolQmlolQm'nf0{z'lQm x:tf'Gt/Of (devolution) .

gof'cfly'G Joj :y'fsf]p'ln]y'glo k'lf s]x'f]eg]of]lg/Gt/ kl/j t'Gzln 5  
. of]JoJ:y'fdf 1fg (knowledge) g'k'p'v ; #fwg ag'3'f]5 . sf]lg{  
e'65g\æ1fg clt b't ultn]; #f/s}; a'p'Gbf ax'd'no ; fwg ag'b'5 . o; n]  
; DklQsf]l; h'Gf ub'5 . o; cl3sf]cfly'G cfwf/ ag'3'f]e'ld, >d, 06wg  
/ k'f'lsf]7fp'f'f'gn]ln'5 . ; 'rgf'sf]lgj f'v kj f'x'nf0{/f'Gg v'f]lg]b'z'x'z'n]  
cf'k'm'nf0{clj sl; t'f'sf]cj :y'fl't/ ws'f]g'5g'v

; 0Qm /fi6'x'3lo lj sf; sfo'Gmd oPg8l'k'lsf] c'w'bogn] k'lg s] :ki6  
k'f/3'f]5 eg]æ1fgsf]ul/al'æ P'Ssf0; fFztfAb'lsf]; a'p'Gbf 3fts ul/al  
x'g'5 . p'Qm c'w'bogsf cg'; f/ ; 'rgf qmf'Gtnf0{cu'f'8 a'9fpg]tlg t'lj  
5g'v' clt b't ultn]kl/j t'G e'0/x'3'f]klj lw, clt p'Rr ultsf] sfo'  
; Dk'fbg l'f'd't'f / 36b'f]d'no . p'bf'x/0'fsf]nflu ; #f/ klj lwsf]cfwf/  
ag'3'f]l'rk'sf]l'f'd't'f x/3 j if{b'0{u'gf a'9b'5 eg]o; sf]d'f'h tl'g u'gf  
36b'5 .

cf'hsf]jou ; 'rgf klj lwsf]jou x'f]. o; df s'g}z'sf 5'g . cl'x'n]g'k'f'ndf  
k'lg ; 'rgf klj lw, ; 'rgf tyf ; #f/ klj lw, l8lh6n klj lw, d'ln'6ld'8of,

066/g'p', ; f0a/:k] , cgnf0g kq'sf]/tf, 0sd; { 0ueg'f; , 0nlg'æ c'flb  
k'f]j lws z'Ab'f'nlx'z'sf]Jof'ks k'p'f'u e'0/x'3'f]5 . j'f:tj df ; 'rgf /  
; #f/ klj lwsf]lj ifo af'f'4s tyf klj lws JolQm'j f lj z'f'1x'z'ar ; lldt  
geP/ s'lf'nfufot ; a'k'3'f]/sf Joj ; fo, l'f'q, 5nkm, u'f]7L ; ef, ; Dd'h'g  
/ b'lg's hlj gsf lj le'g l'f'q'df p'kof'u x'g y'f'n'3'f]5 . g'lt l'g'd'f'f, g'j'f,  
c'leg'j'f, p'bf'u'l, Jof'k'f/L, lj B'f'yl{l'z'l'fs, u'x'0fl, ls; fg, lj sf; ]sfo'Gt'f'f'v  
lnP/ c'fd h'g't'fsf]; d'j ; /f'3'f]/sf]lj ifo e'0; s'3'f]5 of]lj ifo . o; sf]  
af'/d'f y'x'f k'f'pg'd'f'q'x'f'0g o; af/]lj rf/ k'f'v'g; S'g'k'lg ; f'd'f'hs l'f'q'df  
s'fd ug]; a'3'f]nflu c'fj Z'os e'0; s'3'f]5 .

of]s'g}cg; G'w'f'gsf]nflu l'gl'z'rt lj lw k'f'ng u/] n'v'P'sf]k'f]1s j f  
k'f'7d k':ts x'f'0g . of]k':ts ; 'rgf tyf ; #f/ klj lwsf]ux'g klj lws  
c'w'bog ug]l'z'l'fs tyf lj B'f'yl'G'f]nflu geP/ o; sf af'/d'f h'f'gsf/L j f  
1fg /v'g v'f]lg]/ /v'g k'g]; d'f'hsf ; a'f'f'q j f j u'G'f d'flg; x'z'nf0{  
p'kof'u'l x'g]u/L tof/ kl/P'sf]5 . k':t's'sf]k'p'v p2'7o ; a'j u{JoJ; fo  
/ l'f'q'sf d'flg; x'z'nf0{g'k'f'nl e'f'iff'df ; 'rgf tyf ; #f/ klj lwsf  
c'fwf/e't 1fg; G kl/l'rt u/f'pg' / g'k'f'ndf o; sf] d'x'lj /  
; e'f'j g'f'af/]a'x'g ; 3'f'pg'x'f].

of]k':ts k'3'f'z'g ug]lj le'g tl/sfn]; 3'f'pg]hlj g; fyl u'f s; h"/  
; 'rgf klj lwsf]lj sf; df nflu'k/3'f tl'gef0 5'f'f'x'z - c'leg'j , bl'k's/ /  
; /j / ; fy}ld'8of ; le{h\066/g} g'nsf ; xof'u'l'x'z'nf0{k'lg w'G'oj fb  
lb'65' .

*lj g'ost'f/ s; h"*

klj lws z'Ab'x'z'sf]Jof'Vof  
k':tsdf k/3'f klj lws / k'l/ef'l'fs z'Ab'x'z'nf0{uf'9f / 58's]  
c'lf/df 5'f'k'7 ; G; G}c'Yof'p'g v'f]h'P'sf]5 eg] s'x'l z'Ab'x'z'sf]  
k'5f/sf]kl/l'zi6 ! df Jof'Vof ul/P'sf]5 .

cWofO !

; Rgf tyf ; #f/ klj lw

; Rgf tyf ; #f/ klj lw Jofks cydf

; RgfMhfgsf/L / tYofsxz cyff '80fnf0{; sng / kzfWg u/L ; ul7t,  
; fy\$ / pkofu ug{lsq]cfsf/df 9flnPkI5 ; Rgf x65 . ; ul7t /  
pkofuL ; Rgf ; xL ; f6ble\$, k0f{; Totfsf]k/LIf0f ug{; lsg]lj Zj ; glo  
/ rflxPsf]ajhdf kfpq; lsg]x65 . ; Rgfnf0{clf/, c\$, lrq, rnlrq  
/ Wj lgdf k}tt ug{ls65 .

; #f/Mb0{JolQm jf klfxz alr afih], ny] jf baih]a%g; Sg]; \$] jf  
Joj xf/af/f ; Rgfsf]cfbfgkbfq ug{; #f/ xf]. csf[tl/sfn]eGgkbf{  
k]fs / k]tstf]lr k]tstf]f0{a%g ; lhnf]xg]Pp6f jf w]}; #f/  
dfWodxz -ldl8of\_ dfknt ; Rgf :yfgf]t/Of ug{Ps 7fpaf6 csf[7fpaf  
jf Ps JolQmaf6 csf[JolQm, Dd k}ofpg' ; #f/ xf].

; #f/ klqmfdf kfF j6f t]jn]sfd u56VM ; Rgf lbg]bftf jf k]fsl  
; Rgf kfpq]k]tstf]f] u}0fstf] ; #f/ ug]; fwg jf dfWod / klj lw  
jf pkfol ; Rgf jf ; Gb} tyf lkn8Jofs jf k]tlqmf . ; /n z kdf e6bf,  
; Gb}bftf]sg}; Rgf tof/ kf5{. p; n]to; nf0{zAb, efiff, Wj lg, lrq  
cflb sg}pkoQm ; \$]df 9fl5 -0g\$F u5{. clg sg}vf; klj lw /  
dfWod jf ; fwgdfknt k]tstf]f0{k7fp5 . k]tstf]f]tof]; Gb}nf0{  
cfknh]a%g; Sg]; \$]df 9fl5 -l8sf\$ u5{ / ; Gb} alenof]ls alenPg  
e6g]k]tlqmf hgfp5 .

; Rgf klj lwsf]; #f/df ; #f/ eGgn]Pp6f sDKo6/af6 csf[sDKo6/; Dd  
jf sDKo6/xzsf]alrdf 6]hknf]g, df0qmf] e l/n] :of6hf06 lns jf  
s}h tf/h:tf ; #f/sf Ps jf cgs klj lw / dfWodaf/f 80f k]f0f ug]  
e6g]alen65 .

**klj lwM**; Rgfnf0{; #f/ ug{kofu ul/g]tl/sf, pkfo, klqmf, dfWod, ; fwg  
tyf pkfo / ; fwgnf0{; #fng u/fpg]lj lw, ; **6j** /; d] ; #f/ klj lw  
xf]. cuhl efiffdf o; nf0{6\$nf]f]h / lx6blf k]f]usl elg65 . klj lw  
xftsf]0; f/f, af]h, lr7L, 6]hknf]g]v sDKo6/ / 066/g6; Dd h]klg  
xg; \$5 .

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

; Rgf tyf ; #f/ klj lw

; Rgf tyf ; #f/sf lj leeg klj lw

dflg; n]cf'gf]; [6b]v g}sg}g sg}; #f/sf pkfo, ; fwg j f dflwdsf] pkofu ub{x}cf0/xsf]5 . clxn] Dd dflg; n] pkofu / lj sf; ub{x}cf0/xsf] ; #f/sf ; fwg, pkfo j f klj lwx}nf0{df}df}L }kdf rf/ efudf afB} ; ls65 M

. **zfl/s j f cflus klj lw M** dflg; n]; ?b]v g}xft uf}fb]v lbd fu; Dd z/l/sf lj leeg cwx}sf] ; #fng / pkofu u/] ; #f/ ug] u/sf]5 . clj sl; t j f clklj sl; t ; dbfox} a9l dfqdf oxl klj lwdf lge{ 5g\ clxn]klg of]klj lwsf]; a}b}w}pkofu e0/xsf]5 . t/ km/s s]5 eg]dflg; hlthlt lj sl; t x65 pltplt cflus klj lwsf] thgdf c6o klj lwsf]pkofu al9/xsf]5 . ; fy}o; sf]pkofu ug] tl/sf kl/is} / snf]ds x6}uPsf]5 .

. **kf70 klj lw M** dflg; n]leQf, df6f]j f 9wdf ; s} sf] c?nf0{; Gb}z lbg yfn]v g}kf70 klj lw ; ? ePsf]xf]. of]klj lwn]efj nf0{; s} j f efiffdf, efiffnf0{lnlkdf / lnknf0{sfutdf ptf5{. of]klj lwdf ; Rgf j f ; Gb}z c lf/df n}sf]x65 . lnksf]cflj isf/ ePkI5 of]klj lwn]klxn] km8sf]df}of]eg]5fkfvfgsf]cflj isf/ ePkI5 of]klj lwn]dfgj lj sf; sf] ult g}a9f0lbof]. klft6q / dfgj clwsf/nf0{a9fP/ dfgj hljgnf0{ ul/dfdo agfpgdf of]klj lwsf]dxTj kOf{eldsf 5 .

. **On}6kgs klj lw M**/Bof]t/uf]cflj isf/ ePkI5 o; sf]yngl ePsf] xf]. of]klj lwdf ; Rgf j f ; Gb}z lj B't-rDaslo t/uf] dflwda6 k} fl/t x65 . ; Td lj B'tlo o6q pks/Ofx}sf]dflwda6 of]klj lwn]sfd u5{ dflg; nf0{c6tl/lf / r6b}dfdf k}ofpg, ; #f/sf 7hf7hf ; fd}Hox} 9fng / lj Zjls/Ofsf]hfnf]km}fpg of]klj lwn]dxTj kOf{eldsf v}h}sf] 5 . kf70 klj lw / ; Rgf klj lwsf]alrsf]klj lw ePsf]o; nf0{dflwds klj lw klg elg65 . o; nf0{Pgfnu klj lw j f /Bof] klj lw klg e6g ; ls65 . o; df **Pgfnu** kOfnldf cfwfl/t /Bof] 6]nehg / 6]nkrf} klj lw k5{.

. ; **Rgf klj lw M**; #k}df On}6kgs pkfo tyf ; fwg}af6 ; Rgf k}t ug] k}f}vg ug] e08/Of j f ; u} ug] l; h}f ug] / ; #f/ j f k}f/ ug] klj lw ; Rgf klj lw xf]. o; df sDk6b/, o; ; E ; j}wt pks/Ofx}, sDk6b/ rnfpg]; ^6j }/, sDk6b/x}alr ; #f/ u/fpg]g}j s{/ b'; #f/ kOfnld

tyf tl ; ah}0{; #fng ug]; **TdOn}6kgs** pks/Ofx} k5g\ of]klj lwdf hfgsf/l j f 8}fx} s] n b0}j 6f c6 -l8lh6\_ z6o / Ps c6df xg]ePsf] x6fn]o; nf0{l8lh6n klj lw klg elg65 . of]klj lwn]lj Zj df lg/6t/ gof}of}r}d}sf/ b}v}0/xsf]5 . of]k}ts dV0 }kdf oxl ; Rgf klj lwsf] lj ifodf xf].

; Rgf tyf ; #f/ klj lw kOfnld

dflj elgPsf]; **Rgf / klj lw** eP/ dfq}x6} . logn]sfd ug}sf]nflu pkoQm; Rgf ; #f/ ug]kOfnld / kl/l:ylt j f j ftfj /Of rflx65 . ; Rgf kOfnld k}f xgsf nflu **dflg**; / **klqmf** x6k5{. o; /L ; Rgf, klj lw / ; Rgf kOfnld ePkI5 tl ; ah}sf]d ug}sf] nflu plrt **kl/l:ylt**sf] cfj Zostf x65 . kl/l:yltnf0{ /sf/l u}; /sf/lnufot lj leeg lgsfox}, ; dx}x}, ; Rgf tyf ; #f/ ; j}f k}f}g ug]lgsfox}, ahf/h:tf ; #yut ; Ar}g}x} tyf /fhgllts kOfnld, cy}6q, ; fdflhs tyf ; f:s}ts kl/l:ylt, glttut tyf sf}gl klj wfgx}, lzlf, o6qps/Of / k}f}v}f/ cflbn]k}f}j kf5{. o; h}; Rgf hlt; s}dxTj kOf{eP klg To; sf]k}f}j s:t} / s; /L k5{e6g}s/fnf0{lg6qof, k}f}j / lgw}of ug]tTj x} w}x65g\ . To:t}klj lw / kOfnld hlt; s}k}f}j sf/l eP klg ltgnf0{ dfljysf lj leeg s/fn]lg6qof u5{. o; sf/Of sg}klg ; Rgf tyf ; #f/ klj lwnf0{cnlu}gx}lsg ; Dal6wt b}zsf]; Rgf ; #f/ kOfnldsf]cfw}f/df x6}k5{.

; Rgf klj lwsf]tftko{

; Rgf tyf ; #f/ klj lwsf] kl/efiff / o; n]; d6}g] klj lw / o6q pks/Ofx}sf] af/df lj leeg JolQm / ; #yfsf]; f}f0df s}l le6gtf kf65 . s}ln]On}6kgs ; fwg}sf]d2tn]; Rgf k}f}vg / ; k}f}of ug] tyf ; #f/ ug]klj lwnf0{; Rgf tyf ; #f/ klj lw df65g\ o; leq /Bof] / 6]nehg:tf k/Dk/fut On}6kgs ; fwg / sDk6b/, O66/g} tyf tf/h8t / df}fOn km} klg k5g\ . s; s; h}5fkf dflwdfnf0{klg ; Rgf tyf ; #f/ klj lwsf]7hf]3}fleq ; d6}g]u/}f 5g\

zAbfy}f]lx; fan]; Rgf tyf ; #f/ klj lwn]af}h}r}nld, xfj efj, k}ts klqsf, /Bof] 6]nehg, 6]nkrf} tyf O66/g}; Dd ; Rgf / ; #f/sf] Jofks l}f; d6}klg rng rNt}sf]efiff, s'/fsfgl / Joj xf/df On}6kgs; , sDk6b/ / b'; #f/sf]cfw}f/df rNg]; Rgf tyf ; #f/ klj lwnf0{g}

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

; Rgf tyf ; #f/ klj lw

alem5 . ; #kdf o; nf0{; Rgf klj lw jf cf06L dfq}klg elg65 . of] k':tsdf klg ; Rgf tyf ; #f/ klj lwsf]nflu wj}7fpdf ; Rgf klj lw g} elgPsf]5 .

; Rgf klj lw s]xf]<

; Rgf jf hfgsf/L kkt ug] e08f/ jf ; sng ug] kzfvg ug] / ; #f/ jf k|f/ ug] On\$6kgs tl/sf, pkfo / ; fwgnf0{; Rgf klj lw elg65 . o; df b/; #f/ tyf On\$6kgs; nufot lj leG klj lwx; sf]; E; E} pkofu ul/65 . o; leq sDko6/; E ; a#wt **xf8f b/** ; **6j b/** / c6o pks/Ofx; sf ; fy)b/; #f/ / ; IdOn\$6kgs klj lwx; k56\ o; cftu{sf] ; Rgf jf hfgsf/Ldf lj leG ksf/sf hfgsf/L jf **83f**, Wj lg, lrq, rnlrq cflb **dll6ldl8of** klg k56\ o; df pkofu xg]; Rgf b0{cs jf **l8lh6** -) / !\_ df cfwf/t xg]xgfn]of]klj lwnf0{**l8lh6n klj lw** klg elg65 . 83fx; hlt; S}/ hg ; kdf eP klg sDko6/df s]n ) / ! sf]dihaf6 aGg] xgfn] tl b'0{ csnf0{ csNkglo ultdf kzf]vg, k|f/Of, e08f/Of / kgM kkt ug] {ls65 . of]g}; Rgf klj lwsf] dVo ; Argf]ds lj z]tf xf]. oxl lj z]tfn]ubf{o; nf0{csNkglo sfdx; df, lj lw ; kx; df pkofu ug] {lsG]ePsf]xf].

; Rgf klj lwsf lj z]tf

; Rgf klj lwn]ubf{sg}klg JolQm jf ; #yfn]sg}klg :yfgdf sg}klg ; j; kdf -lnk, zAb, lrq, Wj lg jf rnlrqdf\_ clxn]; Ddsf]; a#6bf ; :tf]b/df / l56f]ultdf ; Rgf jf 1fg kkt ug] {pTkfbg ug] / To; /L pTkfbg u/}sf]; Rgf jf 1fgnf0{kzf]vg (Process), e08f/Of (Store), kgM pkofu jf kgM kkt ug] (Retrieve) tyf sxlFklg k7fpg jf k|f/ ug] (Dissemination) ; eJ ePsf]5 .

; Rgf klj lwsf]csf]kdv lj z]tf **dll6ldl8of** jf axdfwod xg' xf]. ca ; Rgf / 1fg zAb, clf/, cs jf lrqdf ; lldt 5g . **066/g3**sf] dfwodaf6 ca clf/, lrq, rnlrq, Wj lg cflb lj lw dfwodx; df ; Rgf kkt ug] {kzf]vg ; sng, kg?Tkfbg / k|f/Of ug] {ls65 .

la; f; ztAbL; Dd ; Rgf / 1fg 5flkPsf clf/h:t}crn / /Bof]6]hleghn] k|f/ u/h:t}Pstkn{lyof]eg]PSSf0; f; ztAbldf cfP/ ; Rgf / 1fg ; rn, lqmfzln / **c6tlqoflds** (Interactive) ePsf]5 . o; sf]k6fj

dfgj ; dfhsf]x/} klfdf kl//xsf]5 . hlj s dh k] Q, h6dhft ; #sf/ / k/Dk/fut 1fgn]dfq ca dflg; sf]hlj g rNlg ; Qm . clxn\$]dfdg; ; Rgf / 1fglagf aRg g; Sg]x65 . aRgsf]nfludfq xRg hlj g:t/ ; kfg{/ ; Ddfg tyf ; vk} \$ aRgsf nflu klg p; nf0{; Rgf / 1fgsf] cfj Zostf al9/xsf]5 . ; Rgf klj lwdf h; n]a9L kxF kfp5 / h; n] o; sf] a9L pkofu ug] {S5 p; h] cfknyf] lfdtf, ; DkGgtf / zlQm a9fpg; S5 .

; Rgf klj lwn]ug{Sg]kdv sfd

; Rgf tyf ; #f/ klj lwn] sxfs:tf] sfd u5{ sg b; zdf of] slt dxTj k0f{x65 eG]s/f tl b; zsf]; Rgf k0ffnl / kl/j; zdf lge{ x65 . ; Rgf tyf ; #f/ klj lwsf] b[6n]sd lj sl; t b; zx; df of] klj lwsf] dVosfd ; **Rgf cf] f/k; f/ jf ; #f/ ug] (fq) b]lV65 eg]lj sl; t b; zx; df of] klj lwn]; Rgf ; fduL pTkfbg, klj lw / pks/Of pTkfbg, hl6n, j } flgs, dxTj k0f{ **Rgfsf]kzf]vg** u/] b; zsf]cy{Gqdf clwstd of] bfg lb0/xsf]5 . cem ; Rgf ; dfhsf]cj :ydf klgnfu\$]bfal ug] hfkfg cd]/sfh:tf s; l b; zx; df of] klj lw b; zsf] cy{Gqsf] kdv cu a6b5 .**

; Rgf klj lwsf]zIQm / gkfnf o; sf]pkofu

; Rgf qmlGt / dfgj lj sf;

cWlofo @

; Rgf qmlGt / dfgj lj sf;

; Rgf tyf ; #f/ klj lwsf]lj sf; / dfgj lj sf;

dflg; / kzx2nf0{5\$0fpg]dVo tIj klj lwsf]pkofu ug]lfdtf xf].  
dflg; sf]kVf[ n]lN]kmmknh emfNg, kftn]kfgl pafP/ vfg / l/;  
p7\$]a]hdf 9uf l6k] lxsfp g yfn]v g]dflg; sf]lj sf; tyf ; d[4sf]  
nflu klj lwn]dxIj kOf{eldsf v]b}cf0/x\$]5 . em08}rfln; xhf/  
j if[13 cfP/sf]leQdf / 9ufdf ; s] j f lrq sf] dflg; n]lj rf/ /  
; #f/ clen]vg -/\$8{ ug] / k'ofpg]sfddf klj lwsf]pkofu ug{yfn\$]f]  
xf]. To; a]hfb]v g]dfgj ; dhhsf]lj sf; sf]nflu ; Rgf / 1fgn]kdv  
eldsf v]b}cfPsf]5 . clxn]cfP/ dflg; sf]hlj g ; vdo agfpgsf  
nflu ; Rgf tyf ; #f/ klj lw / h]j s klj lw (Biotechnology) dfly  
; a\$]cfzf s]b]t ePsf]5 .

k]ldf hlj lj sf; sf]qmdf kz' / dflg; 5]\$PkI5 klg xhf/f] if{ Dd  
dflg; ; E cf'gf]efj gf JoQm ug] ; #f/sf ; fwgx2 ctoGt ; lldt /  
ckl/is[ lyP . xft, dv, cf'f, lbdFu, ; j/, af]h clfb dflg; sf]  
z/l/sf lj leG cuX2 ; #fng u/] dfq dflg; x2 cfk; df ; #f/  
ug{Sy]. dflg; n]; #f/sf]nflu efiffsf]pkofu ug{yfn\$]f]tlg nfv j if{  
ePsf]cgdfg ul/65, tfkg em08}rfln; xhf/ j if[13; Dd dflg;  
; #f/sf]nflu z/l/sf cu ; #fngdfly g]ge{ lyof].

cu ; #fng klj lwaf6 dflg; n]dgsf]efj JoQm ug{t ; SYof] t/ cf'gf]  
efj gf / 1fgnf0{w}]; do; Dd ; #fn] /Vg / Ps 7fpaf6 csf]7fpaf  
k7fpg ; Qm]Yof]. ukrfaf; L dfgj n]leQdf sf] ; s]af/f ; #f/ ug{  
yfn]v cf'gf efj gf j f lj rf/nf0{lgZrt lnk j f clf/df n]v]lfdtfsf]  
lj sf; ug{dflg; nf0{em08}tl; xhf/ j if{nflof]. dflg; n]lnksf]  
pkofu ug{yfn\$]f]0; fk] {rf/kf' xhf/ j if[13b]v dfq}xf]. To; kl5  
dfq; Rgf / 1fgnf0{a8f]d]gt; fy ; //lft /Vg / cf] f/k; f/ ug{  
; ej eof]. ; g\\$\$\$ lt/ hd]ldf ub]j u]5fkfvfgf cf]j isf/ u/]kI5  
dflg; sf]1fg ; \$ng ug] / k'ofpg]lfdtf crfgs a90f].

; Rgf j f hfgsf/L / 1fgnf0{sg}; s] j f lnkdf ptf/] cyf\lnlvt  
j f dlbt 2kdf k':ts j f kqkqsf dfkm ; \$ng / k]of j f k] f/of ug]  
klj lwnf0{xfdl **kf70 klj lw** e65f; ub]j u]5fk] n]306fdf dl:snn]Ps  
xhf/ kfgf sfut 5fk; ; SYof]eg]clxn]j a ckm; k] n]306fdf c; L  
xhf/ kfgf 5fk; ; S5 . lbglbg]nfvf] ; Wofdf lg:sg]cvaf/, kqkqsf  
tyf k':tsn]dflg; sf]1fg / ; Eotfdf s]k'efj kfl//x\$]5 eG]s/f  
xfdl]b]v/x\$}5f].

lat\$] ; o, ; jf; o j if[df dflg; n]lahhl / lahlaf6 rNg]6]hkrf,  
l; gdf, /]8of/ 6]hlegh:tf ; fwgsf]cf]j isf/ u'of]. o; n]dflg; sf]  
hfgsf/L / 1fg a9fpg] ; #fNg] / k'ofpg]sfddf lgS;}7hf]kl/j tG  
Nofof]. **On\$6]gs klj lw** eg] lrlgg]of]; #f/ klj lwn]lj Zj df ; #f/  
qmlGtsf]; k'ft u'of]. o; n]dfgj ; Eotfdf kf/\$]k'efj tkf0{xfdl]  
; fd' gof]ofPj +rd]sf/s 2kdf b]yf kb\$ . ca of] klj lwlagfsf]  
lj Zj sf]xfdl sllkgf klg ug{; Qm]f].

dfgj ; Eotfsf]; ?b]v g]rn\$]zf/l/s cu ; #fngdf cfwl/t klj lw  
clxn]klg emg kl/lis[ 2kdf dfgj dgsf]cleJolQmug]sfddf pkofu  
e0/x\$]5 eg]kf70 klj lw / On\$6]gs klj lw klg lg/Gt/ lj sl; t x6]  
dfgj ; Eotfnf0{cuf]8 a9f]5 . o; alr em08}krf; j if[13 dfq ; ?  
ePsf]On\$6]gs pks/of, b/; #f/ / sDkOb/sf]d]haf6 k'bef] ePsf]gf  
**klj lwn]**t emg dfgj ; Eotfsf]0ltxf; df csNkglo rd]sf/ b]y]pg  
yfn\$]f]5 . xfn j a k] n]c; L xhf/ kfgf sfut 5fk; Ps 306f nflu5  
eg]xhf/f]k]hsf]knfOn sDkOb/sf]slafB{lyRg]lalQs}0G6/g]dfkm  
lj Zj el/ k'ofpg]s/f]sDkOb/df k'ofpg ; ls65 . cvaf/ j f lsf  
cf] fg{oftfoftsf ; fwg / ; 8s j f j fo' dfu{; fy}; dosf]cf] Zostf  
x65 eg] Pp6f sDkOb/df ePsf nfvf]k]hsf ; Rgf ; fdull s/f]f  
sDkOb/df k'ofpg g t sg}oftfoftsf]; fwg rlf]G5 g t w}]; do g}  
nflu5 .

1fg k'kt ug] ; u' ug] / k] f/ ug]dfgj lfdtfsf]lj sf;

dflg; n]lnksf]pkofu ug{hfgkI5, laut ! ) xhf/ aif]eq cf'gf]/  
lj Zj sf]af/df 1fg k'kt / ; u' ug]ult csNkglo 9un]a9f0/x\$]  
5 . ; g\%) ) eGb cl3 ; #f/el/ dl:sn]lj if\$]Ps xhf/ k':ts xftn]  
n]y] tof/ x]y]xf]h]g\ tof]ultn]k':ts k\$flzt ubf{Psnfv zlif\$sf



k!ts tof/ kfg{em08!)) j if{nf05 . t/ ; g\!(%) cyff\5fkfvfgf  
clj isf/ ePsf]rf/ ; o j if{glaTb}o/fkdf Ps j if{df !, @, ,)) zlif&sf  
k!ts 5flkg yfn]. ; o j if{df xg]sfd b; j if{df xg yfnof]. ; g\(^)  
cyff\^b; j if{k15 of]ult a9] ; o j if{sf]sfd ; f9]; ft dlxgdf ug(  
; lsg]eof]. kF j if{k15 g}; #f/el/ kl|tlbg !)) zlif&sf k!ts  
lg:sg yfn]. 1fg j f hfgsf/L kmpfg]ult s; /L a9df]eGjof] Pp6f  
pbfx/of xf].

em08}; o j if{c13 /]Bof]sf]clj isf/ ePk15 1fg kmpfg]ult cemj  
Jofks / l56f]xg yfnof]. 1fg j f ; Rgf kfpgsf nflu clf/ lrg'kgj  
cfj Zostf ePg . 6]nlehgn]o; nf0{cem cfsif& / /f]s klg  
agfof].

cfwlg sDko6/sf]clj isf/ tyf pkofu xg yfn]sf]krf; aif{xg  
yfnof]. o; alr sDko6/ / 6]nkmp]sf]d]h]n]dfgj ; Eotfsf]0ltxf; df  
Pp6f ce'tk] {kl/j tG NofPsf]5 h; nf0{xfdl ; Rgf qmlt eG5f]. of]  
qmlt ; Rgf tyf ; #f/ klj lwdf cfwl/t 5 . Jofj ; flos tyf klj lws  
; dbfodf o; nf0{cf06L ; Rgf klj lw, l8lh6n klj lw, ; Rgfsf]dxdfdu(  
(Information Superhighway) cflb elg65 .

; Rgf / ; ~rf/ dfWodsf]lj sf; sf]emns

- dflg; n] tlgfv j if{klxn]lv eifsf]pkofu ug{yfn]sf]  
cgdfg 5 .
- ukmfj f; l dflg; xcn]#% xhf/ j if{klxn]ny] ; #f/ ug[kof;  
yfn].
- d] f]k]f]ldofaf; lxcn]0; fe6bf \*) j if{klxn]lunf]df6f]sf]  
; Dd k/]sf]06f=I9Ssf-60fAn6\_ df lt/sf]6k]f]j f tlvf]cf]h/  
n]n]vg yfn]. oxl cEof; af6 clxn]sf /f]dg, b] gfu/L cflb  
lj leG Inlxc]sf]lj sf; ePsf]dflg65 .
- dflg; xcn]%) b]lv \$)) j if{0; fk] {cf^gf]lj rf/nf0{sg}  
; \$]n]hgfp] n]yg=Inlksf]pkofu ug{yfn].
- ld; af; lxcn]#%) j if{0; fk] b]lv n]vg]sfd]ef]hkq -kkf0/  
; \_ sf]pkofu ug{yfn].

- km]g]; ofaf; lxcn]!&)) j if{0; fk] b]lv @ clf/sf]j of]dnf  
pkofu ug{yfn].
- ld; af; lxcn]!\$^ j if{0; fk] b]lv hfgj/x]sf]k]z]wt 5fnf  
-kfr]06\_ df n]vg]yfn].
- lrlgofx]n]!)\$! j if{0; fk] df rn clf/ -de]n 6f0k\_ sf]  
clj isf/ u/].
- uG]oG, ca\$; sf]pkofu !)) j if{0; fk] b]lv ; ? eof] .
- lrgdf &\$\* j if{0; fk] df klxn]klqs 5flkof].
- u6]j uG]; g\!\$% lt/ 5fkfvfgf agfP/ k!ts 5fkgyfn].
- ; g\^)) sf]; ?lt/ cvaf/n]:ki6 k lng yfnof].
- ; g\!^\$@ df An]h kf:snn] oflGqs u0fs -d]flgsn  
Soflsh6/\_ cflj isf/ u/].
- ; g\& df klxn]b]gs klqs n08g 8]l sf]f06 k]flzt xg  
yfnof].
- ; g\!&(# df k]fz; E /f; folgs kl|tlqmf u/fP/ lrg agfpg  
; lsg6 eG]kQf n]llof]. klxn]k6s km]f]k]ms kl|tlj Da -  
5fofl5q\_ ; g\!\*^ df tof/ kf/]sf]dflg65 .
- ; g\!#) ; Dd xft]k]n]Ps 306df @)) kl|t 5f]vof]eg]  
afkm] rNg] 0]hgsf] cflj isf/ ePk15 306df \$)) kl|t  
5flg; lsg]eof].
- klxn]6]nu]km ; g\!\*#!
- 6]nkmp]sf]clj isf/ ; g\!\*^
- u]df]kmp]sf]clj isf/ ; g\!\*&&
- lahhlsf]clj isf/ ; g\!\*&(
- a]f/ 6]nu]km=]Bof]sf]sf]clj isf/ ; g\!\*(%
- /]Bof]k] f/of ; ? ; g\!(@
- /lug 6]nlehg clj isf/ ; g\!(@%
- Pgfnu sDko6/sf]clj isf/ ; g\!(#
- 0n\$6]d]flgsn sDko6/sf]clj isf/ ; g\!(\$\$

- l8h6n sDKo6/sf]lj sf; ; g\!(%) sf]bzs
- **On]66g ol** ; gV(\$& - !(&@
- 66Gh:6/sf]cf]j isf/ ; g\!(\$&
- :j rflnt kflud /fvL rnfpg ldNg]sDKo6/sf] cf]j isf/ ; g\!(%)
- sDKo6/ olusf]kfl/De ; g\!(%!)
- /tug 6]nlehg k] f/Of kl/De ; g\!(%#
- eBkuX k]fKOf ; g\!(%&
- ; ff/ eBkuXsf]kfl/De ; g\!(^@
- 066/g6sf]k] k ARPAnet Sf] :yfkGf ; g\!(^^(
- ; **Rgf olusf]kfl/De** ; gV(&#
- Ps ju{; 66ld6/ cfsf/sf]lrkdf b; xhf/ 66Gh:6/ c6fof].
- ^ofS; dl]; gsf]; ?j ft ; g\!(&\$
- klxnf]k; G]n sDKo6/ -kl; L\_ ahf/df cfof] ; g\!(&%
- sDKo6/x2sf]:yfglo g6j s{agfpg]0y/g6sf] kfl/De ; g\!(&^
- cIk6sn knf0a/ s6nsf]cf/De ; g\!(&&
- Wj lg l/s8{ug{sDKofS6 l8:s -; l8L\_ sf]cf/De ; g\!( \*@
- klxnf]; jh/ 6]nkmg]sf]cf/De ; g\!( \*#
- klxnf]; l8L /f] / PKkn Dofls66f] sDKo6/ cf/De ; g\!( \*%
- 006/g6= j N8]f08j 6sf]kfl/De ; g\!(() It/

dfgj lj sf; sf]; fff]/ ; R s M ; Rgf / 1fg

æ1fg kl/j t6sf]phf{xf eGg]s/f ; flat e0; s6f]5, lsgls 1fg, hfgs/l jf ; Rgf km]ng]ultsf]j [lb; E]dflg; n]gofF1fg-lj 1fgsf] cf]j isf/ ug[ult klg a9b}5 . ; fy}dflg; sf]hljg:t/, Joj xf/ /

lrGtgdf klg o; n]k]olf k6fj kf/\$f]5 . sg}; dfh slt lj sl; t 5 eGg]s/f ToF]; dhfsf ; b:ox2n]slt dfqdf 1fg / ; Rgfnf0{pkofu jf pkefu u56\eGg]s/fn]hgfpG yfn6f]5 .

dfgj ; Eotf b] ultn]; Rgf ; dfh -06kmd] g ; f] f06L\_ cyf\1fgdf cfwl/t ; dfh -gn]h a]8 ; f] f06L\_ lt/ p6dv x66 . dfgj lj sf; sf] ; R s ca efl]ts ; v ; lj wfsf]pkofu lfdtfsf]; \$f ; Rgf / 1fgsf] pknAwtf, pkofu ug[lfdt / kxFnf0{dfG yflnPsf]5 .

dfgj hfltnf0{h6naf6 lg:s], 3dGt]/ lzsf/L hljg ToFu] a:tl a; fn] ; Eotfsf]lj sf; u/fpg]sfd s[lf klj lwn]u/\$f]lyof]. o; lx; fan]dfgj ; Eotfdf ePsf]klxnf]qmGt s[lf qmGt lyof]. km:j 2k xhf/f]j if{Dd s[lfd cfwl/t ; Eotfsf]lj sf; eof].

dflg; n]kfu / j fkm]rNg]0lGhgsf]cf]j isf/ u/kl5 c6Bfl]us qmGtsf] yfngl eof]. c6Bfl]us qmGtn]dfgj ; Eotfsf]lj sf; a]n]96n]ug{ yfNof]. gofFj fl0fHo, cyGq, /fHo, ; fd]Ho, pklg]z, lj Zj ls/Of -lnt6nf0h] g\_ n]lj Zj sf] 2k g}km/lbof]. t/ c6Bfl]us qmGt ; ? ePsf]kF ; o j if{glatb}; Rgf qmGtsf]yfngl eof]. cfh xfdl ; Rgf qmGtsf]; 3f/df 5f].

; Rgf tyf ; ff/ klj lwsf]k6fj

c6Bfl]us klj lwn]dflg; sf]hljgz]l, lrGtg, 1fg, lzlf, cfly6 tyf ; fdfhs Joj:yf, snf, ; s[tnufot hljgsf x/\$ c6df hg k6fj k]of]Tof66b csNkglo dfqdf ; Rgf qmGtn]k6fj kfg]nlf0f bl]Psf] 5 . ; a66b dxTj kOf{k6fj t o; n]s6fs6lsf]l; Sg]pd] / lfdtfd kfb6 . sDKo6/ pglx2sf]v]h6fdq xf0g l; Sg]dVo ; fwg a66 . pglx2n]sDKo6/dfkm 1fg k]t ug]s/fdf c6k66b cl3sf ; a}k:tfnf0{ pl5666g\

afkm]rNg]0lGhg / /]n]c6Bfl]us oudf rdTs/ u/6n]R, Rgf klj lwn] pBfu / j fl0fHosf]lfdf csNkglo 96n]; Defj gsf 9f\$fx2 v]lb6 . o; n]lj Zj s}cyGq, /fhgllt / ; dhfsf x/\$ c6df kl/j t6 Nofp66 . o; n]lj Zj nf0(g)Pp6f ahf/df kl/oft ul/lbPsf]5 . ; fdfgsf] p]kfbg sg]ufp6f]sgdf ePt klg To; sf]lj qm / lj t/Of lj Zj Jofkl / kl]t:kwl{ePsf]5 . Ps}j]sodf eGg]xf]eg]; Rgf qmGtn]dflg; n]

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

sfd ug[ l; Sg] Pscfk; df ; ʔf/ ug[ Jofkf/ ugʔ:tf x/ʔ Iʔqdf  
kl/j tʔ Nofpgsf ; fy}dfgj ; dfh / cyʔGqnf0{gofFcfsf/df 9fNg]  
sfd ubʔ . o; n]; do / b/Lsf]aGwgnf0{dfq tʔʔsf]5ʔ ckt' ; ʔf/  
el/sf dflg; xʔnf0{Pscfk; df ; jfb ug{nufP/ pglxʔalr cflyʔ,  
; fdlhs, ; f:s[ts eʔefj nf0{dʔʔ}; Defj gf a9fPsfʔ .

; ʔgf klj lwn]dflg; sf]hlj gnf0{wʔ}; lhnf]agfpʔʔ . ; aʔʔbf dVo  
s/f t o; n]; do / ef]ʔts b/Lnf0{dʔʔʔʔ . lzlf, ; lk, 1fg / ; ʔgf  
kʔt ug{/ kʔʔf ug{clt ; lhnf]ePsf]5 . lj Zjel/ kmʔPsf]1fgsf  
e08f/df /xʔʔ k':ts klqsf cflbnf0{lgdʔʔe/d}6ʔhdfly Nofpg, xʔʔ  
5fkg, ; Gg ; Dej ePsf]5 . oftfoftdf xʔ]vr{/ ; donf0{36fPsf]  
5 . Ps hgf JolQmsf]lj rf/ j f ; Gbʔ lʔʔe/d}lj Zjel/ kmʔfpg ; lsg]  
ePsf]5 . pBfʔl tyf Joj ; folxʔn]cf`gf]pʔkfbg / ; ]fsf]lj qm  
lj Zj ahf/df kʔʔfpg yfnʔʔ 5g\ 3/d}a; la; L uʔxsn]ʔrof skm vfhf  
dfq xfʔʔg bʔʔs pkeʔʔsf ; ddfg 3/d}kʔt ug{S5 . sg}klg 7fpʔf  
a; ʔ lj Zj sf]sg}klg 7fpʔf pʔkfbg / lj qm xʔ]j :t' lsg ; lsg5 .  
; /sf/n] hgtfnf0{lbg} ; ]f a9l kʔʔsf/l / bʔ ultn]kʔʔf ug{  
; S5 . ; /sf/l, uʔ}; /sf/l lgsfoxʔ / ; fj ʔlgs ; :yfxʔnf0{a9l ; lfd,  
lhʔdʔʔf / / kf/bzl{agfpgsf ; fy}hgtfnf0{cf`gf]dt tʔsf n hfx] ug[  
; lj wf lbP/ ; ʔgf klj lwn]kʔʔfʔʔq; dfhsf]lgdʔʔf ofʔubfg lbg  
yfn; sʔʔ]5 . lzlf, dgʔʔʔ, Jofkf/, pBfʔwʔʔ, ; jf:Vo ; ]f, /ʔHo  
Joj :yfkʔ; Zf; g, cfd; ʔf/, dfgj ; ʔʔsf]lj sf, ; ofʔhf thʔʔf cfb  
cgluʔt lʔqdf ; ʔgf klj lwsf]pkofʔ xʔ yfnʔʔ]5 .

; ʔgf qmʔʔʔsf]nlo / kʔʔj

dfgj hlj gdf ; ʔgf / ; ʔf/sf klj lwn]; j {ofkl eldsf vʔʔ yfnʔʔf/  
dflg; sf]cflyʔ, ; fdlhs, ; f:s[ts nufot ; a}klfdf o; n]kl/j tʔ  
Nofpg yfnʔʔ]xʔʔn]; ʔgf klj lwsf]of]ouʔʔʔsf/l lj sf; nf0{ ; ʔgf  
qmʔʔʔ elgPsf]xf].

jf:tjdf dfgj hlj gsf cflyʔ, ; fdlhs /fhgllts nufot ; a}  
lqnf0{snfknf0{1fgdf cfwf/t agfpʔʔ}; Dkʔʔ{; dfhnf0{g}1fgj fg agfpʔʔ]  
qmʔʔʔsf]yfnl xʔʔof]. o; n]dflg; sf]Pp6}k':tfd klg ; :s[ʔ, rfnrng,  
lrʔtg / cflyʔ tyf ; fdlhs Joj xf/df kʔʔfpg} g; lsg]  
kl/j tʔ Nof0/xʔʔ]5 .

cʔwfo #

; ʔgf klj lwsf cfwf/

; ʔgf klj lwsf]lj sf; df qmʔʔʔsf/l kl/j tʔ Nofpg]dVo sf/s tʔʔ xʔ]  
l8lhón klj lw . cfʔʔʔus oudf pBfʔ wʔʔxʔ lj zfn / uxʔʔʔʔʔq  
pks/0fxʔaf6 rʔly]. snsf/vfgdf hl8Psf oʔqʔ xʔʔʔʔ 38lxʔh:t}  
; ʔʔʔkʔʔʔn]agʔʔ xʔʔy]. Itgnf0{rnfpʔ dflg; , 3ʔʔʔ, afkm 0ʔʔq,  
bd -l:kʔʔ\_ cfb zlQmsf]cfj Zostf xʔʔʔʔ]. lahhlsf]clj isf/ ePkʔ5  
snsf/vfgdf pkofʔ ul/g]ʔʔʔq pks/0fxʔdf wʔ}; wf/ eof]. lahln]  
ubf(g)ʔʔʔʔʔ, /ʔʔʔ]cfb ; ʔf/ pks/0fxʔsf]cfj isf/ eof]. t/ To;  
aʔʔʔʔ /ʔʔʔʔ / ʔʔʔʔʔ tyf clxʔʔʔʔ/ʔʔʔʔ / ʔʔʔʔʔʔʔʔʔ lgs}ʔʔʔʔ  
5 . clxn]ʔʔʔʔʔ, /ʔʔʔʔʔ ʔʔʔʔʔ cfb ; ʔf/sf kʔʔʔ ; a}dʔʔʔʔ  
l8lhón klj lwdf kl/ʔʔ e0; sʔʔʔ 5g\ cfwʔʔ ; ʔgf klj lwsf kʔʔʔ  
cfwf/xʔ sDkʔʔ, gʔʔʔ s{ 0ʔʔʔ/gʔʔ, bʔ; ʔf/, dlN6dl8of / ; ʔgf  
; flf/tf xʔʔ\

sDkʔʔ / / l8lhón klj lw

cfheʔʔʔ 3/df sDkʔʔ /ʔʔʔʔ km] g, 0ʔʔʔ / cfwʔʔʔʔʔʔʔ]rgf] dʔ]  
e0; sʔʔʔ]5 . cfwʔʔʔ kʔʔ:kʔʔʔds lj Zj df sg}klg Joj ; fosʔ]; kmʔʔsf]  
nflu sDkʔʔ/sf]pkofʔ ckl/xʔʔ{xʔʔ}u0/xʔʔ]5 . o; n]bʔʔʔ hlj gsf  
x/ʔʔ cʔnf0{kʔʔʔʔ ubʔ . lxʔʔʔ Dd lj Bf jf 1fg, wg tyf dfg  
; Ddfgsf]nflu ; flf/ xʔʔ'cfj Zos dflgʔʔʔʔ]eg]cj k/Dk/ut ; flf/tfn]  
dfq kʔʔʔ . sDkʔʔ / flf/tʔʔʔ casʔ]; dfhdf 1fg, wg / ; Ddfg kʔʔʔ'  
; xh 5ʔ . /ʔʔʔʔʔ ʔʔʔʔʔ / oftfoʔʔsf ; fwʔʔʔʔh:t}sDkʔʔ/ klg  
hlj gsf]cʔʔ aʔʔ}uPsf]5 .

sDkʔʔ / s]xʔʔ<

sDkʔʔ / o:tʔʔʔʔ xʔʔʔh; n]cfbʔʔ cg; f/ bʔʔ ultdf **0n]ʔʔʔʔ 8ʔʔ**  
kʔʔʔʔ u5{. 0n]ʔʔʔʔ 8ʔʔ egʔʔ] sDkʔʔ/n]a%g] ; s]df tof/  
kʔʔ/Psf]kʔʔʔ, lʔq, wʔʔ lʔ, rnlʔq cfb cfwf/eʔ ; ʔgf ; fduʔ xʔ].  
sDkʔʔ/n]dVo tlg j 6f sfd u5{ʔʔo; n]; lʔʔʔʔʔ, ; ul7t tyf lʔʔʔʔʔ  
ʔʔʔdf tof/ kʔʔ/Psf]; ʔgf ; fduʔ ln65 (input), Toʔ]; fduʔnf0{ʔo; nf0{

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

; ʔgf klj lwsf cfwf/

lb0Psf]lgod / cfbʔ cg; f/ kʔf]vg u5{(Process) clg pTkfbgsf] ʔkdf kl/Offd lb65 (Output) .

agfpg nufp5g\ aʔ, c:ktfn, b/; ʔf/, hgu0fgf, dt ; j]ʔof cflb lj lj w sdfs nflu cfj Zostfcg; f/ ; ^6j ʔ/xʔ agf065g\

sDko6/sf cʔxʔ

sDko6/nf0{sfd u/fpgsf]nflu ; aʔ6bf klxn]To; df ; lgoʔ]ht **8ʔf** egʔ5{ sDko6/nf0{8ʔf pknAw u/fpg]pks/Ofxʔnf0{**0gk6 18ef0**; elg65 . clf/ 6f0k u/] jf sdf08 lbP/ sfd u/fpg]**Isafʔ{ dfp**; , **Hjfol:6s, kʔ** cflb 0gk6 18ef0; xg\ **dfp**; xftn]rnfpq]; fg] pks/Of x]. o; n]sDko6/sf]kbfʔf b]vg]clf/, lrq jf ; sʔ]xʔnf0{/ʔ]g] tndfly / Pp6f kn0naf6 csf]kn0ndf n]ʔfg] sDko6/n]; Dk6g ug]sg]sfd ug]cfbʔ lbg]cflb sfd u5{. dfp; lj le6g cfsf/sf / lj le6g sfd ug]vfnsf kf065g\ Hj fol:6s, 6rkof8 / 6ʔfsan klg kbfʔf b]vg] ; sʔ]xʔnf0{ rnfpg] / lj le6g sfd ug]cfbʔ lbg] pks/Ofxʔ xg\

Pp6f ; fdf6o sDko6/df lj le6g pks/Of j f lx:; fxʔ x65g\ sDko6/sf] lbd fu dflgg]; ʔ6ʔ kf] ]: a olg6; lxt dx]j k0f{06qpkS/Ofxʔ Pp6f afs; df /flvPsf]x65 . o; nf0ʔ; **:6d olg6** elg65 . o; n]sDko6/sf] ; Dk0f{k0ffnl ; ʔfng u5{. sDko6/n]u/ʔf]sdfs]kl/Offd clf/ jf lrqsf]ʔkdf **df]lg6/** jf l:qng cyfʔ\kbfʔf b]vg65 . kbfʔf b]vgPsf kl/Offd **lk66/n]5fk5** . sDko6/nf0{cfbʔ lbg]sfd **Isafʔ{ / dfp**; n] u5{. **dfʔʔn]**sDko6/nf0{6]nknʔg; ʔ hfʔ] c? sDko6/xʔ; ʔ ; ʔf/ ug{/ c6o pks/Of ; feif ʔkdf pkofʔ ug}; 3fp5 . sfd / cfj Zostfcg; f/ sDko6/df :Sofg/, 6]nknʔg ^ofS; , df0qnf]knʔg, l:ks/ cflb pks/Ofxʔ pkofʔ ul/Psf x65g\

l; :6d olg6leq xf8{8ʔ0e, ; lklo,"lahhl cfkl't{]oj :yf, **dʔf]l**, ; **l8l /ʔʔ 8ʔ0e**, ^nkl **8ʔ0e**, PS:kʔf; g sf8{PS:kʔf; g :n6, db/afʔʔ; fp08 sf8{l8l8of]sf8{tyf lj le6g sdfs]nflu lj le6g sf8{h:t}6lel sf8{/flvPsf x65g\

sDko6/df 8ʔf ; sng ug]Pp6f dVo pks/Of **Isafʔ{x}**. Isafʔʔf 6f0k/f06/df h:t}clf/ / cʔxʔ 6f0k ug]slxʔsf]; fy}lj le6g sfd u/fpg]jf sdf08 lbg]slxʔ x65g\ dfp; n]ug]sltko sfd Isafʔʔ] u5{.

sDko6/n]s; /l sfd u5{<

:**Sofg/** klg Pp6f dx]j k0f{0gk6 18ef0; x]. o; n]sfutdf ePsf lrq tyf clf/nf0{sDko6/df k7fpg]sfd u5{. o; n]sfutdf ePsf]lraqdf kʔfz k7fP/ To; sf]kl'tlj Danf0]lj le6g dfqdf gfk] To; ʔg; f/ lraqnf0{ **18lh6** (Digit) df kl/Of t u5{. :Sofg/ lj le6g cfsf/ / lfdtsf x65g\

sDko6/sf]dVo cfwf/ x] **xf8ʔʔ/ / ; ^6j ʔ/** . xf8]ʔ/ egʔsf] sDko6/sf]afix/ / leq ePsf, b]vg, 5f0g / 5g ; lsg]7f] pks/Of / kf6ʔhfʔʔ xg\ h:t}ldflg6/, dfp; , ; lklo; slafʔʔlk6/, l:ks/ cflb

0gk6 18ef0; n]8ʔf lbPk15 sDko6/n]8ʔfnf0{; ʔx u5{. 8ʔf ; ʔx ugʔf nflu sDko6/df lj le6g pks/Of x65g\ ol pks/Ofxʔnf0{:**6ʔʔh 18ef0**; elg65 . :6ʔʔh 18ef0; n]8ʔf jf ; ʔgfnf0{; ʔx ug]rflxPsf] a]ʔfdf len6g]sfd u5{.

; ^6j ʔ/ egʔsf]sDko6/sf xf8]ʔ/xʔnf0{sfd u/fpg]cfbʔ x]. ; ^6j ʔ/ dVo ʔkdf b0{kʔf/sf x65g\ **ck/ʔ6<sup>a</sup> l**; :6d ; ^6j ʔ/ / **Plkns] g kʔʔfd** ; ^6j ʔ/ . ck/ʔ6<sup>a</sup> l; :6d ; ^6j ʔ/ sDko6/nf0{; ʔfng u/fpg] cfwf/et ; ^6j ʔ/ x]. o; ʔf]cfwf/df Plkns] g kʔʔfd ; ^6j ʔ/xʔn] sfd u5g\ **lj 8ʔʔ / lngS**; ck/ʔ6<sup>a</sup> l; :6d ; ^6j ʔ/sf pbfx/Of xg\ Plkns] g kʔʔfd sg]lglZrt lj ifodf lgwʔ/t sfd ugʔf nflu agf065 . pbfx/Ofsf]nflu lr7l kq / n]y /rgf n]vgf]nflu j 8ʔʔ] ]: a kʔʔf]dsf]pkofʔ ul/65 eg]lx; fa lStfa /Vgsf]nflu Psp]l66<sup>a</sup> ; ^6j ʔ/ pkofʔ ul/65 . To:t}k':ts klqsf nʔʔp6 18hf0g ug]k]hdʔ/, knʔʔf] ; Dkfbg ug]knʔʔf] k cflb kʔʔfd pkofʔ x65 . lj le6g lʔʔdf sfd ug]ʔn] cfcf^gf] sfd / cfj Zostfcg; f/ Plkns] g ; ^6j ʔ/xʔ

8ʔf :6ʔ] ug]:yfol pks/Of **xf8[8:s 8ʔ0e** x]. xf8[8:s 8ʔ0e jf 5ʔʔs/ldf xf8{8ʔ0e sDko6/df :yfol ʔkn]hl8Psf]x65 . sDko6/df /Vg / len6g ldNg]xf8{8ʔ0e klg x65 . ; a}vfnsf 8ʔf, kn0n jf ; ʔgf xf8{8ʔ0edf :6ʔ] ul/65 . xf8[8:sn]slt 8ʔf ; ʔx ug]S5 eg]lfdtf **af06**df gfk65 . klxn]xf8[8:sxʔ ; fdf6tof d]ʔf af06 MB df pknAw x6y]eg]clxn]luuf af06 GB df kf065 . To:t}; 8l /ʔʔ, ^nkl **18:s**, yDa 8ʔ0e, hlk 8ʔ0e, 18le8l cflbn]klg :yfol / c:yfol ʔkdf

; Rgf klj lwsf]zlQm / gkfndf o; sf]pkofu

; Rgf klj lwsf cfwf/

8f :6f u5g\ ^nkl l8:sdf yf]y]8f c:yfol 2kdf :6f ug/ Pp6f sDko6/af6 csf]sDko6/df cf] f/k; f/ ug{; lsg5 . **l; 8l /f] df w]**dfqdf :yfol 2kdf 8f ; sng / cf] f/k; f/ ug{ lsg5 . l; 8l /f]df l; u]kml / 7hf7hf lsfax 2 klg c6fp5g\

sDko6/sf]8f kl; ] jf kzf]vg ug]dVo sfd ; **lko"cyft ; l6n k] ]**; **a olg6n**]u5{. ; lko"sDko6/sf]dVo lrk jf l bdfu xf]. kf] ] /x 2 lj le6g ksf/sf / lfdtf jf ultsf x65g\ kf] ] /sf]ult jf l:k8nf0{d]fxh{(MHz) jf Millions of cycle per second df gflk65 .

sg}klg sDko6/df kf]ufd rnfpg jf 8f kzf]vg ug{klnf kf] ] /n] :6f]h l8ef0; af6 kf]ufd / 8f]nf0{ **d]f]l (RAM)** df /fv5 . To; sf/Of Ps]k6s slt j6f, slt 7hf]/ slt RffBf]kf]ufd jf kmOn v]lg] e6g]s/f d]f]l]sf]lfdtdf e/ k5{.

; lloh]8f kf] ] u/]k15 hg kl/Ofd cfp5 To]lj le6g 2kdf b]vg jf p]kfbg ug{; lsg5 . h:t}l:qmg jf d]lg6/df c]f/, lrq / rnlrqsf] 2kdf xg{/ l:k]s/af6 ; 6g ; lsg5 eg]k]6/af6 5fkg ; lsg5 . **l:qmg jf d]lg6/**, **l:ks/**, **lk6/** c]fb ; fd]6o cfp6k6 l8ef0; cyft\p]kfbg pks/Of xg\

sDko6/n]u/]sf]sfd **d]lg6/** jf **l:qmg**df b]v65 . d]lg6/df b]v]pgsf] nflu **ufkns sf8**(r]fx65 .

**lk6/n]**sDko6/n]tof/ kf/]sf]kf70 tyf lrq 5fk5 . To;n]lr7lkq, lan, l/kf]6{6ohn6/, kl:tsf, n]n tyf lj le6g ; fdul 5fkg; S5 . lk6/ lj le6g uOf:t/, cfsf/ / lfdtsf x65g\ lk6/sf]dbtn]sDko6/af6 k':ts, l/kf]6{d]g, af] /, 6ohn6/ c]fb 5fkg]sfdnf0{**8}s6k klAnl**; **a** elg65 .

**df]d] M**sDko6/nf0{6]nkrf]g; E s/]sf]gl u/f0lbg]pks/Of df]d] xf]. df]d] zAb df]d]h6/ / l8df]d]h6/ b0{zAb ldnfP/ 5f]6]fP/ agf0sf]zAb xf]. sDko6/n]**l8lh6n** k]ffnldf sfd u5{t/ 6]nkrf]g]**Pgfnu** k]ffnldf sfd u5{. le6g]le6g]k]ffnldf sfd ug]xgfn]sDko6/ / 6]nkrf]g]n]; w} 8f cfbgk]f]g ug{; Qmg . df]d]n]l8lh6n ; s]nf0{Pgfnu ; s]df / Pgfnu ; s]nf0{l8lh6n ; s]df kl/Of u/] b0{a]nf]n]k]ffnlnf0{ cfk; df 8f cfbgk]f]g ug{ ; Sg] agfp5 . df]d] sDko6/ leq

/fVg]/ af]x/]/fVg]b0{k]sf/sf x65g\ df]d]sf]; a66bf dxTj kOf{s/f o; sf]ult jf l:k8 xf]. df]d]sf]ultnf0{la6 kl]t ; 88 -alkLP; \j f lsnf]a6 kl]t ; 88 -s]alkLP; \df gflk65 . %^,))) alkLP; \cyft\Ps ; 88df %^,))) la6 a/fa/sf]; s] k7fpg jf k]k]t ug{Sg]lfdtf ePs]df]d] a]9 k]lnt 5 . df]d]sf]ult hlt w]eof]Tolt l56f]0d]h jf 066/g6 k]k]t ug]j]f xg{/ lsg]xgfn]; do hf]v]pg / 6]nkrf]g]vr{ 36fpg klg w]ultsf]df]d] a] x65 .

l8lh6, la6, af06 / 8f

sDko6/n]a%g]/ v]h]pg]efiff jf ; s] b0{j6f c\$, ! / ), dfq xf]. ol b0{c]sf]hf]lnf0{af0g/l l8lh6 elg65 . sDko6/n]w]lg, lrq, rnlrq, c]f/ c]fb sg}klg ; Rgf jf 8f]nf0{log}b0{c]sf]hf]d] kl/Of u/]k15 dfq uxOf, kzf]vg / p]kfbg ug{S5 .

Pp6f ! / Pp6f ) sf]af0g/l l8lh6sf]hf]lnf0{la6 elg65 . sDko6/n] k]f]u ug]efiff jf To; sf]l]bdfusf]; a66bf ; fg]0sf0{la6 xf]. cf7 j6f la6 ldn] Pp6f af06 a65 . Ps af06n]s]l ; Rgf lbg; S5 , h:t} j0f(df]nfsf]sg]c]f/ jf yf]nf / c4{l]fdh:tf lrgxx 2 . sDko6/sf] d]f]l jf e08f/Of lfdtnf0{af06df gflk65 . !}@ \$ af06 a/fa/ Ps lsnf]af06 / !}@ \$ lsnf]af06 a/fa/ Ps d]v]af06 x65 .

8f eg]sf]; Rgfsf]d; nf, hfgsf/l, t]vof\$ cyft\cfwf/et ; fdul xf]. of] c]f/, lrq, w]lg, rnlrq c]fb cg\$ 2kdf xg; S5 . t/ sDko6/n]v]h]pg]j]f ; sng, kzf]vg / pkofu ug]; a}8f, rfx]Tof] c]f/df xf]\,rfx]w]lg, lrq, rnlrqdf xf]\! / ) x2df x65 .

l8lh6n klj lw

gof; Rgf tyf ; #f/ klj lwnf0{; km agfpg]Pp6f kd]v sf/s t]j l8lh6n klj lw xf]. clxn]sg}klg ; Rgfnf0{l8lh6n ; s]df kl/Of ug{ ; lsg5 . l8lh6f0h]g cyft\zAb, w]lg, lrq, rnlrq ; a}k]sf/sf 8f]nf0{l8lh6 jf b0{c]sf]af0g/l k]ffnldf kl/Of ug{ ; Rgfnf0{ **d]l6ld]8of** cyft\axd]l]oddf n]h]g ; e] t]Nofpg]dVo s8l xf]. l8lh6df kl/Of ePk]5 sDko6/n]; lhn] E To; nf0{v]h]pg ; S5 . pkof]ust]f]axd]l]oddf sDko6/df /x]f]8f]nf0{cf]k]h]rf]x]h:tf] kzf]vg ug{S5 .

sDKo6/n]kzfv]g jf k[] ] ug[egsf]ltg}b0{j6f l8lh6 jf csnf0{  
otfptf ug{dfq}xf]. efgbQmsf]/fdfof, gf/foof uf]kfnfs]ult, n8j; \*  
afEbjhsf]lrq jf dl't{cflb h}lrhnr0{l8lh6f0h u/]klg sDKo6/sf]  
nflu To; sf]sg}kml/s cy{nflub8 . To; sf]nflu ; a}; Rgf s]n ! / )  
xf]. oxl l8lh6n : jefj n]ubf{sDKo6/df dN6lldl8of ; Dej ePsf]xf].  
cfwlg; ; Rgf klj lw olt b't, k8fj sf/l / pkofu]l ePsf]sf/0f klg oxl  
xf].

sDKo6/sf]k\$ f/

sfd ug[tl/sf, sdfs]p2]o jf k8fnfs]cfwf/df sDKo6/ lj le8g  
vfnsf x65g\ sfof8ox2df 68hdfly c6fpg]; fgf sDKo6/nf0{k[]om  
**k; 8n sDKo6/** jf kl; l elg65 . xfn ahf/df b0{k\$ f/sf kl; l a9l  
nf8k8 5g\mcf0alPd kl; l / PKkn Dofls66f] .

sDKo6/nf0{j u{cg' f/, k':tf cg' f/ / To; n]k[] ] ug[tl/sf cg' f/  
dVo 2kdf tlg tl/sfn]568fpg ; ls65 .

**ju{cg' f/ M;** k/ sDKo6/, d8k[] sDKo6/, ldgl sDKo6/ / df0qmf]  
sDKo6/ . c? s'f ldn8f]5 eg]of]j ul8/0faf6 sDKo6/x2sf]ult,  
cfsf/, dfh, / lfdtf yxf nflu5 .

**k':tf cg' f/ M;** g\ (%) sf]bzsd ag8f, P]txfi; s dx]j af88f,  
UNIVAC h:tf, klxnf] k':tfsf sDKo6/x2 EofSod 68a klj lwdf  
cfwfl/t lyP . !(^) sf]bzsd ag8f bf] f] k':tfsf sDKo6/x2df  
EofSod 68asf]7fp88h:6/n]lnof]. !(^) sf]bzsb]v g]ag yfn8f  
t] f] k':tfsf sDKo6/x2df 68h:6/sf]7fpFlrk jf 0l66u88 ; ls6n]  
lnof]. !(&) sf]bzsd b]yf k/8f df0qmf]sDKo6/x2h:tf rfyf]k':tfsf  
sDKo6/x2df ; fgf]lrksf]pkofu x8 yfNof]h; df Pp6]lrkdf xhf/f8  
; ls6 c6fp5 . ca cfpg]kfFf8k':tfsf sDKo6/x2 clt lj zfn ; Wofsf  
; ls6x2 / sDKo6<sup>a</sup>sf]hl6n k8fnlx2sf ; fy]s]qd al4 / zIQmzfnl  
k[] l; <sup>a</sup>sf]d]haf6 ag8f x88g\

**k[] ];** <sup>a</sup>sf]tl/sf cg' f/ M sDKo6/x2 Pgfnu, l8lh6n / xf0la8  
x65g\ . Pgfnu sDKo6/ w]h; f]j]flgs sfddf h:t}gfk t8h, ult,  
tfkdfg, jfosf]ult / lbzf h:tf efl]ts uof gfgk pkofu ul/65 .  
pRr:t/lo tyf hl6n j]flgs lrlsT; f; jw]l sfddf Pgfnu / l8lh6nsf]  
d]haf6 ag8f]xf0la8 sDKo6/ k8fu ul/65 . pbfx/0fsf]nflu la/fdlsf]

db'tyf z/l/sf lj le8g c8sf]ult rfk cflb Pgfnu k4ltn]gflk65 eg]  
To; df k[]t 88f k8fv]g / kl/0ffd b]fpg]sfd l8lh6n k4ltn]u5{.  
t8lg clxn]lj Zj df clwsfz l8lh6n sDKo6/ g]k8fu x65 .

sDKo6/n]3/leq ug[Sg]sfd M

sDKo6/n]s8]sfd u5{e8g]s'f n]y] ; flb 58 . t8lg, Pp6f ; fdf8o  
sDKo6/n]ug[sfdaf/]c8sn ug{ ; lhnf8f nflu Pp6f 3/h' kl; ln]  
ug[Sg]3/leqsf]sdfs]; Rl x]f8.

- lr7l, n]y, syf, slj tf, l6k8 cflb n]vg].
- ; a}vfnsf lx; fa l8tfa /fvg].
- blgs sdfs]lj j /0f jf 8fo/l /fvg] .
- kfgl, lahhl, 6]hknf8sf]dx; h ltg].
- 3/df blgs pkef]usf]; fdfg ; lsPsf]hfgsf/l lbg]/ k; naf6 ; fdfg  
dufpg].
- 3/leq cfuf]nflg yfNof] rf] k:of] kfglsf]gn vh}/Xof]eg]To; sf]  
hfgsf/l lbg]/ 3/nf0{; 'lft /fvg].
- blgs jf efjl sdfs]of]hg agfpg]/ sg lbg sx'fhfg'5, s; nf0{  
e8g'5 jf s]ug{5 e8g]hfgsf/l lbg].
- ef65fdf ksfp]kl/sf/sf]hfgsf/l lbg].
- efiff tyf ; lk l; sfpg]/ cfo; f] a9fpg].
- 0d]h, 066/g8 cflbsf]d]ldaf6 x/8 k\$ f/sf ; Rgf / 1fg, lr7lkq,  
k8f]ult, ; 8lt k7fpg]/ k[]t ug[tyf ; dfrf/ yxf kfg]/  
k7fpg].
- ult ; 8lt ; 8g] 6lel tyf rnlrq x8] v]h v]vg]/ c8o dgf]8g  
ug].
- lrq sf8]j f k[]6<sup>a</sup> ug].
- 3/sf]; /; fdfgsf]; Rl /fvg].
- JolQmsf]k8f cg' f/sf uf]xssf]; Rl / hfgsf/l /fvg].
- 8ohn8/, a[] /, lj 1fkg, lgd8qoff tyf z8sfdgf sf8{l8l7, ; Rgf  
cflb yf]5fk]k8g]sfd 3/d]ug]. o:tf ; fdul 0d]haf6 k7fpg].

; Rgf klj lwsf]zIQm / gkfndf o; sf]pkofu

; Rgf klj lwsf cfwf/

- laqm ul/g]; fdfgsf]nān j f dñ 5fk 6fEg]. cflb==
- sñfsñlnf0{k9g / xñ] s{ug{; 3fpg].
- axf/L, Hj f0Fj f hlj g; fyl vñlg ; 3fpg].

cGo pkoñu

sDko6/sf]pkofu kfoM; añ; f]Jo; fo j f k] fsf dflg; x2n]ul//xñf 5g\ Jofkf/Lx2n]cf'gf]:6f]sf]; fdfgsf]tthf :6ssf]hfgsf/L /fVg, lan agfpg, lx; fa /fVg / ulxSX2; E; Dks{u/ Jofkf/ a9fpg sDko6/sf]pkofu ul//xñf 5g\ 8fS6/x2n]l] /fdlsf]/ñ8{/fVg, /fñ vñfpg / pkrf/sf cgstf sfddf o; sf]pkofu ul//xñf 5g\ . 0ñalgo/x2n]l8hf0g ug{ ofñhgfsf/x2n]ofñhg agfpg, kqsf/x2n] cvaf/ lgsñlg, sfofñox2n]; Joj l:yt 9uñ]sfd ug{sDko6/sf]; s] Dd w}]pkofu ul//xñf 5g\ cfñ eññ sDko6/sf]pkofu gxg]Jo; fo / o; sf]pkofu gug]Jo; fo; fol kfgp ufxñ]xñ yfnñf]5 .

gñj s{

w}]sDko6/ / ; añwt pks/0fx2 j f sDko6/sf ; dx2 / To; ; E ; Dalñwt lkñ6/ ^ofS; cflb pks/0fx2nf0{Ps cfk; df hfñ] sDko6/ pkofu stf]x2n]cfk; df sDko6/df ePsf kmf0n, ; Rgf / pks/0fsf] afBñB j f ; fem 2kdf pkofu ug{kñffnlñf0{gñj s{elg65 .

gñj s{ :yfgf ubf{sDko6/x2 / pks/0fx2nf0{cfk; df tf/āf/f, 6ññkñññf0gāf/f, lagtf/ j f /ñ8of] t/ñāf/f j f b'; ñf/sf cGo dññbdāf/f hfñ]B65 . o; sf]ñflu b'; ñf/ kñffnl]sf]cfj Zostf x65 . b'; ñf/ dññbdāf/f sDko6/ gñj s{ hfñ]BPK15sf]cj :yfnf0{cgnf0g (online) elg65 . o; /l cgnf0g eP/ gñj s{ hfñ]BPK15 To]gñj s{ ð hfñ]BPsf xñ]ñ / ofñpks/0fx2, ; ^6jñ / kñññdx2, 8ñf / ; Rgf x2 cfk; df afBñ / pkofu ug{ lS65 .

gñj s{dVo tlg kñf/sf x65gñ :yfglo gñj s{(Local Area Network = LAN), Zx/L lññleqsf]gñj s{(Metropolitan Area Network = MAN) / l j :tñ lññlo gñj s{(Wide Area Network = WAN) .

:yfglo gñj sñf6 Pp6f sfofñ sf]fdf ejg leqsf sDko6/x2 alr gñj s{u/ cfk; df 8ñf cfbfgkñf ul/65 eg]zx/L lññlo gñj sñf

Pp6f zx/leq l j leq efudf /xñf añ, Po/nf06; cflb l j leq sfofñosf cflñt/s 8ñf cfbfg kñf ug{; 3fñ5 . o:t}l j :tñ lññlo gñj sñf] bñ]Jofkl 2kdf j f bñ]x2df kññPsf zfvf sfofñox2 alr 8ñf cfbfg kñfgu5{.

gñj sñf cgñ kmf0b 5g\ o; df cfj 4 ePkl5 3/ñf j f hxfFa; 7 klg sfofñosf]sfd ug{ lS65 . Pp6f sDko6/df ePsf]kmf0n, 8ñf j f ; Rgf cñññ]pkofu ug{ S5 . lr7L, kmf0n j f l/kññ{Ps 7fññ6 cññ]7fññ kñfopg sñ]JolQm j f xñf rññññ . sñ]klg s/f cfbfg kñf ug{ do / vrñ]art x65 . Pp6f sfofñ j f JolQm; E ePsf lkñ6/, ^ofS; , :Sofg/ cflb pks/of cñññ]pkofu ug{ S5 . gñj sñf6 Odñ, ; fdllx 5nkm, le8of]sñkñ; cflb ug{; lS65 . hit 6f9f klg s/fsgl ug{ lraq, rnlraq, Wj lg k7fpg / kñt ug{; lS65 .

**gñj sñf] ; 7lff** MsDko6/sf] xñ]ñ / / ; ^6jñ / ; fy} sDko6/df /flvPsf dxTj kñf]8ñf, kmf0n, ; Rgf cflbnf0{ñññP/ /flvPg eg]l j leq 36gf j f sf/0faf6 tl ; fduñx2 gñ6 xg ; S5g\ añsf zfvfx2 alr xg] ; Rgf sf]cfbfg kñfgnf0{ñññ /fVg añx2 alr :yñkt gñj sñf k7f0g] ; Rgf uññ /fVg' kg]x65 . gñj sñfñf0{; 7lff ugñf ñflu l j leq pkfox2 kñnt 5g\ **kñfo/jñ** (Firewall) o:t}Pp6f pkfosf]kñnt gfd xf]. of]gfd xñ]ñ / / ; ^6jñ / bñññññflu pkofu ul/65 . añh:tf ; ðyfx2n]of]pkfo ckfñpñg\ sñ]gñj sñf k] ð u/ sñ]kmf0n xñ] j f kñt ugñf ñflu **oh/gñ / kf; j 8ñf]**; fy} sñ; ð] j fSo j f cñf/x2 pkofu ug{kñ]Jo; yf ul/Psf]x65 .

066/gñ M ; Rgfsf]dxdfdu{

; g\\*\$) df 6ññññññ]cf]j isf/ , ; g\\*&) df 6ññññññ ; g\(@) sf] bzsd /ñ8of] j f ; g\!(%) sf] bzsd 6ññññññ]hg rdtsf/sf] cf/De u/ñ]lyof]clxn]xñdl Toñññ klg a9l rdtsf/ bñ]fpg]klj lwsf] kñ/ñdes cj :yfdf 5fñf o; nf0{xñdl ; Rgfsf]dxdfdu{eññññññ cññññññ / ulñd aññ]6ññññññ cññññññ / u/ñ]l5 ; ?df dflg; x2n]cfk; l ; jñbsf ñflu 6ññññññ]olt w}]pkofu uñññ\eg] sñkñf; Dd klg u/ñf lyPgg\ . t/ cfhsf] l j Zj 6ññññññlagf rñg ; Dej bññññññ . To:t} ; Rgfsf]dxdfdu{el iodf xñ]rdtsf/s pkofu]sf]sñtko kñfaf/] clxn]xñdlñ]l j rf/ klg gu/ñ]xg; S5 .

; Rgf klj lwsf]zlQm / gkfndf o; sf]pkofu

; Rgf klj lwsf cfwf/

OGknd] g ; k/xf0j ]cyff\ ; Rgfsf]dxdfu{eGg]cfnsfl/s gfdn]o:tf] ; #f/ ; #fnf0{hgfp5 hf] lj Zjel/ kn]nPsf On\$6kgs ; #f/ ; #fnx\_uf0{Ps}hfnf]afw] lj Zjel/sf u{xsx\_uf0{ltgn}rfx\$] ; Rgf, 1fg, dgf]mg, lzlff, cfly\$ cj ; / cflb kkt ugI/ pknAw u/fpg] ; lj wf kbf g u5{. of]gfd cdv/sfsf etk} {pk/fi6klt cn uf]n]/fv\$ xg\ ; #kdf 0G6/gb]clt w]}dfqdf l8lh6n 8b] cf] f/ k; f/ ugI]fdtf ePsf]b/; #f/sf]; #fn eGg]aerfp5 . ol 8b]x\_uf0{ cf] f/ k; f/ ugI]sddf 6]hknf]sf]tf/, 6]hlehsf]s]h, :ofnf06sf ; fy} sDko6/ / On\$6kgs ; ; fwgx\_uf0{pkofu ul/G5 . o; n]df]lg; x\_uf0{ On\$6kgs lj lwn]Pscfk; df ; #f/ ug{; lfd agfp5 . o; dfkm\_ s; h] klg cfknh]rfx\$]lj ifoa:t'lj Zjel/sf s/f]0G6/gb] pkofustf{ dlf kfofpg; S5 . xfn 0G6/gb]of]sfd ul/x\$]5 .

0G6/gb] lj Zj sf lj leGg b\_ jf efudf :yflkt sDko6/x\_uf0{sf]; fgf7hf ; #fnx\_uf0{hf\$g] ; #fnx\_uf0{sf]klg ; #fn, dxf; #fn jf gb] s\_x\_uf0{sf] lj Zj Jofkl gb] s{x]. of]; #fnfndf cfj 4 ; a)sDko6/x\_uf0{; #f/sf]sg] sgdf eP klg Pscfk; df ; #f/ ug{ 8b] cfbfgkbf g ug{; S5g\ . o; dfkm\_ ; #f/e/df ePsf 0G6/gb]df hf]8Psf sDko6/x\_uf0{df ePsf c; W0 1fg, ; Rgf / ; ]fx\_uf0{hfgsf/L kfpj j\_ ; f06 / Od]hdfkm\_ pknAw ug{/ u/fpg ; lsG5 . o; df cfj 4 sDko6/x\_uf0{Ps cfk; sf pks/of / ; ]f; d] pkofu ug{; S5g\ 0G6/PIS6e ; lj wf / dln6ldl8of 0G6/gb]sf clt pkofuL / cfsif\$ klf xg\

0G6/gb]sf]db' jf /Qm ; #f/ ugI]dVo kffnl eg\$]clt b\_ ultsf] b/; #f/ kffnl xf]. b/; #f/sf] zlQmzfnl k]fvf/lagf 0G6/gb] rNlg ; Qm\_ . ; #f/el/ kn]nPsf lj leGg b/; #f/ kffnlx\_ / tl kffnl; E cfj 4 s/f]0G6/fokfl/s, ; /sf/L, u\_ ; /sf/L, z]lfs, dgf]mgf]ds gb] s\_x\_uf0{ ldn] 0G6/gb] rN5 .

Oltxf;

; g\!(^ ( df ; eQm /fho cdv/sfsf]klZrdl t6df P8ef6:8 l/; r{ k]h\$6 Ph]; ln]kpf]uf]\_kdf rf/ j 6f sDko6/ hf\$] 0G6/gb]sf]yfngl ePsf]xf]. o; nf0{ARPA net (Advanced Research Project Agency net) elGvof]. of] k]h\$6sf] p2]o o4df gfleslo cfqmdof ePsf] l:y]tdf klg cdv/sl ; g]sf]sdf08sf lj leGg cu / tl cu c\_tu\_uf

lgsfox\_alf r ; #f/ Joj :yf hf/L /Vg'lyof]. s]b]lo sdf08df gfleslo xdnf eP/ Wj :t ePsf]v08df cdv/sl ; g] g]lj lj xlg xfhf eGg]/lff lj efusf]lr6tf lyof]. o; h]ARPA net sf cg; Wwfgstf\_x\_n]of]cj :yfa6 hf]ug kof\_xkn]lj s]b]t ; #f/ kffnl ckgfpg]lgwf]u/L o; k\$]/sf] ; Rgf ; #fnf]lj sf; u/]. of]g]cfhsf]0G6/gb]sf]cfwf/ a6of]. snf6t/df o; df BITNET, Usenet, UUCP tyf NSFnet nufotsf c? gb] s\_x\_uf0{ klg cfj 4 eP . o; /l clxn\$]0G6/gb]sf]lj sf; ePsf]xf].

0G6/gb]sf]Pp6f dVo lj z]ftf s]5 eg]olb o; sf]sg]efu gi6 eP/ o; sf] af6f]lj u] klg o; n] t?6t} csf]af6f]vf]h] cf^gf]nlfd klg; S5 .

0G6/gb]nf0{lgogof jf ; #fng ugI]sg]Pp6f ; #yf 5\_ . o; nf0{ ; #fng ugI]c6t/fi6\_ lgod sfgg klg 5\_ / o; df ePsf ; Rgfnf0{ ; g/ / ugI]sg]Joj :yf 5\_ . o; sf]sg]s]b]b sfofho klg 5\_ . o; df s\$]lj ifo j :t'5 eGg]lj ifo ; Rl 5\_ . jf:tj df of]:j o\_]l JolQm / Joj; fol ; #yfx\_uf0{af/f rln/x\$]5 . t/ ; g\!( (@ b]v Pp6f gkrf sdfpg]p2]o /lxt bl 0G6/gb] ; f] f06l glds ; dxn]0G6/gb]sf gltx\_ / k]b]s\_nx\_x\_uf0{]/vb] ug\$] ; fy}df]lg; x\_uf0{; sf]pkofu s; /l u5gV o; klt s:tf]kltlqmf hgfp5g\efg]s'/sf]/vb] ugI]u/\$] 5 .

0G6/gb] af]plh^=lj r/Of

0G6/gb] pkofu ug\$] nflu Pp6f pkoQm sDko6/ / 6]hknf] nf0g clg 6]hknf] / sDko6/nf0{hf\$g] df\$] rflxG5 . ; fy}sg]0G6/gb] ; ]f kbfosaf6 0G6/gb] ; lj wf -Psf06\_ lngkg]xG5 .

0G6/gb] ; ]f pknAw u/fpgsf nflu gkfndf ds6f0n / jN8]n\_snufof 8\_ bhghlt cfOP; kl cyff\0G6/gb] ; ]f kbfosx\_ (Internet Service Providers) 5g\ cfOP; klx\_uf0{JolQm ; #yf jf sfofho\_x\_uf0{zNs lnP/ u]xs agfp5gV 0G6/gb] / ; f] E ; al6wt ; ]fx\_uf0{lbgsf]nflu ; Dks{; lj wf lbG5g\ cfOP; klsf]u]xs agkl5 cf^gf]oh/ g] cyff\ u]xsf]lj z]f gfd / kf; j 8{cyff\uf]o ; s\_ xG5 . oh/ g] / kf; j 8{ lbP/ sg]klg a]hf cfOP; kl; E ; Dks{ug{ lsG5 / To; }dfkm\_ 0G6/gb]df ; Dks{xG5 . kf; j 8{cfknh]rfx\$]a]hdf km\_ ; lsG5 . cf^g}sDko6/ geP klg cf^gf]j f s; \$]oh/ g] / kf; j 8af6 klg hg sDko6/df klg



; Rgf klj lwsf]zIQm / gkfnf o; sf]pkofu

; Rgf klj lwsf cfwf/

066/gb pkofu ug{ lsg5 . sb}cf0P; klx2 Pp6f ; x/df dfq ; lldt x65g\eg]sbj}lj leG ; x/df km]nPsf, sbj}/fi6kofkl / sbj}cft/fi60 j f wj}b2df ; Dks{ePsf x65g\

Pp6f sDkob/df cfcf'gf]oh/ gdl / kf; j8{pkofu u/} wj}hgfn] kfn]kfnf] 066/gb xg{/ 066/gb; E ; DalGwt cGo ; lj wf pkofu ug{ S5g\ ; fdfGo sDkob/af6 klg 066/gb xg{/ lsg5 .

sDkob/ / cf0P; klalr ; Dks{ug{pkoQm 6]nkmg nf0g rflx65 . xfn gkfnf clwsfz ; x/L Ifgd] lj Bdfg 6]nkmg nf0gaf6 066/gb pkofu ug{ j f Od]hdfq klg rnfpg ; lsg5 . t/ lsgf] lfdtf (Bandwidth) km/s km/s 5 . Jof08ljy sdhf] ePsf 7fpE] 066/gb ; Dks{f]df] x6g . eP klg l9nf x65 . o; af6 vr{/ ; do a9l nflu5 . dfaf0n km]af6 klg 066/gb rnfpg; lsg5 . t/ of]; lj wf ; lldt 5 . df]f0n km]sf]; fdf ePsf]; fgr]kbfd]066/gb xg{/; lsg]; lj wf klg pknAw e0; s3f]5 . gkfnf klg o; sf]kfn]g a9b5 .

066/gb alph ug{ j f xg]sf]nflu dfq sbj}lj z]f tflnd j f ; f]lGts 1fg j f lz]lffsf] cfj Zstf x6g . t/ 5f]f] cf]lwsf] cfwf/e't tflnd lngk5{. o; sf]pkofu slit k6f]sf/L / pkofu 9un]ug]eG]s/f cEof; / p2]odf e/ k5{ 066/gbaf6 wj}nfe kfpgsf nflu o; n]kbf]g ug]lj leG k6f/sf ; lj wfaf/]hfgsf/L xgk5{. sbj j 6; f06 sx]fkm]k5{ egl hGg ; sbj eg]; do / k}sf]gf]; fgl x65 . cfkm]f0{rflxPsf] lj ifosf] hfgsf/L sx]Fkf065 eG] s/f cEof; n] klg l; sfp5 . clxn]; Rgf ; flf/tf (Information Literacy) sf]s/f lgsS}rrf]df cfPsf]5 . ; xl ; Rgf ; xl 7fpE] vf]g / ; xl 9un]pkofu ug]sf]nflu ; Rgf ; flf/tf xg' cfj Zos 5 .

xfn 066/gbdfkm] lgd]lnlvt ; j]fx2 pkofu e0/x6f 5g\

j N8{f08 j 6

**8An8An8An'**cyf' **yN8{f08 j 6** ; a6Gbf a9l pkofu xg]/ cfsif6 ; #f/ df]lwd xf]. of]lj Zj Jofkl sDkob/ ; #fn 066/gb]clt / f]r's, 1fgj 46, dg]f]hgsf/L df0nf]l56f]tyf ; lhnf]lsl; dn]; #fng ug{ lsg] klf xf]. o; af6 k':ts klqsf k9g, ; #t ; Gg, ; fdfg lsg / a]g, lknld xg{/ v]h v]g, hflu/ vfg, Jofkf/ ug{lj leG k6f/sf ; j]f kbf]g ug{ lz]lff xfl; n ug{ ; fj h]gs lxtdf hg] sfnt j f cf]b]hg rnfpg,

hgr]gf km]hpg tyf cg]f]fsd ug{ ; lsg5 . o; df clxn]; eQm /fi66 3sf ; a}lgsfo / lsgf sfoGmb]lv lnP/ ufpE] Pp6f u}; /sf/L ; #yf; Dd / eQmk/sf]df6sf]dl't{a]g]lv lnP/ lj Zj Jofkl Dofs8f]fN8 /]6/06 / l8:g]l0f08sf] dg]f]hgsf] Jofkf/ / ; j]f kfp]g; lsg5 .

j N8{f08 j 6df s/f]f]f]k]h x2 x65g\ lj Zj el/ km]nPsf 066/gbdf cfj 4 sDkob/x2 n]lbgx]f]v]f]f]; Wofdf j 6k]h agfP/ cfcf'gf]; **f06df** /flv/x6f x65g\ j 6k]hdf clf/ / lrg j f km]f]dfq x6g Wj lg / rnlrq klg x65 . sbj}klg j 6k]hnf0{s; h]klg xg{/ k9g, ; Gg ; S5 . o:tf j 6k]h x2 sf]; sng j f ; #nf0]j 6; f06 elg65 . ; lhnf]sf]nflu j 6; f06 eg]sf]stfa xf]eg]lj 6k]h eg]sf]to]stfasf]kfgf xf]. k':tssf]; ?df k':ts, n]ys, k6f]zssf]gfd / cGo hfgsf/L 5flkPem]w]h; f]j 6; f06sf] ; ?df **xf]k]h** x65 . o; n]k]f]m]j 6; f06sf]kl/ro lb65 / lj ifo ; l'rsf] sf]d u5{.

j 6; f06 xg]sf nflu **j 6 alph/** / 066/gb sg]; g rflx65 . j 6 alph/ eg]sf]Ps k6f/sf]; ^6j 6/ xf]. o; n]j N8{f08 j 6df ePsf]j 6k]h x2 xg{/; 3fp5 . j 6 k]hdf ePsf **xf0k/lns** x2 df **ISns** u/} l; w}cfkm]h] rfx]f]a] k]hdf kl]gj f ; Rgf kfp]g]k]fflnf0{**xf0k/6j:6** elg65 . pbfx/0fsf]nflu, tkf0f]x]v]/xg' ePsf]sbj}j 6k]h, j 8{km]0nsf]k]h j f Od]h k]hdf sbj}zAb h:t}www.thopathopa.com a]n]/udf bl]vg; S5 / To]f]zAbdfly **s; {** kl]g]alQs}s; {sf]lrgx km]P/ cf]h]sf]cfsf/ aGg; S5 . o; sf]dtna To]f]zAbnf0{ISns u'of]eg] tkf0f]l; w}To]f] j 6; f06 j f k]hdf kl]gx65 . o:t}sbj}; s; lrg]xdfly **s; {** k'ofP/ klg ; f6m]to]f]k]hdf kl]g; lsg5 . o; / l Ps 7fpE]6 ; lhn] E / ; f6m]csf] 7fpE]f] k]hdf kl]g]; Dks]f]f0{**xf0k/ln** elg65 . j 6k]h x2 df o:tf lns x2 yk}x65g\

sbj}klg j 6; f06 alph ug]sf]nflu To; sf] **ocf/Pn** -olgkmd{l/; f] { nf]6/\_ yfx xgk5{. o; nf0{f08 j 6df ePsf]8sd]6sf]6E]f]j f 7]l]fgf eg]x65 . o; nf0{066/gb P8k} klg elg65 . pbfx/0fsf]nflu ; f0a/ g]k]n g]ds 066/gb klqsf]jocf/Pn www.cybernepal.com.np xf].

lj Zj el/ km]nPsf cglu6tl j 6; f06 / lj ifox2dl]w]sbj} sx]f5 egl kQfnufpgsf]nflu ; **r{0lGhg** tyf **j 6 l8/36ksf]**pkofu ul/65 .

ofx;" ulh cflb kflnt ; r{0lGhg xg\ j 18/\$6kdf j ; f06x2sf] 7ufgf / ljj /of ; sng u/ /flvPsf]x65 .

cfkng]j ; f06 s; /L /fVg]<

cfhefn oj f tyf lszf]x2n]cf^gf]kmf] kl/ro, ; GbZ, ; ult cflb /fv/ JolQmut j ; f06 agfpg' km] gh:t}e0; s3f]5 eg] ; /sf/L, u}; /sf/L, Jofkf/s, cfBflus, wldf, ; fdfllhs ; yfx2n]cf^gf]p2]o, sfd, kl/ro, ; Jf / ptkfbg tyf ; fj hlgS lxtsf hfgsf/L /fv/ cf^g} j ; f06 agfP/ 066/g6df /fVg]rng lGSS}al9/x3f]5 . clwsfz ; yfx2sf]nflu of]clgj fo{cfj Zostf e0; s3f]5 . clt sd vr0f cf^gf]kl/ro, kfl/, hg; Jf / Jofkf/ ug]of]clt kfej sf/L / ; /n dflld ag3f]5 .

j ; f06 /fVgsf] nflu j ; f06 /fVg] ; yf jf JolQm :jom] j ; f06af/] ; a}s/f hfg / ; s]Dd cfknh]ug{a} x65 t/ ; ah]o; f] ug{ ; ej / cfj Zos klg x65 . o; sf nflu ljleG Jofj ; flos ; yf tyf JolQmx2sf] ; xofu k065 . Pp6f ; km j ; f06 /fVg / ; fng ug{ lgDg lnltv sf]d ug{f ; yfx2sf] ; Jf kfl't ug{kG]x65 .

; a66bf klxn]t j ; f06 lsg /fVg] s; sf]nflu /fVg]eG]s/f :ki6 xgk5{. clg lj ifoj :t' tof/ kfgK5{. j ; f06 eg3f]066/PIS6e cyf\ c6t]qof]ids k':ts xf]hxfk7s jf bz6n]lstfasf]kfgf kN6fPe6bf ; lhnf] E cfknh] rfx3f]lj ifosf]kfgf kN6fpg; S5 . sfutdf 5flkg] k':tsdf clf/ / lrqdfq x65, t/ j k]hdf :j / / rnlrq klg x65 . o; j]j ; f06df /fVgsf]nflu kf70 ; fdu]sf ; fy}lrq, rnlrq, Wjlg cflb klg xg'a} x65 . To; f]t clwsfz j ; f06 k9gdfq ; lsg]clf/ / lrqdfq ePsf x65g\

j ; f06df s3]lj ifo ; fdu] /fVg]egl lg0f6 ug] tl lj ifox2 a6Ng]/ tof/ kfg]sf]d j ; f06 /fVg rfxg]JolQmj f ; yfsf]xf]. To; kl5 ug{kG] sfdsf]nflu j ; f06 ; Jf pknAw u/fpg] sDkgl'sf] ; Jf lng' a} x65 . ; fgf tyf dem]hf sDkgl jf ; yfx2n]cfknh]kflj lws /fv/ j ; f06sf ; Dk0f{sfd cfknh]ug{cJofj xfl/s / dx6f]klg x65 . vf; u/ ; Rgf klj lws]lfgdf ; Jf k7ofpg] ; yfx2n]dfq j ; f06 /fVg] lgoldt 2kn]gjls/of ug]cflb sf]d cfknh]ug{ S5g\

j ; f06df s]/fVg]eG]lg0f6 u/k15 j ; f06sf]8f6g] g] cyf\vgd / 7ufgf bt{ugK5{. h:t}www.companynam.com . of]sf]d sg} pBfl, Joj ; fo jf ; yf ; /sf/L sfoffodf bt{ubf{To; sf]gd / 7ufgf bt{u/h:t}xf]. 8f6g] g] /lh:6/ ug]sf]d 066/g6 ; Jf k6fg ug] sDkgl -cf0P; kl\_j j klanl; a sDkglx2n]u56\ of]sf]d gkfnleqs} sDkglx2n]ug{ S5g\ . 8f6g] g] ; f6m]066/g6af6 klg /lh:6/ ug{ ; lsg5 t/ o; sf]k}f ltg6f nflu c6t/f66 df6otf kfl't qm]86 sf8{ rflx65 .

j ; f06 /fVg]x2n]cf^gf]j ; f06sf]8f6g]sf]gd zNs lt/] bt{ u/fpg' k5{. 066/g6sf]pkofunf0{a9fpgsf nflu sltko sDkglN] 8f6g] /lhi6/ / xfl:6a lglzNs klg u56\ .np n]gkfnaf6 /lh:6/ ul/glj ; f06nf0{hgfp5 .com afx3 c6o kflnt 8f6g]x2 xg\Wedu, .gov, .mil, .net, .org . ol gfdn]ljleG lj ifosf j ; f06 eG] hgfp5g\ . h:t}.com. n] Jofkf/s p2]osf]j ; f06 hgfp5 eg] .edu n]z]hfs, .gov n] ; /sf/L, .mil n] ; lgs, .net n]g6]lsf clg .org n]u}; /sf/L ; yfsf j ; f06 eG]al65 . t/ xfn cfP/ of] jul6/of Toit :ki6 2kdf nfu"ePsf]b]v6g .

j ; f06sf]l8hf0g Jofj ; flos tyf cfsif6 9un]ug{f u/fpg'k5{. a6; f06 l8hf0g ug]sf]nflu k66k] / l8dlj e/ h:tf l8hf0lg^a ; ^6j6/ / c6o uflkms ; ^6j6/ pkofu ul/65 . j ; f06 l8hf0g ug]sf]d Jofj ; flos l8hf0g/ JolQmjf sDkglx2n]u56\ j ; f06 066/g6df /fVg'eg3f] ; f/el/sf hf] 5h]klg x]f] \eg] xf]. o; h]j ; f06sf] ; km]tfsf]Pp6f cfwf/ ; s]Dd w]h]f0{Tof] ; f06 a]ph u/fpg'xf]. o; sf]nflu j ; f06 /fd/] l8hf0g ug]K5{. ; fdu] klg cfsif6 / pkofu] xgk5{. /fd/] l8hf0g ul/Psf]j k]hdf ; fdu]x2 cfsif6, pkofu] 96n]; hf0Psf]/ x]f]{cfsif6 x65, s/f]f]j ; f06x2sf]el8df :ki6 lrlg65, 8fpgnf6 ug{ ; lhnf] / l56f]x65, sg] klg a]ph^a ; ^6j6/af6 a]ph ug{ ; lsg5, kf70 ; fdu]x2 kl9/xh:tf]nfl5, hfgsf/Lx2 sf]fsf] u/l l6Ssnflbf]9un]/flvPsf]x65, ck86 ug{ ; lhnf]x65 tyf lgoldt 2kdf ck86 ul/Psf]x65 .

sg]sfof]o jf pBfl Joj ; fo ; fng ug{3/ axfndf lnPh:t}j ; f06 /fVg klg :k} jf 7fpFls/fofdf lng' k5{. cyf\j ; f06nf0{j ; e(df /fVg' k5{. o; nf0{j xfl:6a elg65 . j xfl:6a ug]sf]d

; Rgf klj lwsf]zIQm / gkfnfndf o; sf]pkofu

; Rgf klj lwsf cfwf/

lj leG sDkglN]u5g\ j ; e{ egf]lj zfn dfqdf 8f ; sng / k] ] ug{ ; Sg] zIQmzfnl sDko6/ xf] . j ; e{x rfa; } 306f 066/gf; E hfl]8Psf x65g\ . j ; f06 xg{ rfxg] hf] s}hf0{ klg j ; e{n]p; n]xg{rxf]sf]krf0n p; n]rxf]sf]hg; s}ahf]df klg pknAw u/fp5 . j ; f06 /fVg]x]n]j xfl:6<sup>a</sup>ugI; :yfnf0{j ; f06sf]kl/df0f jf cfsf/ tyf :j z k j f uof cg; f/ j flif6 zNs ltgk5{ kf70 ; fdu]dfq ePsf]j ; f06sf]nflu yf]zNs nflu5 eg]>Jo tyf rnlrq cflb ePsf j ; f06sf]a9l zNs nflu5 .

l8hf0g ul/Psf]j ; f06nf0{j ; e{df /fv]kI5 h; n]klg 066/gf]df xg{ S5 . o; /l j ; f06sf]lj ifo j :t' tof/ ug]lv lnP/ j ; e{df /fVg]klqmf0{j klanl; <sup>a</sup> j f j ksfzg elg65 .

Ps kN6 j ksfzg u/kI5 j ; f06df /flvPsf lj ifo cg; f/ ahfahf]df t]hf jf ck8f ul/xg' k5{. cgnf0g ; dfrf/ lbg]j ; f06x]n]s]l 306f la/fP/ t]hft]hf ; dfrf/ lb65g\eg]cf^gf ; jf jf p]kfbgsf] lj 1fkg ug]j ; f06x]n] ; jf jf p]kfbgsf] s]l kl/j t]g geP; Dd ck8f gug{ S5g\ . j ; f06 ck8f ug]sfd klg j l8hf0g/x]n] u5g\ t/ sltko JolQmjf ; :yfn]cfkm]klg ck8f u5g\

s; h]j ; f06 x]kI5 kl]tlqmf hgfp]g gfd, 7]f]gf / lj rf/ klg n]l k7fpg]Jo; :yf sltko j ; f06x]df ul/Psf]x65 . cfm]f]j ; f06 slt hgn]jf lbg]slt k6s x]of] sxf]x]f6 x]of] e6g] h:tf hfgs]l lbg]Jo; :yf klg j ; f06df /fVg ; ls65 .

Odh

066/gf ; jf lnPkI5 :j tM Odh ; jf kf065 . t/ gkfnfndf lj leG 066/gf ; jf kbfosx]n]0dh ; jf dfq]klg pknAw u/fp5g\ tkf0E]f] 066/gf]df kx<sup>F</sup> 5 jf cf^g]0dh Psp06 5 eg] tkf0E]f]cf^g]0dh 7]f]gf klg kSs}xgk5{. Odh 7]f]gdfk] tkf0E]Ps ; o ; Q/le6f w]}b]zsf s/f]f]0dh 7]f]gf ePsf dflg; x; E lr7l / ; b]z cfbfg k]fg ug{ ; SgX65 . lr7ldf krf0n, ; ut, lrq, rnlrq klg ; dfj z ug{ ldn5 . lgoldt z kdf 066/gf pko]u ug]z d]l]clw]sfz jf en08; }8f c; le6f w]}066/gf Odh]sf]nflu rnf]p5g\

Odh rnf]pgs]nflu sDko6/df cfp6nS PS:k] / o8f]f h:tf]; ^6j f/ xgk5{. tkf0E]066/gf ; Dks]df xgX65 eg] tkf0E]x6dh, ofx' cflb

j ; f06df cf^gf]0dh 7]f]gf agfp]g ; SgX65 . 066/gf]sf]j ; f06df /fv]sf]s/f h; n]klg xg{ S5 eg]0dh 7]f]gdf k7fPs]s/f k]ksn] dfq}xg{ S5 .

0dh k7fP]f w]}hg]sf]7]f]gf n]y] Ps}k6sdf w]}hg]nf0{Pp6}lr7l k7fpg; ls65 . o; af6 6]hkm] vr{/ ; do hfl]u65 . h; n]0dh k7fPs]5 p; h]f0{Tox] 0dh]df hj fkm k7fpg]Jo; :yf klg x65 . To:t} cfm]h]kfPs]0dh c? w]}hg]nf0{Ps}rf]6 k7fpg klg ; ls65 .

0dh]dfk] s]g]hoh uk jf ln:6; e]f cf^gf]0dh 7]f]gf bt]{u/fP/ t]hf ; dfrf/, s]g]lj ifoaf/] hfgs]l, cfm]h]clwog cg; Gwf] ug] lj ifoaf/]j f cfm]h]cg/f] u/]sf]lj ifos]hfgs]l k]fg; ls65 .

0dh]sf]gsf/]f]ds kl] s]5 eg]0dh h; n]jf hg g]dsf]JolQm] k7fPs] egl lr7ldf n]vPsf]x65 To]f] g]dsf]JolQm] gk7fPs] xg; S5 . o; sf/0f ; xl s/f h]f]g pln]vt JolQm]f0{6]hkm] u/] ; lglZrt ug]k]x65 . c6o Jo; :fos]c]rf/ ; lxt]h:t}0dh]af/]klg s]l ; lxt]f jf lgodx] ag]f]5g\ gof]of]fgodx] klg cfp]5g\

Rof6

0dh lr7l ePsf]h]o; nf0{k9g]/ cfj Zos eP hj fkm lbg]ul/65 eg] Rof6df t]f]t]cyj]f p]l ; dodf -l/on 6f0d\_ b0{hg]n]j]f ; fd]xs z kdf sDko6/df n]y] s/]sf]gl ug{ S5g\ o; sf pko]u s]t]f]f u]xsn] sDko6/df cf^gf]s/f n]5 / lSns ug]l]alQs}p; n]rxf]sf]cgnf0gdf ePsf]JolQms]sDko6/df To]f]s/f b]v65 . c]f]h]To; sf]hj fkm jf kl]tlqmf To; }u/l k7fp5 . o; /l lj Z]sf]s]g]efudf a; }sf]eP klg c]k; df p]l ; dodf lj rf/ cfbfg k]fg x65 .

066/gf]n]pknAw u/fpg]lj lw ; jfx]d]l]o]o]f tyf lszf]x]n]w]} pko]u ug] ; lj wf Rof6 xf] . Rof6 ug]z p]l ; dodf cgnf0gdf xgk5{. lj leG lj ifodf 5nkm ug]hoh uk ePh:t}lj leG lj ifodf 5nkm ug]Rof6 klg x65 . o:tf]Rof6 ; d]xdf x65 . cyf]w]}hg]n] vf; lj ifodf Ps} ; dodf c]cf^gf]lj rf/ n]v/x]sf x65g\ . lj leG ; :yfx]n]o:tf Rof6 ; lj wf pknAw u/fPsf x65g\

Rof6sf]cfl]isf/ ; g\! (\*\* df lkmg]Nof08sf Jarkko Oikarinen n] u/]f lyP . ; #f/sf s]g]klg efusf dflg; x] s]g]klg ahf Rof6 cyf]w\

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofu

; ʔgf klj lwsf cfwf/

; jfb ul//xʃf x65g\ Rof6 ug]dfly; x2 cfk; df ckl/lrt xg; S5g\ o; n]Ps csf]lj rf/; ; s[t, tyf; fj hlgf rf; fʃf lj ifox2 a%g ; 3fpg; S5 . Rof6df cgʃ lsl; dsf dflg; x2 ell6g ; S5 . sf]l af]hfxh:tf / sf]l cZln lj rf/ kʔv]klg x65g\ sltko cj :ydf Rof6df ; do latfpg'Joy{/ lg/yʃ klg x65 . o; h]cfk]h]rfxʃf/ cfj Zos ; dʔdf Rof6 ug[a] x65 .

d]n<sup>a</sup> In:6

Od]hdfk] w]dfly; x2nf0{Ps}k6s Pp6}j f lje6g lj ifosf]lr7l jf ; Gbʒ k7fpg]d]n<sup>a</sup> In:6 elg65 . o; df gfd / Od]h 7]ufg]x2sf]; ʔL agfP/ Pp6f ; dʔdf /flvPsf]x65 / To; nf0{Pp6f gfd lb0Psf]x65 . Tof]gdddf Od]h k7fp6f :j tM; aʃf]7]ufg]df Pp6}lr7l hf65 .

ohgʔ:-Gohuk

; fj hlgf rf; fʃf sʒ}vf; lj ifodf w]dfly; x2alr 5nkm rnfpgsf nflu Gohuk]sf]pkofu ul/65 . o; df ; xefulx2n]sʒ}vf; lj ifodf cf'gf] lj rf/ n]y] k7fp6g\ / Gohuk]sf ; a}; b:ox2n]xʒ} k9ʒ ; S5g\ o; df n]y, /rgf, / dh jf klxnʃf]/rgf; E ; a]wt yk n]y, :ki6ls/Of tyf kʒgf/ xʒ; S5 . of]Ps kʃf/sf]lj rf/ d# jf rf]f/l xf].

Pkm6kl

066/gʔsf]k]n0n 66; km/ k]fʃn -Pkm6kl\_ pkofu u/] 6f9f6f9fsf sDko6/df k]n0n k7fpg jf tl sDko6/df /xʃf k]n0n 8fpgnfʒ ug ; ls65 .

066/gʔ 6]nk]f]l

066/gʔsf]lj Zj el/ km]nPsf]; hfnnf0{pkofu u/] Ps sDko6/af6 csf] sDko6/df cyj f sDko6/af6 6]nk]f]df s'/fsfgl ug]gof]klj lw 066/gʔ 6]nk]f]l xf]. of]klj lwdf 6]nk]f]sf]k/Dk/fut c6t/f]66 nf0g pkofu gul/sg 066/gʔsf]; hfn pkofu ul/g]xg]n]c6t/f]66 6]nk]f] ; Dks6f] nflu of]klj lw ; :tf]/ nf]skʔ x65 .

066/gʔ

066/gʔ :yfglo sDko6/x2sf]; hfn xf]. sʒ}vf; ; :yf jf sf]f]oleq ; ʔgfsf]; fef pkofu jf cfbfg k]f]gsf nflu o; sf]pkofu ul/65 . o; sf]pkofu k]n0n jf 8sd06x2 / ; ʔ6j ʔ/x2 lj t/Of, 8ʔfa] ; dlf kxF tyf t]f]ndsf]nflu ul/65 . 066/gʔ 066/gʔ; E cfj 4 xʒ klg ; S5 gxʒ klg ; S5 . o; nf0{ 066/gʔ elgPsf] sf/Of s] xf] eg} o; df 066/gʔdf h:t}j ʔ k]h]x2 xʒ}; ls65 . ; fy}o; df 066/gʔdf pkofu ul/g]j ʔ a]ph/h:tf sltko ; ʔ6j ʔ/x2 pkofu x65g\ . o; c6tuʔ Od]h, Pkm6kl, Gohuk / d]n<sup>a</sup> In:6 klg k5g\ t/ o; sf]pkofu 066/gʔ /fVg]; :yfileq jf To; sf ; b:ox2n]dfq ug}; S5g\

bʔ; #f/

Vj lg, lraq, 8ʔf tyf lj ljw kʃf/sf ; ʔgfnf0{tf/, c]k6sn nf0g jf /]ʒof]t/uf]df]bdaf6 p]n]y]glo b'ldf kʔofpg'jf k]ʔof ug{bʔ; #f/ xf]. ; #f]k]df o; nf0{0n]66]gs ; #f/ elg65 . bʔ; #f/sf]lj sf; n]ubf{ ca Vj lg jf :j/dfq xʔg kf70 ; fdul, lraq, rn]lraq, ; ul]tnufot lj ljw kʃf/sf ; ʔgfnf0{Ps 7fp6f6 csf]7fp6f k7fpg ; ls65 .

; ʔgf klj lwsf]dVo cfwf/ bʔ; #f/ xf]. bʔ; #f/sf]; fwg / klj lwdf cs]k]glo lj sf; ePsf] km:j 2k ; ʔgf qm]6t ; e] ePsf] xf]. bʔ; #f/sf]lj sf; n]lj sf; zln bʒx2sf]nflu cfw]gs lj Zj cyʔGqdf gof]c]lyʃ cj ; /x2sf]9fʃf vf]hʃf]5 . bʔ; #f/sf]lj sf; ; E c]lyʃ lj sf; sf]; f]m]; Da6w bl]v65 .

bʔ; #f/sf k]ʔf/ :yfk]f ug{ufx]ePsf lj sf; zln bʒx2sf]nflu lagf tf/sf]bʔ; #f/ k]ʔf]n]; :tf]/ ; /n 2kdf bʔ; #f/ ; lj wf kʔofpg] cj ; / a9fPsf]5 .

ca Pp6f uf]h]f0{csf]uf]F E hf]ʒ]sfd k]j]lsf]s]ldfly :yflkt ; #f/ e]pku]x2 -sDolgs] g :of6]h]f06\_ n]ub]ʒg\ . k]j]lsf]; ud, bl]d, kxf8 s6b/f, vf]F, aghun, d?eld, dx]f; fu/ ; a}7fp6f ; #f/sf la6bx2df ; ʔgf ; k]ʔof u/] ; #f/sf]; hfn -gʔ]s :yfk]f ug]sfd ; #f/ e]pku]x2n]ul//xʃf 5g\ k]j]lsf]s]ldf lj le6g prf0 / ul]tdf 3ld/xʃf xhf/f]epku]x2n]lj Zj el/ 6]nk]f]l, 6]h]lehg, /]ʒof] tyf 8ʔf ; k]ʔof ; j]f pkn]w u/f0/xʃf 5g\ ; ʔgf klj lwsf]lj sf; ; E; E} o:tf e]pku]sf]; wof klg lg/t/ al9/xʃf]5 .

urhldf af\$] lxBg ldNg]:of6hf06 krfaf6 cfszdf 3ld/x\$]; #f/ eëpux; E; fë; Dks{u/ :yfglo 2kdf c6t/f6 6lnkrf j ftf{ug{ ; fdf6o e0; s\$]5 . o; n]ubf{xj f0hxfh, kfglhxfh, /h j f d\$]/df ofqf ul//x\$]df; n]klg :of6hf06 krfaf6 hxfkfg s'/fsfgl ug{j f ; #f/sf c6o dflbd pkofu ug{S5 . kxf8L tyf bu6 :yfgsf]nflu :of6hf06 ; #f/sf; lhnf; fwg a6b\$ . klj lw / ahf/sf]lj sf; n]ubf{ :of6hf06 krf; :tf]klg x6\$ .

lj Zj cyf{qdf nufglsf]lx; fan]b/; #f/ pBfu :j f:Yo ; j f / a}S^akl5 ; aë6f 7hf]pBfudf k5{ On\$6g\$ 2kdf ; Rgf kkt ug{kzfwg ug{ / k| f/ ug{sf]d lj Zj df hg a]n]a9b\$ Toxl a]n]b/ ; #f/ pBfu klg al9/x\$]5 . Psfl/ b/; #f/ :j o-klg Pp6f pTkfbg / ; j fsf]Jofkf/ ePsf] 5 eg]csf[t/ b/; #f/n] c6o pBfuw6f, pTkfbg, Jofkf/ / ; jfnf0{kj 4g ug{sf]d ul//x\$]5 .

k/fgf]vfnsf]6lnkrf nf0gdfknt s'/fsfgl dfq ug{ ls65 . cLf/, lraq cfb k7fpg]/ c6o ; j f To; n]lbg ; Qm . le18of]cyf{vnlraq krf of ug\$ f nflu emg w}]lfdtf (Bandwidth) ePsf]6lnkrf nf0g rflx65 . hit w}]Jof08lj y eof]plt 156f]; Rgf j f 86f j ; f/k; f/ ug{; ls65 .

xfn lj Zj sf ; f7L s/f6ëbf w}]3/x2nf0{hf\$g]tfd\$]tf/sf]6lnkrf nf0gn] a9ldf %^,))) la6 -%^ lsnf06\_ klt; \$08sf] ultn] 86f ; krf of ug{ S5 . o; n] 066/g6nf0{oxl ult cyf{\%^ lsnf06 klt; \$08sf]ultn]86f ; krf of ug{u/L ldnf0Psf]5 . t/ sDk06/x2n] of6ëbf b0{; o ugf a9L a]n]86f ; krf of ug{; S5g\ 066/g6 pkofu stf{x2 klg pxl d6b ultn]066/g6 rnfpg cEo:t e0; s\$] 5g\ of]pglx2sf] j flbtf klg xf]. t/ cfp6f rf/kfF j if{eq}lj sl; t b2x2df pRr Jof08lj ysf]cyf{\a\$Jof08sf]pkofu ; ? xg\$ . o; af6 Psfl/ 86f ; krf ofsf]ult lgSs}a9g\$ eg]csf[t/ sDk06/sf]pkofu gof6ofsfddf xg yfNg\$ .

a\$Jof08df cfwf]/t 066/g6 pkofu ug{u}x\$2n]lj lg, 6lnlehg / 066/g6 ; E; E}rnfp; \$g\$g\ pglx2sf]1fg / ; Rgf vflg]/ kkt ug{ult lgSs}a9g\$ . :j f:y ; j f, lzlf cfb 3/6f j f sfoffodf a9L k6fj sf/L / ; he xg\$ . rfa; }306f 066/g6 vhf xg\$ . cyf{\; a} 3/, sfoffo, Jofkf/ tyf ; j fx2 hlxn]klg k]olf ; Dks6f j f cgnf0g

xg\$g\ 066/g6sf]clxn]c8sn ug{g; lsg]vfnsf pkofu x2 xg yfNg\$ .

clK6sn km0a/ 066/g6 / c6o ; j fsf]nflu ; aë6f 156f]klj lw xf]. km0a/ clK6S; sf]lfdtf olt lj zfn 5 ls o; n]Ps}fy 6lnkrf, 6lnlehg, 066/g6 cfb ; a}vfnsf ; #f/ ; j f lbg; S5 . xfn of]koffnl dx6f]5 t/ rfb}g}o; sf]Jofks pkofu xg]; Defj gf 5 .

6lnkrfaf6 066/g6 k/Dk/fut tdf\$]b0j 6f tf/df cfwf]/t koffnlclxn\$]nflu lj sf; zln b2x2n]e/ gk/L ; v 5g . t/ 18lh6n ; A:qnf0a/ nf0g (DSL) klj lwsf]d2tn] of]koffnl]lfdtfnf0{krf; ugf a9f0Psf]5 . ca k/fgf]vfnsf]6lnkrf nf0gaf6 klg !-% dufaf06 klt; \$08sf b/n]86f kkt ug{/ )-% dufaf06 klt; \$08sf b/n]86f k7fpg ; ls65 . a\$Jof08sf]thgdf 8LP; Pn lgSs; :tf]5 . lj sf; zln b2x2df lj Bdfg k/Dk/fut tdf\$]b0j 6f tf/df cfwf]/t 6lnkrf koffnl]lfdtf a9fP/ 066/g6sf]nflu pkoQm agfpg xfn 066u68 ; le{ 18lh6n g6j s{(ISDN) klj lw kflnt 5 . cf0P; 8LPgsf]p27o lj Bdfg 6lnkrf g6j s\$]f]7fpFng' xf]. gkfnh:tf]koff of 18lh6n koffnl ckgfPsf]b2df lj Bdfg 6lnkrf koffnl]lfdtf a9fpgsf nflu of]klj lw pkofu dflg65 .

:of6hf06dfknt 066/g6 bu6 lqsf nflu pkoQm; #f/ dflbd xf]. kY]lsf]slfdf lj le6g prf0df :yflkt eljiodf :yfkf ul/g]; #f/ epkux2sf]hfnfh]clt ; /n 9un]eljiodf ; #f/sf ; a}k\$]/sf ; j f pknAw u/fpg\$g\ gkfnh:tf]erfl]ns lj ifdtf ePsf]/ ufpFg]ufp ePsf]b2sf]nflu of]koffnl lgs}pkofu xg\$ .

; hh/ krf j f Toxl koffnl; E ldNg]nf\$ n dln6kj f066 18l:6ko; g ; le{ (LMDS) a9L Jof08lj ysf]066/g6 ; j f pknAw u/fpg]sxl ; :tf] koffnl xf]. o; sf]; #fng xfn sf7df8f/ sxl ; x/df ; flnt d6f0n krf h:t}u/L 7fpFp6f 6fj / /fv] /]8of]t/uf]dflbdaf6 ; #fng x65 . o; sf]; lgn 8f6f, kxf8, hun / j iff]vNj lng]xgfn]x/\$ lqdf b06f 66+d6/ /fv] of]sdhf]l x6fpg ; ls65 . tdf\$]tf/ j f km0a/ clK6S; grflxg]xgfn]of]; :tf]klg x65 . afSnf]a:tlsf]nflu of]koffnl a9L pkofu x65 .

; ʔgf klj lwsf]zlQm / gkʔndf o; sf]pkofʔ

; ʔgf klj lwsf cfwf/

dIN6ldl8of

; g !( (^ df klxnf]k6s gkʔnaf/]dIN6ldl8of ; **l8l /fʔ** kʔflzt eof]. Irof]sk la; fp]kʔnʔ hqf]uf]h]l6gkftf hlQs]kftnf]; f]; l8l /fʔdf ; ft xhf/ k[7sf]kf7ʔ ; fduʔ, !@) j 6f /ʔg kʔfʔ] @\* j 6f rnlrqs f 6qʔfx / afx]j 6f gkʔnl ultx / 5g\ sDkʔb/sf]kxF ePsf] hf] ʔh]klg gkʔnaf/]cfkʔh]v]h]ʔf]hfgsf/L k9ʔ, xʔ; ; ʔg; S5 . dfgf] tkf0ʔf0{0Gb]hfqaf/]hf]g dgnf]of]. sDkʔb/sf]s]l sl lyRg]lalQs]j f dfp; rnfP/ tkf0ʔ] sDkʔb/df 0Gb]hfqaf/] n]vPsf] s/f k9ʔ kfp]gʔG5 . ; fy)0Gb]hfqaf]kʔfʔ]f]q xʔ]g 6]h]lehgd f em]h]f]q ePs]xʔ; ; SgʔG5 . 0Gb]hfqaf] ahf0g]af]h / ehgx / kl; ; ʔg kfp]gʔG5 . ; fy) gkʔnsf lj le]g nf]ʔwg / ultx / ʔg; SgʔG5 . hg zlif]sf] hfgsf/L rlf]of]f]of]hfgsf/L kf7ʔ, >Jo, b]o / rnlrqs] / kdf cf]Gb lng ; SgʔG5 . o; /L kf7ʔ, Wj lg, lrq / rnlrqs]d]h]nf0{axdf]od j f dIN6ldl8of elgʔG5 .

lj t]ʔf b; j if]df sDkʔb/n]sdf ug]tl/sdf w]k]m/s kl/; s]ʔf]5 . ; ʔgf tyf ; ʔf/ klj lwdf cfPsf]cs]k]glo kl/j t]ʔn]ubf{sDkʔb/sf] sfo]ʔzntf, tlj ʔf, lfdtf / sfo]ʔh]ldf lj zfn kl/j t]ʔ cfPsf]xf]. km:j ʔk sDkʔb/n]cl/ c]sx / df dfq ; ʔgf lng] k]ʔf]wg ug] / lb]g] sfddf ; lldt geP/ lrq, rnlrq, Wj lg cflb lj lj w df]lbdx / sf]; ʔgf u]ʔf, k]ʔf]wg, ; ʔng, k]ʔ?tkfbg / k] f/ of ug]{ S5 . sDkʔb/sf] of] axdf]lbd]df sdf ug]lfd]tfnf0{dIN6ldl8of elgʔG5 .

:Sofg/, l8lh6n l:6n Sofd]f, l8lh6n lel8of]Sofd]f h:tf lrq tyf rnlrqnf0{ sDkʔb/df /fv] pks/of / lel8of] P18l6<sup>a</sup> / Plgd] g k]ʔf]dx / sf]dbtn]; a)vfnsf lrq, rnlrq, /v]lrq, Plgd] g tyf lel8of]lkm]dx / sDkʔb/df /fv] xʔ{k]ʔf]wg ug]{ ; u]x ug]{ / k]ʔof ug]{ ; lhn]ePsf]5 . To:t}; a)vfnsf Wj lgnf0{l8lh6n k]ʔf]ndf /ʔ8{ug]{ lj le]g pks/of / pkfox / alg; s]ʔf]5 h; n]clt pRr:t/sf]:6]v]of] ; fp08 k]ʔf ug]{ S5 . km:j ʔk ca sDkʔb/ 1fg / dg]ʔh]gsf]Pp6} ; fwg ag]ʔf]5 . o; df tkf0ʔ]pRruof:t/sf]ult ; ult ; ʔg, lkm]d xʔ{k]ʔf] kf7ʔ ; fduʔ k9g, v]h v]lg ; SgʔG5 / cfk]k]lg lj le]g df]lbd]sf ; ʔgf / dg]ʔh]g p]tkfbg / lj t/of ug]{ ; SgʔG5 .

dIN6ldl8ofsf] csf]dVo lj z]ʔf] s]xf]eg]o; sf]; ʔfngdf tkf0ʔF ; xeful ag ; SgʔG5 . sDkʔb/df pknAw lrq rnlrq jf Wj lg cflb

; fduʔ rfx]ʔf]tl/sfn]pkofʔ ug]{ SgʔG5 . dIN6ldl8ofsf]of]u0fnf0{ c]t]lq]ʔf]ds cyf]ʔ\0G6/PIS6e elgʔG5 .

dIN6ldl8ofsf pkofʔx / M

dIN6ldl8of ; ʔgf klj lwsf]lj sf; sf]kl5Nnf]pkn]Aw xf] / xfn; Dd dflg; n]pkofʔ u/ʔf ; ʔf/ df]lbdx / d]w]; a]ʔGb ; zQm / k]ʔf]sf/L, b]ʔ / ; /n df]lod xf]. o; sf]pkofʔ dfgj hljgsf]x/ʔ l]qdf ug]{ lsG5 . o; n]lzlf k]ʔt ug]{sdfnf0{ /n, c]sif] / df0nf]klg ag]Psf]5 . dg]ʔgh pB]ʔdf gof]ʔof]rd]sf/ yk]ʔf]5 . Jofk/ Joj ; fonf0]j Zj Jofkl / ; /n ag]Psf]5 . :j f:Yo ; j df gof]ʔof]cf]ofd yk]ʔo; nf0{Jofks / ; he ag]ʔf]ʔ . /f]ho Joj :yf]kgsf zf; g o]qnf0{ b]f, kf/bzl{ lh]d]f/oQm hgt]sf]glhs tyf k]ʔf]l]q]s ag]fp]g ; ʔfp]ʔ .

dIN6ldl8ofn]; ʔgf kfp]g/ k] f/ ug]{sdfdf rd]sf/ b]ʔf]Ptf kl; o; n] w]ʔ]sdf ug]{afsl g]5 . clxn]o; nf0{dflg; sf]:j / lr]g nuf]pg]k]ʔf; e0/x]ʔf]5 . dflg; sf]:j / lr]g; Sg] ePk]5 w]ʔ]sdf d]vs}e/df x]ʔ . sg]s/f 5fk]g, sg]lkm]d x]ʔ{sDkʔb/nf0{af]h] sdf08 lbP k]ʔg] . cgk9 / c]k]ʔx / nf0{of]; lj wf a/b]g ; flat x]ʔ .

dIN6ldl8ofaf6 lzlf

dIN6ldl8ofn]ubf]{ca l; :g]nfP/ afnaf]nsfnf0{cl/ lr]g]fp]g' kg] h]df]g ; l]of]. casf s]ʔf]s]ʔlx / fg]v sDkʔb/ rnfP/ cfk]h]j of]ʔfnf, ul0ft / lr]qsnfnufot lj le]g snf l; Sg ; S5g\ ca p]glx / n]l]gh]l] l]stfasf k]ʔf]df c dfg]cg]f/ eg] clf/df jf /v]f lr]qdf k9g]sf]; ʔf sDkʔb/df c dfg]cg]f/ e]g]z]b ; ʔg, cg]f/sf]lr]q b]v]g / cg]f/sf] af]ʔdf k]ʔh]k]h]n] km km]ʔf]; d] x]ʔ{S5g\ s]ʔf]s]ʔln]cg]ʔfc]g]ʔf sy]sf lj lr]qs f k]ʔx / n] c]lego u/ʔf] x]ʔ] 1fg lj 1fgsf s/f]x / l; Sg; S5g\ dIN6ldl8ofn]l; Sg] / df0nf]s/f]sf]d]h] ul/lbPsf]x]g]n] afnaf]nsfn] / df0nf]ubf]{b]ʔ]; ls/x]ʔf x]ʔG5\ p]glx / nf0{cfk]h]l]; S]b]ʔ' e]g]y]xf ge0sg l; S5g\ . o; /L l; Sg] tl/sfnf0{P8b]d]6 cyf]ʔ\ lzlf/-hg kl; elgʔG5 . Plgd] g, ult, ; ult, lj lr]qs f cf]f]hx / rnlrq / 76ʔ]ʔf] s/f]x / n]el/Psf z]ʔ]fs sfo]ʔm]dx / afnaf]nsfx / n] cfk]h]rnf]pg; Sg]0G6/PIS6e x]ʔG5 . o:tf sfo]ʔm]dx / n]s]ʔf]s]ʔlx / nf0{ P]s]f] / cl/ / c]s lr]g, ; fdf]o lx; fa ug]{l; s]p]5g]v]eg]csf]ʔf/

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

; ʔgf klj lwsf cfwf/

pglxʔsf]; fʔg] ts{ug[ / /rgf]ds sfd ug[zlQmf0{hufp5g}\  
j f:tj df dln6ldl8ofn]l; Sg]l; sfpj]j f lzlf]sf] lʔqdf cetk] {Pj +  
rdTs]l kl/j tʔ NofPsf]5 .

**zAbsfʔ / ljZj sfʔ** Mclxn]lj Zj sf gfdl zJbsfʔ / lj Zj sf]fxʔ  
; l8l /fʔdf / jʔ; f06xʔdf pknAw 5g\ tl sfʔxʔ k:tseʔbf lgs}  
; :tf, /fvgw/g ug{; lhnf]b/fh klq grflxg], pkofʔ ug{klq clt l56f]  
; fy}ax'df]bdsf ePsf]xʔgn]; fx}pkofʔul, /df0nf / sfutdf 5flkPsf  
k:tseʔbf stf xf] stf kʔfj sf/L / 1fgj 4ʔ 5g\ . Itgdf kzkllf  
af]hʔf] dflg; gfrʔf] gfdl gʔfxʔs}:j/df pglxʔsf] efif0f ; ʔg  
kf065 . j f:tj df axdf]bdsf tof/ kfl/Psf ol sfʔxʔ 1fgsf vfgl xʔ\  
/ To]vfgl vʔg kl; gf rxfpg'kbʔ xfb}/dfpʔ}1fgsf]e08f/df :j tʔg  
ʔkn]3Dg ; ls65 .

**dln6ldl8ofaf6 dgf]ʔg** MsDko6/df tf; vʔg] lj leʔg kl:t:kwf]ds  
v]h vʔg] lknld xʔʔ ult ; ʔt ; ʔg; 6]hlehg xʔʔ lxʔf]ʔfh ; fdfʔo  
s/f e0; Sof] . l; gʔf pBf]udf Plgd] g tyf lj leʔg ; ^6j ʔ/xʔsf]  
dbtn]c; e] bZoxʔsf]lknldxʔ agfpg]sfd ; lhnf]ePsf]5 . ; :tf]  
/ ; lhnf] ʔ :t/lo ult, ; ʔt j ; f/k; f/ ug[ /ʔ8{ug[]sfd klq ; fdfʔo  
e0; sʔf]5 . dgf]ʔg pBf]usf]lʔqdf dln6ldl8ofn]rdTs] / g}u/ʔf]5  
eg]klq x65 .

dln6ldl8ofsf ; e]j gfxʔ

lzlf, :j f:Yo, dgf]ʔg, Jofkf/, kʔf; g, ; dfh; ]f, ; ʔlffsf]lʔqdf dfq  
xfʔg ca wdʔd{ rf8kj{ wldʔ cgl7fg tyf ; #sf/xʔdf ; d] dln6ldl8ofsf]  
kof]t pkofʔ xg yfnʔf]5 . dfqj hljgsf]sʔ}klq kl f  
ca o; sf]pkofʔaf6 aʔt /xnf eʔg ufx]5 . klj lwsf]lg/ʔt/ lj sf; n]  
ubf{dln6ldl8of lbgxʔemg ; :tf] ; lhnf] / /df0nf]xʔ}u0/xʔf]5 /  
of]; j }ofkl aʔbʔ .

; ʔgf ; flf/tf

dflg; n] k9g nʔg yfn]v pm tlq kʔf/sf ; flf/tfsf] cj :yfaf6  
uhʔ . k9g, nʔg / ; fdfʔo lx; fa ug{; Sg] lfdtfnf0{**k/Dk/fut**  
; **flf/tf** elg65 eg] **sDko6/** ; **flf/tf**eq ; fwf/0f jf kʔInt  
sDko6/sf ; fdfʔo cf]h/xʔ rnfpg, 0d]h k7fpg / kʔt ug{ nʔf,

lx; fa /Vg, l-7lkq, l/kʔ{nʔ /rgf nʔg, tʔofs kʔf]vg ug{clenʔ  
/Vg, sDko6/ dfknʔ aʔs / uf]7ldf sfokq jf lj rf/ kʔtt ug{; Sg]  
; lkxʔ k5ʔ\ ; **ʔgf ; flf/tf**df sDko6/ ; flf/tfsf ; fy}; ʔgf kʔt ug[  
; ʔgfsf]cy{a%g} ; ʔgf pʔkfbg ug[tyf ; #f/dfknʔ c? ; ʔ ldn] sfd  
ug[; lk hʔgk5{.

; ʔgf ; flf/tfn]lj zʔf u/L 066/gʔn]o:tf]; dfhsf]lgdf]ubʔ hxfʔsʔ}  
klq 7fpʔf dflg; xʔn]sʔ}klq a]hʔ ; #f/sf]sʔ}klq efudf lgj fʔ  
ʔkdf ; ʔgf jf hfgsf/L lng / lbg ; S5g\ ; ʔgf ; ʔfn -06knd]g  
gʔj s[ xfd]b]gs hlj g / cyʔʔqsf]clt cfj Zos cʔ xʔ yfn; sʔf]  
5 . 066/gʔsf]kʔf] a9gsf]; ʔ; ʔ]of]s/f :ki6 xʔbʔ ls ca sDko6/  
rnfpg]/ ; ʔgf kʔt ug[; lk hʔg] dfq}kʔbʔ, ; ʔgf ; ʔfnsf]lj zfn  
e08f/af6 cfknʔf0{rflxg] ; ʔgf kʔt ug{ / tl ; ʔgfnf0{cf^gf]j f  
; dbfosf]lxtdf kʔf] ug{hʔg' cfhsf]kʔt:kwf]ʔQm ; dfhdf afʔgsf  
nflu clgj fo{e0; sʔf]5 . oxl ; lknf0{ ; ʔgf ; flf/tf elg65 . lxʔf]  
xhdl sDko6/ ; flf/tfsf]sʔf uʔof]eg]cfh Toltn]dfq kʔbʔ .

lzlf, pBf]uʔbf tyf dflg; sf]b]gs hlj gdf ; ʔgf klj lwsf]pkofʔusf]  
cfwf/df ; ʔgf ; flf/tfnf0{o; /L kl/eflft ul/Psf]5 M

1fgdf cfwl/t ; dfhdf sfd ugʔf nflu l8lh6n klj lw, ; #f/sf ; fwgxʔ,  
tyf=jf gʔj s{pkofʔ u/L ; ʔgf kʔt, Joj] :yt, ; dʔj o, dNofʔg /  
l; hʔf ug{; ʔgf ; flf/tf xf].

of]kl/iffefn]; ʔgf ; flf/tfsf kfʔ t]j xʔnf0{cf]ʔofPsf]5 M

**kxʔ jf kʔt ugʔM**; ʔgfsf]af/ʔf hʔg'; ʔgf sxfʔ5, sxfʔ6 /  
s; /L kfpg; ls65 egl yxf kfpg' / ; ʔgf kʔt ug{.

**Joj] :yt ugʔM**kʔt ; ʔgf sʔ}sf] j f p2]osf nflu pkofʔ ug[ʔkfo  
j f of]hg' agfpg' .

; **dʔj o ugʔM** ; ʔgfsf]cy{a%g; cʔofʔg' . ; ʔgfsf] ; f/ lvRg; c?  
; ʔgfxʔ; ʔ bʔʔg' ; dfg / leʔg sʔfxʔ kuʔg' .

**dNofʔg ugʔM** ; ʔgfsf] u0f, ; fʔbleʔtf, pkofʔutf j f blftf  
cf]baf/]lg0ʔ ug{.

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

l; hgf ug{Mkkt ; Rgf kl/dfhg, sfof] og, l8hf0g, gj lg pkofu j f n]ygaf/f hg p2]osf nflu ; Rgf vfl]hPsf]xf]Tof]p2]o k'f ug{ ; 3fpg]; Rgf l; hgf ug{.

pbfx/0fsf nfluM tkf0f0{kf]/f hfg'5 . s]ug]<

; Rgdf kxF M kf]/f s; /l hfg]eG]; Rgf jf hfgsf/L tkf0f] sxfaf6 / s; /l kfpq' xG5 < s; }E df]vs z kdf jf 6]nkrf]af6 ; f]v], lsfadf k9], Od]h u/] jf j]; f06 x]] klg of]; Rgf kkt ug{Sg'xG5 . sgs; ; f/ df]bodd tkf0f]kxF 5 / tl df]boddz d]b] sbg df]b]d slt e/ kg{of]o / l56f]5 < tl df]b]daf6 a; ; ]f / xj f0hxfh ; ]faf/]lj : t] hfgsf/L xfl; n ug{xG5 .

; Rgf Joj : yfkg Mkt ; a}hfgsf/Lnf0{tkf0f]Ps}7fpf / fVgxG5 / ltgsf]jul\$ / of ug{xG5 . h: t} a; ofqf / xj f0hxfh ofqf; Da6wl b/L ; do, ef8f 0Toflb hfgsf/L 56dfpgxG5 .

; Rgfsf]; dg]o÷/f]h0Mkt hfgsf/Lsf]cfwf/df / ofqsf cfj Zostf / p2]osf]cfwf/df krf0bf a]krf0bf 56dfpgxG5 .

; Rgfsf]d]nofsg Mofqsf]nflu pknAw ; ]fxz, ltgsf]; do, ef8f cflb lj leG s'/fxzsf]cfwf/df sbg ; ]f a] egl d]nofsg ug{xG5 . clg,

; Rgf l; hgf Mo: tf]; Rgf l; hgf ug{xG5 hf]tkf0f]0{kf]/f hfgsf nflu ; do, k}f, ; lj wf / ofqsf]p2]o cflb ; a}b[6n]pkoQm xG5 .

j f: tj df cf0nfu\$]; d: of ; dfwf]g ug{sg}sf]d k'f ug{] f n]lfd klg ; Rgf klj lw tyf ; Rgf ; hfnaf6 krf0bf p7fpg; Sg'g}; Rgf ; flf/ tf xfl. o; n]dVo z kdf s; /l lg0f6df klg] lj rf/ jf wf/ of agfpg] j f ; d: of ; Nemfpg]eG] s'/df hf] lbG5 . ; Rgf ; hfn]sf]df]b]daf6 c?; E ldn] sfd ug{clt cfj Zos tyf dxTj kOf{; lk xfl. ; h]kdf, ; Rgf ; flf/ tf eg\$]; Rgf klj lw tyf ; hfn]sf]dbtn]; d: of ; dfwf]g ug{Sg]lfdtf xfl. hf]JolQma9L ; lrt xG5 p; n]a9L ; xl lg0f6 ug{/ of]hgf agfpg ; S5 . of]gofFs/f x]g t/ plxn]; Rgfsf ; fwg / ; f]xzd fly ; lldt JolQmzsf]Psf]lwsf/ xGyof]eg]xfn cfp/ ; Rgf klj lwn]k]bf]g u/\$]f]hfbu/L zIQmf0{pkofu u/] clwstd nfe lng; Sg] lfdtf h; n]klg xfl; n ug{S5 .

clwfo \$

; Rgf klj lwsf]pkofu

; gsf]kmh kfg]sv/f

; Rgf klj lwsf]pkofu eGfn]; fdfotM; Rgf, 1fg, dgf]mg, lzlf cflb lj leG lj ifoj : t' ; f/ ug[klj lw eg] a%g]ul/G5, t/, ; f/ klj lw oltdf dfq]; lldt 5g . pbfx/0fsf nflu cd]v/sdf ag]sbg]lkm]d j f 6]h]; l/on cyff 6]h]lehgd k] fl/t xg]sfo]md lj Zj sf xhf/f]; gdf xnxz / : of6]f06 Pj +: ynlo -6]6]on\_ 6]h]lehg : 6] gdfknt s/f]f]bz\$xz; dl k]05 . dh z kdf tl lkm]d jf 6]h]>v]nf]z cu]hl efiiff ag]klg lj leG bzdf tl sfo]mdxz t]sf]n : yfglo tyf /li60 efiiffzdf : j / xfnl -8la^a\_ em08]; f]xl ; dodf k] f/ of xG5 . c/af]8n/ sdfpg]of]dgf]mg pBfu cd]v/sfsf]cyf]Gqdf ; gsf]kmh kfg]sv/f]sf] z kdf lrlgG5 .

Pp6f lkm]d jf 6]h]>v]nf agfpg]v]v bz\$; dl k'ofp]f; Dd ; Rgf klj lwsf]em08]rf/ tl/sfn]pkofu ul/Psf]xG5 . !\_ lkm]d agfpg syfj : t' ; sng n]yg, hfgsf/L ; sng / kzf]v]gh: tf klxnf]r/0fsf] sfddf ; Rgf klj lwsf]kof]t pkofu xG5 . @\_ lkm]d ; l6^a u/]v]v ; Dkfbg, p]kfbg, lj t/ of u/l bz\$sf]cf]f cu]l8 k'ofp]f; Dd cj Zos Sofd]f, :6l8of]pks/0f, k] f/ of oGq, :of6]f06, 6]h]legh : 6] g, s]h 6lel, 6]h]lehg ; f, lkm]dxn / To; df cfj Zos pks/0f h: tf cglu]tl oGq pks/0fxzsf]p]kfbg : j o-klg ; Rgf klj lwsf]csf]dxTj kOf{pkofu xfl. cd]v/sf / hfkfgsf]cyf]Gqsf]7hf]lx: ; f o: tf]oGqps/0f p]kfbgn] cf]v]6\$] 5 . #\_ dfly p]l]n]vt clw]fz pks/0fxz clxn] l8lh6n klj lwaf6 rN5g\ tl pks/0f rnfpgsf nflu Plkns] g ; ^6j f/ tyf k]u]d ; ^6j f/xzsf] cfj Zostf xG5 . sDko6/nufot lj leG oGqps/0f ; fng ug]; ^6j f/sf]p]kfbg ; Rgf klj lwsf]csf]dxTj kOf{ klf xfl. \$\_ ; Rgf klj lwsf]pkofu]sf]rfy]klf dfly p]l]n]vt klqmf, klj lw / pks/0fxzsf]k]f]u u/] p]kfbg xg]; Rgf -lkm]d, 6]h]>v]nf cflb\_ ; f/ ug{cyf] Ps 7fp]f6 csf]7fp]fDd k'ofpg; k] f/ ug{



; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

; ʔgf klj lwsf]pkofʔ

xf]. of]klfnf0{hg; fwf/0fn]lbg]bg}k]olf pkofʔ ug{xgfn]w]}df]g; xɛn] ; ʔgf klj lw eɛgn]; ʔgf klj lwsf]of]klfnf0{a9l a%g]u/ʔf 5g\

o; /l lj sl; t tyf lj sf; zln bɛxɛn]cf`gf]kl/l:ylt / lfdtfcg'; f/ ; ʔgf tyf ; ʔf/ klj lwsf]pkofʔ dVo ɛkdf rf/ kʔf/n]ul/x/ʔf 5g\

! ; ʔgf ; ʔf/ klj lwsf]ɛkdf

; ʔgf tyf ; ʔf/ klj lwsf]pkofʔ gʔfnh:t]lj sf; zln dhddf dVo ɛkdf ; ʔgfsf]cf] f/k; f/sf]nflu ePsf] b]v65 . pbfx/0fsf nflu gɔj lsɛ u/] j f 066/gɔsf]pkofʔ u/] lzlf, :j:f:Yo, s]f, dgf]hɛg, pBfʔ, j fl0fHo, ko6g cflb dx]j k0f]j ifosf 1fg / ; ʔgf ; ʔf/ j f k] f/ u/], kɛf]w tyf ; sng u/] bɛ / ; dffhsf]cflyɛ, ; fdlhs, ; f:s[t lj sf; df dx]j k0f]sf]d xg yfn]ʔf 5g\ o; kʔf/sf]pkofʔ 1fg / ; ʔgfnf0{cf] f/k; f/ ug]sfddf ; lldt ePsf]xgfn]of]s]n ; ʔgf ; ʔf/ klj lw xf]. clwsfɛ bɛzn]; ʔgf klj lwsf]oxl kl f j f eldsfsf]a9l pkofʔ ul//xʔf 5g\ oxl klfnf0{kof]t dfqdf pkofʔ ug{s]klg bɛsf]cyɛ6q, lzlf, :j:f:Yo, kɛf; g / ; fdfhdf w]}p]n]y]glo kl/j tɔ Nofpg; ls65 .

; ʔgf ; ʔf/ ug]of]On\$6k]gs dflbd ePsf]xgfn]hg lj ifodf o; sf] pkofʔ ul/65 Tof]lj ifo j f zAbsf]cul8 cu]hl zAb On\$6k]gssf] klxnf]clf/ .00 hfɔ] gofFzAb agfpg]rng 5 . h:t}M0d]h, 0sd; { 0ueg]; , 08ɔf]m] L, 0nlgɛ, 0hg]nhd cflb . dflp]llnlvt lj ifoxɛ sf] 1fg / ; ʔgf kfp]g j f k7fpg gɔj s{j f 066/gɔ rnfpg'kg{xgfn]tl lj ifo j f zAbsf]cul8 .00 sf]; ʔf cgnf0g zAb kl]k]nt 5 . h:t} cgnf0g hg]nhd, cgnf0g s6k]m]; , cgnf0g d]B]; g, cgnf0g P8s] g cflb . gʔfnl efiifdf kl]g cu]hl zAbsf]70fs}d]n]g]gʔfnl zAb gePsf] cj :ydf 0 / cgnf0g zAbs}k]ng al9/xʔf]5 . h:t}M0d]h, cgnf0g kqsf]tf j f 0 kqsf]tf, cgnf0g khf, cgnf0g >f4 cflb .

xfn; Dd gɔ j lsɛ / cem]lj z]f ɛkdf 066/gɔ g}; ʔgf ; ʔf/ klj lwsf] cfwf/ xf]. ctM ; ʔgf klj lwsf]pkofʔ eɛg' dVo ɛkdf 066/gɔsf] pkofʔ xf]. xgt o; sf]pkofʔ s; n]sg bɛzdf s; /l u5{eɛg]s/f Toxf]f]k]f w]f/nufot w]}s'fd e/k5{t}klg sf7df8f]f:tf]zx/l lɔqdf o; sf]pkofʔ lgDgnlvt sfddf ug{ ls65 M

• 0d]h / 066/gɔaf6 ; ʔgf, hfgsf/l / 1fg cfbfgk]bfg ug{ ls65 . 6]hkrf]g, ʔofS; , xhfs:h:tf c? tl/sfn]; ʔgf cfbfgk]bfg ug{eɛbf of] tl/sf lgSs}; :tf]/ l56f]x65 .

• rfxʔf]lj ifodf cfj Zos ; ʔgf / 1fg vfl]g / kfp]g; ls65 . 066/gɔ jf:tj df 1fgsf]e08f/ xf]. o; nf0{lj Zj sf lj zfn k':tsfnoxɛ; ʔf bff]g ; ls65 .

• lj Zj el/sf]ahf/df rflxPsf]; fdfg vfl]g / ls6g; ls65 . s; } ʔf cg/ʔw ug{k]bɔ / lj 1fkgsf]yk]r]fxfg{klg kbɔ} .

• :yfglo p]tkfbg lj Zj ahf/df k]f/ ug{/ a]g; ls65 . k]f/ ug{sf] nflu cvaf/, /]ʔof]d] h:t]066/gɔdf 3}]vr{nflbɔ / of]lj Zj Jofkl kl]g x65 . ; fdfg a]ʔf]e0m]gl t]tsfn]:yfglo a]ʔdf cf0k]u5 .

• ; ʔf/sf]lj leɛg efusf cvaf/, /]ʔof]6]hlehg cflb cfd; ʔf/ dflbdaf6 t]tsfn ; dfrf/, ; ʔgf, dgf]hɛg tyf lj lj w ; fdu]l xɔ{ ls65 . of]k]fom lgzNs j f clt sd vlr]f]x65 .

• lj Zj lel/sf lj Zj lj Bfno, sn]hdf pknAw lzlf, kf7ɔqmd, 5faq [Q af/]hfgsf/l kfp]g, tl ; ʔydf egf{xg / 5faq [Q kfp]g; ls65 . ; do art x65 . s; ʔf] l; kmf/; lagf cfk]g} of]otfsf] e/df lj Zj sf pRr:t/lo lzlf0f ; ʔyfxɛdf :t/lo lzlf / 5faq [Qsf]cj ; / kf065 .

• 8fS6/n]la/fd]sxf]gkul sg /ʔw hfF] cf]fwl lbg j f pkrf/sf c6o pkfo ug{ S5 . uf]pTyf blɔ :yfgdf /ʔw]sf]lgbfgsf nflu of]lgSs} pkofʔul x65 .

• lj Bfno gu0{3/df a; la; l lzlf xfl; n ug{k/l]ff lbg / k]f0fdq k]ktug{ ls65 . hflu/ vfl]k9g}ɛ sf nflu o; n]j [Q lj sf; sf]/fd] cj ; / lb65 .

• cg'; ʔwfgs tf]ɛn]; lhn} ʔf cfj Zos ; ʔgf ; fdu]l kfp]g ; S5g\ . cfk]h]cg'; ʔwfg ug{nfuʔf]lj ifoaf/]hfgsf/l k7fpg cg/ʔw ub]p; n] 0d]h k7fpg j f 066/gɔsf]pkofʔ ug{ S5 . Toxl lj ifodf klxn]ul/Psf cg'; ʔwfg kqxɛ xɔk]fp5 / cg'; ʔwfg ug{; lhnf]x65 .

• lj leɛg lj ifodf sfd ug] hgjsfnt ug]; ʔyfxɛn] cfk]g s/f ; lhn} ʔf c?; dl f k7fpg / hg]sfntsf] lj ifonf0{k]h]fpg; S5g\ .

; ʔgf klj lwsf]zlQm / gkʔndf o; sf]pkofʔ

; ʔgf klj lwsf]pkofʔ

o; sf]nflu 0dʔ / 066/gʔsf]pkofʔ ubf{vr{nflubʔ nfu]klg lgs} yfʔ}nflʔ5 .

• lj leŋg Joj ; fodf nfuʔf Joj ; folxʔn}cfknʔf]Joj ; fo / ; lk aʔfpgsf nflu rfxg] ; ʔgf / 1fg ; lhn} ʔ kfpɡ; S5g\

• lj Zj sf sʔ}klg efudf a:g]dfg ; ʔ sʔfsfgl ug{ldqtf ug{/ /df0nf] ʔ ; do latfpɡ; ls65 . hljg; fyl /ʔʔ]sfddf klg 066/gʔ, 0dʔ / Rof6 pkofʔul e0/xʔf]5 .

@ ; ʔgf kʔʔʔwg klj lwsf]ʔkdf

gkʔndf klxnf]sDko6/ hgu0fgsf]tʔofʔ kʔʔʔwg ug{f]nflu Nof0Psf] lyof]. clxn]eld; wʔ/ lj efun]gkʔne/sf hluʔhldg, hluʔj fn / dfʔlxʔsf] nut tof/ kbʔ . ʔof]tof/ ePkʔ5 sʔ}klg dfg; sf]gdfdf gkʔndf slt hluʔ, s:tf]hluʔ 5 eŋ]sʔf tʔʔt}yxf kfpɡ; ls65 . hgu0fgf, sʔʔfu0fgfh:tf aʔhahʔdf xʔ]/fli60 :t/sf sfoŋdsf nflu dfq xʔʔg lgjʔfʔg cfofʔ, dŋqnoʔxʔ, lj efuxʔ, aʔʔxʔ, uʔ; /sf/l ; ʔyʔxʔ tyf :yfglo lgsfoʔxʔdf klg wʔ]yʔ]dfqdf eP klg tʔofʔ / ; ʔgfsf]ykʔʔ xʔ5 / Itgnf0{pkofʔ ug{tʔgsf]kʔʔʔwg ug{k5{ ; ʔgf klj lwsf]lj sf; gePsf]eP of]sfd ug{lg}dʔgt / wʔ]dlxgf j f j iffʔnfluʔof]. t/ clxn] nfvʔʔj Bfylʔf]k/Liffsf]glthf klxnʔʔʔbf lgs}sd ; dodf lgsʔlŋ / kʔ / ug{ ls65 . lj hhl / 6ʔknʔʔʔsf]nfvʔʔ; wofdf lan / /; b tʔʔt} tof/ xʔ5 .

; ʔgf ; ʔf/ ug[ʔsdfs]thgdf ; ʔgf kʔʔʔwg ug[ʔsfd cln dxʔʔ xʔ5 . o; sf]nflu aʔn}/ dxʔʔʔ; ʔ6jʔ/sf]cfj Zostf k5{. sʔ}lgsfo j f ; ʔyʔf]cfj Zostfcg; f/ ; kʔʔʔʔ/ agfpg lgs}vr{nflʔ5 . o; ʔ} ; fgf ; ʔyʔxʔn]ʔof]vr{wʔŋg; 0mʔg\ eʔʔts ; ʔʔn]lj kʔŋ t/ dfgj ; ʔʔn] ; Dkŋg gkʔnh:tʔ]bʔʔsf oʔʔxʔnf0{ ; ʔ6jʔ/ agfpg] / ; ʔgf kʔʔʔwg ug{ʔflnd lbg; lsof]eg]gkʔnd}a; la; l lj Zj el/sf sDkglxʔsf] nflu sfd ug{/ cʔsifʔ cʔʔbʔgl ug{ʔaf6ʔ}vhʔpg; ls65 .

# oŋqps/Of tyf ; fdulʔ pʔkʔbgdf

sDko6/, 6ʔknʔʔʔ /ʔʔof] 6ʔʔhŋ, l8lh6n Sofdʔf, lkʔ6/, :Sofg/, bʔ; ʔf/ kʔʔʔʔ, 066/gʔ kʔʔʔʔ cʔʔb ; ʔfng ug{rʔlxg]oŋq pks/0ʔbʔv eʔkux; Ddsf lj leŋg kʔʔ/sf ; dfq pʔkʔbg ; ʔgf klj lwsf]cleŋg

lx: ; f xʔ]. hʔkfg, cdʔ/sf, l; wʔk/h:tʔ bʔʔxʔsf]/fli60 cyʔʔqdf o:tʔ pks/0ʔxʔsf]pʔkʔbg / Jofkʔ/n]dxʔʔ kʔʔʔ{ofʔbʔg lʔPsf]5 . ; ʔgf klj lwsf]lj sf; , lj :tf/ / pkofʔudf j [4; ʔ; ʔ}o; kʔʔ/sf] ; fdulʔ, xʔʔʔʔ/sf]pʔkʔbg aʔʔxʔsf]5 . cʔʔʔʔus dhʔxʔsf]cyʔʔq la:tf/ ; ʔgf klj lw ; fdulʔsf]pʔkʔbgʔt/ aʔʔb}uPsf]bʔʔv65 . t/ lj sf; zln bʔʔxʔdf ; ʔgf klj lw; ʔ ; Dalŋwt oŋq pks/0ʔxʔsf]pʔkʔbg / lgoʔʔ u/ʔ cyʔʔq alnoʔ]agfpg]lʔdtʔ sd}bʔʔv65 .

\$ ; kʔʔʔʔ/÷ceʔʔts ; fdulʔsf]pʔkʔbgdf

eʔʔts ; dfq, oŋqps/Of pʔkʔbg:h:t}ceʔʔts, cʔʔʔʔn]gbʔʔvʔʔt/ tʔ oŋqps/0ʔxʔ ; ʔfng ug{ge0gxʔgʔPʔʔns] g kʔʔʔʔdxʔcyʔʔʔ ; ʔ6jʔʔ/sf]pʔkʔbg ; ʔgf klj lw; ʔ ; aʔwt cʔʔʔdxʔʔ kʔʔʔ{pʔkʔbg xʔ]. ; ʔ6jʔʔ/sf]pʔkʔbg / Jofkʔ/n]g}lan uʔʔnʔ{al; jʔʔʔeq ; ʔf/s} ; aʔʔʔʔ wʔʔʔʔ dfq; agʔʔsf]xʔ]. of]lʔʔʔdf clxn] Dd cdʔʔ/sf}j rʔʔ 5 .

; ʔ6jʔʔ/ agʔʔʔsf nflu kmʔd, kʔʔʔʔ, vlghh:tʔ eʔʔts sʔʔʔ kʔʔʔʔ / ; 8s, xʔʔʔ tyf ; dbʔʔ ofʔʔʔʔsf] ; fwg grʔlxg] xʔʔʔn] gkʔnh:tʔ pʔʔʔsf]nflu rʔlxg] ; ʔʔ ; fwglxg / ekʔʔʔʔʔt dhʔʔʔ nflu of] pʔʔʔ lgs}pkofʔul xʔ; S5 . lʔdfu jʔ afʔʔs lʔdtʔ sʔ}bʔʔsf]lghl ; Dkʔl xʔʔʔ . clxn]klg sltko gkʔnlxʔ gkʔnleq}a; ʔ ; ʔ6jʔʔ/ pʔkʔbg ug[ʔsddf nflu/xʔʔ 5g\ sltko gkʔnlxʔ cdʔʔ/sdf gʔdl ; ʔ6jʔʔ/ sDkglʔdf sfd ul//xʔʔ 5g\

lj sf; zln bʔʔxʔsf klʔʔʔʔʔʔ oʔʔʔxʔsf]nflu of]lʔʔ lgs}cʔʔʔʔ / hljg:tʔ pʔʔ:gʔcʔ ; / xʔ]. lj sf; zln bʔʔsf dfq; xʔʔn]; ʔgf klj lwsf] lʔʔʔʔ s]n lʔdfu nufʔ/ 3/df a; la; l sdfpg]cʔ ; / / lʔʔʔʔ cʔʔʔ 5g\ o; sf]nflu pkoʔm kʔʔʔʔ / / klʔʔʔ xʔʔʔ cʔʔʔ Zos 5 .

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

lj sf; zln bʔsf nflu ; ʔgf klj lwsf]dxTj

cWlofo %

# lj sf; zln bʔsf nflu ; ʔgf klj lwsf]dxTj

; ʔgf klj lw / cfwf/eʔ cfj ZostfdWo]sg /fʔg] <

lj Zj sf cf7 wgf90 bʔsf /fi6kʔvxʔsf]; gʔ)) df hfkfgdf ePsf] aʔsn]-hl \* \_ ul/a dh5xʔsf]p6gltsf]nflu ; ʔgf klj lwdf nufgl ug{hfʔ lbʔf l/gdf 8aʔf bʔxʔsf]l/g dʔfʔg ug[dfu ul//xʔf xhf/fʔkʔzʔg-sf/lxʔn]ʔxfdln]sDko6/ vfg ; Qmʔfʔ e6g]gf/f nufpʔ} Nofk6k sDko6/ hnfP/ lj /fʔv hgfPsf lyP . bʔtf /fi6xʔn]klj lwdf a9L hfʔ lbg yfn]eg]k/Dk/fut lj sf; ; xʔofʔ 36ʔ; S5 e6g]wʔʔf]lrʔtf lyof]. ; gʔ))! df 06nldf ePsf]aʔsn]kmʔ/ klj ; ʔgf klj lwnf0{ ul/a /fi6sf]lj sf; df nufpg'kg]s/fdf hfʔ lbof].

; ʔQm /fi6«; ʔlo lj sf; sfoʔmd -oPgl8kl\_ n]kʔflzt u/ʔf]dfgj lj sf; kʔtjʔg ʔ))! n]; ʔgf tyf ; ʔf/ klj lw / hʔj s klj lwn] jf:tj d]lj Zj df ul/al 36fpg; S5 e6g]ts{cl3 ; f/ʔf]5 . 6ʔnkʔʔsf] ; Dksʔ]hfbʔsf]58ln]emʔ; a}; d:of ; Nemʔp5 egl 7fʔg]dfg; xʔsf] ; Wof lbg]bg]al9/xʔf]5 . ; ʔgf klj lwdf kl5 kl/of]eg]dfgj lj sf; sf] bʔʔd]kl5 kl/gʔ e6g]wf/0ffn]lj le6g bʔsf of]hgʔsf/ / gllt lgdfʔfxʔ lrʔtt eP/ sfd ul//xʔf b]ʔv65g\

lj Zj sf em08}b0{c/a dflg; xʔ :j R5 / ; ʔlft vfg]kfglaf6 aʔt 5g\ tlg c/a dflg; xʔn]ʔoʔtd ; /; km0sf]; lj wf kf0/xʔf 5ʔgʔ /fʔ, efʔ, clzlf cflbn]u]t tyf lj sf; sf ʔoʔtd kʔfʔv/xʔsf]cefj ePsf bʔxʔsf nflu vʔfʔ6g, sʔif, :j f:Yo ; ]f, :sh, vfg]kfgl, l; ʔf0, ; 8s cflbsf nflu ; ʔf / ; fwgsf]cefj e0/xʔf]cj :ydf bʔ; ʔf/, :of6ʔf06, dfʔf0nkʔʔ, sDko6/ cflbdf ul/a bʔsf bhʔ ; ʔf / ; fwg vr{ug{cfj Zostf geP/ ckJoo jf ; fʔv xʔf]e6g]ts{ugʔʔsf]sdl 5ʔ .

sg)ufpʔf dfʔ/ af6f]kuʔk15 dfʔ/ r9gʔʔdfq]xʔʔgg\gr9gʔʔ klj kʔf]j t xʔ5g\No:t}; ʔgf klj lwn]o; sf]pkofʔv ugʔʔnf0{dfq]xʔʔg sDko6/ g}gbʔʔʔf jf 6ʔnkʔʔdf slxNo}garʔʔʔfxʔsf]hlj gnf0{klj kʔf]j t kf5{.

; fdf]hs, cflyʔ tyf eʔf]hs ʔkn]PSnfPSn]k/ʔf bʔxʔn]ef]lg' k/ʔf afwf c8rgxʔ x6fP/ tyf ; ʔgf, 1fg tyf lzlfdf hgʔfsf]kxʔ ; /n agfP/ ; fy}lj k6g / kvf k/ʔf hgʔfnf0{pglxʔsf]hlj gnf0{ kʔf]j kfg]s/fxʔdf cʔkm]g0f6 lng; Sg]agfP/ ; ʔgf tyf ; ʔf/ klj lwn] lj sf; zln bʔxʔsf]; d[4df dxTj k0f{of]ʔbfg ug{ S5 .

gofʔ; ʔgf tyf ; ʔf/ klj lwn]lj k6g ; dbfo / /fi6sf ; fd' Jofks cj ; /xʔ kʔf]g u/ʔf]5 . lj Zj sf]; ʔgf / 1fgsf]e08f/; dlf kxʔ kʔofPsf]5 . ; /sf/sf]blftf, Jofkf/lxʔsf]gʔkm, lzlfylʔʔsf]1fg, Joj ; folxʔsf]sf/fʔf/, ls; fg / ; fg pBdlxʔsf]ahf/ a9fpg]cj ; / lbPsf]5 . uʔ; /sf/l ; ʔyfxʔnf0{ :yfglo cfj fh lj Zj ; fd' kʔofpg ; 3fPsf]5 . buʔ tyf uf]dl0f lfʔdf a:g]lj k6g ; dbfoʔnf0{lj sf; / cyʔʔqsf]dhwf/df Nofpg dbt ubʔ .

la; ʔ}gxʔ]s/f s]xf]eg]cfʔʔus klj lwe6f of]klj lw km/s 5 . of] klj lwsf]nflu sfʔnf, tʔ, kmfd, kfgl, gblgfnf, ; db]cflb kʔ[ts ; ʔf]e6f klj dflg; sf]lbdfo / dfgj lo ; ʔf]sf]a9L cfj Zostf / pkofʔv xʔ5 . ul/a /fi6xʔ dfgj ; ʔf]sf wgl 5g\ . o; ʔ]; ʔgf tyf ; ʔf/ klj lwn]lj sf; zln dh5xʔsf]nflu cetkʔ]cj ; / kʔf]g u/ʔf]5 .

; ʔgf klj lwn]kʔf]g ug]cj ; /xʔ

; ʔgf tyf ; ʔf/ klj lwn]lj Bdfg ; ʔf/ / ; ʔgf kʔffnlsf]pkofʔv]sf] lfʔnf0{csNkglo 9ʔn]a9fpg; S5 . o; af6 gofʔcflyʔ tyf ; fdf]hs ; Da6wxʔ l; hʔf ug{/ tl ; Da6wxʔnf0{alnof]agfpg; ls65 . ; ʔgf tyf ; ʔf/ klj lwsf]oxl df]hs lj zʔftfn]ubf{of]klj lw dfgj lj sf; sf] zlQmzfnl sf/s a6g; S5 . of]klj lwsf lj zʔft / o; n]lj sf; zln bʔxʔdf sgsg lfʔdf s; /l of]ʔbfg lbg; S5 e6g]ʔf/]hfkfgdf ePsf] hl \* sf]; Ddʔgn]v6fPsf]l8lh6n ck/Rolg6l 0lgl; Pl6e gfd sfoʔnn]o; /l :ki6 kf/ʔf]5 M

• ; ʔgf tyf ; ʔf/ klj lw ; j ʔofks / ; j ʔf]ns 5 . o; nf0{JolQmut sfd, Jofkf/ tyf ; /sf/l sfdnufot dflg; sf ; a}vfnf ulTj lwxʔdf

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

lj sf; zln bʔsf nflu ; ʔgf klj lwsf]dxlj

nufpg ; ls65 . o; n]Ps}kN6 w}]sfd u5{; fy}of]klj lw sdfs]:j efj  
jf cfj Zostfcg; f/ 9fNq ; lsg] nlrnf]klg 5 .

• ; Dksʔf]; ʔfn sfod ug]dVo sf/s t]j ; ʔgf tyf ; ʔf/ klj lw  
xf]. o; n]; ʔfn jf gʔj sʔf]kxʔ ePsfx\_ nfo{hlt w}]pkofʔ ug{ Sof]  
plt w}]krf0bf lbnfp5 .

• ; ʔgf tyf ; ʔf/ klj lwn]; ʔgf / 1fg k| f/ ug]sfdnf0{a9fp5 .  
o; nfo{efʔf]ns ; ldf jf a6wgx\_ n]5ʔbʔ . km:j\_ k blu6 :yfgdf  
a:g]; dbfox\_ klg lj Zj Jofkl ; ʔfnsf]cu\_ a65gV l; 4f6t tM lj Zj sf]  
; ʔgf, 1fg / ; ʔs[tdf ; a}JolQmsf]kxʔ x65 .

• ; ʔgf klj lwdf ePsf]lj ifoa:t' 7f] \_ kdf ge0{18lh6n / ceft]s  
-er\_ n\_ \_ kdf xg]xgfn]To; nfo{hltw}]k|t jf ; Wofdf pTkfbg u/]klg  
To; sf]vr{gu6o x65 . lj ifoj :t' jf s66q6 hg \_ kdf / hlt 7hf]dfqdf  
eP klg km/s kbʔ . ; fy}kʔf0f jf ; ʔgf j ; f/k; f/ ug{klg lj zʔf vr{  
nflu6 .

• ; ʔgf tyf ; ʔf/ klj lwn]; ʔgfnf0{agf sg}afwf ; ʔk jf e08f/0f ug{  
kgM kʔt ug{ kʔf]vg ug{ /f]g, lj t/0f ug{/ af8rB ug{; Sg]xgfn]  
; fdg / ; ]fsf]pTkfbg, lj t/0f / ahf/df o; n]; sf/flds eldsf  
v]5 . km:j\_ k Jofkf/ / cfly\_ sf/fʔf/ ; /n / kʔf]sf/l x65 .

• ; ʔgf tyf ; ʔf/ klj lwn]NofPsf]sfo{sZntfdf j [4 / To; sf]kl/0ffd  
:j\_ k vr\_ df cfPsf]sdln]ubf{k/Dk/fut pBf] w6bfx\_ df gof]of  
pTkfbg, ; ]f / lj t/0f kʔf]lx\_ sf]lj sf; ePsf 5g\ ; fy}gofFPj +  
df]ns tyf k/}gofFvnsf pBf]x\_ sf]kgM ; ?]ft ePsf]5 . e]ʔts  
j :tsf]7fpE af]4s l; h6fh:tf ceft]s ; DklQx\_ dNoj fg a6b5g\  
cyf\_ \ef]ts dfn; fdg pTkfbg ug\_ x\_ sf]e6bf ceft]s af]4s j :t'  
pTkfbg ug\_ x\_ sf]cf]b6gl a9b5 . k/Dk/fut sns/vfgf v]lgsf nflu  
hluf hldgnufot e]ʔts kʔf]v/ v8f ug{hg lj zfn nufgl rfx65  
Tof\_ 6bf lgs}sd nufglaf6 ; ʔgf tyf ; ʔf/ klj lwdf cfwfl/t pBf]w6bf,  
pTkfbg / ; ]f tyf gofFvnsf / a9l nfebfol sf/fʔf/ ug{; ls65 .  
o; /l of] lʔdf k] ʔ ug\_ sf nflu cf0nflg]afwfx\_ 36ʔf 5g\eg]  
k|t:k4f{a9ʔf]5 .

• ; ʔgf tyf ; ʔf/ klj lwn]Jofkf/df alrdf gfkrf vfg]larf]nofx\_ sf]  
el'dsnf0{36fP/ pTkfbg / pkef]mfalr ; f\_ ʔ; Dks{/Vg jf cfk; d]

sf/fʔf/ ug{; 3fpg]xgfn]alrsf]gfkrf j f sld; gdf hfg]vr{365 .  
o; n]n6bʔdf ; /ntf / lz3ʔf dfq xʔg ahf/df Psflwsf/nfo{klg  
36fp5 .

• ; ʔgf tyf ; ʔf/ klj lw sg}; yfg jf lʔdf ; lldt geP/ of] lj Zj Jofkl  
x65 . ; ʔfn cyf\_ \gʔj s\_ l; h6f u/] tyf a9fP/ o; n]; f:s[ts  
tyf efiffut Jojwfgx\_ kf/ ug{ S5 . o; n]JolQm / ; dx\_ nfo{hxf  
a; ] klg sfd ug{; Sg]agfp5 . :yfglo ; dbfox\_ nfo{/fli6\_ tf; ʔ  
; /ʔf/ g/fvl lj Zj cfly\_ kʔf]nsf]lx; ; f a6g ; 3fp5 . :yfglo  
pTkfbg]lj Zj Jofkl ahf/ kfpq; S5 . o; n]lj Bdfg glt, /fi6\_ fi6alr  
; Dem]fx\_ / /fi6\_ eq kʔInt P\_ sfgg / lgodx\_ nfo{xf\_ lb65 .

; ʔgf tyf ; ʔf/ klj lwsf ol lj zʔf]fx\_ n]ubf{lj sf; nfo{cl3 a9fpg  
of]zlQmzfnl ; fwg a6g; S5 .

; ʔgf klj lw M ; ]f]eʔ

; ʔgf klj lw, 18lh6n klj lw, ; f0a/ klj lw, 066/gʔ cflb lj le6g gfdn]  
lrlgg] of] gof; ʔgf klj lwnf0{olt w}] lʔ tyf sddf olt  
w}]t]/sfn]pkofʔ ug{; ls65 ls clxn]To; sf]cgbfdg ug{ ls65 .  
o; nfo{nf\_ syfsf]; ]f]eʔ; ʔ bffg'a] xʔf] . To]eʔnf0{j zdf kfg]  
; lsof]eg]To; af6 dgn]rfx\_ sf]sfd u/fpg; ls65 elg\_ yof]. ; ʔgf  
klj lw To]sflklgs ete6bf klg sfdnflg]5 . t/ o; af6 clxn]Dd  
h]hlt sfd ln0Psf]5 jf sfd lng; ls65 eg] sflkgf ul/Psf]5 To]t  
o; sf]j:tlj s pkof]utf jf lfdtfsf]; fx]; fg]lx; ; f x]egl j ]flgsx\_  
e65g\  
sg]klg 7fpE ; ʔf/ ; lj wf kl\_ k15 To; sf]pkofʔ lj le6g sdfs nflu  
xgyfN5 . hflu/ vfg, lzlf xfl; n ug{lzlf0f ; ʔf v]l]g, dfn; fdgsf]  
efpm yxf kfpq, cf\_ gf]pTkfbg / ; lk lj qm ug{b\_ ʔ lj b\_ ʔsf ; dfrf/  
t]sf n h6g, r]gf km]fpq, hgj snt ug{; /sf/ / lj le6g lgsfox\_ n]  
pknAw u/fpg]; ]f, ; lj wfx\_ ; /n tl/sfn]kʔt ug{df]g; x\_ n]; ʔgf  
tyf ; ʔf/ klj lwsf]pkofʔ ug{yfl5g\ hfgsf/l jf ; ʔgf t?6t]/  
; lhn] ʔ kfPk15 pglx\_ n]cf\_ gf]; /ʔf/sf lg0f\_ x\_ t]sf n]/ cfk]hfo{  
kmf0bf xg]9un]ug{yfl5g\ o; af6 dfg; x\_ n]; jf:Yo, lzlf, ahf/  
; lk, cfo a9fpg]s/f cflbsf af/ʔf hfgsf/l kfp5gV To]hfgsf/Lnf0{  
cf\_ gf]hljg:t/ ; kfg]sddf pkofʔ ug{ S5g\ k9g jf hflu/ vfg

69f, lj bzf uPsf cfknt / ; fylef0x; E lg/t / ; Dks{e0/x65 . w}lbg; Dd xhfsf]af6f]x/ a:gkb. lj bzf uPsf]n]sdfPsf]k}f ; lhn} E :j bzf lelq65 . :yfglo pTkfbg / ; ]fn]cgt/f[60 ahf/ kfp5 .

kfNkfsf]Pp6f ufpEf lj Zj sdf]n]agfPsf] tdf]sf efBfsBf 066/ g6sf]dfWodaf6 cgt/f[60 ahf/df laqnl e0/x6f]5 . -x6f \rf]sf] M 066/g6af6 efBfsf] Jofkf/ . gkfnf a; / of] klj lw pkofu u/ ; #f/sf 7hf7hf lj Zj Bfno, k':tsfno, ; #xfno, cvaf/, /]8of] 6]nlehg, lel8of]cflb x6f; ls65 . gfd rn]sf sDkglf pTkfbg / ; ]f kfpq ; ls65 . ; #f/sf hg; 5}sgfaf6 klg gkfnf tf/]xf]nx6df sf]f aS ug{ 6]s^af]sfoqmd agfpg, un]Ff, kl:dgf / x:tsnfsf ; fdg ls6g, xj f0hxhfsf]l6s6 aS ug{; ls65 . lzlf, ; Rgf, dgf]hg, pBfu, Jofkf/, sfofno ; #fng, ; /sf/ ; #fng, ; zf; g, a]s^, s]lf, oftoft htftt}of]klj lwsf]pkofu lbg]bg}a9/x6f]5 .

lj sf; zln bzf x6df ; Rgf klj lwsf]pkofu]sf lj zif lf]x6 /fi6x3lo ; x; #abl lzv/ ; Dd]hgn]lj sf; sf nflu ckl/xfo{kfF lf] - :jf:Yo, lzlf, cly6 cj; /, ; anls/of / ; xelfuttyf jftfj/of - df ; Rgf tyf ; #f/ klj lwsf]pkofu a9fpg; s]lj sf; zln /fi6x6sf] p6gtsf]ult a9fpg ; lsg]lgisif{lgsflnPsf]5 .

:jf:Yo

lj sf; sf]knf6df ; Rgf tyf ; #f/ klj lwsf]pkofu]sf]Pp6f dVo lf] :jf:Yo xf] . hgtfsf]:jf:Yo l:ylt ; kfg6f nflu ; Rgf tyf ; #f/ klj lwnf0{cglu6tl tl/sfn]pkofu ug{ls65 . lj le6g lj sf; zln dh5x6df blu6 :yfgdf :jf:Yo ; Nnfx lbg, /fu lgbfg / pkrf/ ug{ o; sf]pkofu e0/x6f]5 . ufpEf la/fdlsf]l8lh6n Sofd]fn]knf6f] lvr] zx/df a:g]8fS6/sxF/f]sf]lgbfg ug{k7fpg] :jf:Yo ; awl cg'; Gwfg ug]8fS6/x6n]cfk; df ; /; Nnfx u/] lj /fdlsf]lz3/ ; xl pkrf/ ug]:jf:Yo sfo6tf]x6nf0{tflnd lbg] lj /fdlx6sf]hfgsf/L -86f\_ /Vg] cf]fwl tyf pks/0fx6 k]t ug]cflb sfddf lj le6g bzfdf o; n]el'dsf v]h/x6f]5 .

:jf:Yo lf]df ; Rgf tyf ; #f/ klj lwsf]pkofu]sf]gd6f M xlyg6

xlyg6 k0ffnl dfknt lj sf; zln bzf x6df :yfglo 6]hknf6 nf0gaf6 rNg]; fdf6o Od]haf6 :yf:Yof]krf/ ; Da6w hfgsf/L clt yf]vr6f cbfgk6fg ug]sfd sxl j if6]v e0/x6f]5 . vf; u/l cf]fwlkrf/ ug]8fS6/x6 / :jf:Yo sfo6tf]x6n]:yfglo 6]hknf6af6 ; xsdl{ lrlsT; sx6sf]; Nnfx ; xofu, lrlsT; fzf:qsf gj lgt d hfgsf/L, lrlsT; f ; awl k':tsfnodf kxF, dxdf/Lsf]r]fj gl tyf gof]ofF cg'; Gwfgaf/] hfgsf/L ; f6f; f6 ug{xlyg6sf]pkofu ul/x6f 5g\ . xlyg6 ; ]f :yfglo tyf cgt/f[60 bftfx6sf]; xof]df ; 6nf0km gfdS gknt gsdffpg]; #yn]pknAw u/f0/x6f]5 .

xlyg6sf]pkofu 89; o bzf al; xhf/hlt :jf:ysdl{x6n]ul/ /x6f 5g\ clk]sdf o; sf]; a66f a9l k6fj bl]Psf]5 . Toxf ; x/ / ufp]f0{hf6g]pkofu]stf]x6sf]lfdtf a9fpg]; Rgf klj lwdf cfwl/t ; ]fx6sf]dfu a9fpg]/ st6t]lofj ; flos 6kn]; 6fJo ; ]fx6 k6fg ug]sfd klg e0/x6f]5 . xlyg6 dfknt :jf:Yo lf]df p7f0/x6f nfex6sf]sxl pbfx/0f o:tf 5g\

- df]h]Das, t]h]ilgof / olf68fsf zNolrlsT; sx6n]lj /fdlsf] pkrf/ ub]; h]lsf gofFtl/sf l; Sg xlyg6sf]pkofu ub]6g\
- hf]Daofdf pkrf/ ; Da6w 86f a6Ng Pstfsf ; ft ; o lsn]ld6/ ; Dd ofqf ug]Yof]eg]clxn]xlyg6sf]Od]haf6 ; a]86f k7f065 .
- 0lyof]kofdf 8fS6/x6n]lj /fdlx6 hf]Rg]; do ldnfpg xlyg6sf]pkofu u56\ . plxn]lj /fdl hDdf eP klg 8fS6/ cfpq]lgZro x6gYof].
- s]wf]f :yfglo lj zif /fu]sf lj /fdlsf]k]ult lj j /of k7fpg]sfddf xlyg6sf]pkofu e0/x6f]5 .
- uf]Daofdf e0/x6f]dn]v/of ; awl cg'; Gwfgsf]lgoldt l/kf6{xlyg6 dfknt o/f]k]:yt :jf:Yo lzlf of ; #yfx6df k7f065 .

lj sf; zln bzf sf w]lrlsT; sx6sf nflu P8\ tyf pi0f k6zdf nllg] /fu]x6sf] pkrf/ / cf]fwlaf/] hfgsf/Lx6, afn /fu tyf hg:jf:Yoaf/]; Rgf k]t ug]dVo ; f] g]xlyg6 xf].

IzIff

Ij sf; zln bzx;df IzIff / IzIffsf]u0f:t/, lfdtf / ; lk a9fpg tyf buq Ifqdf IzIff / IzIff k'ofpg ljleq tl/sfn]; Rgf klj lwsf] pkofu e0/xsf]5 . lj sf; zln bzx;sf]cj Zostf / Toj]cfj Zostf k/f ug]pkoQm klj lwsf]kdf b/IzIff -l8:6q; nlgf\_ ; Rgf klj lwsf] o; Ifqdf ; km pkof]usf]pbfx/0fsf]kdf ln065 . ef]f]ns, cfly\$ tyf cg\$Fsl7gf0n]ubf]pRr IzIff xfl; n ug{g; s\$sf dflg; x;sf] nflu o; n]lgSs}; 3fPsf]5 . ; #f/sf 5 j 6f ; a\$bf 7hf b/ IzIff lj Zj lj Bfnof; lj sf; zln bzx; - 068f]q]; of, sf]/of, lrg, 6sl{ yf0Nof08 / ef/tdf 5g\

; Rgf klj lwn]lj Zj Jofkl :t/df j ]flgs vfh cg; Gwfg ug{; 3fPsf]5 eg]klj lws / Jofj ; flos tflnddf lbg]sfddf klg o; sf]dxIj kOf{elddsf 5 . klzIfs tyf IzIffsf; tof/ kfgdf o; sf]lj z]f of]ubfg 5 .

cfj Zos ; Rgf ; sng u/L ljleq 7fpdf a; \$f JolQm; ldn] kf70qmd, kf70 k'ts tyf IzIff ; fdullx; ; :tf]/ :yfglo ; kdf ptkfbg ug{ tyf z]fs Joj :yfkgf]sfddf klg ; Rgf klj lwn]; lhnf]kf/\$f]5 .

b/ IzIff afx\$ klg IzIffsf] Ifqdf ; Rgf klj lwsf]pkofu cglu6tl 5g\ lh1f; 'lj Bfyl{tyf cg; Gwfgstf; n]066/g\$sf]; dbdf 8aNsl dfg[hfg]eg]1fgsf]vhfg e\$fp; S5g\ 0d] / l8:s; g uksf]dbtn] lj Zj df 5l/Psf lj z]f1 tyf hfgsf/x;af6 cfkmh0{rflxPsf]; Rgf / 1fg ; lhn} E klt ug{S5g\

bIlf0f clk]sl lj Zj lj Bfno -olg; f\_ df b/IzIff  
bIlf0f clk]sf]of]; a\$bf k/fgf]lj Zj lj Bfno xfl. ; fy}of]lj Zj s} 7hf b/IzIff ; #yfx; d]b]Pp6f xfl. olg; fsf kdf0fdq, l8knf] / l8u]b]v 8fS6/ tx; Ddsf 5 j 6f ^ofsN6lsf - cf6{ \0sf]dS; / Dofg]hd]6 ; f06; , sfgg, lj 1fg, IzIff / klj lw, tyf wld\$ c]loog - kf70qmdx; n] c6t/f]i60 df6otf kfPsf 5g\ . SofDk; x;af6 lb0g]IzIffsf ; fy}olg; fn] 066/g\$ / cgnf0g Snf; ?d, lel8of] / cl8of]n\$ / tyf xhfsdfknf klg z]fs

sfoqmd pknAw u/fp5 . lj Bfyl{x; n]066/g\$af6 olg; sf]ejo k'tsfnosf]klg pkofu ug{S5g\  
k]lof k\$ej  
olg; fsf]b/IzIff sfoqmdn]kl]tj if]Ps nfv la; xhf/ lj Bfyl{x; nf0{ IzIff k]bg u5{. tl lj Bfyl{d]b]w]h; f] clk]sf] / s]l c? lj sf; zln bzx;sf x65g\  
cfj f; lo lj Zj lj Bfnolo IzIffsf]b]f]df b/IzIff sd vlr{f]-\*) kltzt sd\_ x65 .  
lj Bfyl{x; n]cf^gf]Joj ; fo jf sfd g5fl8sg hxfg kl/j f/ kflb} cf^g}; /df pRr IzIff xfl; n ug{S5g\  
dlxfx; nf0{sfd / IzIffsf]cj ; / lbP/ olg; fn]n]us ; dtfnf0{ kj 4g u5{. olg; fsf %^ kltzt lj Bfyl{/ %! kltzt sdf/l dlxf 5g\  
olg; fn]bIlf0f clk]sf]leq Jofj ; flos sfd=hflu/sf]cj ; / pknAw u/fp5 . z]fs, k\$; lgs / ; xfos sdf/l; d] #,)) sdf/l 5g\  
xf\$;  
olg; fsf]kf70qmd :t/lo / z]fs lj ifoj :t\$]lx; fan]; f6ble\$ 5g\ tflg o; n]lbg]cgnf0g IzIffnf0{Jofks ; kn]k]h]fpgsf nflu cg\$]dxIj kOf{x\$;sf]; fdgf ug{5{. z]fs lj ifoj :t\$ uxlsnf / Jofks sfoqmdx; tof/ kfg{/ Itgnf0{w]g]/ Joj l:yt ug]; lk / lfdtf xfl; n ug{Pp6f kdv x\$ xfl. lj ifoj :thf0{ Jofks / clt ljleq kf7sx; dlf k'ofpg]kl4lt -Plkns]g\_ lj sl; t ug{klg klyds sfo{xfl.  
; #] || www.unisa.co.za

cfly\$ cj ; /

; Rgf klj lwn]ljleq tl/sfn]cfly\$ p6gltsf]cj ; / lb65 . Jofj ; flos s; ntf a9fpg]lj :t\$ cfly\$ ; hfn tyf ahf/sf ultlj lwdf ; lqmotf; fy

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

lj sf; zln bʔsf nflu ; ʔgf klj lwsf]dxʔ

efuling nufpg] / /fʔuf/sf cj ; / lbnfP/ o; n]cʔdbfgl a9fpg / ul/al 36fpg ; 3fp5 .

ufpʔf pʔkfbg a9fpg / cʔdbfgl a9fpg ; ʔgf klj lwn]cgʔ kʔf/n] dbt u5{ . :yfglo hgtf / ; dbfonf0{cfk; df ; dfwfgsf pkfoxʔ afBʔB ug{ cfkʔh]pʔkfbg u/ʔf]dfn; fdfg / cʔg kʔnkʔh t/sf/L cʔlbsf]ahf/ , ahf/ efpm kQfnufpg / ahf/df kʔofpg, sʔ[fsf]nflu rʔlxg]df}d, dnvfb tyf klj lwsf pkofʔul sʔ/ʔxʔ yʔf kʔpg o; n] lgSs}; 3fp5 .

; ʔgf klj lwsf]pkofʔ xg]sltko ufpʔf ls; fgʔxʔn]glhssf]ahf/df cfkʔh]pʔkfbg u/ʔf]sʔ[fbʔxʔsf plrt efpm gkʔPsf]cj :yfdf 6ʔ9ʔ6ʔ9ʔsf ahf/xʔsf]efpm aem] kʔf0bf kʔpg yʔnʔʔf 5gʔ pglxʔn] cʔt/fʔ6ʔ ahf/ efpmklg alenʔvʔʔf xʔ65gʔ Jofkʔ/lxʔ; ʔ s; ʔ efpʔfpm ug{ ; S5gʔ . ; ʔgf klj lwsf] pkofʔ xg yʔnʔʔf ufpʔxʔdf / ;sf/L sfd, nʔbʔ tyf Jofkʔ/df bnfnl ug]dʔlg; xʔ x6ʔ' sfd l56ʔ] xg' / :yfglo lgsfoxʔdf eʔ6ʔrf/ 36ʔ' of]klj lwaf6 ufpʔxʔn]kʔpg yʔnʔʔf dʔvo kʔf0bfʔxʔ xgʔ

ef/tsf]ufpʔf]cgej  
ef/tsf]dʔb kʔbʔʔsf]wʔ/ lʔnʔnsf lj leʔg ufpʔxʔdf sʔʔl ; dobʔlv ; ʔgf klj lwdf cʔwʔl/t **1fgbt** sʔoʔnd nfuʔul/Psf]5 . o; cʔtuʔ ulʔd kʔfot sʔofʔoxʔdf ʔ; ʔgfnoʔ cyfʔʔ\ ; ʔgf tyf ; ʔf/ sʔbʔxʔ ; ʔfng ul/Psf 5gʔ ; ʔgfnoxʔdf ls; fgʔxʔn]pglxʔnf0{ rʔlxg]dxʔj kʔf{hfgsf/lxʔ h: t} cfkʔh]pʔkfbg u/ʔf]pʔhgl]sf] :yfglo dfq xʔʔg lj leʔg kʔʔt / lj Zj s}ahf/ efpm cfkʔh]lsʔg' kg]dn alpnuʔot sʔ[if / bʔgs pkeʔʔsf ; fdfgxʔsf] ahf/ efpm df}dsf]af/ʔf hfgsf/L cʔlb kʔp5gʔ. bʔʔ/L; f/L ufpʔf ; ʔfnt ; ʔgfnoʔsf ; ʔs cyfʔ ; ʔfns uf] 4ʔ cʔf/l]sf]d ug{ yʔnʔʔf]j if{ lbg klg ePsf]5ʔ . t/ pgl eʔ65gʔ ʔof]dʔ] ; gsf] af/ʔf hit wʔ]hʔfʔof]pʔt wʔ]cʔdbfgl xʔʔf]/xʔ . o; sf ; ʔfns / o; af6 pknʔw xg] ; ʔgfsf] pkofʔstʔf{ bʔʔf0{ o; n] kʔf0bf lb65 . of]t crʔdʔʔf]klj lw /xʔ . ʔ

eldxlg leln hʔtsf ʔ! j if]uf] 4ʔ b0{j ifʔlt cʔ3 dxgʔsf] #%) ) ʔkʔfF-ef/tlo\_ sʔfpʔ]. ufpʔf] ; ʔgfno cyfʔʔ\ ; f0a/ lsof]sʔdkʔ pgn]j l/kl/sf ahf/df cgʔh / cʔo sʔ[if pkʔsf] efpm aʔy]. ufpʔxʔsf]ph/L, l; sfot / lj leʔg vʔnsf lr7lkq 0dʔhaf6 cʔfbgkʔfbg lul/lbʔy]. hʔufʔhdgsf]kʔhʔ cʔo ; /sf/L sfutkq / ; ʔgfʔxʔ kʔofʔpʔ]. ; fy} pgl ufpʔf kʔwʔ] ʔxʔ hʔg sʔʔsʔlxʔnf0{sʔkʔob/ klg l; sʔfpʔ].  
ef/ts}kʔʔl{ ; dbʔ t6df l:yt kl08rʔldf ; ʔfnt o:t} ; ʔgf sʔbʔxʔn] ; dbʔf df5f dfg{hʔg nfuʔsf dʔenʔxʔnf0{ ; dbʔf]df}d, df5f kʔ0g; Sg] 7ʔpF ahf/ efpm cʔlb dxʔj kʔf{ sʔ/ʔxʔsf] hfgsf/L lbP/ dʔenʔxʔsf]hlj g:t/ pʔsf:g ; 3ʔ0/xʔʔf 5gʔ

dxʔ/fi6ʔsf pv' / skf ; vʔl ugʔ]s; fgʔxʔnf0{ ; ʔgf klj lwn]pglxʔsf] vʔ]lsf]lgoldt cgludg ug] pʔkfbgsf]cgʔdʔgt kl/dfʔsf]yʔf lbg] 7ls ; dodf pʔkfbg sf/vʔgʔdf kʔofpg] pʔkfbgsf] uʔf:t/ hʔfʔ] sf/vʔgf; ʔ ; Dks(ul/lbg]/ dʔnsf]plrt dʔh lbnʔ0lb]g; fy}pglxʔsf] sf/fʔf/sʔ]lx; fa /flv/lbg]sʔddf ; 3ʔ0/xʔʔf]5 . kʔlxn]sf/vʔgʔdf hʔg j f cfkʔh]pʔkfbg u/ʔf]dfn; fdfgsf]efpm aʔg / aʔlavg ugʔf] nflu wʔ]kʔ6s ; x/ ahf/ wʔpg'kʔof] xʔʔf]ʔf] ; do nʔvʔof]eg]cʔlxn]; a} sʔd ufpʔ]a; la; l tʔʔt}xg yʔnʔʔf]5 . To; ʔ]Toxfʔf pv' ; skf ; , bʔw pʔkʔbs ls; fgʔxʔsf] ; xsf/L ; ʔyʔsf sʔdʔf/lxʔn]lj xʔg sʔofʔo vʔlg] lal0s}sʔkʔob/nf0{wk aʔl afn] kʔh u5ʔʔ

lj sl; t dʔhsʔxʔsf] bʔʔf]dʔf ef/tʔdf bʔ; ʔf/sf kʔʔfʔf/xʔ lgs}yʔf] 5gʔ. Toxfʔ6ʔ]nʔkʔf]sf]pkofʔ ug]dʔlg; xʔsf]cʔf} t ; wʔf klg yʔf] 5 . lj hʔlsf] ; lj wʔ klg Toʔt wʔ]5ʔ . l5gl5gʔdf nf0g uP/ xʔʔg kʔ5{ . tʔkʔg ; ʔgf klj lwn]Toxfʔf ufpʔxʔsf]hlj gʔf kl/j tʔ Nofpg dxʔj kʔf{ eldsf vʔlg yʔnʔʔf] 5 . ufpʔxʔsf] nflu cʔt cʔj Zos hfgsf/L kʔʔt ug]ufpʔh]pʔkfbg u/ʔf]dfn ; fdfgxʔsf]ahf/ vʔʔg] larʔʔnofxʔnf0{x6ʔpg] gʔfʔofʔf a9l nʔebʔos ahf/ vʔʔg]cʔlb sʔd u/ʔ ; ʔgf klj lwn]ufpʔxʔnf0{kʔof kʔf0bf kʔof0 /xʔʔf]5 .

; ʔf] Mʔcʔp6ʔns, cʔkʔh (, ʔ)!

066/g6af6 ef8fsf]Jofkf/

kfnkfsf tdfsf efBf agfpg]ljZj sdfxzn]sDKo6/ s:t]x65 e6g]gbv] klg sDKo6/dfknt xg]0sd; n] pglxzn]sf] hljg:t/ psf:g / efllo kmu{; 3f0/xzf]5 .

o; k6ssf] lqm; d; sf] cj; /df sDKo6/af6 dfn; fdfg lsgg ; #f/e/sf dflg; xzn]ljz]f vfnf]pkxf/ 066/g6dfknt lsgg vfh]/ sltkon]kfnkfdf agsf tdfsf udnf / ljle6g vfnf efBfsBfxzn] lsg]. cd]v/sf / o/f]ksf dflg; xzn] 066/g6af6 lsgd]h ug{ / qm]86 sf8af6 066/g6dfknt g}k}f Itg]gofFkl/kf6lkl]t lgs}cfsliff ePsf 5g\ 0sd; f]gfdn]lrlgg]of]gofFk]ffnl ljZj el/ g}nf]klkph xBf .

gkfnl ; #sf/; E ulx/]zn]kdf ufF; Psf] tdfsf efBfxzn] agfpg] sfd kfnkfsf ljZj sdfxzn]; ofFj if6]v ub]cf0/xzf] 5g\ t/ latzf tl; jif6tf ef/tsf sf/vfgfxzn]df ag] gkfnl ahf/df tdfsf efBfxzn] Jofks zn]kdf km]hPk15 ljZj sdfxzn] cf^gf]k^:t6l kzfaf6 lj :yflkth:t}ePsf lyP .

j if]lbg]ht cl3 kfnkfdf agsf snf]ds efBfxzn] 066/g6df bl]vg yfnof]. ; fdf]hs pQ/bf]lo]j n]k]v/t Jofkfl/s sDKglxzn]o:t]f] k/Dk/fut kzf]nf0{k]f]f; fxg lbg yfn]. pglxzn]ljZj sdfxzn] agfPsf]efBfsf]; lrq hfgsf/L 066/g6df /fVg]sf ; fy]tl efBfxzn] lsg] c6t/f]66 ahf/df k]ofpg]Joj :yf u/] . :yfglo ahf/df ; lldt /xzf] efBfn] ljZj sf] ljzfn ahf/ kfof]. km: jzn]k ljZj sdfxzn]sf]k/Dk/fut kzf kml/ df]h]of]. pglxzn]sf]cfo; f]t crfgs a90f]. k^:t6l kzf 5f8] ef/tdf gf]L ug{uPsf anaxfb/ h:t] sf]u/xzn] uf]p]kms] tdf]lk66 yfn].

afnfh'k]lj lws lz]ffnodf rf]w j if]cl3 efBf agfpg]tflnd kfPsf al/axfb/ ljZj sdfsf] cf^g}sf/vfgf 5 . ToxfFk]t; hgf t6g]lxzn]sfd kfPsf 5g\ pglxzn]sf]dlxgf]f/l cfbf]gl #%) b]v &))) zn]k6f]Dd 5 . hluf hldg gePsfxzn]hluf lsgg yfn]sf 5g\eg]w]h; f]h]3/sf]5fgf l6gn]5fPsf 5g\ ; ah]cf^gf s6]s6]lnf0{; shdf k96 k7fp5g\

dlxgfsf]b0{kN6 al/axfb/ sf/sfvfgdf agsf efBfxzn] lnP/ sf7df8f]k05g\ x:tsnf ; 3nf0{tof/l dfn aem]p5g\ ; 3n]tl dfn ; fdfg 066/g6dfknt ljZj ahf/sf Jofkf/lxzn]; Dd k]ofp5 . sf7df8f]f ; 3sf]cf^g}k; n klg 5 . ; 3n]; g\((( df rfn; xhf/ cd]v/sl 8n/ a/fa/sf] tdfsf efBfsBf a]zf]f] lyof] . 066/g6df tl efBfsBfsf]; lrq hfgsf/L /fVg yfn]k15 Jofkf/ b0{ ug] a9zf]5 .

; 3n] gkfnl sf]u/xzn]sf] ; lknf0{ljZj ahf/df k]ofpg ; 3f0/xzf]5 . #; 3n]em08]k6w]j if6]v cf^gf Ps xhf/ ; b:oxzn] tof/ kf]zf x:tsnf]sf ; fdfg lgo]t ug]sfd ul//xzf]5 t]klg 066/g6n]gofFahf/ v]h]nbPsf]5 .# ; 3sf 8f0/56/ dl/f e6/f0{ e6g]65 .

ædf]g; xzn] /fd]f] cfbf]gl xg] hflu/sf] v]h]ldf sf7df8f]f cf]0/65g\ . t/ w]h] kfp5g\ . pglxzn] uf]p]a; ] klg :t/lo hljg af]g ; 55g\A px]f]egf0 5 . hljgdf slx]lo}066/g6 grnfPsf ljZj sdfxzn] cf^gf]uf]p]a; ] cf]k]h]hfg]sf]k^:t6l sfd u/] /fd]f]hljg af]g kfPsf]df 066/g6k]t s]1 5g\

; fef/Mdlgiff cofh, gkfnl 6f0D; ; fktflxs, @@ - @\* l8; ]a/ @))

uf]p]f dflg; xzn]sf] bl]ttf a9fP/ pglxzn]nf0{/fd]f]/f]huf/L lbnfpg, uf]p]flx/ / bzf]af]x/ ; d]t /f]huf/l]sf]cj; / v]f]g ; Rgf klj lwn]lgSs} ; 3fp5 . ef/tsf]uf]p]f]nflu agsf]tf/fx6 k]f]h uf]p]f ljle6g ; ]faf/]hfgsf/L lbg]/ ; ]f k]ofpg]lgSs}pkof]ul k6f; xf]. x6\ \ www.tarahaat.com o; df :yfglo eiffdf lrsf]; xfo]tn]clf/ glrg]sf dflg; xzn]klg cf]k]h]rf]x]f]; ]f sDKo6/df v]f]g / ; 6g ; 55g\ljle6g bzf]d :yflkt 6]h; ]6/xzn]klg ljle6g k]f]n]uf]p]f]zn]sf] cf]Zostf k^f ul//xzf]cg] pbfx/0f kfpg; lsg5 .



aunfbzs]u[dLOf knf

u[dLOf knf aunfbzs]u[dLOf Onfsfsf dxnfx;nf0{cfly&
;kn}; an agf0{ul/al 36fpg]p27on]u[dLOf a;n]nfu"u/3f]
of]hgf xf]. u[dLOf a; / u[dLOf knf]sf]; dxn]6]knf kffnl,
dfafOn knf]sf]g]s]v ufpEf dxnfx;nf0{dfafOn knf] IsGg
Cof lbg]sfd u5{. knf]wgl dxnfn]k}f InP/ ufpEf knf] ; jf
pknAw u/fpF5g\ . Is; fg; ; fg Jofk/L, ufpEf/ sfddf hfg]
Hofdl tyf ; dbfosf lj leGg ju\$ f dfg; x;n]k}f It/7 knf]
pkofu u5g\ . tl dxnfn]zNs InP/ aflx/af6 cfPsf]knf]sf]
; Gb; klg kfof0l6l65g\

k]oIf kfej

Ps xhf/ ufpEf 6]knf] afBPsf]5 . ^-& jif{eq kfF nfv
u]xsf;nf0{6]knf] afBg]nlf 5 . To; d]w} ^\*, ))) knf]
ufpEf]nflu 560f0g]5 .

ufpEf]knf]n]knf]wgl, w]h; f]dxnfx;sf]cf]dbfgl a9fPsf]5 .

knf] kofu ug; , w]h; f]s; fg;x;n]ahf/, df]d, Is/f / k]s[ts
k\$]k\$ af/]f hfgsf/L kfP/ cf`gf]p]kfbg / cf]dbfgl a9fPsf
5g\

knf] ePsf ufpEf Is; fg;x;n]cf`gf]s[if p]kfbgsf]!) k]tzt; Dd
a9l ePm kfP5g\ . pglx; v]lkftlsf]nflu rfxg]laplahg /
cGo ; fdf /fd]uof:t/sf]tyf rfxg]ahf]df kfpg]s/fdf 9Ss
ePsf 5g\

knf]wgl;sf]cf]dbfgl]7hf]efu pglx;sf]kl/j f/sf]/fd]l]zlf
/ :j f:Yo ; j]fdf vr{x65 .

s[if, kzknf, k\$[ts lj klQsf]ahf]df ; j]f, ;/lff ; j]f cflb
; /sf/n]lbg]lj leGg vfnf ; j]fdf ufpEf;sf]; xh kxF ePsf]
xgfn] k]s[ts k\$]k\$ af/]f p4f/sfo{rfB}x65 . ; dfhdf
ck/fwsf]; Wof 363f]5 . kzx; csfnf dbgg\

; f] M www.devmedia.org/documents/ACF1055.htm

; anlS/Of / ; xeflutf

; Rgf klj lwn]cf]dhgtf / lj leGg ; :yfnf0{cfk; df j f lgsfox;alr
; Rgf afBrB ug{ cfk; df ax; 5nkmm rnfpg kl/t u5{. o; /L,
hgtfsf]; j]f ug{a; \$f ; /sf/L, c4{ /sf/L, tyf u}; /sf/L lgsfox;nf0{
cf]dhgtfk]t lhDd]f/, pglx;sf]sfdsf]f]l kf/bzl{agfpg, e]6frf/
36fpg / l56f]/ ; /n 9un]; j]f kfofpg ; Rgf klj lwn]dxTj kof{eldsf
v]5 .

tlDngf8" l:yt, ef/tsf] ; ej tM ; a;ebf klxnf] On\$6]lgs ufpF
lt?jo/df hgtfn]k]; g a%g] Cof Ing] It/f/f] Jofh, Is:tf / zNs
aef]pg] hlufsf]l/s8{yfxkfbg] hGd tyf d[o'btff]k\$]f k/f ug]
sfd cgnf0g cyf'06/g]af6 ug{yfn\$ 5g\ plxn]; /sf/L Cof Ing
5 dxgfebf w]}; do n]Wof]eg]ca tlg xktfdf Cof kfpg; lsg]ePsf]
5 .

; Rgf klj lwn]ef]n]s b/L / afwfsf]c8rglagf dfg; x; / ; :yfx;nf0{
cfk; df ; Dks{s/sfsgl, 5nkmm ug{; 3fp5 . o; n]lj rf/ cfbgkfbg
ug]cj ; / a9fp5 . s/sfsgl, 5nkmm, lj rf/ lj dz{k]hftGqdf ; xeflutf
/ k]hftGqsf]; b]ls/Ofsf nflu clt cij Zos s/f xg\ km:j ; k ; Rgf
klj lwn]k]hftGqnf0{alnof]agfP5 .

lyrf]drf]f k/\$f ; dx;x;n] klg ; Rgf klj lwsf] kofu u/7 GofO
kfpg ; S5g\ d]S; sf]; x/df Pp6f sf/vfgdf sfd ug]dxnfx;n]
Hofnfsf]s/fdf cfk; dsf]f k/\$f]cgej u/L Soflnkn]lG6]l:yt
Pp6f ; :yf; E Od]haf6 sf/vfgsf]af/]f vf]h]gtl ug{cg/f]v u/].
sf/vfgsf]cg; lwfgsf]l/kf]cf]PkI5 dxnfx; cf`gf]hflu/sf]; /lff
/ /fd] Hofnf kfpgsf nflu sf/vfgsf]gk]f gf\$; fg / sf/f]f/sf]
tYof\$; lxt sf/vfgf Joj :yfk; E jftf]6]hdf a; ] . o; n]pglx;nf0{
cf`gf]klfdf ts{ug{alnof]agfof].

; Rgf kfPkI5 dfg; x; ; an x65g\ pglx; larf/ kf]v / ts{ug{
; S5g\ rbfj tyf :yfglo /fhglltdf pglx;sf]egf0 / lj rf/sf]kfej
x65 . hgk]tlglwx; pglx;klt a9l lhDd]f/ a]ggyfN5g\

; fufʔʔ M dfgj clwsf/ j fbl j ʔ; f06

; fufʔʔ (SANGONet) blifof clkʔsfdf lj sf; / dfgj clwsf/ sfoʔtfʔsf nflu :yflkt On\$6ʔʔgs ; ʔgf tyf ; ʔf/ ; ʔfn xfl. o; n]cfʔgf]j ʔ; f06 www.sn.apc.org/sangonet df lj sf; / dfgj clwsf/sf]lfʔdf sfd ug]dfdg; xʔnf0{; flj ifodf ; fʔbleʔ ; ʔgf pknʔw u/ʔp5 / pglxʔnf0{cfk; df 5nkm ug]; lj wf lb65 . o; n]uʔ; /sf/l ; ʔyfxʔ; ; dbfodf cfwf/l/t ; ʔyfxʔ / lghl lfʔsf ; ʔyfxʔalr On\$6ʔʔgs ; ʔf/ ug] lfdtf a9ʔpg ; 3ʔp5 . kf/bzl{; /sf/ ; ʔgf tyf ; ʔf/ klj lw, lzlf, ; jf:Yo, cyʔʔq, >d, dlxnʔ, dfgj clwsf/ tyf j ftʔj /of ; fufʔʔsf kʔv lj ifo xgʔ ; fufʔʔ P; fl; P; g km kʔʔ; e sDolgs] g -PKL; L gfdS gkʔnf gsdʔpg]; ʔyfsf]; b:o xfl.

kʔof kʔfj

; fufʔʔn]; fʔbleʔ ; ʔgfsf]cfwf/df lg0ʔ6 ug{nuʔP/ JolQm / ; ʔyfxʔnf0{; an agʔp5 .

; fufʔʔn] pknʔw u/ʔPsf] 0dʔ / c? ; ]fxʔ pkofʔ u/] uʔ; /sf/l tyf cʔo ; ʔyfxʔn]a9l blftf; fy tyf kʔfj sf/l 9ʔn] ; ʔf/ ug{S5gʔ

uʔ; /sf/l ; ʔyfxʔ vf; u/l ; ʔgf klj lwsf]; lkaf6 alʔt ; fgf / demʔʔf ; ʔyfxʔn] ; fufʔʔsf] ; :tf] zNssf] ; ]faf6 km0bf p7ʔp5gʔ pglxʔsf]cfʔtl/s lfdtf / sfoʔzntf a9ʔpg klq o; af6 ; xofʔ xʔ65 .

xʔʔ

e/kbf]/ vrʔ]wfʔg; lsg]bʔ; ʔf/ / lahhsf]kʔʔw/sf]cefj clxn]klg ; fufʔʔsf]; ]f pkeʔʔ ug{kʔ/t ug]sfddf tuf/f]agʔʔf] 5 . ; fy]dfdg; xʔ tyf ; ʔyfxʔn]cfʔgf]; ʔgf cʔbfʔ kʔʔf ug]/ ; ʔf/ ug] sfdnf0{; kfg{; ʔgf tyf ; ʔf/ klj lwsf] pkofʔ kʔfj sf/l 9ʔn] ug{S5gʔ tʔklg ; ʔgfnf0{; dlʔj t sfoʔʔ ʔkʔtl/t ug{alnof] gʔ]j / Joj:yfkg lfdtfsf] cfj Zostf xʔ65 . ; ʔf] M www.sn.apc.org/sangonet

j ftʔj /Of

; ʔgf klj lwn]j ftʔj /Of cgludg / kʔfj cʔʔbog kʔʔnf0{; wf/], j ftʔj /Oflo cʔʔbfʔhgnf0{cufʔ8 a9ʔP/ tyf ; ʔxʔsf] szn / lbuf] pkofʔ ug{; lfd agʔP/ lbuf]j ftʔj /Of Joj :yfkgdf dxTj kʔʔ{ofʔʔbfʔg lbg; S5 .

; fʔbleʔ tyf lj Zj ; glo tʔofʔsf]cefj df kʔfj sf/l ʔkn]j ftʔj /Of Joj :yfkg ug{ lSʔʔ . ; ʔgf klj lwn]tʔofʔ ; ʔng, kʔʔʔvg / kʔ f/ ug{ ; 3ʔp5 h; n]ubf{j ftʔj /Ofsf]cj :yf / ; d:of df]d kl/j tʔ, hʔj s lj lj wtfaf/] aʔg / kl/l:ylts cj :yfsf] cgludg ug{; lhnʔ] xʔ65 . km: j ʔk ; Afʔofsf]sfdnf0{a9ʔpg; lS65 .

gkʔndf cʔʔof gblsf]hnʔzosf]nflu eld ; ʔsf]tʔofʔ e08f/ tof/ kfg{sdʔʔ6/ 0dʔhʔa klj lw pkofʔ ul/ʔsf]lyof]. o; af6 klxnʔ]k6s kʔʔpkʔosfsf]eʔpkofʔ gS; f tof/ eof]/ j ftʔj /Oflo ; d:of jf vt/ʔsf lfʔxʔ kʔʔ nʔlof]. sʔ]lfʔsf]e"Joj :yfkg sfoʔʔd tof/ kfg{of] klj lwn]dxTj kʔʔ{sfdf u5{.

lj sf; zln bʔzʔdf j ftʔj /Oflo lj gfzsf] cgludg ug{ / To; sf] bʔkl/Ofdf 36ʔpg ; ʔgf tyf ; ʔf/ klj lwsf]pkofʔ al9/xʔʔf]5 . o; df pkofʔ ul/g]e"pkuʔn]df]d, j iff{ af9l, hʔn lj gfz cʔʔbsf]e/kbf] ; ʔgf pknʔw u/ʔP/ j ftʔj /Of lj gfz, ; Afʔof / b]l kʔʔʔ 36ʔpg dxTj kʔʔ{ ofʔʔbfʔg lb65 .

; ʔgf klj lwsf]pkofʔ u/] JolQm tyf ; ʔyfxʔn]j ftʔj /Of ; Afʔofsf] ultlj lw, kʔʔj l tyf hgdt lgdfʔ / dfdg; xʔnf0{vt/faf6 ; rʔ] ug] sfd ; lhnʔ]; t ug{S5gʔ elj iodf j ftʔj /Of ; Afʔof ug]; ʔifʔʔ; ʔgf klj lwn]dxTj kʔʔ{elʔdsf vʔ]g; S5 .

Unʔʔn kmʔ]6 j fr (GFW)

Unʔʔn kmʔ]6 j fr 066/gʔʔn] hʔʔʔʔ ( ) eʔbf wʔ] :yf glo jg ; dxʔsf]cʔʔt/fʔʔ6 gʔ]s{xfl. o; n]lj Zjel/ jg lj gfzsf]b/ 36ʔpg / jg kʔʔf]f/af6 rNʔ]pBʔʔ wʔʔbfʔxʔnf0{kf/bzl{/ lhdʔ]f/ agʔʔg rʔxʔ65 . o; sf]; ?j ft ; gʔ ((& df lj Zj sf]j g ; Dkbdfly

vt/fsf]af/df :ki6 lrq hgtf; fd' /fvgsf]nflu ul/Psf]lyof].  
 hlPkm8Anh]jgn]9fsf]eëfu / o; sf]cj :yf ; fy]jg kbfj f/df  
 cfwf/t pBfux; n]ljgfz ul//xsf]jg lfgsf] clen /fv  
 epkuxsf]lrq, ef]ns ; Rgf kffnl -hlcfoP; , gS; f agfpg]  
 ; 6j f/, 066/gf / k]olf koj ]f0fsf]pkofu u5{. ol ; a}; Rgf  
 066/gf df /flv65 . jftj/0flo gllt tyf ; Demf kfng gug]  
 sDkglx; sf]gfd klg o; df /flv65 .

*k]olf kbfj*

hlPkm8Anh]jg kbfj f/ pkofu ug]sDkglx; sf]Joj xf/nf0{; Id  
 tyf j :tut ; kn]clwog ul//xsf]5 . of]; dkn]cf7 bzf df sf  
 ul//xsf]5 / s;xl j if]eq @% bzf df sf ug]p2]o /fvsf]5 .

hlPkm8Anh]; /sf/x; :yfglo lgsfo / ; dbfox; , pkef]mfx; /  
 ; lqmtfj fblx; nf0]j gdf s]e0/xsf]5 e6g]; Rgf pknAw u/fp5  
 / kbfj sf/L jg Joj :yfkug {; 3fp5 . o; n]epkux kffnlaf6  
 gk0g] / ; /sf/x; n]; xh ; kdf gkfp]; Rgf klg kfp]; S5 .

; f] M [www.igc.org](http://www.igc.org) , [www.globalforestwatch.org](http://www.globalforestwatch.org)

ufdlOf lj sf; df ; Rgf klj lwsf]e'ldsf

lj sf; zln bzf \*) kltzteëbf w}]df]; upf a:5g\ . zx/sf]  
 thgdf upf vfgkfgl, lzlf / :j f:Yo, ; /; km0, ; /lff, kf]f /  
 vBfgh:tf cfwf/et cfj Zostf; sf]k]oM sdl x65 . hljg si6s/  
 x65 . cNkodd d[o' x65 . ; lj wsf]v]hdf dfg; x; upf]6 zx/lt/  
 cf]l/65gV ; x/df klg cfwf/et cfj Zostf]v]F]a95 . olb upf  
 plrt ; dod]af]gsf nflu cfj Zos k]f / / hl]sf]fhgsf nflu  
 ; fwg / cj ; / kof]t dfqdf kbpg ; lSp] eg] upf]l/06] hfg] /  
 zx/x; df hg; wof]r]k a9] cfwf/et cfj Zostf] k]f / / ; ]fx;  
 etfe; xg]l:ylt cfpg; S5 . upf]l/06] Psft/ zx/sf]cj :yf lau]5  
 csf]t/ s]f, ag, hn; f]nufotsf k]s]ts ; f] / ; fwgsf] plrt  
 pkofu / ; Af]f xg; Qm] . ; fy]k/Dk/fut 1fg, klj lw / ; lk, ; s]t,  
 efiff tyf dxlj k]f]dfg ; #fwgsf]lj :yfk / nfk klg xgh65 .

; d:ofsf]of] > vnf0{/f]g j f sd ug{s]f ptkfbgsf]nflu afof]sgr]h  
 cyf\ s]f ptkfbg a9fpg]klj lwn]; 3fpg; S5 eg]s]f]sf nflu cfj Zos  
 ; fdul, s]f ahf/, tyf cfwf/et cfj Zostf k]f ug{; 3fpg]; Rgf /  
 1fg ; lhn] ; :tf] / kbfj sf/L ; kdf kfp]gsf] nflu cfwlg ; Rgf  
 klj lwn]dxlj k]f]eldsf v]g; S5 . pkofu klj lw, To; nf0{pkofu ug]  
 t]/sf / Joj xf/sf]1fg ; xl JolQmsf]xtdf k]f]ofpg; s]dfq]of]pkofu  
 x65 / ; Rgf klj lwn]of]sfd a9l kbfj sf/L 9un]ug{ S5 .

j f: tj df upf]lj sf; sf]nflu ; aëbf ; :tf] / ; lhn] nufgl 1fg  
 xf]. o; n]g]vBf]g, lzlf, :j f:Yo, ; /; km0, kf]6s cxf/, ; /lff clb  
 lj sf; sf cfwf/ :yfkug {; 3fp5 / upf] af]g] cfwf/ / :t/  
 a9fpg; S5 . cfwlg ; Rgf tyf ; #f/ klj lwn]pkofu 1fg, ; lk /  
 klj lw 5f]f]; dodf, ; lhn] E ; xl JolQmsf]xtdf kbpg ; 3fp5 .  
 dfg; ; Rgf; Dk]g epk]5 dfq cly; tyf ; fd]hs kl/] t]gsf]nflu  
 ; r] / cu] / x65 .

upf]h]f0{rflxg]; aëbf dxlj k]f]; Rgf s]f]sf]nflu r]lxn]laphg,  
 dnv]b, s]f ptkfbg a]g]ahf/, ahf/ epm df] dsf]hfgsf/L, afnl /  
 kzx; df n]lg]/f] / ltgsf]/f]yfd / pkrf/, k]s]ts k]f]k]f]k] {  
 hfgsf/L, k]t:kwl{s]f]ssf]ptkfbgaf/]; Rgf cf]b xg\ ; fy]upf]h]x; nf0{  
 s]f / c6o cfwf/et cfj Zostf k]f]ofpg :yflkt lgsfox; , s]f; awl  
 cg; lwfg ug]JolQm/ lgsfox; ; E upf]h]x; nf0{; Dks]ul/lbg'klg clt  
 cfj Zos x65 . clwogaf6 s]b]v]Psf]5 eg]upf]h]f0{; a]v]nsf]; Rgf  
 Ps]r]l]6 k] flxt ug]ëbf pglx; nf0{rflxg]lj z]f lfg, h: t]s]f, :j f:Yo  
 cf]b, sf]; j f]k]f; ; f]ble; ; Rgf lbg'a9l pkofu x65 .

upf] ; Rgf k] flxt ug]k]ts, kqk]qsf, k]6/, kkn], /]Bof]6]h]ehg  
 cf]b lj lw k/Dk/fut d]w]dx; sf]pkofu e0/xsf]5 t]klg /]Bof]  
 lj z]f u/L ; fdbflos j f upf] /]Bof] a9l kbfj sf/L b]v]Psf]5 .  
 k/Dk/fut ; Rgf tyf ; #f/ klj lw / gof]klj lwalr Pp6f d]vo le]gtf s]  
 5 eg] /]Bof]6]h]ehgh:tf d]w]dx; Pstkl]5g\ . cyf\ s]fo]md  
 ptk]bs / k]f/sn]k]tt ug]s]fo]md / ltgn]t]f]sf]; dodf dfq tl  
 ; fwgx; xg] ; 6g ; l65 . t/ gof] Rgf klj lwd]k]f] upf] j f pkef]mfx; n]  
 cf]k]h] / f]h]sf]lj ifo / ; dodf ; Rgf / 1fg k]f]t ug{tyf ; f]v]f]h,  
 d]h]efpm ug{/ b]x]f]f]; #f/ ug{ S5g\

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

lj sf; zln bʔsf nflu ; ʔgf klj lwsf]dxTj

ufpʔf ; ʔf/ kʔffnl ; ʔfng ubf{ufpʔf}sf] ; xeflutf eof]eg]dfq  
pkofʔl a6g; S5 . cfwlgs ; ʔgf klj lwsf]pkofʔl ufpʔf} cfkʔh  
ug{Sg]:yIt sd}b}V65 . o; l:yItdf k/Dk/fut cfd; ʔf/ dflʔbdx; E  
cfwlgS ; ʔgf klj lwsf]dʔhf u/fP/ pkofʔl ug{; lsof]eg]pQm dflʔbd  
/ cfdhgft bā}nfeʔj t xg; S5g\ dflʔbdx}n}0dʔ / 066/gʔ dfkʔ  
; :tf/ l56f]; xl / ; f6bleʔ ; ʔgf kfpG; S5g\eg]ufpʔf} cfkʔh  
rfxʔf]; ʔgf dflg / ufpʔf] / ʔ8of] jf c6o ; fwgdʔkʔ ; ʔgf  
kfpG; S5g\

; ʔgf tyf ; ʔf/ klj lw ; a}; d:ofs]crS cʔfwl t xʔDg, tʔkG o; n]  
ufpʔf}nf0{lgDglivt lʔdf kʔ0bf kʔofpg; S5 M

**lg0f6 kʔqmf** Mufpʔf af6f]shf]agfpg] :yfglo ; /sf/ r6gʔv lnP/  
; ʔbdf kʔtlglw / fʔgsf nflu ; dʔ ; xl, pkofʔl, ; f6bleʔ / tʔhf  
; ʔgfsf]cfj Zostf x65 . To:t}ufpʔf}hljgsf cʔlyʔ ; fdʔhs klf  
/ elj ionf0{kʔfj t kʔf]sʔtko ofʔhg, cʔofʔhg / lg0f6x} ufpʔf}n]  
g]lngkG{x65 . ; ʔgf klj lwn] l56f]/ ; lhnf] E ; j f6kʔf{ ; d; fdlos  
/ vʔʔf]; ʔgf / 1fg pknAw u/fP/ ufpʔf}nf0{; xl / 7f] lg0f6 ug{  
; 3fp5 .

**ahf/sf]hfgsf/l** Mls; fgx}n]cʔgf]pʔkʔbgsf]ahf/ vʔʔg, kʔz6 ug{  
/ /fdʔ]dʔh kfpG kʔkʔqsf, ^ofS; / 6ʔknʔf6e6bf ; ʔgf klj lw a9L  
pkofʔl x65 . ufpʔf pʔkʔbsx}n]klg :yfglo pʔkʔbgsf]lj Zj ahf/  
kfpG; S5g\

**ufpʔf]hgʔfsf]; zQns/0f**Mufpʔf}sf]cfj fh, lj rf/, efj gf JoQm ug{  
cj ; / a9fP/ ufpʔf}nf0{cʔfdlj Zj f; , cʔfd; Ddfg lb65 / alnof]  
agfp5 . km: j }k lj sf; kʔqmfdf ; 3fpʔkʔ5 . ufpʔf} aʔʔg yʔnʔkʔ5  
:yfglo lgsfob}v glt lg0f6 tx; Dd kʔfj k5{; Zf; g a9g]/ kʔʔt6q  
alnof]xg]; Defj gf a9S .

; **lj wʔlj xlg=kvfk/ʔf ; dbfox}nf0{ nfe** M ; lj wʔlj xlg j u{  
vf; u/L afnaʔnsf, dlxf, cʔkʔ, blntx}sf]nflu sf d ug{; ʔyfx},  
lj sf; , kʔʔt6q / dfgj clwsf/sf] nflu n18/xʔf ; ʔ; ʔyfx}dfkʔ  
pglx}n]ckʔof kʔ0bf kfp5g\

**/fʔhuf/lsf]cj ; /** Mufpʔf 6ʔh; ʔ6/ j f To:t}vʔnsf]; ʔgf sʔb]eof]  
eg]lʔgn]ufpʔf}nf0{zlʔf / /fʔhuf/l nufot lj ljw cj ; / ; j f /

; fdgfsf]; ʔgf lb65g\ ufpʔf oʔfx}n]/fʔhuf/l kfpG]cj ; / a9S .  
sʔb]cʔkʔh]klg ; lkdhs tʔlndx} ; ʔfng u/ :j /fʔhuf/sf]cj ; /  
l; hʔf ug{ S5 .

**ul/al 36fpg ; ʔgf klj lwsf]elʔdsf**

l8kf6ʔʔ6 km 066/g] gn 8ʔnkʔʔ6 -8lPkmcf08L gʔds aʔfotl ; ʔyfn]  
ul/al 36fpg ; ʔgf tyf ; ʔf/ klj lwsf]dxTj sf]af/ʔf cʔʔoog u/fPsf]  
lyof]. cʔʔbogsf]lgisif{5 M

!= ul/alsf]sf/0f cʔfw/et ; ʔʔ / ; fwgsf]sdʔdfq}xʔʔg . ul/alsf]  
wʔ}tyf hl6n sf/0fx} x65g\ ul/ax} cʔgf]hljgsf]nflu / bʔgs  
uhf/f ugʔf nflu ge0gxg]; ʔgfaf6 aʔt x65g\ cʔkʔh]pʔkʔfbg ug{  
dfn; fdg / sʔʔf pʔkʔh]ahf/ eʔpaf/] :j f:Yo; Da6wl hfgsf/laf/]  
; /sf/l / ; fj hʔgs lgsfox}sf]u7g / lʔglx}n]kʔʔf ug{; j f tyf  
cʔgf]clwsf/af/] pglx}nf0{yʔx x65} . cʔgf]elj io lgwʔ0f ug{  
ofʔhg agfpg] / lg0f6 ug{; ʔyfx} / tl ; ʔyfx}sf cʔk; l  
zlQm; Da6waf/]pglx}nf0{s}kl klg yʔx x65} . cʔgf]hljg:t/ ; wʔf{Sg]  
; ʔgf, lzʔf / lj sf; sf ; lkx}; Dd pglx}sf]kxʔ x65} . pglx}nf0{  
cfj Zos ; ʔʔ; fwg / ; j f pknAw u/fpg]; /sf/l / u}; /sf/l ; ʔyfx}  
tyf ahf/; dʔf pglx}sf] kxʔ x65} . cʔʔbʔgl a9fpg] sfdaf/]  
hfgsf/l / o:tf cj ; /x}sf]; ʔgdf pglx}sf]kxʔ g}x65} .

@= ʔgf tyf ; ʔf/sf]k]fxnf0{a9fP/ ul/al 36fpg]sfddf ; ʔgf tyf  
; ʔf/ klj lwn]dxTj kʔf]elʔdsf vʔʔgk5{. xʔnsf j iʔx}df wʔh; f]066/gʔ  
/ dʔʔʔ0n kʔʔh:tf klj lwsf]lj sf; df ʔʔf sʔb} eʔʔf klg ul/alsf]  
lj ?4 n8gsf nflu / ʔ8of]6ʔhlehgh:tf ; ʔgfsf]; fwgx} dxTj kʔf]5g\  
lsgls ul/a dh5x}df dʔʔʔ0n kʔʔ / 066/gʔe6bf / ʔ8of/ 6ʔhlehg  
a9L Jofks dʔʔʔf kʔʔPsf 5g\ ; dʔhdf lj ljw lj rf/ xʔʔʔg / ; ʔgf  
k]fx a9fpg 5kf dʔʔʔdsf]klg dxTj 5 . lnfʔn gʔj sʔʔf 066/gʔdf  
ghʔʔP klg sʔʔʔ6/ ; dʔhʔs]x/ʔ cʔsf]lʔdf a9fpg]dxTj kʔf]cʔʔh/  
xf]. lj sf; nf0{cl3 a9fpg] / ul/al 36fpg]sfddf gofʔklj lwx}n]  
; ʔgf / 1fgsf cʔfw/et elʔdsx}nf0{abʔbʔg}g t :yʔkt ; ʔgf /  
; ʔf/sf klj lwx}nf0{cʔʔh}df g}kʔ5} t/, lʔglx}n]; ʔgf / 1fg  
kʔʔfpg, pknAw u/fpg, cʔʔfʔkʔʔf ug{/ kʔfj a9fpg gofʔc; /x}  
l; hʔf u5}g\

; Rgf klj lwsf]zIQm / gkfndf o; sf]pkofu

lj sf; zln bzx sf nflu ; Rgf klj lwsf]dxIj

#= ; Rgf tyf ; Rf/ klj lwn]JolQmut ; Rgfsf]vfFf]k/f ug]V :jf:Yo, lzIff, jftfj /Ofh:tf ; fdilhs cfly\$ s'fx ; fy) /fHo Joj :yfkG, cyfGg, gful/s ; dfhsf] eldsf cflbnf0{ kf/bzl{ pQ/bfioTj kOf{ / :jR5 agfpg dxIj kOf{eldsf vlg; S5 .

cWbogn]ul/al 36fpg ; Rgf klj lwn]vlg]eldsfnf0{o; /l ; f/ ; kdf k|t t u/\$f]5 M

!= ; f]cWbogsf]kOf]hgsf]nflu ; Rgf tyf ; Rf/ klj lw -cf0{l6\_ sf] kl/efiff o:tf]ul/Psf]5 Mo:tf]klj lw h; n]lj Btlo ; fwgx\_ sf]kOfu u/] ; Rgf kzf]v / k|f/ tyf ; Rf/ sfOf0{ ; xh agfp5 . of] kl/efiffn]cf0{l6lsf ; DkOf{ lF, /]Bof] / 6]nlehgb]v k/Dk/fut / df]afOn 6]nknf; Dd tyf sDko6/ / O66/g6nf0{ ; d65 .

@= of]klj lwdf nflu]lj zfn vr{/ o; sf]hl6ntf; E ul/a hgtfnf0{ t]sf nKofpgkg]cfwf/et cfj Zostfalr olt 7hf]lj /f]vfe; b]lv65 ls bftf /fi6x ; bft[ :yfx ; fy):j o+; xofu kfp]ul/a bzn]klg o; df vr{ug{plrt xfhf egl s]ln]zsf JoQmu5g\ t/ s]ln]eg]of] klj lw; E lj sf; zln bzx sf]elj io ufF, Psf]b]5gV lj Zj df a9bf] l8lh6n l8ef08nf0{ c6t/fi6e kpf; af6 36fpgk5{ egl hfB lb65g\

#= cWbogn]s]lgisif]lgsfn\$]5 eg]cf0{l6l cfkn]f ; fllo jf nlo xfo]g . l8lh6n l8ef08 36fpg' jf klj lwnf0{kn]fpg6b o; n]ul/al 36fpg]c6t/fi6e nlf xfl; n ug{slQsf]k]lt u5{e6g]s'fdv o; sf] ; km]tf gflkgk5{ t]klg, ul/ax\_ sf]; Rgf cfj Zostf k'f ug{/ ; Rgf- ; Dk6g ; dfh lgdff ug{ul/al 36fpg]kpf; sf]Pp6f dxIj kOf{lx:; f xfl. plrt 9un]pkofu u/] ; Rgfsf]k]fx a9fpg]/ hgtfnf0{; an agfpg]sfdff cf0{l6lsf]lgs}7hf]eldsf x65 .

\$= cWbogn]bft[ :yfx nf0{ol sfdx\_ ug{l; km/; u/\$f]5M

- ul/alsf]; Rgf / ; Rf/ klfnf0{dh wf/df Nofpg'tyf lj sf; klqmfdf cf0{l6lsf]plrt pkofu ugk5{.
- ul/al lgj f/Of ug]/fi6e /Ofgltdf ; Rgf tyf ; Rf/sf lj ifox\_ nf0{ ; dfj z ugk5{.

- cf0{l6lsf]lj :tf/, o; ; Da6wl pBdzIntf tyf cg; Gwfg, ; fy) ; Rgfsf]lgj f'=:j t6g kj fxnf0{clej [4 ug]j ftfj /Of agf0gk5{.
- ul/ax\_ nf0{pglx\_ sf]; Rgf tyf ; Rf/ cfj Zostfx\_ k'f ug{ ; 3fpgk5{.
- of]sfdff c6t/fi6e ; dbfosf]Wbfg cfsli\$ ug{/ pglx\_ sf] ; xofu a9fpgk5{.
- cf0{l6lsf af/]f c6t/fi6e d#x\_ df xg]n6b] 5nkmdf lj sf; zln dh5x\_ sf]cfj fhnf0{alnof]agfpgk5{.

ul/a bzx sf nflu tf/laxlg ; Rgf klj lw

xfn); 0Qm/fi6x 3n]lj sf; zln bzx df ; Rgf klj lw, vf; u/l O66/g6 ; lj wf ; he ug\$]nflu tf/laxlg klj lwdf hfB lbPsf]5 . xn; fn} lj sl; t ePsf]of]j fo/n] O66/g6 klj lwnf0{; Rf]df j lkl -j fo/n] lkn8]n6\_ cyf\$ \tf/lj xlg klj lwl|t cg/fu elg65 . ; Rf/sf w]bzx df bu6 tyf 5l/P/ a; \$f ufp7 a:tlx\_ df vDaf uf8] tdf\$]tf/ tfg] 6]nknf; ; lj wf k'ofpg; cfly\$, e]v]ns, ; /lf tyf lj lw b]6sf]n] cit sl7g / k]oM c; e] ePsf]xgn]of]j lkl klj lwn]tl bzx df ; Rgf / 1fgsf]vf8n sd ug{dxIj kOf{cj; / k6fg u/\$f]5 . t/ clxn]Dd klg clwsfz lj sf; zln bzx\_ tf//lxt klj lw ckgfpg] s'fdv bf]v/df 5g\

lj sf; zln bzx sf]nflu j lkl klj lwsf] pkoQmtfsf] af/]f uPsf] hgsf]c6tolt/ -@) )#\_ Gobf\$]f ; 0Qm/fi6x 3n]cfOf]hg u/\$f]; Dd]hgdf efulng]@) e6bf w]; xeulx\_ lj sf; zln lj Zj sf glt lgdff]fx\_ n] tf//lxt O66/g6 cyf\$ \j km ; Rgf klj lwsf]lj sf; sf]nflu kfyldstf lbgk5{e6g]s'fdv ; xdt ePsf lyP .

lj sl; t / lj sf; zln bzx alr / lj sf; zln bzeq klg l8lh6n l8ef08 cyf\$ \1fg / ; Rgfsf]vf8n 36fpg lj km]sf]lj sf; df w]bzx / ; :yfx\_ nfluk/\$f 5g\

; Ħgf klj lwsf]zIQm / gĳfndf o; sf]pkofĳ

lj sf; zln bẓsf nflu ; Ħgf klj lwsf]dxĳ

lj kntsf knt0bfxĳ

lj kntdf kofĳ xĳ]6ĳ; ld6/n]sg}klg vfnst]8ĳf k7fpg nf0; ĳ; lng gkg{vfnst]/ĳ8of]t/ufsf]pkofĳ u5{. tl /ĳ8of]t/uxĳ sDk06/ tyf c? oĳqps/0fxĳn]0ĳknt/ĳ l/l; e/ kĳ0dfknt kĳt u5ĳ\ . lj kntnf0{ lgoddf affĳ; ls5ĳ . of]pBfĳ xf/ o; sf]:t/ ; #f/e/ Pp6}xĳ5 . o; n] afĳJof08sf]0ĳ6/gĳ ; lj wf lb0/xĳf]5 . ol rf/ u0fxĳn]o; nf0{lj Zj el/ ; :tf]/ lgSs}pkofĳul agfPsf]5 .

cd\]sdf x/ĳ ldgĳ #) hgf gofFu}sxĳn]of]lj knt klj lw ckgfPĳ 5g\ . 7hf zx/L Onfsdf lj knt ; j f ; j ĳofkl / ; j ĳfins x55 eg] gofĳofFJo; folxĳ / Jofkf/sf cuj fxn] of] klj lwnf0{ bĳ ultn] cufln/xĳf 5g\ lj Zj aĳsf]; Ħgf tyf ; #f/ lgbẓssf cg; f/ of] klj lwsf]lfdtf / ; kmtf lj sl; t bẓxĳdf xf0g lj sf; zln bẓxĳdf k/LIf0f xĳ5, lsgls tl bẓxĳdf tf/ tfg] afĳJof08sf]6ĳnkntg ; lj wf lbg' lgs}ufxĳ]5 .

lj kntnf0{lj kĳg uĳdl0f Onfsdf kĳofpg cf0nflg]s}xl xf5xĳ o:tf 5g\ufpĳf rfxg]oĳqps/0f, xf8]0/ kĳofpg' tyf uĳdl0f kĳfĳf/sf nflu lgSs}alnof / udl{; bl{tyf lj ifd xj fkgldf klg sfd ugĳ d/Ddt ; Def/ ug{; lhnf] vfnst] alnof ; fdgfs] cfj Zotf xĳ5 . o; afxĳ tl pks/0fxĳ lemsfpgsf nflu nflg]afwf c8rgxĳ, h:t} dxĳf]eĳ; f/ dx; h, ; fdg lemsfpg k/f ugĳg]emēl6nfl]klqmf tyf eĳ; f/ sf0fĳodf dlxgf]Femĳpg] k] [Q h; n] ubf{ oĳqps/0fxĳ pkofĳstfĳ]xftdf kbf{Dd lalu] sĳf xĳ; S5g\

tf/lj xlg 0ĳ6/gĳ klj lwsf nfexĳnf0{lj rf/ ubf{tfdfĳf]tf/sf]hfnfd hĳhP/ ; #f/ ug[hdfgfs]cĳlo e0; ĳf]5 . o; ĳ]ca tfdfĳf]tf/df cfwf/t kĳfĳf/df nufgl ugĳf]; ĳf knt0a/ cĳk6s gĳj s{gdff0df hfĳ lbgk5{.

nufglsf] b[ĳ6n] lj knt klj lwsf] nflu knt0a/ cĳk6shlt vlrĳf] 5ĳ, tĳklg of]cem}klg dxĳf]5 . o; sf]:yfkghf eĳbf ; #fngdf wĳ}vr{ nfl05 . o; ĳ] vr{ 36fpg ax/fli60 sDkglxĳ, lj sf; ] lgsfoxĳ, ; /sf/L ; Argf / ; fdYo{tyf ; /sf/L / lghl ; femĳf/Lsf]h0{kl/rfng u/} o; nf0{; :tf] ; /n / ; j {he agfpg ; ls65 . -; fĳ M ; Dd]hgsf] l/kfĳf

lj sf; zln bẓxĳdf ; Ħgf klj lw kĳ 4ĳsf nflu ugĳg]sfd

l8lh6n ckRoĳg6l 0lgl; Pl6e sfoĳnn]lj sf; zln bẓxĳdf ; fdflhs tyf cflyĳ lj sf; sf]ult a9fpg]sdfdf ; Ħgf tyf ; #f/ klj lwsf] zIQmf0{pkofĳ ugĳf nflu cfj Zos /0fglltsf]9fFf tof/ kf/ĳf]5 . ol kfF j 6f /0fgllts lĳxĳsf]cfk; df 3lgi6 ; Da6w 5 . To; ĳ]; aĳf pl0s}Wofg kĳofpg' h?/L 5 .

**kĳfĳf/** – ; Ħgf tyf ; #f/ klj lwsf]; ĳfn v8f ugĳ5{. ; j {ofkl kxFsf]Jo; :yf ugĳ5{. lj sf; sf pRr kĳyldstfxĳnf0{k/f ugĳlfdtf a9fpg]sfoĳmddf sĳbĳ xĳk5{ .

**dfgj lfdtf** – 1fgsf]lĳdf sfd ugĳxĳsf]hdf tof/ kfgĳ5{ ; Ħgf tyf ; #f/ klj lw pkofĳstfĳ]sf]klj lws ; lk a9fpgk5{. :yfglo Jo; folxĳsf] Jofj ; flos sfoĳ; ntf / Jo; :yfslo lfdtf ; bĳ ugĳ5{ .

**gllt** – kf/bzl{tyf ; do / lĳ :ki6 tfl]Psf]gllt tyf klqmf tof/ kfgĳ5{. :j :y / vhf kl:t:kwfĳf0{kĳ]; flxt ugĳ5{. gllt nfu"ugĳf nflu ; :yfut lfdtf ; bĳ agfpgk5{.

**Jofj ; flostf** – kĳl j f nufgl tyf cĳo cflyĳ ; lj wf ; lhnf] ĳ kĳt ug[ls]xĳk5{. cĳt/fli60 tyf :yfglo ahf/df klĳ]; lj wf xĳk5{. plrt s/ Jo; :yf tyf ; DklQdf clwsf/ ; Da6w sfĳĳl Jo; :yf xĳk5{. Jofkf/ tyf cflyĳ sf/fĳf/ ; /n tyf szn÷; lfd agfpgk5{. ; Ħgf tyf ; #f/ klj lwsf]dfu bẓleq}a9fpg kl/t ugĳ5{.

**lj ifoj :t' / pkofĳutf** – :yfglo hgtfnf0{sfd nflg] pglxĳsf] cfj Zostf / dfu cg; f/sf ; Ħgf ; fdulxĳ÷lj ifoj :t' tof/ kfl/g' k5{.

dflysf]/0fgllts 9fFf Ps}rfĳ6 nfu"ugĳ5{eĳ]5ĳ . lj sf; sf kĳf; xĳn] eflĳ' k/ĳf Jofj xfl/s ; ldfxĳ a%g'clt cfj Zos 5 . sĳ}Pp6f lĳdf sfd u/} klĳ lj sf; sf nfexĳ gkf0g]t xf0g, t/ ; a)cunf0{Ps}rfĳ kl/rfng ug{; lsof]eg]knt0bf wĳ}xĳ5 .

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

lj rf/ k%ofpg' kg]s'/f

dfgj lj sf; sf]nflu ; Rgf tyf ; #f/ klj lwsf]pkof]utf / k%ej :ki6  
x%fx%klg of]s'/f la; g' x%g ls sg]klg klj lwsf]dfgj ; dfhsf ; a}  
cun]; dfg %kdf nfe kfgp ; Qm%gg\ s%l cu kfvf k5%klj lw :j o+  
sg]; d:ofsf]; dfwfg x%fg . To; nf0{s; /l / s; sf]lxtdf pkofu  
ul/65 e%g]s'/f lgw%{of ug]t dflg; n]; h%g u/%f]/fhgllts, cfly%  
tyf ; fdfhs Joj:yfn]g]xf]. o; h]; Rgf klj lwaf6 nfe%lj t xgsf  
nflu klg dfgj lfdtfsf]lj sf; sf ; fy}cgsh /fhgllts, cfly% tyf  
; fdfhs kl/l:yltsf]cfj Zostf k5{.

; j%yd ; Rgf tyf ; #f/ klj lwnf0{:yfglo jf /fli6% ; Gbe%f s; /l  
pkofu ug]e%g]s'/f a%gk5{. /ofglltut sfo%mdx%alrsf ldxg  
; Da%wx%nf0{w%fgdf /fv%gk5{ o; df k%of jf ck%of eldsf v%lg%  
tyf o; af6 nfe kfgp]jf k%eljt x%g% h:t}:yfglo ; dbfo,  
; /sf/l, u% ; /sf/l lgsfo tyf glh Jofj ; flos l%g ; fy}ax%v%l ; %yf  
cflbsf]; xeflutf, eldsf / argj 4tf clt dxTj k%of{x%65 . afwf c8rg  
k%sfpg / gofFtyf dflns ; dfwfg v%lg ; /sf/ k%v%x%sf]g]t]j  
cfj Zos x%65 .

sd lj sl; t /fi6%sf]cf'g]v%nsf cfj Zostf x%65g\ltgsf cfj Zostf  
cg%ksf klj lwx%sf]lj sf; , kl/dfh% / cgshg ug{tyf cfOnflg]  
; d:ofx% ; dfwfg ug%sf nflu /fli6% / c%t/f%6% lghl pBf]ux%n]  
Psh6 eP/ sfd ug%k5{. lj sf; n%fcg%k ; Rgf tyf ; #f/ klj lwsf]  
pkofu e0/x%sf]5 ls 5% e%g]s'/fd gful/s ; dfh hf%?s x%gk5{.  
dflns tyf gjlg b%6sf]of tyf g]t]j af6 ; sf/f%ds kl/l:yltsf]l; h%g  
u/] dfq]; Rgf tyf ; #f/ klj lwnf0{lj sf; sf]sddf nufpg; ls65 .

clwfo ^

gkfnf]nflu ; Rgf klj lwsf]dxTj

; db]; txb]v &) ld6/b]v \*))) ld6/e%bf clnf]e%g%6, c; w% v%hf  
gfnf, 8f8f8f8f cflb lj ifd e%fl]ns ; Argfn]ubf{oftfoft / ; #f/  
; lj waf6 a%t, / cfk; df lj R5]bt]lj zfn l5d%lx%sf]alr cjl:yt  
x%gn]e/fhgllts %kn]k/lge%, ; db] dfu%6f a%t, pBf]u w%bfsf]  
lj sf; sf nflu cfj Zos v%gh tyf c%o k%fwf{x%65] cefjn]u]t,  
ouf%f]; fd%tl / lkt[ Qf%ds dfg]; stfn]kl8t tyf lj lw h%ft,  
hghft tyf cflbaf; l / e%fiffifl, wd% ; %s[th:tf lj lw t%k%of{ /  
c; dfg c%ofok%of{; fdfhs ; Argfn]ubf{lj sf; df kl5 kb%uPsf]g%kfn]  
s[if q%fl%t / cfBf]us q%fl%taf6 k%of p7fpgg; Sg' :j e%lj s]yof].  
clxn]e%fl]ns lj ifdtf, e/fhgllts j fl%otf, k%f]s[ts ; f]s]sf]cfj,  
ekl/j %7ttf, ; fd%tl dfg]; stf, cg% k%sf/sf lj lw t% cflb afwf%  
5%gg; Sg]; Rgf klj lwsf] %kdf gkfnf]; fd" Pp6f ck]{cj; /  
cfPsf% .

of]j f:tlj stf x%]s clxn]klg clwsfz g%kfnlx% ; k%f v%fg%klg, k%fl]nf]  
c%xf/, u%of:t/lo lzlff tyf :j f:yo ; ]faf6 a%t 5g\ ; fd%o pkrf/  
k%P lgsf]x%g; Sg]/f]u / e%fn]aif%l ; %8f%dfg; x% c%sndf d5%  
xhf/f% d%xn] / afna%nsx% ; %lft %kdf ; %s]l x%g; s] tyf  
skf]f%sf]sf/ofn]Hofg udfp%g\ cfwfhl g%kfnln]clf/ lrc%b%g\  
; %8f Psn]klg cvaf/ k9%g\ clxn]klg ; %8f gAa]dfg; sf nflu  
; Rgf / 1fg k%t ug]k%v ; f]t dflg; dfq}xf].

PSsf0; f]ztf]ablsf]k%l/Dedf htftt}; Rgf klj lwsf]k%ofbsf]s'/f rn%sf]  
a%hdf g%kfnh:tf]c%k lzlft / c%k lj sl; t b%zn]o; af6 s]/ s; /l  
k%of p7fpg ; S5 e%g]k%g p7g' :j e%lj s xf]. cf06lsf]; lj wf  
pknAw x%df cyj f lj Zj Jofkl ; Rgf ; h%fn; E ; Dk%sf x%df hgtfsf  
g%t]hsf ; d:of k%S%klg ; dfwfg x%g%g\ t/ lj Zj ; Dks%]clt dxTj k%of{  
dfl%od 0%6/g%6 / Od%h o:tf]; fwg x%]h; n]lj sf; klq%ofdf cglu%tl  
; Defj g%x% pknAw u/fp% . lj sf; nf0{cl3 a9fpg]0%wg ; Rgf / 1fg  
xf]. 0%6/g%6n]; Rgf / 1fgnf0{clt ; lhnf]; :tf]/ l56f]ultdf pknAw  
u/fp% .

sDKo6/sf]cufl8 a; J lj Zj Jofkl ; hfn (www) sf]dflWodaf/f o; /l  
pknAw xg]1fg / ; Rgfsf]pkofu cfd hgtfn]; w}ug{g; s}tklg  
clxn]klg gkfnufot lj Zj sf cg\$ cllk ljsl; t b\$zsf ; /sf/L,  
u}; /sf/L / :yfglo lgsfox; tyf pBfUl Pj +Jo; folx;n]Odjh /  
066/g\$sf]dflWodaf6 lj leG vfnsf kmf0bf p7f0/x\$5gV Toj]kmf0bf  
hgtfnf0{klg k\$of0/x\$5 5g\

PsfIt/ lj kGgtfn]k/fsf6f gflg yfn\$]5 eg]csfIt/ ; DkGgtfn]9f\$  
3R3Rof0/x\$] 5 . lj kGgtfnf0{c:yfol pkfo ckgfP/ 3kfg] Is  
; DkGgtfnf0{3/df a; fP/ lj kGgtfnf0{; b\$sf]nflu nv\$og< of]blj wf  
gkfn\$]dfq}xf]g gkfnh:tf clwsfz lj sf; zln b\$z;x]sf]klg xf].

; Rgf klj lw j f cf06l dfknt gkfnf klg clxn]lj leG Ifqsf ; dembf/  
tyf kl]tefj fg dflg; x;n]cg\$ nfe p7f0/x\$5 5g\ . Jofkf/lx;n]  
cf^gf]sf/f\$]f/ lj Zj ahf/df kmh0/x\$5g\ lj Bfyl{cg; Gwfgstf{tyf  
j l4hljlx;n]lj Zj 1fgsf]e08f/af6 ; xh, ; /n / ; :tfd cdNo 1fg  
klt ul/x\$5 5g\ snfsf/ ; ultsf/ , slj , ; flxTosf/ , kqsf/ ; ah]  
cf^gf snfs[t , ult , ; ult , sfJo , ; flxTo , kqklqs , cvaf/ , lrq ,  
rnlrq cflb k70 , >Jo , bZo cflb dflWoddf cfwl/t s[t;x; lfofe/df  
lj Zj Jofkl u/fp\$5g\ ; /sf/L , u}; /sf/L tyf lghl ; :yfx; s\$kl klg  
of]klj lwsf]nfeaf6 akrt xg rflx/x\$5 5g\ cf06l olt ; /n / ; :tf]  
dflWod agb\$ ls o; sf]pkofu ug]gkfnlx;sf]; Wof aflif\$ ; \$8f @)  
eGb f w}]b/n]a9b\$ . ca o; af6 k]olf j f ck]olf kmf0bf glnPsf  
dflg; x; kfgp uxf]5 .

; Rgf klj lwdf cfwl/t Joj ; fodf gkfn]hf\$ lbgkg]csf]dxIj kOf{  
sf/0f s]5 eg]gkfnl pTkfbg / ; ]fsf]vkt j f ahf/ gkfnleq cToGt  
; lldt 5 . oxif8fS6/ / 0lGhigo/x; d; a]f]huf/ ag yfn\$5 5g\  
\$@ kl]tztelbf w}]dflg; ul/alsf]/yfdlg /x\$]cj :yfd ax; Wos  
gkfnlx;n]bfdl a:t'j f ; ]f pkefu ug]; efj gf 5g . lj Zj sf]; j f]ws  
hg; Wof ePsf b0]5d\$]l b\$z;x]sf]; :tf]pTkfbgsf ; fd'gkfnl dnfdfgn]  
l5d\$]l ahf/df kl]t:kwf{ug{uxif]ePsf]cgej ul//x\$}5f; ctMgkfn]  
cGt/f]6@ ahf/ vfl]g\$5{ . rfx]lj b\$zdf sdbf/ k7fpg]s'fdf x] y f  
c? k\$]sf ; ]fsf]nflu . lagf oftfofts]emem6 gkfn]cGt/f]6@  
ahf/df :t/lo / ; xh ; kdf k\$ofpg; Sg]pTkfbg ; ^6j \$/ / ; Rgf

klj lwdf cfwl/t c6o ; ]fx; x; xg\ of]Ifqdf gkfn]cgej xfl; n  
ul/ klg ; s\$]5 .

gkfn]lj iff]v ; Jfdf tyf shl, b/afg, efBf df%gh:tf sd cfDbfgl  
xg]vfnsf sfddf nfvl]gkfnlx;n]nf0]lj b\$zdf k7fP/ clxn]klg b\$zsf]  
cy{Gqdf pNny]glo of]ubfg k\$of0/x\$]5 . olb Toj]hgziQmf0{; Rgf  
klj lwsf]dWod:t/; Ddsf]ePklg tflnd lbP/ k7fpg; lsof]jeg]ltglx;sf]  
cfDbfgl w}]ugf a9g; S5 . b\$zleq]klg c6o sdsf]kfl/>ldssf]thgdf  
sDKo6/sf] sfd ug] hgziQmsf] kfl/>lds w}]5 . c? vfnsf  
/f]huf/L a9fpgsf nflu w}]nufgl, sRrf kbfs{ ahf/, oftfoft cflb  
rflxG5 eg]; Rgf klj lwdf nufgl ug{/ o; ; awl Joj ; fo ug{w}]nufgl  
rflxG5 / ahf/, oftfoft, sRrf kbfs\$]f]emem6 klg xG5 . s\$  
sDKo6/, 6]nkntg nf0g, lahl / lbfu eP kU5 . o; af6 jftfj/0f  
blft klg xG5 .

gkfn]w}]klxn]v ko6g / hnlj B'tnf0{gkfn]cy{Gqdf of]ubfg  
lbg; Sg]dVo cfwl/ dfb}cfPsf]5 . t/ clxn]cfP/ ; Rgf klj lwdf  
cfwl/t Joj ; fosf]; efj gf lgSs}a9\$]5 . lahl pTkfbg u/]klg  
a]gsf]nflu l5d\$]l dhssf]dV tfSgk5{ . ko6gdf klg cftl/s tyf  
j fXo ; /If, /f]v]dxdf/L cflbn]ahfahf]df xfl; cf0/x\$]5 . ltlgx;sf]  
bf]f]f] ; Rgf klj lw a9l ; /lft / lg/fkb Joj ; fo bl]vPsf]5 .

t] ]clWofodf pNny] ul/Psf ; Rgf klj lwsf rf/ k\$]sf pkofu]x;dlWb]  
gkfnf clxn]dVo ; kn]tlg k\$]sf]pkofu bl]vPsf]5 M; Rgf ; #f/  
ug] klj lwsf] ; kdf, ; Rgf k\$]v]g klj lwsf] ; kdf / ; ^6j \$/sf]  
pTkfbgd . s\$]l dfqdf x8] \$/sf] pTkfbg / Jofkf/ klg ePsf]  
bl]vG5 .

lj sf; zln / cfBfl]us b\$z;x]alr Jofkf/ a9fpg] sfddf 066/g\$sf]  
pkofu]tf lbg]bg}al9/x\$]5 . 066/g\$]n]; :tf]/ l56f]; #f/ k\$]f ug]  
xgn] sDKo6/ kfl]d^bl]v lnP/ sfornolo sfdh:tf ; ]fx; ; d; .  
066/g\$ dfknt lj sf; zln b\$z;x]n]cfBfl]us b\$z;x]df a]g ; S5g\  
gkfn]a; J o/fk / cd]v]sf Jofkf/s sDkglx;sf] sfd ul/lbg]  
; ]fx;sf]oxf; #fng e0/x\$5 5g\ ; :tf]>dsf]sf/0fn]o:tf sfdx;  
lj sf; zln b\$z;x]lt/ cf]l/g]7hf]; efj gf 5 . aflx/ j f lj b\$ gu0{  
3/d}a; la; l ul/g]6]hsDob, 6]hlj s{j f 6]h; le{ al9/x\$]5 . o; n]



; ʔgf klj lwsf]zlQm / gkʔndf o; sf]pkofʔ

lj sf; zln bʔxǂdf /fʔhuf/l sf]cj; / a9fPsf]5 . aʔʔhuf/ oʔfxǂ  
3/af/l aʔʔ lj bʔdf sfd ug{efʔfl/g' gkg]cj :yf cfPsf]5 . ca  
gkʔnlxǂ lj bʔdf rfʔlbf/l ug]j f xʔʔndf efʔf df%g]sfd gu/l ; ʔgf  
klj lwsf]; lk l; sʔ 3/ʔf klg /fdʔ]cfʔbfgl xg]hflu/ vfg; S5g\

; ʔgf klj lwsf]pkofʔ ca xj f0{ofotfoft, aʔ, 6ʔhknʔ, lahl, vfgkʔgl,  
7ʔf pBʔ Joj ; fo, ko6g, Jofk/, c:ktfn, lj Zj lj Bfno, /ʔof] 6ʔhlehg,  
kqklqsf, ; /sf/l tyf uʔ; /sf/l sfofʔo, dgʔʔhng pBʔ, oxfʔDd ls  
wdʔdʔf klg e0/xʔf]5 . o; sf]pkofʔ gePsf]j f ugʔ; lsg]lfʔsf]  
gfd lng ca dl:sn e0; sʔf]5 . jf:tj df ; ʔgf klj lw ca gkʔnsf]  
nflu zfʔysf]sʔf geP/ ckl/xfo{sʔf ePsf]5 .

cʔwofo &

**gkʔndf ; ʔgf klj lwsf cfwf/ /  
l:ylt**

; ʔgf klj lwsf]kʔ/De / j tʔfg l:ylt

gkʔndf ; ʔgf klj lw lelqPsf]; g\ (&! df xf]. Tof]; fndf ePsf]/fli6  
hgu0fgsf] tʔofʔ kʔʔvg ug{bf] ʔ]k: tfsf]cf0ʔPd !\$)! sDko6/  
Nof0Psf]lyof]. o; df 8ʔf e08f/0f ug{6ʔsf]kʔʔ xʔʔof]/ 8ʔf 066kug{  
kʔfn k/sf kʔsf8{kʔʔ ul/ʔʔof]. Tof]sDko6/ dl]; g lgSs}7ʔf]l; ʔ  
sfʔʔhʔqf]lyof]. Tof]dl]; gsf]lhDdf lng / ; ʔfng ug{fli6 sDko6/  
sʔbʔf]:yfkf eof].

bz j ifʔk15 csf]hgu0fgf xʔʔ aʔʔfotaf6 csf]sDko6/, Tolt aʔʔsf]  
; aʔʔbf lj sl; t cf0l; Pn @(% ) Nof0of]. To; df Ps dʔʔaf06 ʔofd,  
^\$) dʔʔ af06sf]xf8[8:s / \*) luuf af06sf]:6fʔʔ lfdtf lyof].  
; Dkʔ{06g rf/ 0sf0df afʔʔP/ agʔsf]lyof]. clxnʔsf]sDko6/ rnfpgǂ  
Tof]sDko6/sf]lfdtf / sfd ug]tl/sf ; 6b xfFg; S5gʔt/ Tof]sDko6/  
Tolt aʔʔsf]; aʔʔbf lj sl; t sDko6/ dʔʔPsf]lyof]/ rʔlxg]ht sfd  
klg lbPsf]lyof]. Tof]sDko6/n]sʔbʔʔ{yk bz j if{Dd sfd lbof].

gkʔndf ; g\ (&( df klxnf]df0qm]sDko6/ agʔpg]dlg zfSo ; Q/l sf]  
bzssf]; ʔdf aʔʔotdf 0n]ʔ6ʔn 0l6hlgol/ʔ cʔwog ugʔf ; fy}sDko6/  
sf]sv/f klg l; ls/xʔf lyP . !(&@ df gkʔn cfP/ ; /sf/l ; ]f ubǂ  
pgn]sʔl cg; ʔwfg u/]. To; k15 pgl 5fʔj [Q kfP/ kʔʔ; uP . Tolt  
aʔʔ cf0alPd]df0qm]sDko6/ ahf/df Nofpg]kʔʔ; ubʔlyof]. kʔʔ; af6  
kmsʔ pgn]sDko6/ agʔpgsf nflu rʔlxg]; fdʔgxǂ cfkʔʔ ʔ}NofP .  
gkʔn cfPk15 pgn]cf'g}3/sf]Pp6f sfʔʔdf df0qm]sDko6/ agʔP /  
blʔof Plzofnl lʔʔlo ; Ddʔhgsf]cj ; /df sf7df8ʔʔ kʔʔ u/]. !(\*#  
df dlǂ zfSon]b] gfu/l lnk agʔP/ gkʔndf sDko6/sf]pkofʔ a9fpg  
; 3fP . Toxl j if{ds{6f0n sDkgl] sDko6/sf] sf/fʔf/ ; ? u/k15  
gkʔndf ; ʔgf klj lwdf cwf]t Jofk/ ; ? ePsf]xf].

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

gkfnf ; Rgf klj lwsf cfwf/ / l:ylt

gkfnf clxn]; fgf]sf]fdf sDkOb/sf khf{x hf}g]b]lv InP/ %))  
hgfebf w]sd(f/l /fv] pBfu ug]; Rgf klj lw; DaWl pBfu j f  
sDkglx]sf]; Wof %) gflw; s]f]5 . To:t}; fgf]sf]fdf rf/klF j 6f  
sDkOb/ /fv] sDkOb/sf]sv/f l; sfp]g]lv InP/ cGt/fli60 dfotfkkt  
kf70qmdcg; f/ tflnd lbg]; :yfx]sf]; Wof klg xhf/ gfl3; s]f]cgdfg  
5 . gkfnf sltko sDkglx]n]clxn]lj Zj :t/s]P]kns] g ; ^6j p/x  
agf0/x]f 5g\ . a]s, Jofkl/s sDkgl / ; /sf/l sfofhosf] n]f  
/Vg]:t/lo ; ^6j p/x oxlf]kfbg e0/x]f 5g\ ; ^6j p/ p]kfbgdf  
dfq lj z]ftf xfl; n u/]f ; :yfx]sf]; Wof Ps bhghlt 5 eg]3/d}  
a; ] lj b]l, cGt/fli60 sDkglx]sf]nflu ; ^6j p/ agf0lbg]JolOmx]sf]  
; Wof klg w]5 .

sf7df8f]f 8p nfebf w]h]O6/gb / Odh pkofu ul//x]f]cgdfg  
5 . sf7df8f]fyt O6/gb ; ]f k]fosx]af6 @% xhf/ u]xsn]O6/gb  
/ Odh ; ]f lgoldt ]kdf ln0/x]f 5g\ O6/gb / Odh k]fu ug]x]sf]  
; Wof j flif] @) b]v #) k]tzt; Dd al9/x]f]5 .

; Rgf klj lwsf sg]lj ifodf lzlf j f tflnd xfl; n u/]f sl/a @)))  
o]fx] x/] j if[of]l]qdf k] ] ub]5gV tldWb]em08}cfwf lj b]zdf hfg]  
u/]f]cgdfg 5 . sltko o]fx] oxlFa; ] lj b]l sDkglx]sf]nflu  
sfd ul//x]f 5g\

gkfnf]lzlft hgdfg; clxn]; Rgf klj lw, lj z]f u/L sDkOb/ lzlfk]t  
lgss]p]; s / hfus b]v65 . ufp]f]f sDkOb/ tflnd s]b]vh]f  
5g\ sDkOb/ ghfgl /df]sfd kf06g e]g]efjgf alnof]x]f] . sDkOb/  
hfb]f] afs; h:t]sf]sdo a:t' geP/ hljgdf / b]gs Joj xf/df  
rflxg]pks/of agb] .

; /sf/l / u]; /sf/l lgsfox]n]hgtfnf0{k]ofpg'kg]; ]f tyf ; lj wf  
ca sDkOb/sf]pkofun]ubf{k]f]sf/l ag yfn]f]5 . ; f]b, lhlnf /  
ufp]f]f g]f]lv InP/ hljg ; fyl /f]g]sddf klg sDkOb/ / ; Rgf  
klj lwn]; 3fp]5 . h6d, d[ot]bt]f /fxbfgl lng] s/ Itg]hlufhldgsf]  
clen] /Vg] vfgf ksfp] s]f; awl ; Rgf / 1fg kfp] s]f ahf/  
a%g] dfn; fdfg a]g] ko6sx]nf0{t]f]g]gfr ufg, snf ; :s[t, ; flxTo  
cflb em08}; ah; ]s]s]f]nflu ; Rgf klj lwsf]pkofu lg/t/ al9/x]f]  
5 .

dfgj clwsf/, khftGq / ; Zf; g :yfkf ug{cGt/fli60 lgsfox]n]  
; /sf/nf0{; Rgf klj lwsf]; xf/f lng k]t ub] / ; 3fp]5 . :yfglo  
lgsfob]v d]qfno, lgj ffg cfof], clVtof/ b]kofu cg; Wof cfof],  
k]l, Gofofno cflb k]fzg tyf hg; /f]f/sf lgsfox]df ; Rgf  
klj lwsf]pkofu u/] Itgsf]sfdnf0{k]f]sf/l agfpg ; Rgf klj lwnf0{  
ckl/xfo{df]gPsf]5 .

5f]s/ldf, b]zsf]/fhgllt, k]f; g, lj sf; , pBfu, Jofkl/, lzlf, :j f:Yo,  
; #f/, oftfoft, lj hhl, 6]hknf]g, dgf]ag, ; flxTo, snf, s]f, ko6g  
cflb ; DkOf{s]ddf clxn]; Rgf klj lwsf]pkofu e0/x]f]5 .

; Rgf klj lw glt / sfgg

; Rgf klj lw glt @)%& M

/fli60 of]hg cfof] / lj 1fg tyf klj lw d]qfnon]w]c]Wbog, 5nkm,  
uf]l u/L lj leG sfobn agf0{@)%& ; fndf tof/ kf/]f]; Rgf klj lw  
glltn]; ?df lgss]; j fut kfPsf]lyof]. o; n]; Rgf klj lwsf]cfwdf  
b]zsf]rf]k]l]sf; ug]cj ; / k]fg u5{eG]lj Zj f; lnPsf df]g; x]n]  
o; sf]sfof]og xg]s/fdf 7hf]cfzf u/]f lyP . o; sf]kl/sNkgf a8f]  
; Gb/ 5 Mæcp]f]kf j if]eq gkfnf0{; Rgf klj lwsf]lj Zj dfglrqdf  
:yflkt ug]{A o; sf]/Ofgllt emg cfsfif] 5 Mæ; Rgf klj lwsf]; -hfn  
-g]j s{ nf0{u]dlOf l]q; Dd lj :tf/ ug] gkfnf0{; Rgf klj lwdfk]f  
cGt/fli60 ahf/df :yflkt ug] cfufdl kfF j if]eq ; Rgf klj lw; G  
; Dal6wt ; ]f (Software tyf Hardware) sf] lgsf; l ]= ! ) c/a  
k]ofpg]f cflb . ; fy]o; sf]sfogllt lgss]dx]j fsf]fl 5 Mæ; g@) ! )  
; Dddf ; ahf0{sDkOb/ lzlf] .

; Rgf klj lw glt sf]eldsf]b]zsf]j f:tlj stf aem]f]b]v65 Magkfnh:tf  
lj Zj sf cNklj sl; t dh]snf0{lzlff, :j f:Yo, s]f, ko6g, Jofkl/ cflb  
lj leG l]qdf ; Rgf klj lw sf]k]f]af6 tla]ultdf lj sf; ug]cj ; /  
k]kt ePsf]5 . o; klj lwsf]Jofks lj :tf/af6 cfly] ; b]ls/of, khftf]Gqs  
dNo tyf dfotfsf]lj sf; , cfly] ; f] / ; fwgsf]; dfgk]ts lj t/Of  
Pj -hgtfdf r]g]sf]clej [4 xg u0{hlj g:t/df ; wf/ xg]/ cGt t]f]j f  
u/lal lgj f/Ofdf 7hf]d2t kl]g]b]v65 . ; Rgf klj lw g]g]k]nsf]ef]f]us  
lj ifd]tdf sdl Nofpg]Ps ; zQmk]f]f/sf ]kdf :yflkt xg] . cfufdl  
j if]x]df lj Zj dfglrqdf ; Rgf klj lwsf]l]qdf lj sl; t /fi6x] / o;

lqdf kl5 kg[ /fi6x2sf] cfly6 l:yltdf 7hf]c6t/ cfpq5 . o:tf] l:yltn]lg/tf kfgp' lj sl; t /fi6x2sf nflu klg ; xh lj ifo xg ; Sbq . o; ; Gbedf c6t/fi66 ; dbfoaf6 cNklj sl; t /fi6x2nf0{; Rgf klj lwsf] lj sf; df ; xofu klg; Sg] pRr ; Defj gf 5 . xdf] h:tf] cNklj sl; t /fi6sf nflu o:tf]; xofun]/fi66 lj sf; df 7hf]eldsf v]g]s/f :ki6 5 . o; kl/k]odf ; Rgf klj lwnf0{156f66f 156f]lj sf; u/l /fi66 cyf6qdf 6]f kfofpg ; Rgf klj lw glltsf]cfj Zostf 5 .A

gf]bkndf lj eflht ; f]glltn]; Rgf klj lwsf]lj sf; lglDg ; Rgf klj lwsf] kxF ; j {fwf/Of hgtfdf kfof0{o; sf dflwodaf6 /fhuf/Ldf clej [4 ug] 1fgdf cfwf/t ; dfh (Knowledge Based Society) Sf]lgdfQf ug] tyf 1fgdf cfwf/t pBfux2 (Knowledge Based Industries) Sf] :yfkf ug]p2]o lnPsf]5 .

dflysf p2]ox2 k/f ug6f nflu !% a6]/Ofglltù tl /Ofglltx2 sfof] og ug{!& a6]; Rgf klj lw gllt / #^ a6]sfo6llt cg' /Of ug]pNny ul/Psf]5 . ; fy); f]glltdf k]wfgd6qsf]cWbIfdf /fi66 ; Rgf klj lw lj sf; kl/ib, kl/ibc6tu6 lj 1fg tyf klj lw d6qsf]cWbIfdf /fi66 ; Rgf klj lw ; d6j o ; ldt u7g ul/g] tyf lj 1fg tyf klj lw d6qnoc6tu6 /fi66 ; Rgf klj lw s]b|:yfkf ul/g]JoJ :yf ul/Psf] 5 .

; f] M www.most.gov.np

/fi66 ; Rgf klj lw gllt hlt; 5)cfsif6 eP klg To; sf]sfof] og klf lgSs}tltf]5 . gllt ag6f]tlg j if{e0; Sbf klg To; nf0{nfu"ug6f] nflu rfxg]Pq sfgb, lgodfj nl alg; s6f]5q .

; Rgf klj lw Pq

; Rgf klj lw gllt sfof] og ug6f nflu ; /sf/n]@)%& ; fnd]jBtlo sf/f]f / l8hl6n x: tllf/ Pq, @)%& sf]th6f u/6f]b]v65 . k]flij t ; f]Pqsf]k]tj gdf elgPsf]5 M6j Btlo tYof6 cfbg-k]b]g]df]wodaf6 jf c6o sg]lj Btlo ; #f/ dflwodaf6 xg]sf/f]f/nf0{e/kb]f/ ; %lft agf0{lj Btlo clen]sf]l; h6f, p]kfbg, k6f]vg, ; #o, k]fx tyf ; Dk]f]of k]ffnlsf] d6otf, ; Totf, cv08tf tyf lj Zj zglotfnf0{ k]ff]of/Of Pj 4goldt ug]JoJ :yf ug{/ lj Btlo clen]nf0{cgflws]t

tj/af6 kofu ug]j f To:tf clen]df u} sfg6l tj/af6 kl/j t6 ug] sfo6f0{lg6q0f u/L ; Rgf klj lwnf0{; /sf/, ; /sf/L lgsfo / JoIQm ; d]sf]; /sf/L, Jofj ; flos / Jofkl/s sfd sf/jxldf ; d] clwstd kofu ug]u/fpg j f-5glo ePsf]h] == ; #bn]of]Pq agfPsf]5 .A

lj w6ssf] 2kdf /x6f]; f] Pq clxn] 0ltxf; alg; s6] 5 . ; Rgf klj lwsf]b] lj sf; n]ubf{clxn]; f]Pqsf sltko s/fx2df c; f6ble6 e0; s6f 5g\ Pqsf]cefj n]ubf{gkfnfd ; Rgf klj lwsf]lj sf; , o; sf] pkofu tyf ; Rgf klj lwdf cfwf/t JoJ ; fo kl5 k/6f]5 tyf ; Rgf klj lwsf]cfwf/df xg]ck/fwx2 a96f 5g\

bzf]k6j ifl6 of]hgfsf]gllt tyf sfo6md

xfn rfn"bzf]k6j ifl6 of]hgfd ; Rgf klj lw gllt tyf sfo6mdnf0{b2 lj sf; sf]nflu dxlj kof; fwg]2kdf lnP/ o; sf]lj sf; df lgSs}hf6 lb0Psf]5 . ; f]of]hgdf 3flift gllt tyf sfo6lltx2sf]; f/ o:tf]5 M

- ; fdbflos txdf ; j {fwf/Of hgtfsf]kxF ; Rgf ; j] fx2df kfofpg ; Rgf klj lw; awl lzlf tyf tflnd, ; f]klj lw; Dd kxF / o; sf] pkofuaf6 kfofpg; lsg]; j] fx2sf]lj :tf/df pk/fQm tlg j 6]klfnf0{ ; 6; 6]lj sf; ul/g]5 . lghl lf6sf]; Mlgtfdf ; Rgf klj lwsf] cg; 6wfg tyf lj sf; / lj :tf/ ul/g6 .
- ; Rgf klj lwsf]lj :tf/ u/L s]f, lzlf, :jf:Yo tyf s]fj :t6f]dNo Pj 6cfkl't{:ylt cflbaf/]dx]j kof; Rgf ; j] fx2 uf]dl0f lf6x2df klg ; fdbflos ; Rgf s]b]dfk] pknAw u/fpg hf6 lb0g6 . 066/g6df gkfnl lj ifoj :t' ePsf ; fdu]sf]clej [4 ug] / gkfnl snf, ; #s]tsf]hu6fP ug]tyf uf]dl0f lf6sf]lj sf; ug]vfnf lj ifoj :t':yfglo efiiddf tof/ ul/g6 . ufp]j sf; ; ldtx2df klg 066/g6 ; lj wfoQm uf]dl0f ; Rgf s]b]x2 :yfkf ub]n]ug6 .
- ; Rgf klj lwsf]lj sf; sf nflu z]f]s tflndx2 k] 46 ug6f ; fy} lzlf]sf]u0f:t/df ; wf/ Nofpg ; Rgf klj lwsf]kofu ul/g6 . 6; g\ @)! ; Dddf ; a]f0{sDko6/ lzlf]e6g]Pp6f bl36fnlg sfo6md agf0g6 / qmdz] clgjfo{2kdf lj Bfnox2df sDko6/ lzlf]sf] k7gk7g u/f0g6 . ; /sf/L tyf lghl b6]lf6sf]; Mlgtfdf blf hgziQm tof/ ul/g6 . ; Rgf klj lw; Da6wL lj le6g txsf :t/lo

hgziQmsf]cfj Zostf kl/kl't{ug{:j bzL z]lfs ; #fx\_ nfo{; xofu ul/g5 . ; Rgf klj lw lq]sf]lj sf; sf nflu u/cfj f; lo gkfnlx\_ nfo{ kll; flxt ul/g5 .

- /sf/l lqmfnsnfkx\_ nfo{kf/bzl{agfpg ; /sf/l ; Jf kbfj ug] kffnl nfo{; lfd / kbfj sf/l agfpg tyf lj Qlo Joj :yfkq / kzf; lgs lfdtfsf]; wf/ ug{: Rgf klj lwnfo{pkofu ul/g5 . o; qmddf lj B'tlo kzf; g klj lw -0 uegf; \_ nfo{klg kpfudf Nofog5 . ; /sf/l sfofnox\_ df sDko6/sf]kpfu Jofks ug{tlg j if] sfoqmd agf0{ nfu" ul/g5 . ; a} d6qfno, ljefu tyf sfofnox\_ nfo{ 066/g6af6 hf]8g5 / c6o lgsfox\_ nfo{klg 066/g6dfknt\_ cfj 4 xg kll; fxg ul/g5 .
- ; Rgf klj lw tyf o; ; awl k]f]f/ lj sf; sf lgldQ :j bzL tyf lj bzL nufglnfo{kll; fxg ul/g5 . lghl lq]sf]; xeflutdf pkoQm :yfgx\_ df ; Rgf klj lw kfs{:yfkq ul/g5 . ; Rgf klj lw lq]df ; mlg Joj ; folx\_ nfo{dfucg' f/ b'; #f/ tyf lj B't ; Jf pknAw u/fog5 .
- lj B'tlo Jofk/ -0sd; { lj B'tlo lzIff -0Phs] g\_ b':j f:Yo -0x]y\_ lj B'tlo xhfs -0kf]6\_ cflbsf]k] 4g / uf]lOf lq]df klj lw x:tf]t/Of ug{: Rgf klj lwsf]kpfu ul/g5 . b'; #f/ tyf lj B't ; Jf pknAw ePsf :yfgx\_ sf lzIff ; #f / c:ktfnx\_ nfo{ ; Rgf klj lw; awl ; Jfsf]kpfu ug{kll; fxg ul/g5 . lj B't ; Jf pknAw gePsf :yfgx\_ df klg ; f6{phf]sf dflldaf6 ; Rgf klj lwsf] lj sf; nfo{6]f lbog5 .
- /]Bof]6]hleghnufot 066/g6 tyf 066/g6sf]dflldaf6 b/lzIff -l8:60f; nlg\_ kffnl ; ? ul/g5 . :sh g6, l/; r{g6, sd; { g6h:tf g6j]s\_ / axeflifs sDkol6^sf]lj sf; ul/g5 .
- b'; #f/ pkrf/ -6]nd]B]; g\_ b' lzIff, b' kzf]w, tyf lj B'tlo Jofk/sf]k] 4g sf nflu cfj Zos sfgbl k]f]f/x\_ lgdf\_ /g5 . ; Rgf klj lwsf]lj sf; sf ; Gbedf af]4s ; DklQ; Da6wl clwsf/ -0l66n]r^cn k]k6l{/f06\_ sf]; Af0fsf nflu Joj :yf ePsf sfgbl ; Argfsf]cfj Zos ; b]ls/Of ul/g5 .

- ; Rgf klj lwdf cfwf/t pBf]x\_ h:t}; ^6j\_ / lj sf; , pTkfbg tyf kpfu; awl pBf] / ; Jf h:t}8f066\_ l8lh6f0h] g, dl]Bsn 66; lqk; g, sn ; l6/, j\_ s66\_ l8hf0g cflb lj sf; sf nflu cftl/s tyf j\_ ]z s nufgl cfsif\_ ug{rflxg]pkoQm jftfj/Of l; h6f ul/g5 .
- ; Rgf klj lw tyf ; f] awl ; Jfx\_ sf]Jofk/, lj sf; tyf lj :tf/sf nflu zflx gkfnl /fhb]tj f; x\_ df cfj Zos Joj :yf ldnf0g5 .
- ; Rgf klj lwsf]lj sf; sf nflu ; Rgf klj lw glt\_ af/f lglb]6 ; #yfut ; Argfnfo{kbfj sf/l \_ kdf cuf]8 a9f0g]5 tyf u]dlOf b'; #f/ lj sf; sf nflu b'; #f/sf ; Argfx\_ ; Rgf klj lwdf\_ -cf06l k]8n\_ agf0g5 .

; f] || www.npc.gov.np

; Rgf klj lw glt lgofds lgsfox\_ /fli6\_ of]hgf cfofu

/fli6\_ of]hgf cfofu gkfnf]lj sf; sf]of]hgf / glt agfpg]k/fdz]ftf lgsfo xf]. o; n]/fli6\_ lj sf; kl/ifbsf]lgb]zgc]tu\_ glt / of]hgf tof/ kf5{ cfofu]n]; /sf/nfo{ah]sf]afBknt\_ ug]sddf klg ; e]fpm lb65 . ; fy}; /sf/n]u/]f lj sf; sf sfd / of]hgfx\_ sf]cgludg / d]llofs\_ klg u5{. lj :t\_ hgsf/l sf nflu xg; \ www.npc.gov.np .

- ; Rgf tyf ; #f/ d6qfno
- ; #f/ lq]sf]glit, of]hgf, sfoqmd agfpg] / nfu"ug]lhDd]f/l ; Rgf tyf ; #f/ d6qfnosf]xf]. of]d6qfnoc]tu\_ xhfs ; Jf ljefu, ; Rgf ljefu, db]f ljefu, gkfn b'; #f/ k]lws/Of, gkfn b'; #f/ ; #yf, /]Bof]k] f/ ; Jf lj sf; ; ldt -/]Bof]gkfn\_ gkfn 6]hlegh, /fli6\_ ; dfrf/ ; ldt, uf]vfkq ; #yf, rnrq ; #yf, /]Bof]k]f]j\_ l dxfzfvf, k] sf]l6; n gkfn cflb lgsfox\_ k5g\
- ; Rgf klj lw; awl glt, P6, lgod agfpg] nfu"u/fpg]lhDd] lj 1fg klj lw d6qfnosf]ePt\_ klg of]klj lwnfo{; #fng ug]dVo cfwf/ b'; #f/ ; Rgf tyf ; #f/ d6qfnosf]dftxt\_ df kg] ePsf] xgfn] b0{

; Rgf klj lwsf]zIQm / gkfndf o; sf]pkofu

dGqnoalr ; dGj o xg g; sDf ; Rgf klj lwsf]lj sf; plrt 2kdf  
xg; QmD . xD{ \ www.moic.gov.np

lj 1fg tyf klj lw dGqfno

gkfnsf]lj sf; df lj 1fg / klj lwsf]pkofu a9fpg]nlf lnP/ @)%#  
h]df lj 1fg tyf klj lw dGqnosf]:yfkf ul/Psf]lyof]. dGqnon  
/fli60 of]hgf cfofu; E ldn] ; Rgf klj lw gllt @)%& tof/ kf]sf]  
lyof]. ; fy}; Rgf klj lw; E ; Dalwt Pq, tyf lgodfjnl thDf /  
sfof]og ug]lhdof oxl dGqnosf]xf].

; Rgf klj lw glltcg; f/ u7g ePsf]/fli60 ; Rgf klj lw lj sf; kl/ifbsf]  
; b:odf of] dGqnosf dGql / ; du|2kdf dGqnosf]kDv eldsf  
xG5 . To:t}kl/ifbsf]gllt lgbZg / b]gs sfd xD]/fli60 ; Rgf klj lw  
; dGj o ; ldl, /fli60 ; Rgf klj lw sD]tyf ; Rgf klj lw kfs{klg oxl  
dGqnosf]; /f]sf/df k5{. xD{ \ www.most.gov.np

gkfn b'; #f/ kflws/Of

gkfn b'; #f/ kflws/Of gkfnsf]b'; #f/; DaGwl gllt, Pq, lgod kfngf  
u/fpg]lgsfo xf]. b'; #f/ Pq @)%# tyf b'; #f/ lgodfjnl @)%#  
cg; f/ o; sf]u7g @)%\$ ; fndf ePsf]xf]. gkfndf b'; #f/ ; ]fsf]  
lj sf; , lj:tf/ / ; #fngsf nflu cgsh tyf klt:kwf{ds jftfj/Of  
tof/ kfg]p2]on]o; sf]:yfkf ePsf]xf]. b'; #f/ ; ]fnf0{e/kbf]/  
cfdhgtfsf]nflu ; he tl/sfn]pknAw u/fpg]clw/fHoel/ ufpFtyf  
gu/ lfgdf cfwf/et b'; #f/; ]f pknAw u/fpg cfj Zos Joj :yf ug]  
uOf:t/lo ; ]f kDfg u/fpg]sfd ; lglZrt u/fP/ pkef]mfsf clwsf/ /  
lxtsf]/lf ug{tyf b'; #f/ ; ]f / ; ljwf pknAw u/fpg]JolQm jf  
lgsfox2alr ; dGj o / :j:y klt:kwf{u/fpg]Joj :yf ug{0; sf p2]o  
xg\

ol p2]ox2 k/f ug{sf nflu kflws/Ofn]lgDglnlvt sfd ul//xsf]5 M

- lghl lfgsf b'; #f/ ; ]f ; #fng ug]{nf0{0hfhtkq lbg]
- b'; #f/ ; ]f ; #fng ug{:j bZl / lj bZl nufglstf]{nf0{; mlg  
u/fpg]

gkfndf ; Rgf klj lwsf cfwf/ / l:ylt

- b'; #f/ tyf b'; #f/ ; ]f; E ; a#wt oGqps/Ofx2sf]uOf:t/  
; ]fsf]uOf:t/ lgwf{Of ug]/ nfu"u/fpg]
- b'; #f/ ; ]f ; #fng stf]{nf0{0hfht lbPafkt ln0g]zNxs2sf]  
lgwf{Of / lgodg ug].
- b'; #f/ ; ]f kDfosx2sf]pks/Ofx2sf]uOf:t/ hfRgsf nflu lgoldt  
2kdf cgludg ug].
- ; ]f kDfosx2alr jf ; ]f kDfos / u]fxs2alr lj jfb p7Df  
To; sf]lg/fs/Of ug] tyf
- b'; #f/ ; ]fsf]lj sf; ug{>l % sf]; /sf/n]ckgfpkg]gllt,  
of]hgf / sfoGmdaf/]; /sf/nf0{; 'emj lbg].

lj :tE hfgsf/lsf nflu xD{ \ www.nta.gov.np

/fli60 ; Rgf klj lw lj sf; kl/ifb

; Rgf klj lw glltdf ; Rgf klj lw lfgsf]lj sf; / lj:tf/sf nflu ; Rgf  
klj lw; DaGwl glltsf]kg/fj nf\$g tyf kl/dfhg, j flif\$ kDlt ; dlff /  
cf0kg]; d:ofsf]; dfwfgsf ; fy}cfj Zos cGo sfo2 ug{/fli60  
; Rgf klj lw kl/ifb u7g ug]klj wfg 5 . kl/ifbsf]cWb]ldf kDfgdGql,  
pkf]b]ldf lj 1fg tyf klj lw dGqfno dGql, tyf ; b:ox2df ; Rgf tyf  
; ~rf/ dGql, /fli60 of]hgf cfofu]sf pkf]b]l / ; Rgf klj lw xD]; b:o,  
cy{ pBfu j fl0fHo tyf ckl't{sfhg Gof tyf ; #blo, hn; ft, lj 1fg  
tyf klj lw dGqfno, lzlf tyf v]hsb dGqfno, ; Rgf tyf ; #f/ dGqnosf]  
; lrj x2, sDko6/ lj 1 kltlgw, lj Zj lj Bfno=/fDfi6 -tlghgf\_, sDko6/  
P; fl; P; g ckm]gkfnsf cWb]l, gkfn pBfu j fl0fHo dx; 3sf cWb]o,  
lghl lfgsf ; Rgf klj lwdf ; mlg JolQm2 -tlghgf\_, b'; ~rf/  
kflws/Ofsf cWb]l, tyf ; b:o ; lrj df /fli60 ; Rgf lj 1fg sD]l  
(NITC) sf sfo\$F/L lgbZs /xg]Joj :yf 5 .

/fli60 ; Rgf klj lw ; dGj o ; ldl

; Rgf klj lw; DaGwl cg; Gwfg tyf lj sf; ug{0; lfgsf nflu cfj Zos  
hgziQm lj sf; ug{ ; Rgf klj lw lj ifosf]kf70qmd lj sf; ug{ lghl  
lfgdf ; ~rflnt sDko6/ tflndsf]uOf:t/df ; wf/ u/L :t/ lgwf{Of Pj +  
; f]sf]cgludg ug{/ cGo lj bZl z]lfs ; #yfx2; E ; DaGw uffGh:tf

; Rgf klj lwsf]zIQm / gkfndf o; sf]pkofu

gkfndf ; Rgf klj lwsf cfwf/ / l:ylt

sfddf ; dGj o ug{æ/fli60 ; Rgf klj lw ; dGj o ; ldlitÆ u7g ul/Psf] 5 . lj 1fg tyf klj lw dGqLsf]cWb]lftdf u7g ePsf]; f]; ldlitdf /fli60 of]hgf cfofufsf ; Rgf klj lw lj ifo xG]; b:o pklWb]l tyf /fli60 ; Rgf lj 1fg s]b (NITC) sf sfof]l lgb]z, ; b:o-; lrj 5g\ ; b:oxG df lj Zj lj Bfnosf pkshkt @ hgf, cy{dGqfno, pBf] j flOfHo tyf cfk]t{dGqfno, lj 1fg tyf klj lw dGqfno, lzIf tyf v]hsb dGqfno, ; Rgf tyf ; ~rf/ dGqfnosf ; lrj xG, ; Rgf klj lw]j 1 @ hgf, sDkOb/ P; fl; P; g ckm gkf]n / pBf] j flOfHo dxf; 3sf kl]t]glwxG 5g\

/fli60 ; Rgf klj lw s]b|

/fli60 ; Rgf klj lw s]b| (National Information Technology Center) lj 1fg tyf klj lw dGqfnoc]tuÆ 5 . cfj Zostfg; f/ o; sf lf]lo / lhNnf:t/sf sfof]oxGsf] :yfkf ug{ lsg] Joj :yf 5 . o; n] ug] sfdxG o; ksf/ 5g\

- ; Rgfsf] 8]f a\$ (Data Bank) sf Gkdf sfo{ ug]sf ; fy} ; /sf/l sfof]oxGsf]sDkOb/ clen]ls/Of (Computerisation) / lj ifoj :t' (Content) sf]lj sf; tyf lj :tf/ ug{; xof] ug]
- /fli60 ; Rgf klj lw lj sf; kl/ibV /fli60 ; Rgf klj lw ; dGj o ; ldltsf]; lrjfnosf Gkdf sfd ug]sf ; fy}; Rgf lj 1fg / ; Rgf klj lw; DaGwl gllt Pj +of]hgf sfof]og ug]u/fpg] cgludg Pj + ; kl/j]f]of ug] / lghl lf]n]u/\$f sfdxGnf0{lgodg ug] / ol sfof]sf ; DaGwdf kl/ibb] kl]t]hg kZ ug]
- >l % sf] ; /sf/sf ; a}k\$sf/sf sDkOb/; DaGwl sfddf ; xof] k]ofpg]. To: t>l % sf] ; /sf/sf ; a}lgsfof]sf]j] ; f06 l8hf0g (Webste Design), CBfj lws (Update) Pj +; ~rfng (Operation) ug{; xof] k]ofpg] / /fli60 :t/df ; a}lsl; dsf tYof<sup>a</sup>sxG ; <sup>a</sup>sng u/l 86f l8k]h6/l (Data depository) sf Gkdf sfd ug]
- ; Rgf klj lwsf]:j :y lj sf; sf nflu lgofds (Regulator) sf Gkdf sfd ug] tyf

- ; Rgf klj lw ; DaGwdf PsGktf Nofpg cfj Zos sf]8<sup>a</sup> (coding) / :t/ lgw]f]of (Standardize) sf]Joj :yf u/l sfof]og / cgludg ug].

; f] M; Rgf klj lw gllt, @)%& www.nta.gov.np

; Rgf klj lw ; ]f k]fg ug]lgsfof]G

gkf]n b'; f/ ; :yfg

k]el'd

agkfndf 6\$ 6]nkf]G ; ]f s/lj cf7 bzs cufl8b]v :yfkf e0{b/ ; f/sf]>lu0f]z ePsf]xf]. lj qmd ; Dj t\@))^ ; fndf cfsfzj f0f] ; ]f ; ? eP tfklg lj qmd ; Dj t\@)!@ ; fndf #)) nf0gsf]x:t ; f]lnt l; 4j=PS; r]hsf]:yfkf ePb]v dfq ; j {fwf/0fsf]k]of]ufsf nflu 6]nkf]G pkof]df cfPsf]b]v65 . b'; f/sf]lj sf; nf0{ult k]fg ug{@)!^ ; fndf æ6]nsDolgsZg lj efuÆ sf]u7g e0{b'; f/ lj sf; sfof] qmdzmlj :tf/ xB]@)#@ ; fndf gkf]n b'; f/ ; :yfgsf]:yfkf kl5 dfq r/0fa4 Gkdf b'; f/ lf]sf]lj sf; tyf lj :tf/n]ult lng yfn\$] kf065 .Æ - /fli60 b'; f/ gllt

agkfndf b'; ~rf/ ; ]fsf]yfn]l l9n}u/l eof]. ; g\ (!\$ df k]0e] af-r PS; r]hsf Gkdf Do]lg]f]; GxGsf]k]of] eof]. csf]j if{vhf tf/ nf0g k]ffnlaf6 nfd]b/]sf]; ~rf/ dflWod ; G eof]. ; g\ (^# df cd]v sl ; xof]df :j r]lnt 6]nkf]G PS; r]h k]ffnl leq0f0Pk15 dfq gkf]ndf cfwlgs b'; ~rf/sf]yfn]l ePsf]xf]. ; g\ (^ ( df klxnf]r/0fsf]b/ ; ~rf/ lj sf; sfof]md ; G eof]. ; g\ ((& ; dd lj Zj a\$]n]kfFj 6f C0f ; xof] sfof]md]dfk] \g]kfn]sf] b'; ~rf/ lj sf; sfof]md]df ; 3fof].

æo; }cj lwdf b'; ~rf/ ; :yfg P]G, @)\* cg; f/ ; g\ (&% df gkf]n b/ ; ~rf/ ; :yfgsf]:yfkf eof]. krxQ/}lhNnfdf 6]nkf]G nf0g kl]of]. sXl gkf]nlxGn]lj z]f1 tf klG xfl; n u/]. b'; ~rf/ P]G, @)!( n]gkf]n b'; ~rf/ ; :yfgnf0{b'; ~rf/ ; DaGwl ; DkOf{ ; ]fsf nflu Psflwsf/ k]fg u/\$f]lyof]. t/ ; g\ ((& df 3f]f]of ePsf]b'; ~rf/ P]G, @)# n] gkf]n b'; ~rf/ ; :yfgsf]Psflwsf/sf]:ylt t]B]sf]5 . b'; ~rf/ lf]nf0{ lgoldt ug{tyf b'; ~rf/ ; ]f ; ~rf]nsxGnf0{0hfht k]fg ug]ufotsf

; 'rgf klj lwsf]zIQm / gkfnf o; sf]pkofu

gkfnf ; 'rgf klj lwsf cfwf/ / l:ylt

p27o; lxt ; fxl Pq cgtuf gkfn b'; ~rf/ kllws/of u7g ul/Psf]5 .  
clxn] Dd cfwf/et 6lnknf ; jdf gkfn b'; ~rf/ ; yfgs]Psf]lwsf/  
sfod 5 . ; g\@))\$ ; Dddf eg] ; DkOf{cfw/et ; jdf kl't:kwf{  
xg5 .

a; g\(((% df gkfnf lghl lfgsf]; lqmotfdf 066/g6 ; jf ; 'e eof].  
; g\@))) sf]cftot/ cf0k0bf 066/g6 ; jf kbfug ug]; yfxzsf]; Wof  
Ps bhg ku\$]5 . kln<sup>a</sup> ; jf kbfug ug]; yfxzsf]; Vof a9\$]5 eg]  
; jh/ dfaf0n 6lnknf ; jdf kl'g gkfn b'; ~rf/ ; yfgs]Psf]lwsf/  
sf]l:yltsf]cfto eP/ lghl lfgn]kj z u/\$]5 .A - ; 'rgf klj lw glt  
e)%&

gkfnf b'; ~rf/sf]lj sf; sf]emns -0:al ; Dj tdf\_  
sf7df8fklxnf]6lnknf nf0g !(!#  
:j rflnt PS; r}h !(#^  
6lnu]d ; j]fsf]:yfkf !(%  
PrPkhl; Dkn\$; jfo/n] !(%!  
klxnf]klAns PS; r}h !(%!  
sf7df8fklxnf]:j rflnt klAns PS; r}h !(^#  
klxnf]cft/fli60 /]Bof]lns -ef/t / kls:tfq\_ !(^%  
kyd !))) nf0g lfdtsf]:j rflnt PS; r}h !(^%  
6h\$; ; ?cft !(&@  
/fli60 df0qmf] lns Aofsafq !(&%  
; u/dyfe-pkux s|b|:of6hf06 cy{:6zg !(\*#  
l8lh6n PS; r}h !(\*\$  
cft/b]zo 6s ; j]fsf]; ?cft !(\*\$  
cft/fli60 6s ; j]fsf]; ?cft !(\*&  
cft/fli60 u6j]PS; r}h !(\*\*  
clk6sn knf0j / g6j s{:yfkf !((%  
066/g6 ; jf !((%  
; DkOf{66; ld; g g6j s{l8lh6n g6j s{f kl/of t !((<sup>^</sup>  
cft//fli60 u6 j]PS; r}h :yfkf !((<sup>^</sup>  
le-:of6 ; j]fsf]; ?cft !((<sup>^</sup>

g6j s{l8lh6nnf0hzg !((&  
jL/uh-/S; fjh lj l8lh6n clk6sn knf0j / lns  
:yfkf !((&  
lh=P; =Pd= df] f0n ; j]fsf]; ?j ft !(((  
/]Bof]klhE !(((  
P; =8=P= df0qmf] lns /]Bof]sfof]og @)))  
g6j af/f 066/g6 ; j]fsf]; ? @)))  
k}knf ; j]fsf]; ? @)!)  
lj zif ufdl0f b'; ~rf/ sfoqnd cgtuf  
le-:of6 / 8An=Pn=Pn= ; jf ; ?j ft @))@  
kj {klZrd clk6sn /fhdfu{lqdf0f ; ? @)#  
goffgDal/af of]hgfsf]sfof]og @)#  
lk66 dfaf0n ; jf ; ? @)#

b'; af/ ; jf ; afng k0ffnl

; 'rgf klj lwsf]dh cfwf/ b'; af/sf]eldsf x65 . gkfnf b'; af/ ; jf  
kbfug ug]sfddf lghl lfgsf]ev{ev{ kj z xg yfn\$]5 . clxn] Dd  
of] ; jf gkfn b'; af/ ; yfgs]Psf]lwsf/ / lhDdfdf 5 . gkfnf  
; afng e0/x\$]b'; af/ ; jf k0ffnl sf dVo rf/ cu 5g\WPS; r}h,  
66; ld; g, PS; j g6j s{l06pks/of .

PS:r}h

@)%\* ; fnsf]g z b/af/ xTofsf08sf]cg; Gwfgsf]; nl; nfd t]sfnlg  
oj /fh lbk]b]h]dfaf0n knf0f sf] E / slt a] s'/sfgl u/\$] lyP e6g]  
; 'rgf 6lnknf PS; h6f yxf ePsf]lyof].

PS:r}h]6lnknf snx lglb{6 7fp0f k'ofpgsf nflu ; Dks{lns jf  
g6j s{zsf] alralrdf l:jlr<sup>a</sup> ug] ufxsn] slta] knf u'of] e6g]  
l/s8{/fVg/ lan agfpg]tyf b'; af/ cfj fudgsf]lg06q0f ug]sf  
u5{. gkfnf xfn !^& PS; r}h 5g\ ltglxzs]sh lfdt em08}; f9]  
rf/ nfv 6lnknf nf0gsf]5 eg]; f9]tlg nfve6f w}]nf0g af]Psf]  
5 .

; ʔgf klj lwsf]zlQm / gʔkfnf o; sf]pkofu

gʔkfnf ; ʔgf klj lwsf cfwf/ / l:ylt

6ʔhknf]sf]l:**jlr<sup>a</sup>** pks/0fn]sg gDa/df knf] 8fon ul/of]eg]a%5 /  
Tof]gDa/sf]knf] j f uʔxs; Dd klj]gʔj sʔ;sf]af6]vf]n]b65 . Pp6f  
zx/leqsf 6ʔhknf]gʔ;alr ; Dks{ug; aʔ6bf yʔ}gʔj sʔ]pkofu x65  
eg]cʔt/fʔ60 6ʔhknf] sns]nflu lj le6g tx / klj lwsf gʔj sʔ;sf]  
cf]j Zostf x65 . sʔ; j if6]3 ; Dd gʔkfnf klg l:jlr<sup>a</sup> ug]sdf dflg; n]  
xftn]uʔof]eg]ca ; a):jlr<sup>a</sup> :j rflnt ePsf]5 h; nf0{c6f]6s  
PS; r] elg65 . of]sfd ca sDko6/n]u5{.

cfwlg sDko6/sf] ; ʔgf kʔf]ug ug] lfdtf csNkglo ʔkdf a9ʔf]  
xgn]ca hlt; ʔ}6f9fsf uʔxsʔ; n]klg l; w}knf] 8fon ug{ S5g\  
6ʔhknf] nf0gʔ; w}Jo: t ePsf]/ pknAw gePsf]cj :yfdf l:jlr<sup>a</sup>df  
hl8Psf]sDko6/n]sd Jo: t nf0g vf]h] l56f]; Dks{u/fpg ; xof]u klg  
u5{.

l:jlr<sup>a</sup> ug]sDko6/n]sg knf] gDa/af6 sg knf] gDa/df slt a]f slt  
a] ; Dks{uʔof]e6g]clen] /V5 . To; sf]lx; fa u/] lan tof/ kf5{/  
cf]j Zos k/ʔf]a]hdf b36gf, ck/fw / ck/fwl kQf nufpg]sfd klg  
ug{ S5 . cft]jfb lj /f]w cleofgf cd]v]sf]cft]ssf/l]sf]:j / lrg]  
sDko6/ kof]u u/] Tof]:j / sg l:jlr<sup>a</sup> cyf]ʔ;sg z/xaf6 cfPsf]xf]  
egl kQf nufP/ sf]j f]l ug] lfdtf xfl; n u/ʔf]5 / o; /l pknAw  
; ʔgfsf]cfwf/df sltko cj ; /df k]ofqmdof klg u/ʔf]5 .

6ʔ; ld; g

*bʔleq / aflx/ bʔ; ʔf/sf]; Dks{dxdfu}M 6ʔ; ld; g lns*

Pp6f sf]ʔaf6 csf]sf]ʔfalr knf]df sʔf ubf{/ gʔkfnaf6 lj Zj sf]csf]5]m  
cd]v]sf]sf]sg]zx/df sʔf ubf]Wj lg / 8ʔf cf]j fudg ug]nflu rflxg]  
k] f/of k]ffnl km/s x65 . Pp6f sf]ʔaf6 csf]sf]ʔdf knf] ubf]j f 8ʔf  
cfbfg k]bf]g ubf]Pp6f sʔh tf/n]sfd ug{ S5 eg]cd]v]sf]v gʔkn; Dd  
Tof]sfd ubf]{**sf]ʔIS; on sʔh, km0a/ cll6s sʔh**, df0qmf] ʔ /  
nʔj ʔ /]ʔof]t/ʔ, lj le6g kʔf/sf /]ʔof]; ʔ; k]j lsf]Ps 7fp6f6 csf]  
7fp6f kʔofpg k]j lj l/kl/ 3ld/xʔf ; ʔf/ eʔkuʔxʔ; 6ʔ; ld; g  
6fj /, l/lk6/ 6fj/h: tf :ynlo -6]l:60n\_ ; ʔrgfxʔ ; ʔllg x65g\  
clxn] lj Zj sf k]v zx/xʔ;nf0{ ; ʔf/n] hf]ʔgsf nflu df0qmf] ʔ,  
sf]ʔIS; on sʔh, cll6sn km0a/ / ; ʔf/ eʔkuʔnf0{ldnfP/ pkof]  
ul/Psf]5 . gʔkfnf lj le6g lhNnf ; b/d]sfdxʔ, cʔn / l]qʔ;alr tyf

ef/t / cʔt/fʔ60 hut; E Wj lg tyf ; a]kʔf/sf 8ʔf ; k]ʔof ug]nflu  
; ʔf/ eʔkuʔ, Tof] E ; Dks{u/fpg]eʔkuʔ s]b]cy{6} g, 6ʔ; ld; g  
lns, bʔJofkl df0qmf] ʔ d] 6ʔ; ld; g lns jf Josaf] ; k/ lns,  
km0a/ cll6s tf/ cf]b lj le6g lnsʔ;sf]pkofu ul/Psf]5 .

; ʔf/ eʔkuʔ

; ʔf/df klxn]6ʔhknf] j ftf; gV \*^& df 6ʔhknf]sf cf]j isf/s uʔxd  
a]h]sf]3/sf]Pp6f sf]ʔaf6 csf]sf]ʔfalr ePsf]lyof]. klxn]; ʔf/  
eʔkuʔ cnl68{ cʔt/l]fdf k7fPk15 6ʔhknf] j ftf{ cʔt/l]fdf  
3ld/xʔf df]j lglde eʔkuʔsf]df]bda6f xgyf]llof]. km:j ʔk clxn]  
uʔh]ldf c6fpg]:of6nf06 knf] / eʔkuʔalr l; w}; Dks{u/l lj Zj sf]  
sg]klg sg]af6 csf]sgf; Dd lx8bflx8b}uf8ldf u8b}j f xj f0hxfhdf  
p8b}6ʔhknf]df sʔf ug{; e] ePsf]5 .

066n:of6, sf]l:of6 cf]b lj le6g gfdsf Jofkl/s :of6nf06xʔ;sf]j sf;  
ePsf]5 . Pp6}:of6nf06n]xhf/f]6ʔhknf] nf0g ; ʔfng ug{ Sg]ePsf]  
5 . Jofkl/s :of6nf06xʔ; n]lj lj w kʔf/sf ; j f lb0/xʔf 5g\  
Pp6f zx/af6 k] fl/t 6ʔhlehg sfoqmd bʔJofkl / cʔt/fʔ60 hutdf k] f/  
ug{ sʔh 6ʔhlehgsf]Joa; fo k]h]pg ; e] ePsf]5 . ; f/df lj Zj g}  
Pp6f uf]p6f kl/of]t ug]lun]ʔan len]h\_ kl/sNkgf :of6nf06s}b] ʔf].

; ʔf/ eʔkuʔsf]lj sf; sf]qmdf clxn]l8lh6n 8ʔf k]ʔof ug]el:of6  
-e]l :dn Pkr{ 6ld6n\_ n]Wj lg, lrg, rnlrg cf]b lj le6g ʔksf 8ʔf  
k] f/ ug]sdfdf qml6t NofPsf]5 . cfwlg 066n:of6 eʔkuʔn]Ps}  
; dodf Ps nfve6bf w}6ʔhknf] ; ls6 ; ʔfng ug{ S5 . eʔkuʔsf]  
lfdtf a9gʔf ; fy]k]j ldf /x] Tof] E ; Dks{ug] :ynlo gʔj s]f 8ʔf  
k]ʔof ug]cy{6} gs]lfdtf klg lgSs}a9ʔf]5 .

; ʔf/ eʔkuʔ; E gʔkfnaf6 ; f]m}; Dks{ug]klxn]cy{6} g sf7df8f  
andal:ylt ; u/dyf eʔkuʔ cy{6} g ʔf]. o; nf0{gʔkn bʔ; ʔf/sf]  
cʔt/fʔ60 uʔ j]j f dh 9ʔf klg elg65 . :of6h06af6 c? bʔ; ʔf/  
; j f k]bf]g ug]lgsfoxʔ; n]Wj lg k] f/ j f 066/gʔ 6ʔhknf]sf]; lj wf  
pknAw u/fpg]cj ; / gk]P; Dd ; ʔf]gsf] nflu of]; ʔsf]kn k]f]  
sv/f ag]ʔf]5 lsgls ; ʔf]gsf]; aʔ6bf w}cf]dbfgl x] cʔt/fʔ60  
6ʔhknf] sn o; ʔf]knf ; ʔfng x65 .



; ʔgf klj lwsf]zlQm / gʔkfnɔf o; sf]pkofɔ

gʔkfnɔf ; ʔgf klj lwsf cfwf/ / l:ylt

*df0qmf] ɔ Inɔ*

wʔ}6f9f; Dd ; ɔ] k| f/ ug[csf]; fwg /ʔ8of] t/ɔ x]. sfɔIS; on sʔhnsf]cfij isf/ xgcl3 b0{dxfb}zxɔ alr ; ɔf/ ug{sd lkɔj l; lsf wʔ} zlQmzfnl nɔ j ɔ /ʔ8of] t/ɔsf] pkofɔ ul/ɔYof]. Ps k6sdf Pp6feɔbf wʔ}; Dks{ug{ufx]xɔYof]. of]wʔ}dxɔf]klg xɔYof]. o; sf] thgdf pRr lkɔj l; lsf] df0qmf] ɔ /ʔ8of] t/ɔaf6 Ps}; dodf wʔ} hgfn]sʔf ug{ S5g\ of]k0ffnldf tf/ grflxg]xɔgn]sfɔIS; on sʔheɔbf of]; :tf]xɔ5 . :ynlo 6&; ld; g Inɔdf df0qmf] ɔ / sfɔIS; on sʔh ldnfP/ pkofɔ ul/Psf]xɔ5 . gʔkfnɔf]efɔf]ns l:yltnf0{clxn] Dd oxl pkfonf0{pkoQm dfg] b}zJofkl 6&; ld; g Inɔ sfod ul/Psf] 5 . gʔkfnɔf]l5d}l b}zsf sltko zx/xɔ; ɔ df0qmf] ɔ Inɔdfkɔ hf]ʔPsf 5g\

b}zleq bʔ; ɔf/ ; Dds{sfod ug]sfd b}zsf dVo zx/xɔ – sf7df8f] lj /f6gu/, ebkʔ, jL/uh, hgskʔ, /fhla/fh, e}xj f, gʔknul, kfɔ/f, wgu9l dxɔbgu/ cfib – nf0{hf}g]sfd df0qmf] ɔ dɔ 6&; ld; g Inɔn]ul//x}f]5 . tl dɔ 6&; ld; g Inɔaf6 lhNnf, buɔ lɔ / ufPɔf PS; r]ɔxɔ; ɔ ; Dks{u/fpg]sfd :k/ Inɔn]u5{ sltko cj :yfdf :k/ Inɔ / PS; r]ɔ alr ; Dks{hf}g]sf nflu l/lk6/ :6] g j f 6fj / agf0Psf xɔ5g\ . 6&; ld; g Inɔ tyf :k/ Inɔ PS; r]ɔ; ɔ hf]ʔPsf]xɔ5 / PS; r]ɔaf6 sfɔIS; on sʔh jf tf/sf]dflɔdaf6 3/3/df 6]ɔknɔɔ nf0g lj t/0f ul/Psf]xɔ5 .

Pp6f zx/leq bʔ; ɔf/sf nflu ; lldt 6&; ld; g Inɔsf]cfj Zostf k5{ eg]lj Zj sf lj leɔ sgfalr ; ɔf/ ug{lj leɔ vfnsf 6&; ld; g Inɔxɔ rflxɔ5 . 6]ɔknɔɔsf]b05}ɔm alr hlt wʔ}b/l eof]j f hlt wʔ}r/0f / k}f/sf 6&; ld; g klj lw / pks/0fsf]; ɔlgtf eof]; lgn -Wj lg / 8}f sf]u0f:t/ Tolt wʔ}v:sg]xɔgn]; lgnsf]:t/ sfod /Vg To; sf]zlQm a9fpgk]xɔ5 .

6&; ld; g Inɔsf pks/0f / klj lwxɔ sg}3/leqsf] nflu ; lfd / pkoQm xɔ5 eg]sg}cɔtl/lfd pkoQm xɔ5g\ . sfɔIS; on sʔhnf0{ wʔ}6f9f k}ofpg vlrɔf]xɔ5 / o; n]; lldt ; Wofdf dfq ; ɔ] k| f/ ug{ S5 . h:t}klxn]k6s cd]l/sf / o/f]k alr ; ɔf/ ug{; g\ (%^ df P6nfl06s dx; fu/dlg lj 50f0Psf]sfɔIS; on sʔhn]#) Rofgndfq}

pknAw u/fpg; SYof]. nfd]b/l]sf]nflu hldg / ; db]eq cf}0f0g] kmf0a/ clk6s sʔh jf clk6sn kmf0a/ tf/ lgSs}pkofɔl dflg65 .

df0qmf] ɔ /ʔ8of]t/ɔ clnf]6]ɔknɔɔ 6fj /xɔdfkɔ dfq}xɔfɔg el:of6h:tf ; ɔf/ epku}dfkɔ klg k}f0f u/} buɔ :yndf ; ɔf/ ; j f pknAw u/fpg yflnPsf]5 . buɔ :yfgdf / nfd]b/l]df sfɔIS; on sʔh tfɔbf nflu]vr{/ c? hf]vdxɔsf]bfɔfɔf :of6}h06 kmfɔsf]vr{/lgs}sd xɔ5 . o; sf]Pp6f sdhf]l s]5 eg]:of6}h06xɔ xhf/f]nsf]ld6/ dfly cɔtl/lfd xg] / /ʔ8of]t/ɔ Toxfklu] kmsɔ s}l ; do nflu]xɔgn] :of6}h06 k0ffnldfknɔ 6]ɔknɔɔ ubf{s}l a] /f]s0{f]s0{s/f ug]k]g] xɔ5 . ctM0; nf0{Pstkl{k} f/0fsf]nflu pkoQm dflg65 .

*k}k]Zrd clk6sn kmf0a/ Inɔ*

bʔ; ɔf/ ; j]nf0{e/kb] tyf gjlgtd ; ʔgf klj lw ; ɔfng ug{Sg] u/L :t/lo agfpg k}k]Zrd /fhdfu}f]; ɔ; ɔ}clK6sn kmf0a/ tf/ lj 50fpg]sfd wdfwd e0/x}f]5 . of]kl/of]hg k/f ePk]5 o; n] gʔkfnɔf]bʔ; ɔf/ lɔdf b} ultdf Ps}; dodf xhf/f]f]x}xɔn]:j / / 8}f, lrq, rnlrq ; k}f0f ug]lj Zj; glo 6&; ld; g Inɔ cyfɔ kmf]nsf]; Dks{dxdfu{pknAw u/fpg]5 .

clK6sn kmf0a/ tfdf}f]tf/ xɔfɔg . j f:tj df of]]; ; fsf]9u]xf]. o; sf leQdf ; ɔ]xɔ k}fzsf]ultdf k| f/ xɔ5 . Pp6f dl; gf]tf/af6 Ps} ; dodf xhf/f]f]; ɔ] k| f/ xg; S5 . cyfɔ Pp6f tf/af6 xhf/f]f]ɔknɔɔ nf0g ; ɔfng xg; S5 . of] tf/ wfufɔɔbf dl; gf]xɔ5 . nlf l; pg] ; fwf/0f l; of}f]k] fndf o:tf wʔ}tf/xɔ l5/fpg; l}65 . 7hf]dfqdf Ps} ; dodf c; W0 ; ɔ]xɔ k}fzsf]ultdf lagf afwf Joj wfg cfj fudg ug{Sg]xɔgn]cfwlg; ʔgf klj lwsf]nflu Wj lg, lrq, rnlrq / lj leɔg k}f/sf 8}f cf] f/k; f/ ug{clK6sn kmf0a/ clt pkoQm xɔ5 . o; n] bʔ; ɔf/ pB]udf ; fx}vlrɔf] / k}fg]vfnsf tfdf}f]tf/sf]clt pkoQm lj sNk kɔfg u/}f]5 .

clxn]klg sf7df8f]f]l/a/f}ɔ; ɔ; ɔ}tyf zx/leqsf sltko PS; r]ɔxɔ clK6sn kmf0a/af6 hf]ʔPsf 5g\ . ; fy}gʔkn / ef/tsf ; ldfj tl{ gu/xɔ – jL/uh / /S; f]ɔ, lj /f6gu/ / kmf/la; uh, sfs8leQf / cQf/L, e}xj f / ; g]ɔl – alr kmf0a/ clk6s dfkɔ bʔ; ɔf/ ; j f pknAw e0/x}f]5 .

; Rgf klj lwsf]zIQm / gkfnf o; sf]pkofu

gkfnf ; Rgf klj lwsf cfwf/ / l:ylt

t/ b7leqsf kdlv gu/x2alrsf PS; rlx2 df0qm] p In\$ sf] dflldaf6 b/; #f/ ; jf ; #fng e0/x\$]5 . of]k0ffnl lj zfn dfqdf :j/ , lrq, rnlrq k]f0f ug\$ f nflu rfxg]u0f:t/sf]5g . km0a/ cIk6s tf/ lj 50fpg]sfd k/f ePKI5 b7sf]; #f/ d7b08 df0qm] p In\$sf] thgdf lg\$S}; lfd, lj Zj; glo / u0f:t/lo xg\$ .

of]kl/of]hgf cftu\$ kj 0f ebk7b]lv klZrddf ndxl; Dd / sf]nk7b]lv gkfnu#; Dd km0a/ cIk6s tf/ la50f0g]5 . o; sf]sh nDaf0 \*( ! lsnf]d6/ xg\$ . ; fdf0tof of] tf/ kj klZrd /fhdfu\$] 5] 5]m hldgebf 87 ld6/dlg lj 50f0g]5, t/ s8f 90f0g hldgdf Ps ld6/ tndf]juf]8g]5 . kh / slle6 ePsf 7fp0f alnof]hlc0f{kf0kaf6 tf/ nlug]5 .

of]hgf k/f ePKI5 ebk7b]lv emkfsf]uf]0f/; Dd la50f0g](% lsnf]d6/ cIk6sn tf/af6 @ ( j6f PS; rlx hf]8g]5 . uf]0f/b]lv gjnk/f; lsf] sf]j; f]l; Ddsf]#@@ lsnf]d6/sf]b7ldf @\* j6f PS; rlx hf]8g]5g\ clg sf]j; f]l]lv gkfnu#alr @&\$ lsnf]d6/ nf0gdf @@ j6f PS; rlx xg\$5\ o; /l !\* lhNnsf &( j6f PS; rlx2 / kf6g u0 j \$]Pp6f PS; rlx / u/l \*) j6f PS; rlx2 / afsl PS; rlx2 df0qm] paf6 hf]8P/ Pp6f alnof]/fli60 ; Dks{d7b08 cyf\$ \ofsaf0 66; ld; g lns tof/ xg\$ . o; sf]; bkofu ePdf b7sf clwsfz zx/x2n]sf7df8f\$} h:t/] :t/lo, e/kbf] / b7 066/g0 ; jf kfp0g\$g\ . km:j2k b7sf] lj sf; df o; n]alnof]6]f lbg\$ . ef/t ; /sf/sf]Ps ca{#% s/f0 cgbfg ; xof]udf ef/tsf]; l6lcf0Pn sDkgl] of] kl/of]hgf @))\$ cu:6; Dd k/f ug]nlf 5 .

gkfnf]b/; #f/nf0{e/kbf] :t/lo / ; lfd agfpg]of]of]hgf dxTj k0f{ xBfxB}klg o; sf af/0f lj le6g zsf / cfnf]gf klg ePsf]5 . b7df Jofkt lx#fTds cfbf]hgsf] rk0fdf k/] clxn] Ps ; oe6f w]} b/; #f/sf 6j/x2 lau\$ 5gV ! ( lhNnf k/Dk/fut 66; ld; g lnsaf6 al#t eP/ tf//lxt el:of6 / :of6h06 km0g k0ffnlsf]pkofu ug]g] ePsf]5 . of]cj :ydf hldgdlg af6 nlug]olt dxTj k0f{nf0g s; /l ; /lft xg; S5 e6g]k7gsf]; lhnf]hj fkm 5g .

; Rgf tyf ; #f/ klj lwdf lg/6t/ / lgs}l56f]56f]lj sf; e0/x\$]5 . ca s7l j if{tf//lxt b/; #f/ k0ffnl]k0fTj hdfpg\$ e6g]s/f lglj }fb

5 . epkulo ; #f/ k0ffnl lbg]bg}; :tf]x\$5 . sd prf0df cj:l:yt nf] cla6 :of6h06n]ubf{ca k/}lj Zj :yfglo km0gsnsf]k0ffnldf hfg] t/v/df 5 . tf//lxt 6]hkm0gsf]lj sf; n]ubf{:ynlo ; Argdf nllg]vr{ hf]ug]/ of]k0ffnl jf:tj df ul/a b7x2;sf]nflu pkoQm xg]s/f]sf] w7h]c8sn ul/; s\$ 5g\ o:tf]df k/f]g]tf/oQmk0ffnlsf]nflu nufgl ug]j f To; dfly a9l e/ kg{pkoQm b]lv5g . ; fy}xnf ef/sf]; xof]udf alg/x\$]of]km0a/ cIk6s nf0gn]gkfnf]e6f ef/tsf]a9l ; jf ug]5 e6g]sltkon]cgdfg u/\$ 5g\ lsgls lbNlnf0{k}l{ef/t; 6 hf]8g pQ/ k0p / lj xf/nf0{5n} ; f0m]gkfn eP/ pQ/L efudf tf/ k0fop0f e/tsf]xhf/f]nsf]ld6/sf]km0a/ cIk6s lj 50fpg]vr{hf]u65 . olb o:tf] xf]eg]; Rgfsf]uf]glotf / ; /lfsf] b]l6n]klg of]kl/of]hgf gkfnf]lxtdf gxb; S5 .

**PS; j g0js0PS;** rlx / ulxssf]km0galr ; Dks{u/fp5 . ; fdf0tof :yfglo PSr]b]lv ulxssf]km0g; 6 ; Dks{ug]sfd tfdf\$]tf/n]u5{. t/ ca /l]0f]l; lgnf cfwf/t df0n km0g, jfo/n] nf\$ n k, df0qm] p In\$, /l]0f]kl]h^h:tf klj lwx2 a9l ; :tf]; lhnf]/ e/kbf] xB}uPsf 5g\ ufp0f0f 6]hkm0g PS; j g0j s\$]kdf elPrPkm oPrPkm df6{ k0ffnlx2sf]pkofu e0/x\$]5 . gkfnf b/; #f/ ; j { he u/fpgsf nflu ; a66f 7hf]rgf]t g}PS; j g0j s\$]lj :tf/ xf]. o; df sh nufgl\$) kl]tzt; Dd vr{xg]u/\$]5 .

; /lff / bu0:ynsf]sf/0fn]xnf s7l lhNndf ; f0m]:of6h06af6 l; lgn ux0f / k] f/ ug{Sg]:of6h06 km0gsf]pkofu xg yfn\$]5 .

**o6qps/0fx2** tyf ltgnf0{; #fng / Jojl:yt ug]k0ffnl, lahl, jftfgshg cflb b/; #f/ ; jf k0ffnlsf]u0f:t/ sfod ug]kdlv cu xg\

b/; #f/ ; j]sf]j t0fg cj:yf

gkfn b/; ~rf/ ; :yfgn]k0fg ul//x\$ ; j]fx2 M

**!= cfwf/et 6]hkm0g ; jf**

h8fg ePsf]PS; r]h lfdt latl/t 6]hkm0g nf0g ; Wof ; #flnt PS; r]h ; Wof

,\$,\$,)#\$ #,^@,## !^&

; Rgf klj lwsf]zlQm / gkfndf o; sf]pkofu

gkfndf ; Rgf klj lwsf cfwf/ / l:ylt

/fli60 6]nknf] 3gTj !=%\$  
b/; -rf/ ; Jf ku\$uf uf=j =; Wof !,&^!

@= df]f0n 6]nknf] ; Jf

h8fg l:j r lfdtf -kf]6-kB\_ &),)))  
h8fg l:j r lfdtf -lk+kB\_ \$),)))  
latl/t df]f0n 6]nknf] ; Wof \$),^!\$  
df]f0n ; Jf ku\$uf lhNnf @!  
-lk+kB ; Jf lgs6 elj iodf g}; #fng xg]\_.

#= 0G6/g0 tyf 0-dh ; Jf M

0G6/g0 u]xs ; Wof @,#\*&  
0-dh u]xs ; Wof !,!%#

\$= lj z]f u{dl0f b/; -rf/ cf0fhgf

le-:of6 cf0fhgf

le-:of6 6ldgn h8fg ; Wof %\*  
; #flnt le-:of6 6ldgn ; Wof %\$  
lj tl/t 6]nknf] nf0g ; Wof &  
le-:of6af6 ; #flnt PS; r]h ; Wof -hf]l; f]l !

8An= Pn= Pn= cf0fhgf

8An=Pn=Pn= ; #flnt lhNnf+ ; Wof #  
-g]nk/f; l , zkgb]l tyf slknj :t\_  
8An=Pn=Pn= ; Jf lj :tf/ ul/Psf ufflj ; ; Wof %#  
8An=Pn=Pn= ; Jf jf6 lj tl/t nf0g ; Wof !@!

6]n3gTj Mgf f]k-rj i]l6 of]hgfsf]c]tdf /fli60 6]nknf] 3gTj k]t !)) JolQm !=#% /x\$]df bzfFof]hgfsf]c]to; Dddf /fli60 6]nknf] 3gTj k]t !)) JolQm @=& k]ofpg]nlf /flvPsf]5 . o; df lghl ; Jf k]fosaf6 pknAw xg]6]nknf]sf]; Wof ; dfj z ePsf]5g .

df]f0n 6]nknf] 3gTj gj f]k-rj i]l6 of]hgfsf]c]t; Dddf cgdf]gt )=! /x\$]df bzfFof]hgfsf]c]t; Dddf )=^ k]ofpg]nlf 5 . o; df ; Deflj t lghl df]f0n ; Jf k]fosaf6 pknAw xg]; Jf ; dfj z ePsf]5g .

6]nknf] ; Jf la:tf/ Mgf f]k-rj i]l6 of]hgfsf]c]to ; Dddf 6]nknf] ; Jf gku\$uf d]l]bdf-rn, klZrdf-rn, d]l]bklZrdf-rn tyf ; b/klZrdf-Rfn lj sf; l]qsf u]lj ; x]df g] ; #]cfwf/et 6]nknf] ; Jf lj :tf/ ug] of]hg] 5 . k]f{rn lj sf; l]qdf lghl l]q]f6 b/; +rf/ ; Jf pknJw u/fpg]f/]g]kfn b/; +rf/ k]lws/0f]f6 sf/j fxl e0/x\$]f]5 .

b]zsf]sg]klg efudf /x\$]f JolQm tyf ; #yaf6 cfwf/et 6]nknf] ; Jf sf]dfu ePsf]^ dlxgf]eq ; Jf lbg; lsg]Joj:yf ug]tyf dVo zx/x]df 6]nknf] dfu ePsf]; ft lbg]eq 6]nknf] ; Jf pknJw u/fpg; Sg]kl/l:yltsf]l]gdff ug] nlf /flvPsf]5 .

; #yfgn]0G6/g0 ; Jfnf0{clw/f]l]Jofkl agfpg ; Rgf klj lwsf]lj sf; df al9 k]l; fxg ug] dVo dVo zx/x]df af]l]Jof08 l]ofsaf] ln\$ :yfk]f ug]tyf p]f] tyf j]l]l]l] l]q]df b/; -rf/ ; Jf sf]cf]Zostfnf0{kl't{ ug]; Jf / cfw]gs klj lw leq]f]p]h]f]nlf /fv\$]f]5 .

; f] Mgf]k=: #sf]k\$]fzg @)^) c; f/; Dd\_

lghl l]q]sf b/; #f/ tyf cf06l ; Jf k]fosx]z

b/; #f/ ; Jfnf0{g]kfn b/; #f/ k]lws/0fsf]Psf]lwsf/af6 dQmu/] lghl l]q]nf0{klg ; xeful agfpg c]t/f]l]60 baf]sf]kmm; j]z k g]kfn b/; #f/ P]g @)%# agof]. ; f] P]g]sf]cfwf/df s]l lghl l]q]sf sDkglx]nf0{ b/; #f/ ; Jf ; #fng ug]l]g0f6 ePt]f k]g clxn] Dd sf]of]og ePsf] 5g . b/; #f/ ; Jfn]k]b]f]g ug]E]f0; jf W]lg k]f]of ug]clwsf/ ; g\ @))\$ ; Dd ; #yfnf0{dfq}5 eg] ts{cuf]8 ; fl/P k]g lghl l]q]sf] k]z]df w]afw]x] 5g]h; af/]; Rgf klj lwsf]lj sf; sf ; d:of / x]f]x]z z]l]f] c]l]w]odf 5nkm ul/Psf]5 . tyflk ox]f]ohfht kfP/ b/ ; #f/ ; Jf k]b]f]g ug]t/v/ ul//x\$]f s]l sDkglx] / 0G6/g0 ; Jf k]b]f]g ul//x\$]f sDkglx]sf]af/]f] rrf{ul/Psf]5 .

8AnPnPn

g]k]nl / ef/tlo sDkglx]sf]nuf]g]df vh\$]f]og]f06\$ 6]h]sd lnl]d6\$ -ol6Pn\_ n]j]fo/n] nf\$]n nk -8AnPnPn\_ klj lwdf cfwf]l/t 6]nknf] ; Jf ; #fng ug]l]ohfht kfPsf]5 . k]f]f]g]g]ohfht kfPsf]of]sDkgl]n] Ps j]f]l]eq}sf]df8f]f]pk]osfsf t]g lhNnfdf %&,!) 6]nknf] nf0g lj t/of ug] / c? b0{j]f]l]eq pk]osfaf]x/sf !@ j]6f k]d]v zx/x]z

; Pgf klj lwsf]zIQm / gkfn df o; sf]pkofu

gkfn df ; Pgf klj lwsf cfwf/ / l:ylt

-kfy/f, al/uh, e/tk/, abj n, agkf, e}xj f, lj /f6gu/, w/fq, 06x/L, latf6f8, x6f8f, gkfnuh\_df 6lnkrf; lj wf k}ofpg]nlf lnPsf]5 . o; n]lj t/of ug[sh 6lnkrf]sf]; 8f !% u}dlOf l}df xg]kltj 4tf JoQm ul/Psf]5 . gkfn b'; #f/ kllws/ofn]:jlsf u/\$f]dx; h b/cg'; f/ o; n]lng]w/f8l / ; jf zNs ; yfgn]xln lng]e6f sxl sd xg5 .

gkfn b'; #f/ ; yfgn]tf/ k}ofpg uxf]u}dlOf tyf bu6 Onfsdf 6lnkrf; jf k}ofpgsf nflu k/Lif0fsf]kdf nldagl c}nsf sxl lhlnfdf tf//lxt 6lnkrf; jf pknAw u/fpg ef/tsf] lxdf}n ^ori/l:6s sdolgs]g lnld68 -PrPkm, lPn\_ ; E ; Demf]f u/L ; jf ; ? u/\$f]5 . clxn]of]gdgf kl/of]hgfsf]kdf gj nk/f; L, k6bxl / slknj :tdf ; #fng e0/x6f]5 . ; ?df of]k}ffnl u}ld, c3f}fFL / kfkfsf upk}df klg nfu"ug[of]hgf lyof]t/ ; lffsf sf/ofn]kxf8l lhlnfxkdf of]of]hgf nfu"ul/Pg . xfn of]k}ffnl df w})sdl blvPsf]5 / u}x6c ; 6t16 5g\ . olb of]; km ePdf klZrdf}nsf !^ j6} lhlnfdf of]k}ffnl nfu"ug[of]hgf lyof]t/ o; af/]kglj {f/ ug[kg] cj :yf cfPsf]5 .

:of6nf06 krf

:of6nf06 cyff\ ; #f/ epkux; E ; f6m; Dks{ug]:of6nf06 krf ; jfsf]nflu gkfn df b0}j 6f lj bzl sDkgL - s6:6n]g klln / PEsf] P; lOP; 066/g]gn - n]0hfht kfPsf 5g\ s6:6n]gn]; 0Qm c/a Old/8; 8f] y/fof :of6nf06 6lnsdolgs]g kllnsf]:of6nf06 ck/8/af6 gkfn df ; jf ; #fng u5{eg]PEsf]h]P; lOP; 066/g]gn lnld68, ad8f :of6nf06 l; :6daf6 6lnkrf; jf ; #fng u5{ s6:6n]gn] @)^) azfv !^ ut8lv ; jf ; #fng u/\$f]5 .

:of6nf06 6lnkrf; 8f]df]h clxn]em08}\*% xhf/ k5{/ ; jf zNs klg lgSs}rsf]5 . kltsn zNs klg ; df6o 6lnkrf; snsf]bf}f}df w})dx6f] 5 . t/ kllt snsf]zNs nllb8 . gkfnleq s'f ubf{xln s/; lxt ; df6otof kltdg8 ( ) k}fFzNs ltg{k5{. alnfal]n}dh'ssf nflu km/skm/s kfF j 6f Jof08 kofu ug]/ To; cg' f/ zNs klg km/s 5 . o; df lk8 cyff\nglZrt ; dosf nflu klxn]g}zNs ltg]Jo: yf klg 5 . clxn]Dd s6:6n]gaf6 zfxl gkfnl ; 8f / bu6 lhlnfdf sfo6md

; #fng ul//x6f c6t/f60 u}; /sf/L ; yfxk}n]of]; jf pkofu ug]fn}sf 5g\ of]krf]af6 066/g8 / ^ofS; klg rnfpg; ls65 . s6:6n]gsf] ; jdfknt (( b}zdf s'/fsfgl ug{ ls65 .

:of6nf06 krf; #fng ug]lfdtf gkfn b'; #f/ ; yfg; E klg 5 . To; n]clt cfj Zos jf ; s6 k/\$f]ah}sf]nflu eg] &% yfg :of6nf06 krf NofPsf]5 . @)% ( sf]:ylut ; #blo lgj f{gsf]cj ; /df kofu ug{ egl tl ; 8 Nof0Psf lyP .

/]8of]k]h^ ; jf M

/]8of]k]h/ uf]hldf c6fpg]; fg]pks/of xf]. k]h/ lng]JolQmf0{s; h] sg}5f8f]; 6b}z, jf 6lnkrf; ug{cfux u/\$f]; 6b}z lbof]eg]k]h/df cfjfh cfp5 jf sDkg cgej ug{ls65 . To; sf]; fg]kbf6f x} cfj Zos lgb}z jf cg/fw yxf kf065 . o; af6 Pstkl{ ; 6b}z klltx65 . k]h/jfnfn]k]h/ sDkgldf krf; u/] lj :t ; 6b}z kfp; S5 jf ; df6o 6lnkrf]dfknt ; 6b}z b}tf; E s'/fsfgl ug{ S5 .

gkfn /]8of]k]h^ klln, ef6e68l -sf7df8f}pk}osfsf nflu\_l l; 6l k]h^ ; le{, sflnsf:yfg -sf7df8f}pk}osf, k}f}n, dlodf}n / klZrdf}n lj sf; l}8l, sP6l Ohl k]h klln, 6o/f8 -sf7df8f} klZrdf}n lj sf; l}8l, clug k]h^ ; le{, l8Nlahf/ -sf7df8f} l8h6n 6]sd 066/g]gn klln -sf7df8f}n]pk}osf / af]x/sf nflu alnfal]n]/]8of]k]h^ ; jf ; #fng ug]0hfht lnPsf 5g\

066/g8 ; jf k}fosxk -cf0P; kl

gkfn df 066/g8 / Odh ; jf ; #fng ug]sfd df lghl l}8f ; yfxk}sf] lgSs}dx}j k}f{eldsf 5 . l5d}sl dh}xkdf ; /sf/sf]lgog6ofdf /x6f] lgsfon]dfq]of]; jf yfn}sf lyP eg]gkfn df of]; jf lghl l}8f]cu]f ; yf ds{6onn]; ? u/\$f]lyof]. ; /sf/sf]:j fld]j df /x6f]b'; #f/ ; yfgn]@)\*% blv of]; jf ; ? u/\$f]5 .

gkfn df 066/g8 ; jf k}fg ug{0hfht lnPsf lghl l}8f ; yfxk}sf] ; wof !\* klu; s6f]5 . tldw}l!% hlt n]; jf k}fg ul//x6f 5g\ sxl n] sf7df8f}pk}osf af]x/sf sxl zx/L l}8f klg ; jf k}fg ul//x6f 5g\ 066/g8 ; jf k}fg ug{0hfht kfPsf !\* j 6f ; yfx/dw}l!^ j 6f ; yfxk} sf7df8f} 5g\ Pp6f kfy/f / csf]w/fgd 5 . cfwf bh6e6f

yf]h]b]zsf s]l 7hf, vf; u/l t/f0{lf]sf zx/x]df 066/gb ; Jf lb0/x]f 5g\ pkTosf aflx/sf]0d]h / 066/gb ; Jf pkTosfdfe6b w]}dx6f]5 .

066/gb / 0d]h ; Jf ; #fngdf lghl lf]sf sDkglx] cuf]8 /x]klg tl sDkglx] gkfn b/; #f/ ; #yfgsf k]f]f/x]sf]; xof]u lng aflb 5g\ lghl lf]sf cf0P; klx]n]c]t/fli66 sDkglx]nf0{k}f lt/] c]t/fli66 ; Jf gkfnfd pknAw u/fPtf klg ; f]; Jf ; f]m;of6hf06af6 cf0P; klsf] cf'gf] g]j s]df hf]g klj lws ]kn]; lhnf]ePklg sltko sf]gl afwfx] 5g\ Ejf0; cyf]Wj lg k]f]f ug]Psf]lwsf/ ; #yfgnf0{dfq 5 . cf0P; dlx]n]s]n 8bf ; k]f]f ug]k]p5g\ csf]k]d]v afwf e]f]ts k]f]f/sf]x]. cf0P; klx]sf]; e{b]lv u]xsf]sDk06/; Dd ; fdf]o tdf]s]f] tf/, /]8of]l; lgn jf lnhnf0gd]k]m] ; Dks{ug{pglx]n]; #yfgsf] klAns l:j]r<sup>a</sup> 6]l]nk]m] g]j s{-k]P; 6]Pg\_ d]fly e/ gk/l x]6g . sf7df8f]af]x/ 066/gb 0d]h ; Jf k]ofpg klg 0P; klx]n]el:of6 ls/fof lt/] lhn]ndf l:yt PS; r]h]x]dfk]m] dfq u]x]s; Dd kl]g; S5g\ o; sf]h]flu ; #yfgn]t]f]s]z]Ns / lgodx] df]gkg]j fl]b]tf 5 .

efof gb k]l]n, sf7df8f]f  
ah]g]b k]l]n, sf7df8f]f  
; h<sup>a</sup> 86sd k]l]n, w/fg  
k]m]f gb k]l]n, sf:sl  
  
; f]f //www.nta.gov.np

el:of6 ; Jf k]ofosx] tyf u]x]x]z

gkfnleq el:of6 k]of]u u/] 6]f 6]k]m/ ; Jf pknAw u/fpg]sfd lj le]g ; #f/ ; #yfx]n]ul//x]f 5g\ o; afx] sltko lj Qlo sDkglx] tyf c]t/fli66 ; #yfx]n]el:of6 ; Jf lnP/ b]zel/sf cf'gf sf]of]ox]alr g]j s{s]fod u/]f 5g\ ds{6f0n cl]k]m; l; :6d k]l]n, sDolgs] g P08 sDolgs] -gkfn\_ k]l]n, j]N8]ns sDolgs]G; k]l]n, Unf]an 066/gb ; le{ h k]l]n, gkfn u]j]sDolgs] g k]l]n, 06k]m]s]d k]l]n, g]Dr]g]j s{ k]l]n, j]h ; km]gk]n sDolgs] g k]l]n, :Sj fo/ g]j s{k]l]n / cg]n]d6] g]d]l8of k]l]n]u]x]x]nf0{el:of6dfk]m] 8bf ; k]f]f ug]; Jf k]bf]g ug] nf0; l; lnPsf 5g\

el:of6 k]of]u ug]sf]nflu hghg 7fp]f]f zx/df ln]s hf]g]x]f]t]l 7fp]z]sf]nflu a]ln]fal]n]0hf]ht lngkg]l]oj:yf 5 . km:]z]k s]g]a]s] jf cf0P; klsf]gk]nsf bz j6f zx/df z]vf] 5g\ tl 7fp]z]df el:of6dfk]m] ; Jf ; Jf pknAw u/fpgk]of]eg]; f]; #yfn]bz j6f nf0; l; lngk5{ . gkfnfd pkTosf aflx/ 066/gb ; Jf k]bf]g ug] cf0P; klx]z, a]x]z, s]l 7hf pB]f]u / 7]h]f/ sDkglx]n]w]}h] u]x]x]z]nf0{; Jf k]bf]g ug{/ s]ln]c]f]t]l/s k]of]u]sf]nflu el:of6 ; #fng ug]nf0; l; lnPsf 5g\

j]h x]f]:6<sup>a</sup> / l8hf0lg<sup>a</sup> sDkglx]z

066/gb ; Jf hgtf; Dd k]ofpg]s]f]df b/; #f/ k]f]f/ / cf0P; klsf] eldsfkl5 j]h x]f]:6<sup>a</sup>, j]h l8hf0lg<sup>a</sup> sDkglx]z ; fy}; f0a/ Sofk]m] / 6]h; l]6/x]sf]eldsf xG5 . s; h]j]h; f06 ag]pg r]xof]eg] x]f]:6<sup>a</sup> sDkgl]n]of]j]h; f06nf0{r]flx]g]:k} jf 7fp]pknAw u/fp5 . w]}; fdu] ePsf]j]f l]r]q, le]8of]j]f Wj lg; lxtsf]j]h]k]h 5 eg]w]}7fp]Fdu]af06\_ r]flx]G5 . cf]z]os du]af06sf]cfwf/df j]flif]s x]f]:6<sup>a</sup> z]Ns ltg]k]5{.

066/gb / 0d]h ; Jf k]bf]g ug]{0hf]ht lnPsf cf0P; klx]z Sof]k6n cgnf0g k]l]n, sf7df8f]f ds{6f0n sDolgs]G; k]l]n, sf7df8f]f j]N8]ns sDolgs]G; k]l]n, sf7df8f]f sDk06/Nof08 sDolgs]G; l; :6d ln, sf7df8f]f Pr6]kl sDolgs] g k]l]n, sf7df8f]f lxdfnog cgnf0g k]l]n, sf7df8f]f Unf]an 066/gb ; le{ h k]l]n, sf7df8f]f Pe/]6 gb k]l]n, sf7df8f]f 06k]m]s]d k]l]n, sf7df8f]f cg]n]d6] g]d]l8of k]l]n, sf7df8f]f g]j s{6]g]f]h]h k]l]n, sf7df8f]f gk]n u]j]sDolgs] g k]l]n, sf7df8f]f gk]n b/; #f/ ; #yfg, sf7df8f]f :Sj fo/ g]j s{k]l]n, sf7df8f]f

j a; f06sf]xfl:6^ w]h; f]cdl/sf:ylt lj zfn sDko6/x\_cdf ul/65 .  
gkfnf b0{bhg hit xfl:6^ sDkglx\_n]xfn of]; j f k'of0/x\_5g\  
tl sDkglx\_cdlw]sItkon]8f]g] cyf' y a; f0nf0{rgfpg]/ kQfnufpg]  
7u]gf klg lb65g\  
j a; l8hf0g/x\_cn]j a]k]h agfpg]sfd u5g\  
sg]l]r q gePsf]s]n sXl  
kf70 ; fdul dfq]ePsf]; fdflo j a]k]h klg xg; S5 . l r q, rnlr q, Wj l g,  
ult, ; ult ePsf]klg xg; S5 . cfsif\$ / k'fj sf/l j a]k]h agfpg blf  
j a; l8hf0g/sf]cfj Zostf x65 . j a; f06 agfpg]sfd ; fdflo tflnd  
lnP/ hf] s]h]klg ug{ S5 t/ cfsif\$, :t/lo, pkoful j a; f06 agfpgsf]  
nflu l8hf0lga'sf]cj wf/of aem]sf]/ ; f]j a; f06sf]lj ifoj :t' / p2]o  
/fd/l cWbog cg; wfg u/f]l8hf0g/n]dfq ug{ S5 . gkfnf em08}  
b0{bhg j a; l8hf0g ug]sDkglx\_c 5g\h; n]cGt/f]l6e :t/sf]j a]k]h  
agf0/x\_5f 5g\  
; f0a/ Sofkm] 6]n; Q6/ / ; Rgf sQb]x\_c

; f0a/ Sofkm]sf]dh cy{o:tf]skml xfp; j f rd]f u\_ x] hxfFk}f  
lt/ 066/g\_b xg]Jo: yf x65 . 066/g\_bdf dflg; x\_cn]Rof6 k]u]ldaf6 j f  
Od]h k7fP/ 5nkm, s/fsfgl ug]ce]f]ts -er\_ n\_ rf]f/lnf0{klg  
; f0a/ Sofkm]elg65 . clxn]gkfnf ; ah; f]zx/l f]qdf / sXl uldlOf  
l]qdf klg cfdhgtfnf0{066/g\_b ; j f k'ofpg]sfd rd]f/lxt ; f0a/  
Sofkm]\_ / stfst]6]h; Q6/x\_cn]ul//x\_5f 5g\  
cfk; l klt:kwf]h]ubf{  
; f0a/ Sofkm]\_sf]zls p]n]y]glo\_c kn]36\_5 . pk]osf aflx/sf  
sltko zx/x\_cdf ; d] klt306 @) \_ k'of]t/ 066/g\_b pkofu ug]lsg]  
ePsf]5 . sXl lj sf; ; yfx\_cn]hgtfd ; Rgf klj lwsf]kx\_F ; he  
u/fP/ ; Rgf / 1fgdf kx\_F a9fpg]p2]on]ufp]f 6]h; Q6/x\_c :yfkf  
ul//x\_5f 5g\  
; Qm /fi6\_3lo lgsfox\_cn]:yfglo lgsfox\_c uflj ; ,  
gu/kflnsf tyf ; /sf/l sfof]ox\_cdf 066/g\_bsf] pkofu a9fpg]  
kl/of]hg yfn\_5f 5g\  
; /sf/n]ufp]f]f !%) ; Rgf sQb]:yfkf ug]  
of]hg agfPsf]5 .

cf06l kfs{

; Rgf klj lw kfs{cyf'cf06l kfs{gkfnaf6 ; ^6j p/ lgsf; l ug]kdv  
p2]on]:yfkf ug]nfluPsf]5 . o; sf]nflu kfs]e/kbf]pRr ultsf]  
8\_b sDolgs]g ; j f pknAw u/fpg]tyf cf06l; Da6w ; dfq, ; j f /

; ^6j p/ lgsf' stf' \_ tyf ; /sf/alr ; d6j o ug\_ . lj 1fg tyf klj lw  
d6qnoc]tu\_ sf]of]kl/of]hg sf]kl/sllkgf em08}b; j if\_13 ul/Psf]  
lyof].

sfe]l]h]nfsf]agk]df em08}@@& /f]kl hlu]df d6qnon]pRr ultsf]  
8\_b sDolgs]g ; lj wf tyf u0f:t/lo 066/g\_b ; j f; lxtsf]k]tflj t  
kfs\_}k] f' / lgsf' ug]sfd yfn; s\_5 .

kfs{tof/ ePk]5 o; n]; Rgf klj w pB]u tyf Jo; folx\_cnf0{rflxg]  
u0f:t/lo k]fwf, ejgsf]nflu hlu, e/kbf]lj hhl, kfgl / b\_ ultsf]  
6]hkm] / 8\_b sDolgs]g ; j f, ; e-; Dd]hg cfof]hg ug]xn /  
; lj wfx\_c, ef]hgfn, kfxgf3/, a\_ , k':tsfno, cWboogs]f, Sna,  
dgf]hgsf]Jo: yf, k; n 0f]l Ps]7fp]f pknAw xg]5 . cgdl t klt  
ug]e; f/; Da6w tyf ; /sf/l txd f ug]k] ; DkOf{sfd oxl\_6 xg\_ .

; Rgf klj lw; Da6w pB]usf]lj sf; b\_ ultn]u/fpg] pRr lfdtsf]  
; xhstf]f] \_ kdf cf06l kfs\_}kl/sllkgf ul/Psf]x]f]. o; df lj b\_ l  
nufglstf' \_ nf0{klg nufgl ug]{k] ; flxt ul/g]5 .

cf06l kfs\_} kdv p2]ox\_c M

- 8\_b sDolgs]g, cltcfj Zos sDko6/ ; lj wf, ; lj wfoQm 38]l,  
c6o cfj Zos ; lj wf / dgf]hgsf ; fwgh:tf k]fwf/x\_c tyf  
; f]x\_csf]:yfkf / Jo: yfkf ug]
- ; ^6j p/sf]lj sf; df nflu]lgsf; l ug] / ; j f k'fg ug]Jo: folx\_cnf0{  
k]f/l k'f]of]s/of, ; ^6j p/sf]dNof\_s, kl/of]hg :jls[t h:tf ; j fx\_c  
k'fg ug]:fy]tl Jo: folx\_cnf0{klj lwsf]dNof\_s, ahf/ lj Zn]fOf,  
ahf/ j ul\_ / of, ahf/ ; xof] cflb ; j f]f/f ; 3fpg]. Jo: folx\_cnf0{  
tflnd lbg] tyf ; ^6j p/ klj lw / ; ^6j p/ 0l]h]gol/^sf] l]qdf  
l8hf0g / lj sf; ug]{k] ; flxt ug]tyf
- ; ^6j p/ pB]u-Jo: fosf]nflu ; /sf/sf]tkmf6 ul/g]:jls[t /  
gllt sfof]og; Da6w ; DkOf{sdfs ; fy}k]f/l k'f]of]kq hf/l ug]  
; ^6j p/ dNof\_s, k'f]of]s/of cflb lj lw sfdx\_c Ps]7fp]f6  
ug].

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

gkfnf ; Rgf klj lwsf cfwf/ / l:ylt

; ahtw ; 3; :yf

sDKo6/ P; fl; P; g gkfn (CAN)

sDKo6/ P; fl; P; g ckm gkfn, ; Hkdf Sofg, sf] :yfkf !((@ l8; J]a/df ePsf]xf]. of]gkrf sdfpg]p2]o gePsf]u; /sf/L ; :yf xf]. o; df sDKo6/ / ; Rgf klj lw; E; DalGwt Joj ; folx, lj z]f1x, lgdf]fx tyf ; 3; :yfx 5g\

Sofgsf] p2]o sDKo6/ / ; Rgf klj lwsf] pkofu / kj 4g ug{ tyf sDKo6/ lj 1fg; DaGwl ; flf/tf / ; lk lj sf; ug{cfj Zos sfogllt agfpg ; xofu ug{xf]. o; n]cf^gf sfoqmdx; E; DalGwt JolQm ; 3; :yf tyf sDkglxnf0{cfj Zos ; lj wfx lbnfpg]/ pglx]sf]xs /lf ug]p2]o lnPsf]5 . ; fy}cf^gf ; a; fwf/Of, ; :yfut tyf dfgfy{ ; b:ox]nf0; xofu / ; lj wf pknAw u/fpg' klg o; sf]p2]o xf].

sDKo6/ klj lwsf]; :yfut lj sf; ug]sDKo6/ lzlf / tflndsf]; dGj o a9fpg]/ :t/ls/Of ug]sDKo6/ Joj ; fodf nfu]fx]alr ; dGj o a9fpg.] uf]7l, sfo]fnf, 5nkm tyf tflnd sfoqmdx] cfof]hg tyf ; #fng ug]tyf k/fdz{ ; Jf pknAw u/fpg] sDKo6/ / ; Rgf klj lwsf] lqdf b]leq / aflx/sf sfd ug]; 3; :yfx; E 1fg, ; lk / klj lw cfbgk]fg ug]tyf klj lw x:tf]t/Of, lgsf; L, k]f/l / /fi6e gllt agfpg]sdfdf ; 3fpg]cflb ultlj lw o; n]ul//x]f]5 .

Sofgn]x/] j if; Rgf klj lw k]z]l u/] gkfnf ; Rgf klj lwsf]r]g k]h]pg / of]klj lwnf0{n]k]k] agfpg dx]j k]f{of]ubfg lb0/x]f]5 .

; fl] www.can.org.np

066/g6 ; Jf k]fos ; :yfx (ISPAN)

gkfnf 066/g6 ; Jf k]fg ug]lghl lq]sf ; :yfx]sf]; :yf .066/g6 ; le{ k]f]08; {P; fl; P; g ckm gkfn, ; Hkdf cf0:kfg gkfnf 066/g6sf]lj sf; tyf lj :tf/df k]f] kfg{Sg]lj ifox]df 5nkm ug] d]sf]kdf ; g@)! df u7g ePsf]xf]. o; sf]dh p2]o ; j {fwf/Ofsf]l]xtdf 066/g6sf]k] 4g ug]lj Zj df 066/g6sf]tlj |ultdf e0/x]f] lj sf; sf]cg]k gkfnf klg To; sf]k]f] k]f]pg]ultlj lw] ug] 066/g6 Joj ; fodf Jofkl/s p2]odf]geP/ ; J]sf]ef]gf klg xf] \ eG]xf].

xfn gkfnf cf0P; klx]n]cfcf^g}u0f:t/ agfpg nflu/x]f 5g\ . cf0:kfgn]066/g6 ; Jf k]fg ug]sdfdf /fi6e u0f:t/ -gkfn :6f088{ sfod ug]; fl] agfPsf]5 .

cf0:kfgsf] csf] dx]j k]f{of]hg 066/g6 ; Jf k]fosx]sf] Pp6f 066/g6 PS; r]h :yfkf ug]xf]. of]PS; r]h :yfkf ePk]5 gkfnleq 0d]h k7fpg c]t/fi6e af]f] 066/g] gn Jof08lj y, sf] pkofu ug] kg] . gkfnleqsf cf0P; klx]sf 0d]h u]x]x]n]gkfnf}cf0P; klsf] csf] u]x]snf0{ k7fpg] 0d]h ; fl] PS; r]hdfk] c]k; df cfbgk]fg xg] . o:t}gkfnleqsf j] ; f06x] gkfnf}u]x]n]xg]{l56f]/ ; lhnf] xg] .

gkfn 066/g6 oh; {uk (NIUG)

gkfnf 066/g6 / 0d]h pkofu ug]0R5s dflg; x]n]; ?df lj rf/ lj dz{ug]c]g]k]r]l/s ; d]sf]kdf ; g\((& df gkfn 066/g6 oh; { uk]sf]:yfkf u/]f xg\ o; n]gj fu]t]x]nf0{gof; Rgf klj lwnf0{ n]k]k] agfpg / o; sf]pkofu ug]k]t ug]p2]on]tflnd klg ; #fng ug]u/]f]lyof]. !(( \* df of]u; /sf/L ; :yfsf]kdf bt]eP/ ; Rgf tyf ; #f/ klj lwdfk] ; d]l]hs ; Jf / lj sf; ug]k]x]n]; Rgf tyf ; #f/ klj lw d]hs u; /sf/L ; :yf aGof].

gkfnf cgnf0g ; Rgf pknAw u/fpg]sdfdf of]ubfg lbg]j]f To; df kxF ePsf]x]nf0{ ; Jf k]f]pg]sdfdf p]s[6tf xfl; n ug]; Rgfsf] dx]dfu{066/g6 / o; ; E ; ahtw klj lwsf] pkofuaf/] 1fg a9fpg] :yfglo lj ifoj :tdf :yfglo efiffdf ; fdu] tof/ kfg{k]t ug]gkfnf 0n]6]gs k]f]z]g ug]d] pknAw u/fpg] tyf ; fwf/Of gkfnlx]nf0{ ; Rgf klj lwdf cfwf/t ; d]wfgx]df kxF k]f]pg ; 3fpg]of]; :yfsf k]v p2]o xg\

gkfn 066/g6 oh; {uk]cf^gf]p2]o kl]t{xg]u/L !(( \* df 066]fl "INDRENI" g]ds lgl]l]s 066/g6 ; Jf :yfkf u/]f]lyof]. o; n] ; :tf]b/df 066/g6 ; Jf pknAw u/fpg]sfoqmd /fv]f]lyof]. 066]fl]sf] p2]o :yfglo k]f]n] u/] c]t/fi6e sfd ug]lyof]. o; n]gkfn]g NepalNet g]ds lj sf; d]hs g]j s{ ; #fng ug]k]g ; xofu k]f]Psf] 5 .

; fl] www.nepaliug.org.np

; Rgf klj lwsf]zIQm / gkfndf o; sf]pkofu

gkfndf ; Rgf klj lwsf cfwf/ / l:ylt

hgziQm Izlff / ; lk

; Rgf klj lw glt @)%& n]cfufdl kfF j ifsf nflu gkfnsf nflu j flif& lgDg:t/lo tlg xhf/, dWbd:t/lo Ps xhf/ / pRr:t/lo tlg ; o hgziQmsf]vfFf]kg]cgdffg u/\$f]5 . ; g\@)) b]v @)!@ ; Ddsf nflu s/la %) xhf/ pRr blftf; lxt sh Ps nfv #@ xhf/ hgziQm cfj Zos kg]csf]cgdffg ul/Psf]5 . ol s/fx\ nf0\Wofgdf /fv] k]6 p2]o / sfoqmd; lxt hgziQm ljsf; sfoqmd thff / sfof]og u/L /fli6@ kl/sNkgf / fsf/ kfgkg]s/f / f]glltn]cf]f]ofPsf]5 .

sDKob/ P; fl; P; g gkfnsf cg; f/ clxn]xf8]f/, ^6j f/, gbj ls, 066/gb, 8bf kf] l; ^, lzlff tyf tflnd, 8]s6k klAnl; ^ cflb ; Rgf klj lwsf lj lw lfqdf bz xhf/efbf w]df]g; x\ nfu\$ 5g\ sDKob/ tflnd lbg]; :yfx\ Ps xhf/hlt 5g\ o; sf / fy}cgnf0g k/Llfof ; lj wf / b/lzlff sfoqmd klg ; ? ePsf]5 .

; g\(!&! df hgu0fgsf nflu bf] f] k:tfsf] adg k]dA sDKob/ - cf0alPd ! \$)!\_ leq0fPkI5 gkfndf ; Rgf klj lw; E ; Dal6wt hgziQm ljsf; sf]sfd klg yflnPsf]xf]. lghl lfqn]; g\ (\*@ df sDKob/ kpfu tyf tflnd pknAw u/fpg yfn\$ xf].

; Rgf klj lw glt; awl sfoqcg; f/ gkfndf klj lws lzlffsf]yfngl ; g\(\$ ) sf]bzssf]; ; df g)ePsf]eP klg On]S6sn Ol-hlgol/^sf] k7gkf7g eg]; g\(^) sf]bzssf]dWblt/ ; ; eof]. To; sf]en08)% jifk]5 0lGi6Ro6 ckm Ol-hlgol/^n] On]S6sg; tyf On]S6sn Ol-hlgol/^ lj ifodf :gfts :t/sf]k9f0 yfNof]. ; g\(( ) sf]bzsd Psflt/ lghl lfqs]; xeflutdf j [4 eof] eg] csf]t/ sf7df8f] lj Zj lj Bfonofotsf z]fs ; :yfx\ n]; Rgf klj lw; Da6wl k7gkf7g ; ? u/].

pRr:t/sf]; Rgf klj lw lzlffsf nflu oj fx? lj bzdf hfg]rng 555 . clxn]bzleqsf rf/j 6f lj Zj lj Bfnof]df a; dl en08]kGw]; o lj Bfyl\ n]; Rgf klj lw; E ; Dal6wt cf]krfl/s lzlff xfl; n ul//x\$ 5g\ s]l cGt/fli6@ Voflt kfPsf klzlf0f ; :yfx\ n]klg gkfndf ; Rgf klj lwsf] tflnd lbP/ pRr:t/lo hgziQmsf]vfFf] k'f ub]g\ . lj bz] lj Zj lj Bfnof]; E ; Da6wg k]t u/]; Rgf klj lw; Da6wl lzlff lbg] sn]x\ klg vln/x\$ 5g\ cf]krfl/s tyf cg]krfl/s tflnd sfoqmd

; ~rfng ug]; :yfx\ ufpEfpE klg e]65g\ o:t clwsfz klzlf0f ; :yfx\ n]lbg]tflndn]hgtfdf sDKob/k]t ?lr / ; Rgf klj lwaf/]r]g huP tklg ltgn]k]fg ug]u/\$f]w]h; f]tflnd /fli6@ tyf cGt/fli6@ ahf/x\ sf]cfj Zostf k'f ug]vfnsf eg]5gg\

l5d]l b]x\ sf]thgdf gkfndf lzlffdf nufgl ; du]kdf yf]5 . cg; Wof tyf lj sf; df nfu\$ j ] flgs tyf Ol-hlgo/x\ sf]; Wof gkfndf ; aebf yf]5 . cfo dhsx\ n]; Rgf klj lw lfq / vf; u/L ; Rgf klj lw pB]unf0(hg pRr k]yldstf lbPsf 5g\gkfnn]lbg ; s\$]5gg . ; Rgf klj lwaf6 nfe lngsf nflu of]lfqs]lzlffdf nufgl ga9f0x]g .

gkfndf ; Rgf klj lwsf]lzlffdf :ki6 \kdf b]vg]sdhf]l s]xf]eg] o; sf]lj sf; of]hg lagf e0/x\$]5 / lzlffdf u0f:t/ lgwf]0f / lgo6q0f ug]lgsfosf]cejf 5 . km:j \k lj le6g ; :yfx\ n]cfcf]g} lfdtfcg; f/ tflnd lb0/x\$ 5g\ ; du]df gkfnsf]; Rgf klj lw; t ; Dal6wt hgziQmsf]l:ylt ; Gt]fhgs 5gg . oj k:tfnf0; Rgf klj lw lfqdf cflif\ ug{/ o; df l6sf0/xg w]sfd ug]afsl 5 .

; Rgf klj lw glt; Da6wl sfoqdf ; a\$ nflu sDKob/A sfoqmd cGtu\ ; g\@)! ; Dddf ; a]lj Bfyl\ lzlffs, kzf; s tyf / \$f]jfnfx\ nf0{ sDKob/ lzlff k]fg ug] 5flgPsf lj Bfno tyf Sofk; x\ nf0{x; 06/ km/ PIS; n]; A sf \kdf lj sf; u/L gd]f ; Rgf klj lw s]b\$]eldsf v]lg lbg]/ ; g\@))% ; Dddf 066kg tyf 066/gbdfkm\ ; Rgf ; ~rf/ klj lwdf b' lzlf0f sfoqmd ; ~rfng ug]; g\@)! ; Dddf lj Bfnof] tyf !) hf] b0{ sfoqmdx\df sDKob/ lzlff clg]fo{ ug] /fli6@ z]fs ; ~hfnsf] :yfkf ug]; Rgf klj lw lzlff; Da6wl hfgsf/l k]fg ug]; ~hfnsf]s]b]o gf]nf0{z]fs ; Rgf khsf] \k lbg] / \lr /fv]lfqn]0{lhNnf tyf lf]lo :t/df o; ; ~hfndf nufgl ug]cgdlit lbg]s/fx\ /flvPsf 5g\ hg lgs]dx]jfsf]fl b]v65 .

sf7df8f]lj Zj lj Bfnof] :sh ckm Dofg]hd]6sf] 0Pdall klxn] ; dl]6/sf lj Bfyl\ sf] Pp6f ; dxn] u/\$f] clWogsf] glthfcg; f/ /fli6@ / lj Zj Jofkl cy]Gqs]; Gbedf Jofj ; flos ; :yfx\ nf0{/fd] b]ftf xfl; n u/\$f cGt/fli6@ :t/sf]Jofj ; flos hgziQm p]k]fg ug] ; Rgf klj lwsf]u0f:t/lo tflnd / :t/ls/0fsf]vfFf]5 . o; sf]nflu



; ʔgf klj lwsf]zlQm / gkʔndf o; sf]pkofʔ

Jofj; flos tʔnd tyf lzlfss]u0f:t/ ga9f0 x5g ; fy}tʔndkʔkt  
hgzlQmnf0{bʔleq}/fʔ} /ʔVg pkoQm /fʔhuf/lsf]cj; / cfj Zos 5 .

; ʔgf klj lwsf]lfʔdf sfo{t hgzlQmsf]blftf a9fpg ; ʔgf tyf ; ʔf/  
klj lw lzlfdf k]ʔ ug{/ j]Q lj sf; ug{cfwf/et kʔf0f/s/0f ug{  
pkoQm xg]; f]cʔbogn]; ʔmfj lbPsf]5 . tʔnd lbg]; ʔyfxʔsf]nflu  
; ʔmf0Psf dfkb08xʔdlb]u0f:t/ kʔffnlsf]Joj :yʔkg, ; ]f ofʔhgfsf]  
klqmf, ; ]fsf ztʔʔdf ; xdlf, ; f] / ; ]fxʔsf]Joj :yʔkg, ; ]f  
pknAw uf/fpg]sfd, u0f:t/ Joj :yʔkg kʔffnlsf]kʔfj sfl/tfsf]cgludg,  
; xl sfd / sdʔf/l tʔnd k5g\

cʔbogn]; ʔgf tyf ; ʔf/ klj lw tʔnd; ʔ ; aʔwt ; a}lqmfnsf]kʔ-  
af/]k]ʔfʔf/ tof/ kfg{ lgoʔq0f, lgodg / cgludg ug{Pp0f alnof]  
lgoʔds lgsfosf]:yʔkgf ug[kg]; ʔmfj lbPsf]5 . ; /sf/l / lghl lfʔ  
ldn] To:t]lgsfo u7g xgkg]; ʔmfj lb0Psf]5 . ; /sf/n]Pʔlgod  
nfu"u/fpg]lgoʔq0fsf/l eldsf vʔg' / lghl lfʔn]k/lif0f tyf :t/l  
0fsf]lj lw lgwʔ0f ug{; 3fpg' pkoQm x65 . ; fy}gkʔndf ; ʔgf tyf  
; ʔf/ klj lwsf nflu hgzlQm pʔkfbg ug{gkʔnsf]nflu dfq xʔ0g  
lj bʔsf]nflu klq xʔeʔg]sʔf la; ʔ' x5g .

cʔwofo \*

## gkʔndf ; ʔgf klj lwsf]pkofʔ

; ʔgf klj lwsf]pkofʔ sxʔFs; /l / sʔ ʔkdf e0/xʔ egl ug] ; ʔlb  
5g . ufla; bljv dʔqfno; Dd, kʔylds lj Bfnobljv lj Zj lj Bfno; Dd,  
; fgf k; nbljv l8kʔ60]6n :6f]; Dd, a; oftfoʔtbljv xj f0 oftfoʔ; Dd,  
gl; ʔ xʔtbljv lzlf0f c:kʔfn; Dd, le0kʔlqsfbjv 6]hlehg; Dd, cfoʔf6bljv  
kzkltsf]kʔf; Dd, 3/sf]eʔ; fbjv tf/]xʔʔn; Dd, /fʔhglf, cyʔʔg,  
; dfh; ]f, wdʔd{s]f, Jofkf/, blgs Joj xʔf / ; j ʔ e0/xʔsf]5 .

; ʔgf klj lwn] /fʔhuf/sf] cj ; /, lj bʔ Jofkf/, lj sf; sf] ult, /ʔho  
zf; gsf]blftf, kf/blzʔf / pQ/bʔoʔj, ahf/, gful/s ; ]f, ; fj ʔlgs  
; ]fsf]lfʔ / u0f:t/ a9f0/xʔsf]5 . gkʔndf vf; u/l lgoʔ Jofkf/df  
o; sf]; aʔʔbf a9l pkofʔ e0/xʔsf]5 . To:t]cʔt/fʔ60, /ʔli60 / :yʔglo  
lj sf; ] ; ʔyfxʔn]o; sf]clwstd kʔ0bf p7f0/xʔsf]5g\ lzlf, koʔg,  
pʔfʔ, Jofkf/ ; ; zf; g, kʔftʔg, dfgj clwsf/, :j f:Yo, ; fj ʔlgs ; ]f,  
; dfh ; ]fsf]lfʔdf o; sf]pkofʔ e0/xsf]5 .

5ʔs/ldf, ; ʔgf klj lwsf]pkofʔ gkʔndf ; ʔgf / 1fg k] f/ ug]; ʔf/  
klj lwsf]ʔkdf, :j bʔ / lj bʔdf pknAw u/fpg]; ʔgf kʔʔwg klj lwsf]  
ʔkdf, ; ʔj ʔ/ pʔkfbg u/] lj bʔl db] leqʔfpg]sfdff / sʔl dfqdf  
xʔ8]ʔ/sf]lgdfʔ, P; ʔaln<sup>a</sup> / Jofkf/df – rf/ kʔf/n]– e0/xsf]5 .

gkʔndf Jofj xʔl/s ʔkdf ; ʔgf klj lwsf]pkofʔ sʔsʔ lfʔdf s; /l  
e0/xʔ / o; sf ; ʔfj gʔʔ s; /l a19/xʔʔgʔeʔg]ems tnsf sʔl  
pbf/xʔʔn]lbg; S5g\

; ʔf/sf]; ʔf/df

sʔ/sf]gl, 5nkʔm a9bʔ

plxn]xʔfslxʔ uʔpʔf lʔ7l afBʔ hfʔf eʔʔhʔf/ lʔ7l / sfut d;l  
snd afʔ] hfʔy]. lʔ7l afBʔk15 s; ʔ]h]j fkmk7fpg vʔʔof]eg]xʔfsln]  
uʔpʔh]egʔg; f/ p; ʔf]eʔsfd lʔ7l n]vʔvʔof]. o:t]ug]xʔfsln]  
uʔpʔf /fd}:j fut ; Tsf/ kʔpʔof]. clxn]eʔ/tsf uʔpʔʔdf xʔfslxʔ

lr7L; E} s; ʔ] dʔfʔ0n kntʔ / s; ʔ; ʔ] ; fg] sDko6/ klg afʔ] hf65g\ . sDko6/df Odʔh kfpq] / k7fpg]Jo: yf x65 . ufʔʔf klu] xhfsln]sDko6/df 6ʔnkntʔsf]tf/ j f dʔfʔ0n kntʔ hfʔ] Odʔh rnfʔ5 / sDko6/ rnfpg ghf6g]ufʔʔf]sf]lj bʔ / zx/af6 cfPsf lr7L k9] ; ʔf0lb65 . s; ʔf]hj fkm nʔg' kʔof]eg]p; ʔ]nʔ] k7f0lb65 . olb sg} ufʔʔf]afix/ a; ʔf cfknt; E kntʔdf sʔf ug{rfXof]eg]xhfsln] dʔfʔ0n kntʔ ug{lb65 . ol sfd u/ʔfkt xhfsln]ufʔʔf] E zNs ln65 .

clxn]sf7df8fʔf lzllft / ; Dk6g dflg; x; E xhfsaf6 lr7L k7fʔʔf slt k}fsf]l6s6 6fʔgk5{eg] s; ʔ] ; ʔ]of]eg]sdʔ] ; xl hj fkm lbg; Snfg\sgls pglx; n]vdfdf lr7L /fv] l6s6 6fʔ] xhfsaf6 gk7fʔsf]w]eof]. vdfsf]sfd laj fx j ʔj ʔw tyf ; fj ʔlgs sfo6mdsf] lg0tf]af8g]sfddf dfq; lldt ePsf]5 . zx/af; lx; lr7L xfʔg Odʔh k7fʔ5g\ sʔfsgl xfʔg Rof6 u56\ . plxn]oj f / lszf]x; uRrf 808llaof]tf; vʔ] ; do kmʔy]eg]clxnʔf oj f / lszf]x; 306fʔrof6 u56\j f 066/gʔsf]erʔn ; ʔf/df dlq x65g\

gʔfn clw/fHoe/ lj tl/t 6ʔnkntʔ nf0g tlg nfv ; Q/L xhf/ klu; sʔf] 5 . o; sf]dtna lbg]bg}rf/kfʔ nfv dflg; x; df sʔfsgl u56\ olfʔ]v gafʔh a; ʔf gʔfnlx; ca afʔg yfnʔf 5g\ efʔʔf]ns a6wg, ofʔofʔsf]sl7gf0, hft, wd{ ; ʔs[t, efiff / ; ʔs/sf]a6wg kntʔsf]5 . hftlo, eflfs, nʔus, wldʔ eʔefj cʔt gtf]ʔP klg ; ʔf/df tʔʔPsf]5 . tʔʔʔf . gʔfnsf]Psls/0fsf]nflu cflbslj efʔeQm]gu/ʔf]sfd ; ʔgf klj lwn]ubʔ .

; ʔgf klj lwn]bʔzleq dfq]xfʔg ; ʔf/sf]sg]klg bʔzdf a; ʔf dflg; x; E ; tʔʔf sʔfsgl ug{Dej agfPsf]5 . of]klj lwnf0{066/gʔ 6ʔnkntʔ} elg65 . kʔInt 6ʔnkntʔ pkofʔ u/] gʔfnaf6 cd]l/sdf kntʔ ug{kʔof] eg]e08}e)) ; kʔfʔnʔl5 eg]066/gʔaf6 6ʔnkntʔ ubf(!) ; kʔfʔf ug{ ; ls65 .

066/gʔsf] dʔʔdof6 :j/ k7fpg]sfd ; g\!(% b]v ; kmʔfk]ʔ ʔ ; ʔfng xg yfnʔf]xf]. o; sf]nflu pkofʔ ul/g]klj lwsf]lj sf; lgSs} bʔ ultn]e0/xʔf]5 ; fy}lj le6g vfnf ; ʔj ʔ/x; klg pkofʔdf cfPsf]5 . :j/nf0{c? 8ʔf; E ld; fP/ 066/gʔ dfknt cf] f/k; f/ ug]

elcfʔf0kl -Ej f0; cfʔ/ 066/gʔ kʔfʔn\_ klj lw w]kʔInt 5 . 066/gʔ ; j f kʔfosx; n]elcfʔf0kl kʔfʔ u/] sDko6/af6 ; fwf/of 6ʔnkntʔdf :j/ ; fg]Jo: yf u/ʔl5 6ʔnkntʔaf6 sDko6/df, sDko6/af6 6ʔnkntʔdf / kntʔaf6 kntʔdf sʔf ug{Dej x65 . km: j; k 066/gʔ ; j f lnPsf sg} klg sDko6/af6 lj bʔzdf kntʔ ug{ls65 . o; sf] nflu www.dialpad.com / www.mediaring.com h: tf j ʔ; f06x; sf]pkofʔ ul/65 .

dflg; x; 066/gʔ, Odʔh / kntʔdf dfq xfʔg /ʔʔofdf klg sʔf ul//xʔf 5g\ . PknPd /ʔʔofʔf] ; Wof /fhwfgldf b; / afix/ k6w|u/L klRr; klu; sʔf]5 . of]cem]y]k6}5 . To: t}6ʔhlehg :6]gsf] ; Wof klg a9bʔ . ufʔʔfʔʔf 6ʔhlehg sfo6md xg{lsq]ePsf]5 . ol ; aʔ] dflg; x; nf0{ ; lrt xg, afʔg, lj rf/ kʔf]g / lg0f6 kʔqmfdf efu lng pS; fʔʔf .

vhf, kf/bzl{/ cgj /t 5nkm g}kʔft6qsf]cʔdf xf]. ; ʔf/lj xlgtfn] clj Zj f; , eʔ l; h6f u5{/ kʔft6q cfʔnʔʔ5 . le6g le6g ; ʔs/ / ; ʔs[tʔf dflg; x; alr hlt w] ; ʔf/ eof]plt w] ; kʔft6q dʔʔʔʔ5 . ; fy}b0{ ; ʔs[tʔf]eʔn]lj sf; sf]ult tla|x65 .

cfdf; ʔf/df nflu ; ʔgf klj lw

066/gʔsf] ; lj wfn]ubf{ ; ʔf/el/ g}kqsf/x; n]clwstd kmʔof lnPsf 5g\ pglx; nf0{ ; ʔgfsf] ; ʔ; Dd kʔg, ; ʔgf ; ʔng, nʔy / kʔʔof ug{ lgSs} ; lhnf]ePsf]5 . km: j; k kqsf/x; sf] ; lk a9bʔ / w] kqsf/x; ca lkʔnf; / cyfʔ; j t6q kqsf/ a6bʔg\ csf]kʔfj, lj Zj >d ; ʔgfsf]kl]tj ʔgcg; f/, dlxfx; sf] ; Wof kqsf]/tʔdf a9ʔf]5 .

ca klqsfdf ; dʔrf/ nʔ j f kʔʔf]k7fpgsf]nflu xhfs, ʔofS; j f dflg; sf]kʔfʔ ug{kʔʔ . sDko6/df tof/ kf/ʔf] ; fdu] kne/d}j le6g ldl8ofnf0{k7fpg ; lsg]xgfn]kqsf/ tyf nʔyx; Pp6dfq klqsfdf affwg rfx6gg\ . Ps}rf]ʔ w] ; ldl8ofdf k7fpg; Sg]ePsf]kqsf/, :tDesf/, nʔyx; nf0{ ; n]lgSs}kmʔof kʔofPsf]5 . To]tdfq xfʔg pglx; n]lj Zj sf]sg}klg efuaf6 ; ʔfng xg]ldl8ofsf]nflu nʔy j f tl ldl8ofn]v6fPsf]sfd ug{S5g\ ol ; lj wfx; af6 efiff cgj fbsx; n] klg nfe p7f0/xʔf 5g\

sg}klg lj ifodf cg; ʔwfg u/L nʔgsf]nflu ; aʔwt lj ifosf xhf/fʔ  
j ʔ; f06 pknAw 5g\ gʔfndf klg hgu0fgf, lgj fʔg, clVtof/ bʔkof]u,  
kʔ/L ; ʔ/ dfsʔ, Jofkf/, ahf/ eʔpm cflb lj leʔg lj ifodf ; aʔwt  
lgsfoxʔ, cg; ʔwfg tyf cʔwog ; ʔyfxʔn]j ʔ; f06df hfgsf/L /fvʔf]  
xgfn]gʔfnl kqsf/xʔnf0{klg ca cg; ʔwfgsf]nflu wʔ}; lhnf]e0; sʔf]  
5 .

gʔfnsf]Psdfq ; dʔrf/ ; ldt /fli6ʔ ; dʔrf/ ; ldt]n]e)## knfug &  
utʔ]v cʔt/s ʔkdf gʔj]sʔ u/ʔ kʔfʔnsf]lj /f6u/sfoʔho; ʔ /  
sfoʔholeq ; dʔrf/ ; kʔof tyf uʔof ug{yʔnsf]lyof}. clxn]o; n]  
; dʔrf/ ahʔʔg 5ʔfg aʔb ul/; sf]5 / ; Dkʔf{; dʔrf/ ahʔʔgxʔ tyf  
knʔf]ʔ ʔ cf^gf uʔxʔxʔnf0{gʔj]sʔfknʔ pknAw u/ʔp5 . gʔfnsf]sg}  
klg efudf 6ʔknʔf] / sDko6/ pkof]u u/ʔ zʔs lt/ʔ /f; ; sf]; dʔrf/  
xʔf] ʔs65 .

sfʔtk/ l; 6l snʔhn]l/kʔf]xʔsf nflu ; lhnf]; ^6j ʔ/ tof/ kf/ʔfʔ .  
o; sf]pkof]u u/ʔ ; ʔafbbʔfxʔn]; ʔlnt ; dʔrf/nf0{sDko6/df nʔ]  
knʔf]klg ; ʔ}/fv] tʔsn]cf^gf]ldl8of sfoʔhodf k7ʔpg; S5g\  
cfd; ʔf/sf]cy{ablnʔʔ

e)%\* h] !( ut] /fʔb/af/df ePsf] xʔofsf08sf] aʔhdf gʔfndf  
066/gʔnf0{; dʔrf/sf]; ʔ]sf]ʔkdf ; aʔʔʔb wʔ}pkof]u ul/Psf]lyof].  
To; aʔhʔ alal; L ; lPgPg / gʔfn leqs]sʔl cgnf0g ʔohdf dfq]xʔʔg  
JolQmut ʔkdf klg cʔkm]zL, dgu9ʔt ; dʔrf/xʔ ʔ; f06df /flvPsf  
lyP .

s; } ʔ 066/gʔ hʔʔPsf]sDko6/ / sDko6/ rnfpg]sʔl vf; ; lk eof]  
eg]p; n]cʔkm]rʔxʔʔsʔf]sʔf zAb cʔf/, Wj lg, lʔq tyf rnlrq; lxtsf]  
cf^g}; ʔf/ dʔwod agʔP/ tʔsn lj Zj el/ kʔhʔpg; S5 . o; sf]dtna  
xf]; ʔgf klj lw cʔkm]cfd; ʔf/ agʔʔf]5 .

sg}; ʔj ʔhgs j f kl/j fl/s 36gf eof]ʔs To; sf]; dʔrf/ / knʔf]j ʔ; f06df  
/ʔg]rng gʔfndf klg ; ? e0; sʔf]5 . 066/gʔdf kxʔ ePsf]sʔl  
klg dʔfg; cʔkm]; jʔbbʔtf; ; Dkʔs / kʔfzs klg aʔg; S5 . 066/gʔdf  
kʔ7ʔ ; fduldfq]xʔʔg Wj lg / rnlrq klg /ʔg ; ʔs65 . o; /L hf] ʔh]  
/ʔof]/ lel8of]k] f/ʔf ug{ S5 .

j ʔ; f06df :j / / rnlrq klg /ʔg; lsg]ePsf]xgfn]l; 4ʔtʔx/ʔ  
sDko6/ /ʔof]:6]g / 6ʔhʔeg :6]g xʔ; S5 . ca /ʔof]gʔfn,  
sfʔtk/ PknPd, alal; L sf]6ʔhʔeg / /ʔof]ʔf ; dʔrf/ / dʔo sfoʔndxʔ  
066/gʔdf klg ; ʔg / xʔf] ʔs65 .

066/gʔn]klqsf, /ʔof]/ 6ʔhʔegsf]sfd ug{yʔn]kʔ5 cfd; ʔf/sf]  
kl/efiff, eldsf / cʔrf/ ; ʔʔfaf/]kʔlj ʔf/ ug{kg]ePsf]5 . sg}klg  
; dʔrf/ cvaf/df 5ʔkʔʔʔb klxn]lj Zj sf sg}klg efudf a; ʔ xʔf]  
k9ʔ ; lsg]ePkl5 cfd; ʔf/sf k/Dk/fut dʔwodxʔsf] dxʔj 36ʔ'  
:j fef]j s xʔf].

; ʔdf sDko6/, ^ofS; ; :Sofg/, 0dʔh, ʔohuk, l8:s; gh:ʔf ʔofʔof  
cʔhʔ/xʔn]kqsf/xʔnf0{ʔf]ʔʔ, ; Dkʔb / ldl8of pʔkʔb ug{; 3ʔof]  
h; nf0{sDko6/ P]; :6ʔ hgʔhʔd elg65 . ; fy}; ʔgf klj lwn]ldl8ofnf0{  
clt bʔ ulʔdf Ps}k6sdf c; ʔo nʔlʔdf kʔofpg / kʔ7s, >ʔf j f  
bzʔxʔaf6 l56f/ 7ʔhʔkl/df0df kʔlʔqmf kʔpg dbt uʔof]eg]clxn]  
cʔP/ k/Dk/fut cfd; ʔf/sf]kl/bʔodf ; ʔgf klj lwsf]pkof]uaf6 ul/g]  
ʔofFvʔnsf] cfd; ʔf/ - 0hgʔhʔd, 066/gʔ hgʔhʔd, cgnf0g  
kqsf/ʔf cʔb - lj leʔg ʔkdf kʔbʔf] ePsf] 5 . o; n] Psʔt/  
k/Dk/fut ldl8ofnf0{kʔf] sf/L agʔpg ; 3ʔPsf]5 eg]csʔf]ʔ/ To; sf]  
dxʔj 36ʔPsf]klg 5 .

cgnf0g kqsf/ʔf

tʔʔʔʔʔ}; dʔrf/, lʔq, rnlrq tyf Wj lg ; ʔf/el/ knʔfpg; lsg]  
tyf o; df ; ʔ/ nʔfpg g; lsg]ePsf]n]066/gʔ kqsf/ʔf k/Dk/fut  
kqsf/ʔfʔʔb zʔQmzʔnl / kʔf]sf/L ; flat ePsf] 5 . alal; L,  
; lPgPg:ʔf rʔʔa; }306ʔ 6ʔhʔeg k] f/ʔf ug]; ʔyfxʔn]klg j ʔ; f06  
/fv] lg/ʔt/ ; dʔrf/ k] fx ul//xʔʔ 5g\ gʔfndf klg uʔ]vʔkq ; ʔyfg,  
sfʔtk/ kʔʔzg, sʔdg kʔʔzg cʔb kʔkʔsf kʔʔzg ug]; ʔyfxʔn]  
cʔcf^gf]j ʔ; f06 /fv] cgnf0g kʔʔzg ul//xʔʔ 5g\ ; fy]ʔglxʔn]  
lgoldt lg:sg]cvaf/ klg j ʔ; f06df /ʔg]u/ʔʔ 5g\ clxn]gʔfnsf  
sltko b]ʔs, ; ʔʔflxs, kʔlʔs tyf dʔf; s kʔqsfxʔ ʔ; f06df  
xʔf] ʔs65 .

gʔfnaʔx/ gʔfnlxʔn]gʔfn; aʔw ; dʔrf/ ePsf]j ʔ; f06 /fv] cgnf0g  
kqsf/ʔf ; ? u/ʔʔw]ʔe0; sʔf]5 . gʔfndf 066/gʔsf]; ʔj ʔf ug]

; Rgf klj lwsf] cu]f pBdl ds{6f0nn} !((( sf]cu:6df gkfnf klxnf]cgnf0g kqsf]/tf ; ? u/3f]xf]. To; sf]www.nepalnews.com lj b7zdf klg lgs}nf\$lkp 5 . of]j 3; f06dfknt gkfnf @) j 6f blgs, ; fltflxs, kflifs tyf dfl; s klqsfx2 klg x2{ ls65 . o; df g]fx2sf] /fl60 dxTj sf efif0f, ah0 efif0f klg ; Gg; ls65 / 5f0f5f0f lel8of] ; dfrf/ klg x2{ ls65 . gkfnf /fhb/af/ xTofs08sf]; dfrf/ k]0f ug[sfddf cgnf0g kqsf]/tfn]dxTj k0f{eldsf v]h\$fl]yof].

066/g0dfknt ul/g] kqsf]/tf 0-kqsf]/tf, 0-k\$fbzg, cgnf0g kqsf]/tfnf0{b0{efudf afBg; ls65 . Ps vfnsf]kqsf]/tfdf lj le6g kqklqsfaf6 ; dfrf/ / c6o ; fdulx2 lnP/ /flv65 . l; u}klqsf klg o; df /fv3f]kf065 . t/ csf]vfnsf]klqsf]n]s]n cfknt] vf]h] NofPsf]; dfrf/ / ; fdul j 3; f06df /V5 .

gkfn6oh jf:tj df j 3 kqsf xf]; fy)of]6oh kf0n klg xf]. o; n]cfknt] :j t6g 2kn]; sng / ; Dkfbg u/3f ; dfrf/sf ; fy}lj le6g klqsf sf ; dfrf/ klg lb65 . o; sf ; 0f]hs blk2 /f0ffsf cg; f/ blgs \$),))) e6bf w]}dfl; x2n]of]j 3; f06 x56\ tldw0]; 38f !% gkfnleqaf6 x2x2 x65g\ o; sf ; Dkfs ef]hf /f0ffsf cg; f/ o; df r]a; }306f ; dfrf/ gj ls/0f ul/65 . lj b7zdf a:g]2sf]nflu of]j 3 kqsf gkfnf] ; dfrf/sf]e/kbf]; fl ag\$]5 . -; fl MCt/fh ; j bl, b /f0lg<sup>a</sup> gkfn blgs, % hg, @))#\_

lj b7zaf6 ; flnt lj le6g cgnf0g klqsfx2dlw0] cd]/sdf sfo{t gkfnl kqsf]/x2sf]; :yf gklnh cd]/sg hgln:6 P; fl; P; g -gfh\_ n] j fl; l6gaf6 ; fng u/3f] **gkfnlkf]6**, www.nepalipost.com, lgs} pkoful cgnf0g klqsf xf]. of]gkfnl efiffdf 5 . o; df cd]/sdf a:g] gkfnlx2sf]; dfrf/sf ; fy}gkfnf dxTj k0f{ ; dfrf/, l6k0fl tyf n]x2 tyf ; flxTos lj wsf lj lj w ; fdulx2 klg /flvPsf 5g\ ghfsf clwlf tyf o; sf ; Dkfs lul/z kf]/hsf cg; f/ o; sf]k0v p27o cd]/sdf a:g]gkfnlx2alr gkfnf]efiff, ; :s[t / k/Dk/f hf]ufpg' xf]. o; sf]; ?j ft cu:6 @))! df ePsf]xf]. ; Dkfs kf]/hsf cg; f/ blgs @))) e6bf w]}dflg; x2n]of]j 3; f06 x56\

-; fl MCt/fh ; j bl, b /f0lg<sup>a</sup> gkfn blgs, @( d] @))#\_

gkfnleqaf6 k\$flzt klxnf] 066/g0 DoflUhg ; f0a/ gkfn, www.cybernepal.com.np xf]. o; sf]; ?j ft clegj s; h"/ blks/ s; hh]dfr{!((\* blv u/3f xg\ . o; df gkfnf] dg]hng pBfu, l; g0f, ; ut, gkfn ; Gb/L; Da6wl hfgsf/Lx2, lknldsnfsf/x2sf]knf0f] lel8of]/ gkfnl ultx2 /flvPsf 5g\ ox]af6 sltko gkfnl ufosx2sf] ult ; Gg; ls65 . gkfnf 066/g0 ; j f k0fg ug]Pp6f k0v cf0P; kl j N8lnsn]; f0a/ gkfn j 3; f06 066/g0df /Vg ; 3fPsf]5 . o; sf] dVo p27o gkfnf g0f, Rgf klj lwnf0{nf\$lkp agfP/ o; sf]pkofu a9fpg' xf]. -; fl Mb sf7df08f}kf]6 blgs, !\* dfr{!((\*\_

gkfnaf/] hfgsf/L lbg] kf0n / j 3; f06x2 w]}5g\ . t/ tl ; ahf0{ klqsf]bhf0f /Vg ldN0g . sltkon]lgoldt 2kdf gj ls/0f u56veg] sltkon]dlxgf]Dd klg af; l ; dfrf/, hfgsf/L /fv3f x65g\ gkfnf cgnf0g kqsf]/tfsf]; a0bf sdhf] klf s]5 eg]gkfnf ax; wos ; #f/sdlx2 ; Rgf klj lwaf/]cgle1 5gV sDk06/df w]3f]kxF 50 . sltko k\$fbzg2n]/x/ u/] j 3; f06 /fv3f 5g\ t/ o; sf]af/0f hf0g]/ o; df nfu3fx2n]klg lhDd]f/L dx; ; u/] hf0f; fy ahfahf0f j 3; f06df ePsf lj ifoj :tx2 gj ls/0f ub0g\ km:j 2k lgoldt 2kdf ; dfrf/sf]; fl sf]2kdf j 3; f06sf]pkofu ug]gkfnlx2sf]; wof ; fx} yf]5 .

j 3; f06sf]; Rgfsf]lj Zj ; glotf

k/Dk/fut cfd; #f/ ptkfbg ug]; fl sf]:ki6 kl/ro, 7ufgf / sfgb] d6otf x65 . t/ j 3; f06df h; n]klg ; Rgf /Vg; S5 . cfd; #f/df u0lsk/ x65, cyf\To; df k\$flzt k] fl/t xg]; fdul nllft ju\$] nflu pkoQm x65 x6g shfP/ /flvPsf]x65 / s; h]o; sf]lhDd]f/L lnPsf]x65 . j 3; f06sf]nlo :ki6, ; lldt / u]lhDd]f/ xg]; S5 . o; df h; n]h]dg nfluof]Tof]; fdul /Vg; S5 . o; nf0{/f\$g ufx]5 .

j 3; f06df dflg; x2 k]oM 5f0f]; dfrf/ j f hfgsf/L, 36gfsf] ; dfrf/, x86oh k95g\ . lj Zn]0f ul/Psf]jf cYof0Psf]; dfrf/ k9b0g\ kmntM j 3; f06n]ubf{dh wf/sf ldl8ofn]klg ; dfrf/sf]cy{ nufpg]j f lj Zn]0f ug]eldsf 36p55g\

066/g0af6 kl]lqmf=lkn8Jofs k7fpg ; lhnf]xg]xgfn]k7sx2sf] lkn8Jofs kf0g]dffq / ult a9\$]5 . 7hf 6lnlehg sDkgl /

cvaf/xen]066/gbdf cf`gf]k\$zfg, k| f/Of /Vgsf]Pp6f kdV sf/Of  
oxl xf].

; Rgf klj lwn]lj Bdfg, k/Dk/fut lj lw, sfggnf0{pl5g\$}5 . lj leG  
bzd sf sfgbdf 066/g] / l8lh6n ; fdullsf]:yfg st}e]6G . lj Bdfg  
sfggn]; Rgfsf]l8lh6n enfnf0{:jlsf/ u5{ls ub} :ki6 5g .

gkfnf kqklsfxen Onf0a]ldf

k] sflG; n gkfnf clen]sf] enkdf /x\$} @)#)÷#! b]vsf  
cvaf/, kqklsfxen :Sofg u/] l8lh6n enkdf kl/Ofu ug] / sDk6b/df  
xg]ldNg]/ ; l8l /f]df /fv] afBg; lsg]sfd ; ? e0; s\$}5 . of]sfd  
k/f ePk5 gkfnl qqsfl/tfsf]dx]j kOf{0ltxf; ; /lft xg\$ / clboog  
cg; Gwfg ug{rfxg]en sf] nflu of] cdNo ; f] xg\$ . k] sflG; n  
gkfnf]j a; f06 www.presscouncilnepal.org df sflG; nsf ult]j lw,  
To; sf]kl/ro / k] sflG; n P} / lgodf]nl, kqs/ cfr/ ; ktf  
gkfnl / cuhl eiffdf xg{: l86 . ; fy}sf]G; nsf lgoldt k\$zfgx  
/ >l % sf]; /sf/af/f kqklsfsf]lj sf; sf nflu ; emj lbg @)%(.(.  
df ul7t sfobnsf]kl]tj dg klg xg{: l86 .

khftG / ; zf; gsf]l]df

gkfnf sxl jifcI3 ; f+bxenfnf0{lg]Ns 066/gb ; lj wf lbOPsf]  
lyof]. o; af6 ; f+bxen]hgd a%g]; Defj gf a9\$]/ pglxen]sf]lgof  
ldtf a9fpg]; efj gf ePt klg of]; lj wfsf]s]slt pkofu eof]eG]  
s'/sf]dNofsg ug{afsl g}5 . t/ o; df cGtlgxt p2]o **08dfm] l**  
xf].

**l8lh6n 8dfm] l** sf]kl/ro lb}n]ys x] / nf\$ / n]5g\ædhat  
khftGsf nflu ; /sf/ / gful/s ; dfhalr, ; /sf/ / zfl; talr alnof]  
/ cGtlqmf]ds ; Dks{xgk5{= . xfdlxen; E /fli6e / :yfglo  
; /sf/=-kzf; gn]j a; f06, Od] / On\$6G]s dtbft uf08sf]dflldaf6  
gful/sxen; E cGtlqmf ug]; efj gfg 5g\æ

dtbftx]n]:yfglo lgsfob]v ; #b; Dd hgkl]tlglw rG] hgkl]tlglw]  
dtbftx]sf] tfhf dt jf ljrf/ lg/Gt/ yxf kfg] ; /sf/L,  
u}; /sf/L tyf lghl lgsfox]n]k}fg ug]; jf ; lj wf / ; fdfg a9l  
uOf:t/lo, lhDd]f/ / kf/bzl{agfpg] e]6frf/ 36fpg] cflb lj leG

sfd; Rgf klj lwsf]pkofu lbglbg}al9/x\$}5 . ; Rgf klj lw pkofu  
u/] khftGnf0{alnof] lbuf]/ k}j sf/L agfpg]lj lw **08dfm] l** xf].  
To:t}kzf; gnf0{hgdVl, hgtfkl; ; j}gzln / lhDd]f/ agr0{tg]x]sf]  
sfd sf]f] kf/bzl{agfpg / e]6frf/ 36fpg] sfdnf0{ **Oueg];**  
elG5 .

khftGqs cuxen -; /sf/, lg]f]rt hgkl]tlglw, Gofofno, cfd; #f/  
/fhgllts lgsfoxen, dtbft gful/sxen cflb\_ n] /fhgllts /  
/fHo]o]y:ysf]; Argfleq /x] :yfglo lgsfob]v /fli6e / cGt/f]6e  
:t/; Dd ; Rgf tyf ; #f/ klj lw / /ofgltnf0{pkofu ug{08dfm] l  
xf]. o; df Od], 066/gb, krf] tyf cGto klj lwsf ; fy}k/Dk/fut lj lw  
pkofu u/] hgtfsf ; d:of ; dfwfg ug{gful/s ; dfhsf]jofks ; xefluf  
xG5 .

08dfm] ldf hgkl]tlglw, glt lgdf]fxen, ; /sf/L sd{f/Lxen sf ; fy}  
gful/sxen]sf]; lqno ; defluf xgk5{. hlt w}]gful/s 0l; l6hg eP  
Tolt w}]08dfm] l k}j sf/L xG5 . 0l; l6hg ePgg\eg]08dfm] lsf]  
dtna xG5 . 08dfm] l lj sf; zln b}x]sf nflu dfq}xf]g lj Zj s}  
k'/gf]khftGqs k/Dk/f ePsf lj sl; t dh]xen]nflu klg gof]f] /  
r]f] klg xf]. o; sf]k}j sf/L sf]ogsf nflu w}]cg; Gwfg clboog  
ug{afsl g}5 . klxn] 08dfm] l clg Oueg]6 ls Oueg]6af6  
08dfm] l eG]ax; cem]6FuPsf]5g .

**Oueg]; af/]; Rgf klj lw gltsf]/fli6e kl/sllkf**

gkfnf]; Rgf klj lw gltdf Oueg]; nf0]lj Btlo ; zf; g elgPsf]5 .  
o; ; awdf sfokqsf]kl/sllkf o:tf]5 M

; zf; gsf nflu /fli6e ; Rgf klj lw ; -hfnsf] lj sf; , ; /sf/L  
sf]f]oxenfnf0{sDk6b/ clen]l sf]f]odf enkdf / ug]s]b]v :yfglo  
; /sf/; Dd ; Rgf k}fnlsf]lj sf; tyf sf]og g]lj Btlo ; zf; gsf]  
/fli6e kl/sllkf xf].

; zf; g k}f; sf cGt/lglxt nloxen lg]dfg; f/ /x\$} 5gM

- ; /sf/L ; ]fxen ; dod}k}j sf/L / kf/bzl{enkdf k}fg ug}
- ; /sf/L lj efuxenlr ; -rf/ / ; Rgf cfbgk}fg l:yltnf0{/fd]  
agfpg, dflg; xenfnf0{dn} k}j sf/L enkdf sfd ug{/ ; Rgf tyf

- ; f]x;sf]afBkmfB ug{; lfd agfpg;
- gful/snf0{/fd]; ]f pknAw u/fpg ; /sf/nf0{; lfd agfpg;
- sDko6/ ; -hfnsf] dflbdaf6 d6qfno, ljefu, lgbzgfno tyf sfofnox;alr Ps cfk; df ; Rgf -tVof<sup>a</sup>s, kf70 / bzo ; fduL cfbgkbfq ug{
- kflj lws tyf ; fdlhs kl/j t6; E ; fd-h:o sfod ug{tyf kzf; gsf] sDko6/ k0ffnl / pks/Ofx;sf] clwstd k0fu u/L sfuh/lxt kzf; gsf nflu hgziQm lj sf; ug{
- ; /sf/L ; :yfx;nf0{ sDko6/oQm agfpg' tyf hgtfn] lglzNs hfgsf/L / tVof<sup>a</sup>s kfpq; Sg]k0ffnlsf]lj sf; ug{
- ; /sf/L sfd sf/jfxlnf0{kf/bzl{/ pQ/bfol agfpg'.

khft6q / ; zf; gsf nflu ; Rgf klj lwsf]pkofu slt Jofks lfdqf xg; S5 eg] cgdqf ug{ufx]5 . tklg oxifSxl jf:tlj stf / sxl kl/sNkgdf cfwf/t pbfx/Ofx; k|tt 5g\

**hgdt a%g Mclxn]lj le6g cgnf0g klqsfx; / j; f06x;n]lgoldt ;kdf k7g /fv] ; Hft pQ/ lbg cg/fw u5g\ / j; f06df lb0g] pQ/sf]cfwf/df sg]klg lj ifodf hgdt s]5 egl nV5g\ /fhgllts bndfq xf0g Jofkf/L tyf pBf]lx;n]klg o; af6 nfe kfp5g\**

**nf]kpb pDd]f/sf] rog M** rgfj df /fhgllts bnx;n] pDd]f/ 5f6gsf nflu dtbftfx; E cf^gf]j; f06dfknt cg/fw ug{ S5g\ . dflg; x;n] Odh j f 066/g6af6 cfknt]/fh]sf pDd]f/sf]gdfs]; emfj k7fpg ; S5g\ khftflqs klqmf ckgfP/ pDd]f/ 5f6bf dtbftfx;df dgdf kf6k|t ; Ddfg a95 / lgjffg kl/Ofd klg ; sf/fds xg; S5 .

**hgtsf]cfjfh ; +bdf M**; f+bx;n]j; f06dfknt ; +bdf 5nkm e0/x]f]lj ifoaf/]cfkntf dtbftsf]dt aem; S5g\ clwsfz ; f+bx;n] oxl lj lw ckgfP/ cf^gf]lgjffg lfdqf hgtsf]dt aem; ; +bdf dtbfg ug{yfn]eg] hgtsf]lxt xg]lj wpsx; kl/t xg ym5g\ . hglj/fw lj wpsx; ldlns]hf65g\

**dtbftf gdfjnl j; f06df / 3/af a;l dtbfg M** lgjffg cfofun]bzsf ; DkOf{dtbftfx;sf]gdfjnl cf^gf]j; f06df /Vg] ePsf]5 . s; h]klg cf^gf]gfd xg{a; f0; /f0, pd] kl]f]lax]ePsf] hfgsf/L lbP/ gdfjnlfd ; zfv]g u/fpg; S5 . ; fy]dtbfg :yndf gu0{ dtbftf gdfjnlfd lb0Psf]sf] gDa/sf]cfwf/df 066/g6af6 dtbfg ug{ S5 .

; 0Qm/fho cd]/sfsf]/fi6kltsf]; g\))\$ df xg]rgfjdf bzafix/a; f] cd]/sl gful/sn]; +fsf]sg]klg sgdf xf0n, xj f0hxfh, /h, 6]f0n6 hxf6f6 klg 066/g6dfknt efb xflg kfpq]ePsf 5g\ . of] ; ljwf clxn]cd]/sfsf b0{/fho - ; fpy Sof/fhf0gf / xj f0{- tyf c? sxl /fhsf sxl lhNndf a; f; ug]lj bzdf /x]f ; qf, s6gllts lgofu, lk; sf] tyf c6o sfd ul//x]f gful/sx;n]kfpq]5g\ o; cl3 lj bzdf sfd ul//x]f cd]/sl gful/sx;n]xhfsdfknt dtkq kfP/ dtbfg u/L xhfsdfknt k7fpe xktf, do nfluof]. ca sxl ; f]8d]of] sfd ; Dk6g xg]Psf]5 . ; fy]uPsf]rgfjdf h:tf]dtkqsf]j]wtsf] lj jfb klg o; klj lwdf xg]5 .

**d6qfnox; sDko6/df M** lj 1fg tyf klj lw d6qnon]gkfnf ; a} e6qfnox; / hg; ]f; E ; f; a;wt kdv ljefu, ; yfg, kllws/Of / c6o lgsfox;sf]j; f06 agfpg]/ ; a}d6qfno / ljefux;sf]g]lsf ug]sfd yfn]f]5 . of] sfd lhNnf:t/sf sfofnox; Dd ul/g]ePsf] . xg{ [www.nepalhm.gov.np](http://www.nepalhm.gov.np), [www.nepaldemocracy.org](http://www.nepaldemocracy.org)

**eId; Da6wL lj j/Of / dfnkf]** Meld; wf/ ljefun]dfnkf], eId; wf/ / gkl sfofnox;df 5l/P/ /x]f bzef/sf]hldg, hlufwgl / df]lsf] lj j/Of sDko6/df /fv] Psls] ;kdf xg{ lsg]Joj :yf u/]f]5 . ; a]f] crn; DklQ To; af6 :ki6 x65 . 066/g6af6]hlufsf]lt/f]ltg]ls65 . o; af6 hlufsf]xaba]l tf]g, a9l hluf xg]x;sf] tVof; lgsflg, ; /sf/sf]:jfldjdf /x]f hlufhldgsf]lj j/Of tof/kfg]; lhnf]ePsf] 5 . k/fg]tl/sfn]sfut, km0n / sk8fsf kf]sdf /x] gi6 xgnfu]f clen]x; ca ; /lft xg]Psf 5g\ o; n]efu]ns ; Rgf k0ffnl tof/ kfg{klg ; 3fpg] .

sf:sl dfnkf]df æcgnf0g/af6 sfd ; ?

b0{ j ifsf]kpf; kl5 sf:sl dfnkf]df sDko6/ .cgnf0g/af6 sfd ; ? ul/Psf]5 . k/fgf 988fnf0{lj :yflkt u/ ; a}sfd sDko6/ cgnf0gaf6 ; ? ug]ofhgf ; /sf/n] sf:sl / eQmk/sf b0{ dfnkf] sfofhodf Ps}fy ; ? u/}sf]lyof].

wld/in]vfPsf / Rofltb}uPsf bzsfl]cl3sf ; }tfaf6 8f6f 066k ug{Ps j if{nfu}sf]lyof]. )%\* r}blv g}8f6f /fVg]sfd ; ? ul/Psf]lyof]. To; sf nfludfq}Psbhg klj lws sdf/l vl6Psf lyP . klxnf]r/0fdf sDko6/af6 .xs x: tft/0fl ; Dj 6wl sfdx ; ? ul/g]/ kl5 hluf /f}sf, wgl khf{kdf0fkq ; d} To; }f6 lk6 u/] lbg]ofhgf 5 .

e; Rgf tyf clen} l j efun]b}zel/sf hluf Pp6}sf]fdf a; } x} { ; lsof] \eeg]p2}o /fv l o:tf]sfo}md ; ? u/fPsf]xf]. o; nf0{c6o lhNnfdf klg yk ul/b}nluPsf]5 . o; j if{bhg}e6f a9l lhNnf}df sDko6/ ck/}sf] b/a6bl lbP/ sfd ; ? u/f0Psf]5 . sf:sl / eQmk/df .gdgfl sfo}mdsf]kdf ; ? ul/Psf]xf].

; f}MsnrCb/6ofkfg]sfl6tk/ @)^) ; fpg #

**gful/s ; Jf Mxfn;** Dd s}l gu/kfnsf / ufpfj sf; ; ldltx}n]cf^gf j }a; f06df gful/sx}nf0{lb0g]; }fsf]lj j /0f / kmf/fox} /fv}f 5g\ 066/g6 dfknt h6d d[o'btf{a; f0; /f0, lj j fx btf{kmd{e/} k7fpg / hj fkm kfg; ; ls65 . gful/stf tyf lj le6g sdfs]l; kmf//; klg 066/ g6af6 lng; ls65 . pbfx/0fsf nflu e/tk/ gu/kfnsfsf] j }a; f06 www.bharatpurmun.org.np / x}f}f gu/kfnsfsf] j }a; f06 www.hetaudamun.org.np x} { ; ls65 . ol a] ; f06dfknt gu/af; lx}n] 3/d}a; la; l sDko6/af6 gu/kfnsfn]lbg]; }f ; lj wf lng; ls65 . gu/kfnsfnf0{tg}g]s/ b:t/ ltg{ ls65 / h6d, d[o' lax]; awlj R5}b, a; f0; /f0 btf{cflb sfd u/fpg rflxg] kmf/fd eg{ls65 . o; af6 gu/kfnsfx}sf] sfo}zntf a9g'sf ; fy} blftf, kf/blz}f / lhDd]f/l klg a9g; S5 / gful/sx}n]l56f]5l/tf]; }f kfg; S5g\

sDko6/ kpfu ug]klxnf]uflj ;

nlntk/, % a}zv -/f; ; \_ - nlntk/ lhNnfsf]; }' ufpfj sf; ; ldltx} k}f; slo sfd sf/j fx l56f]5l/tf] / e/kbf] tl/sfn ; Dk6g ug{sDko6/ klj lw ; #fng ug] clw/fhosf]klxnf]uflj ; ePsf]5 .

pQm uflj ; sf clwlf cd} v8}sf cg' f/ uflj ; df n}yf / u}ldof clen} /fVg, k}f; slo sfd ug{/ :yfglo afl; Gbnf0{ 066/g6 Od}nufot lj lj w ; Rgf ; lj wf lbg sDko6/ klj lw ; #fng ul/Psf]xf]. ; f}MsnrCb/6ofkfg]sfl6tk/ @)^) ; fpg #

lhNnf k}f; g sfo}no wgs}fn] 066/g6 j }a; f06 www.dhankutacdo.com v}hl sfo}noaf6 k}fg ul/g]; }f; lj wf / lhNnfsf]kl/ro To; df /fv}f]5 . of]j }a; f06df lhNnfsf]P}txfl; s / ko6slo :ynsf]kl/ro, k}f; g sfo}noaf6 lb0g]; }f; lj wf / tl ; }f; lj wf ln}f ckgfpgk} klqmf, ckf; Da6wl ; }a; :yfsf] lj j /0f /flvPsf]5 . ; f]sfo}noaf6 xfn; Dd lj tl/t kf; k}f}f]lj j /0f, sfo}nosf sdf/lx}sf]kmf}f] lxtsf]kl/ro ; d} /flvPsf]5 .

sfo}nosf k/fgf gi6 xg]cj :yfdf ku}f kmf0nx}af6 ^)) gful/stf lj j /0f ; fy}bz xhf/ /fxbfglsf]lj j /0f oxf}f]sDko6/df /lv; lsPsf] 5 . ca lj Zj sf]hg; }s}sgaf6 hf] }h}klg wgs}fnf0{lr6g ; ls65 / k}f; g sfo}nosf ; lj wf tyf sg} sfd ug{k}of] eg] cfj Zos kg] sfuhftaf/]yxf x65 . ; f}MsnrCb/6ofkfg]sfl6tk/ @)^) ; c; f/ @!

o:t}u/l clw/fhosf s}l lhNnf, gu/kfnsf tyf uflj ; x}sf]clen}, gful/stf, /fxbfgl, h6d tyf d[o'btf{cflb clen}x} sDko6/df /fVg] / cgnf0g ; }f k}fg ug]k}f; e0/x}f]5 . o; sf]nflu dVo }kdf ; eQm/fi6}3lo lj sf; sfo}m]lj le6g kl/of]hgdfknt ; 3f0/x}f]5 .

**6}nknt, lj hhl, vfg}fglsf] dx; h M gkfn b/; #f/ ; :yfgsf u}f}sx}n]cf^g]dfl; s lj n 066/g6af6 x} { S5g\ c6o sltko ; :yfgx}n] u}f}sx}sf]lan 066/g6df /fv}f 5gV sf} gDa/ kpfu u/] lan x} { / eQmf] ug{ ls65 .**

lghfdtl ; jf M lghfdlt lsfavfgfn]gkfnsf nueu 89 nfv sd{f/lx;dlw}em08}Ps nfv sd{f/lx;sf]lj j /of -l; 6/fh knfd\$] cfwf/df\_ sDko6/df /fv\$]5 . ; ?j f a9] f, lgj [Qe/of cflbsf]n]f ; a} 5nU+; kdf xg{ ls65 .

sd{f/l ; #o sf]f Msd{f/l ; #o sf]f, gkfnuh zfvdf sDko6/ cgnf0g ; jf ; ? ePk15 sf]faf6 ; fk6l lng rfxg] ; #ostf{xnf0{ dfu knf/d btf{u/fPsf]s}l ldgbleq}; fk6l kkt ug{ Sg]; lj wf pknAw ePsf]5 . cgnf0g ; j] fsf]; ?jftaf6 ; #ostf\$]vr{ ; do / ofqsf] hf]vddf /fxt kfofpg ; lsPsf]s/f sd{f/l ; #o sf]f gkfnuh zfvn] hgfPsf]5 . sf]fsf kfF j 6f zfvfdw]of]; lj wf pknAw ePsf]gkfnuh t] f]zfvf xf] / of]; lj wf ; j kyd utj if\$]dlxgdf kf] / f zfvdf ; ? ePsf]lyof]. cgnf0g ; j] fsf]dflw]daf6 dlw klZrdf#n / ; b/ klZrdf#n lqsf ; #ostf{sd{f/lx;n]lx; fa stfa xg]; fk6l j f cly\$ eQmfgl lng /fhwfgl wfpkg]j f zfvf sfofh]odf ; Dks{u/l sDko6 lgsf; f slxn]c]fp5 eg] s/ a:gkg]; d:of ; dkt ePsf]5 . -; f] Muf]vfkq blgs, @)%\*, ebf]e\$.

o:tf]; lj wf ca c? lqdf klg ; ? ePsf]5 . sd{f/l ; #o sf]fn] j; f06df ; a}sd{f/lx;sf]vftf /flvbPsf]5 . sfB gDa/ kofu u/] s; h]klg cf'gf]vftdf slt /sd hDdf eof]egl xg{ S5 .

e|6frf/lx;dfly sf]f{l Mef/tdf tx]sf 86 sd www.tahelka.com n]; Qf?9 bnsf g]fn]3; ln0/x\$]b]zo b]f0lbf Toxf\$]/fhgllts lqdf lgs}7hf]xnrn ePsf]lyof]. To; sf]kpfj cem]x/fPsf]5g . ToxfEe|6frf/ ug] sd{f/l, Jofkf/l / c6o lgsfox;sf] af/df hfgsf/l lbg]w]j}j; f06x; 5g\ gkfndf clVtof/ b'kofu cg; Gwfg cfof]n]cf'gf]j; f06 www.akhtiyar.org.np df yk}pkofu; fdu] /fv\$]5 . o; df e|6frf/sf] sf]f{ldf d2f rnf0Psf / rln/x\$] dflg; x;sf]gfd / d2fsf]lj j /of vhf0Psf]5 .

clVtof/df Od]hdfknf ph/L lbg ; lsg]

sf7df8f]knfug ^ ut]. sxlFst}e|6frf/ ePsf]j f c6o clgoldttf ePsf]kf0Pdf ca clVtof/ b'kofu cg; Gwfg cfof]n]f0{Od]hdfknf hfgsf/l, ph/L j f ; /fsl lbg; lsg]ePsf]5 . ph/L lbg]j f cfof]sf sfd st{0 / c6o lqmfnsfkx;sf af/df hfgsf/l lbg]p2]on] cfof]af/f vf]n]Psf] www.akhtiyar.org.np nfo{cfh ; f] h]lgs ul/Pk15 ; f]; lj wfsf]hf]sf]ln] klg pkofu ug{ lsg]atf0Psf] 5 .

pQmj; f06df cfof]sf]; Argf lq]clwsf/, e|6frf/ ; DaGwdf sfd ug]; #yfgx;sf] hfgsf/l / e|6frf/; DaGwl ; dfrf/; d] /flvPsf] cfof]df j l/i6 0lGhlgP/ cf]w/fgG6 /fhf]k]wofon] atfpg]eof]. ; fy}pQmj; f06df cfof]n]s; /l sfd u5{eG] af/\$]hfgsf/l / cfof]af6 ePsf sfd sf/afxl;sf]j flif\$ kltj Bgx; /flvg]hfgsf/l >l /fhf]k]wofon]lbg]eof]. o; lsl; dsf]Jo; yfn]kbf{ k5f18 a; j e|6frf/ tyf clgoldttf ug\$] af/df ; /fsl lbg rfxg]sf nflu l56] 5l/df] / ; lhnf]xg; Sg]atf0Psf]5 .

e|6frf/ tyf cglrt sfo{u/l clVtof/sf]b'kofu u/\$]lj ifodf k/\$] ph/Lsf ; DaGwdf eP u/\$] sfd sf/jfxlx;sf af/df ; j {fwf/of hgtf kqs/, tyf >l % sf]; /sf/sf ; DalGwt lgsfodf hfgsf/l kfof0 e|6frf/lj ?4 hgr]gf clej [4 ug]clek]on]pQm ah]6g k\$flzt ug{ yfn]Psf] cfof]sf ; x; lrj lbg]xl/ clwsf/ln]atfpg]eof]. ah]6gdf e|6frf/; DaGwl n]ysf clt/Qm cfof]sf]sfo{f] sfo{k]ffnl, e|6frf/ / cglrt sfo\$]lrgf/l, k] rrf{ cfof]sf ultlj lwx; e|6frf/; DaGwl d2df cbfntaf6 ePsf s}l lg0f6x; tyf e|6frf/; DaGwl lj b]z] ; dfrf/; d] ; dflj i6 5g\ ; fy}pQmah]6gdf e|6frf/ cglrt sfo\$] af/df sf/jxl cl3 j 9fpg]pkfox; klg lb0f]hfg]; x; lrj clwsf/ln]atfpg]eof].

j; f06 tyf ah]6gdfknf e|6frf/ ; DaGwdf hfgsf/l /Vg rfxg] sf]ggsf lj Bfylx; / To; ; DaGwdf cg; Gwfg ug{ rfxg]h]; d] nfe]lj t aG; Sg]atf0Psf]5 .

; fef/ Muf]vfkq @)%\* knfug &





n8g] ; dflhs kl/j t\$ nflu k}jl ug[ gkfnf lj leG ; yfx\_n] cfcf'gf]j ; f06dfkmf lj Zj : t/df cfj fh p7fpg ; Rgf klj lwsf]kz: t dfqdf pkofu ul//x\$ 5g\ afn lxtsf]sdfdf cu]f ; yf l; lj gsf] j ; f06 www.cwin-nepal.org df ; yfsf k\$zgf tyf gjlgtd hfgsf/lx\_ gkfnl, cu]hl, k}f / hdG efiidf /flvPsf]5 . gkfnf afnafnfsx\_ sf]cj : yfaf/]hfG of]j ; f06 lgSs)pkofu 5 . afn>d zf]f0fsf] lj ?4 lj Zj ofqf sfoQmdn] ; #fng u/}sf] j ; f06 www.childlabournews.info df lj leGgbzsf afnafnfsf] zf]f0f / zf]f0fsf] lj /f]vdf p7f0Psf sdbx\_ tyf afnlxt; DaGwl pkofu hfgsf/l kf065 .

dlxfx\_ sf] ; zQmS/0fsf]nflu ; #f/ sf ; dX, ; fyl, / ; Q6/ km/ lnun l/ ; r{P08 sle{ sf] ; femf/Ldf dlxf clwsf/ k}jl sfoQmdaf/f ; #flnt dlxfnf j www.mahilaweb.org.np df gkfnf n}us ; dtf tyf dlxfn xslxtsf]af/df ; #flnt cfbf]hg, sfoQmd, of]hg tyf lj lw hfgsf/lsv]vhfgf kf065 . dlxfn kqsf/x\_ sf] ; yf ; #f/ sf ; dXsf] j ; f06 www.sancharika.org df ; #f/ ; # ; a#wt n}y, n}ydfnf, ultljw, kl/of]hg tyf sfoQmdx\_ sf]hfgsf/l /flvPsf 5g\ cl:dtf dlxfn k\$zgf u\_ sf]j ; f06 www.asmita.org.np df ; #f/af/f dlxfx\_ sf]xslxtdf k}jl, n}y /rgfx\_ tyf lj leG hfgsf/l xG ; ls65 .

blntx\_ sf]xslxtsf]nflu sfo{t ; yfx\_, kqsf/x\_ sf] ; yf hfU/0f ld8of ; Q6/, www.jagaranmedia.org.np hgpTyf klti7g www.jupdalitmedia.org.np cflb lj leG ; yfx\_, cflbjf; l tyf hghfltsf] xslxtsf] nflu sfd ul//x\$ ; yfx\_ sf klg cfcf'g} j ; f06x\_ 5g\ xG{ www.nefen.org , www.tamangghedung.org.np

lj sf; sf]lfqdf

dfgj ; dfhdf kl/j tG Nofpg]dVo tJ ; Rgf / 1fg xf]. plxn]b0{leG ; dbfo, ; dfh, ; s[ t / /fi6sf]e3f6, dh j f d7eB xB Ps csf\$ /fdl / g/fdl s/fx\_ sf] ; Rgf / 1fg k{txGyof]h; n]Pscsfdf kl/j tG Nofpg ; 3fpFof]. ; #f/sf ; fwg / klj lwx\_ sf]lj sf; ; E; Rgf / 1fg uXof ug]dfllod / klj lwdf kl/j tG cfof]. clxn]cfP/ ; Rgf klj lw dfgj Oltxf; df ; aBbf 156f] ; lhnf] ; :t]/ k\$jsf/l 9un] ; Rgf / 1fg

afBgf/ kfpG]cj ; / cfPsf]5 . km:j\_k kl/j tG / lj sf; sf]ult klg crfgs a9\$]5 .

clxn\$]oudf k/nf\$ ; wfg]1fgn]dfq}afRg; lsG . afRgsf nflu ug]k]sfd, ; lk / 1fg tyf blgs hlj gdf kng gul/gxg]s/fx\_ olt w}e0; s]ls ca k:tG j f afh]g]gfltnf0{afah]kgfltnf0{x:tfGt/Of ug]k/Dk/fut 1fgn]afRg dl:sn 5 . v]lkftl, kzkfng, ahf/, lzlf, :jf:Yo, ; /; km0, pBfu Joj ; fo cflbsf]lfqdf k/Dk/fut 1fgn]sfd grllg]e0; s\$]f]5 . lj bZdf efB df%g j f b/afgl ug]hfg]bg klg ca w}afsl 5G . ; Rgf, 1fg / ; lk ge0{lj bZdf ; fdG sfd kfpG klg ufx]e0; ssf]5 . of]l:yltdf ; \$8f ; f7l cgk9 gkfnlnf0{k/Dk/fut tl/sfn]clf/ lrgfP/ lzlf agfpg w} ; do / cst ; #sf]cj Zostf xG5 . of]xfB ; fdg ug{ ; Rgf tyf ; #f/ klj lwn]dfq ; S5 .

cfwgs dfj lj sf; sf tlG kDv nlf – cfwf/et cfj Zostfsf] kl/klt{ ; Ddfgk] \$ afRg] / ; vdo hljg – klt ug{ ; Rgf / 1fgsf] kDv eldsf xG5 . 1fg / ; Rgf k] f/, uXof, kZfuG, ; sng ug] ; aBbf k\$jsf/l ; fwg cfwgs ; Rgf tyf ; #f/ klj lwn]kbf u/}sf]xgn] clxn\$]lj sf; sf sg}klg kof; , glt, of]hg, kl/of]hg, cfof]hg, sfoQmd cflbdf ; Rgf klj lwnf0{a}f:tf ug]ldnbG . ; Rgf klj lwsf] eldsf gePsf]lj sf; kl/of]hg, lj sf; ; yf tyf sfoQmdsf]slkgf klg ug]lsB . JolQmsf]JolQmj lj sf; blv lnP/ ; dfilhs, cfly\$, /fhgllts, ; f:s[ts, wld\$, eflfs, tyf lzlf, :jf:Yo, ef]hg, ; /lfnufot dfj hlj gsf] nflu cfwf/et cfj Zostfsf] uof:t/lo kl/klt\$ nflu ; Rgf klj lwn]of]ubfg lb0/x\$]5 . /fli6 glt lgdf]blv :yfglo sfoQmd ; #fng / ; j]f pknAw u/fpg]sdfdf ; Rgf klj lwsf] dxTj kof{eldsf 5 .

ef]flns ; Rgf kQffnl M of]hg agfpg]j }flgs cfwf/

lhcf0P; cyf\ef]flns ; Rgf kQffnl -lhoru]kms OGkmd]g l ; :6d\_n]sDko6/sf]dbtn]lj leG k\$ /sf ef]flns 8bfnf0{ ; of]hg, lj Zn]f0f u/] a%g ; lhnf]xg]u/l k}tt u5{. h:t}sg]lhnf j f upB]gS; f x]Tof]ufpFj lhnfndf vfgkfglsf ; #x\_ sxfBxf5g< :sh sxf 5 < a:tL, dlG/, v], ag, r/g, kh, wf/f cflb sxfF5g'eG]yxf kfpG ufx]xG5 . lhcf0P; n]sg}klg 7fpB]sg}klg ef]ts, ; dfilhs, cfly\$, ; f:s[ts ; Rgf / ultlj lwnf0{:ki6 \_kn]b}y]f0lbG5 .

lhcf0P; n]sDko6/df sg}klg hlufhldg, eefusf]dflylnf]; txd  
ePsf k]s[ts tyf dfgj lgldf a:t'jf ; /rgfxzsf]clen]vg, ; sng  
/ lj Zn]rof u/l kxf8, vf]hfgnf, af6f] 3/uf], lj hhl, 6]hknrf] nf0g,  
kfglsf kf0k cflb :ki6 b]y]fpg]b0{cfoflds jf tlg-cfoidf Irq tof/  
kfg{ S5 . o; af6 sg}j :txzsf]b/L ; xl zkd f yxf nflu; S5 .

ufp]f vfg]kfgl of]hgf agfpg'k]of]eg]kfglsf]dxfg sx]F5 a:tl sx]F  
j f s; /L 5l/P/ a; }f]5 . sx]Fkfglsf]wf/f /fv]w}]3/nf0{; lj wf  
x65 < kfglsf]dh 60f\$ sx]Fagfpg'k5{sx]Fclnf]sx]Ffe/fnf]5 cflb  
s'/f yxf ePKl5 vfg]kfglsf]of]hgf agfof]eg]w/hf0{pkofu, lskmfotl  
/ ; #ng tyf ; ef/ ug{klg ; lhnf]x65 . o; sf]nflu lhcf0P; sf]  
; xofu lng' a] x65 .

lhcf0P; sf]nflu rflxg]tYofsxz gS; f, epkuxaf6 lvrPsf km]f]x  
tyf c6o lnvt jf dlb] ; fdul cflb lj leG ; f]af6 ln065 .  
sDko6/n]tl 8]fnf0{lj leG j udf af85 / lj ifo cg; f/ l8lh6n zkd  
a]nfa]n]lrq jf gS; f tof/ kf5{. o; /L tof/ kfl/Psf lrq jf gS; fxz  
kqkq jf tx txd x65g\ h: t]ufp]f]vf]hfgnf]Pp6f gS; f 5 . csf]  
gS; fdf af6fxz b]y]f0Psf 5gV csf]gS; fdf ufp]f]a:tl b]y]f0Psf]  
5 . vf]hfgnf]s]gS; fdfly af6f]gS; f vK60fP/ /flvof]eg]sgsb  
7fp]f vf]hfgnf]tgk5{f kh kh} f agfpg'k5{eG]:ki6 x65 . To; dfly  
a:tl]gS; f vK60f]eg]a:tlb]v kh kh} f stl 6f9f x65 eG]  
b]v65 . To:t}j leG gS; f vK60f]h]f kh agfpg'kg]7fp]f]hldg  
pkoQm 5 ls 5g, af6f]g}k]k5{ls < vf]hfn]kh / a:tlnf0}gS; f g  
kfg]; efj gf s\$:tf]5 cflb lj leG hfgsf/L k]t x65 / sg}klg of]hgf  
agfpg ; lhnf]x65 . o; sf]cfwf/df ag}f]of]hgf ; xl / ; km xg]  
; efj gf w}]x65 . sDko6/df of]k]ffnln]; o kq; Ddsf gS; fxz ldnfP/  
b]y]fpg ; S5 .

j 8fsf]; fgl]a:tlb]v ; du]dh]ssf]; Rgf Ps]s] u/l e]f]ns ; Rgf  
k]ffnldf Joj!yt ug]sfo{clxn]clw/f]hosf ^^ lh]nfd ; ? ePsf] .

epkux]sf]; xofu / hlk]P;

clxn]k]j leGbf dfly c6t]l]fsf]lj leG prf0df dfgj lgldf xhf/]f  
epkuxz -:of6]h06\_ 3ld/x}f 5g\ tld]l]s]tko ; #f/e/ ; #f/sf]  
; #fn agfpg]sddf pkofu e0/x}f 5g\eg]s]tkon]dflyaf6 hf; ; l

ul/x}f 5g\ . sltn]k]j]lsf]df} dsf]clwog u/] s[fsxz]nf0{  
; 3f0/x}f 5g\ . s}ln]; db]eq sg7fp]f df5f w}]5 egl df5f  
pB]v]x]nf0{km]bf k]f0f/x}f 5g\ s}ln]k]j]lsf]ue]f /x}f]vlg  
/ vfglsf]n]y]h]v]ub]5g\ sg 7fp]f v]ldf ls/f jf /f]v nfu}f]5,  
sx]F; nxn]xdnf ug]; efj gf 5, sx]F; lgs ult]lw a9}f]5 cflb  
s'/fsf]hfgsf/L ; xl 9un]lbg]epkuxz lgSs]b]f ePsf 5gVn]f]n  
k]h; lg^ l; :6d -h]klP; \_ klj]wn] /fi6xz]sf] ; ldf/]f lgw]f]of /  
lg/L]f0f ug]v x/fPsf]la/fnf]e]fpg klg ; xofu ub] .

j ftj /of ; Af0f tyf k}j]l

lSng 0ghl{gkfn]@}% ( h]b]v j ftj /of; awl lgSs]w}]hfgsf/L lbg]  
k]f]h www.environmentnepal.com ; #fng u/]f]5 . o; df gk]nsf]  
j ftj /ofsf lj lj w kl; E ; awt ; dfrf/, n]v cflb 8fpgnf] ug{ lsg]  
; fdulxz, c6t]f]f]j ftj /ofsf] l]df sdf ug]cu]fxz]sf]lj rf/,  
xflh/L hj]km j ftj /ofaf/]; H]kt tyf pkofu s'/fxz]sf ; fy}phf]  
j ftj /of, h]j s lj lj wtf, kof] /of, l; d; f/ l]q, /fli6o lgs] cflbaf/]  
hfgsf/L /flvPsf]5 . gk]nsf]j ftj /ofaf/]5nkm ug]ynf]z]kd  
klg o; nf0{/flvPsf]5 . o; dfk] lj B]y]x]n]lj z]f]1x; E 5nkm  
ug{S5g\ tyf j ftj /oflo z]kn]xfgl/xt s]f tyf c6o p]k]bgsf]  
lj q] ug{klg o; n]; 3fp5 .

afna]nsfxz]nf0{ftj /oflo ; Af0fsf]r]gf hu]pg]p2]on]:y]k]g  
ePsf]; #yf P]sf cyf]Vgef/Gd]6n Sof]k km/ s]h/e] g c]p/g]n]  
cf]g]j]f; f06 www.ecca.org.np df ; #y]sf]sfo]md, ult]lw, k}fzg,  
p]k]bg, fem]f/ ; #y]xz, ult]lw / p]k]lbt ; fdfgsf km]f]x  
5 .

gk]n j ftj /of kqsf/ ; dx, gk]h]n]cf]g]j]f; f06 www.nefej.org.np  
df ; #y]sf >Job]o, /]8of]nufot lj leG ult]lwsf]hfgsf/L lbg]f  
; fy}j ftj /of tyf h]j s lj lj wtf ; Af0fsf]k}j]l ug]; fdulxz /fv}f]  
5 . j ftj /of ; Af0f / ; wf/sf]nflu k}j]l ug]of]; #yn]; #f/sf lj leG  
df]l]oddfk]k}j]l ug]q]mdf ; Rgf klj lwsf]klg kof]t pkofu ul//xsf]  
5 . To:t}lSng 0ghl{gk]nsf]j]f; f06 www.cen.org.np df klg  
j ftj /of ; Af0f; awl sfo]md tyf of]h]fxz / lj lj w hfgsf/L  
kf065 .

lj sf; ]u}; /sf/L ; yfx

gkfnfd ; Rgf klj lwaf/] r]gf hufpg o; nf0{nf\$klk agfpg tyf cfm]o; sf]pkofu u/] pbfx/Of b]vpg]/ cu] f0 ug]sfddf lj sf; ] u}; /sf/L ; yfx]sf] dxTj kOf{ of]ubfg 5 . ; ?df 0l; df\$]n} c? cGt/fli60, /fli60 / :yfglo u}; /sf/L ; yfx]nf0{ 0G6/g0; awl kl/ro sfoqmd, tflnd, 0G6/g0 pkofu ug]; lj wf tyf sltko ; yfnf0{ 0G6/g0sf] zls; d] ltl/lbP/ ; Rgf klj lwsf]pkofu]utf; E ; kl/Irt u/fPsf]lyof].

clxn]gkfnfd sfo{t ; 0Qm /fi603lo lgsfox, cGt/fli60, lfqlo, /fli60 / :yfglo u}; x]sf]cglu6tl j 3; f06x; ; fnt 5g\ oPg8klsf] lj leG kl/of]hgf dfkm dGqfno, lj efu, lzlf0f ; yfx, lhlj ; , gu/ kflnsf, uflj ; , ; fdfhs kl/j tG / lj sf; sf nflu sfo{t u}; x] tyf s]if tyf Jofkl/s ; yfx]nf0{j 3; f06 agfpg / 0G6/g0df hf0g tflnd, hgziQm tyf lj leG vfnf]; xofu ul/x\$]5 . To:t}c6o bft[ ; yf tyf ; fmf/ ; yfx]n]klg gkfnf u}; /sf/L, Jofj ; flos, s]if, Jofkl/s ; yf tyf ; u7gx]nf0{klg j 3; f06 ; fng ug}; 3f0/x\$ 5g\

**lzlf]sf]lfqdf**

**lzlf]sf]nflu ; Rgf klj lw M1fg ux0f, ; sng / k] f/ ug}g}; Rgf klj lwsf]kqV lj z]ft ePsf]xgn]o; sf]; a0b a9l pkofu lzlf lfqdf xg': j eflj s / ckl/xfo{ d] 5 . lzlf / ; Rgf klj lwsf]s'f ubf{ b06f s'f wofgdf /fvkg{x65 Mlzlf k]t ug} ; Rgf klj lwsf]pkofu / ; Rgf klj lw l; sfg lzlf .**

ca v]lkftl, nuf l; pg] skfn sf6g]h:tf ; df6o lj ifob]v lnP/ hl6ntd lj ifosf] k9f0df ; Rgf klj lwsf]pkofu xg ynf\$] xgn] klyds lj Bfnob]v lj Zj lj Bfno; Dd, sv/f l; Sg]v uxg cg' Gwf ug}; Rgf klj lw, vf; u/L sDko6/ ; flf/tf clgj fo{e0; s\$]5 . gkfnf zx/L lfqsf, vf; u/L lghl lj Bfnof]df sDko6/ lzlf clgj fo{t}alg; s\$]5 . cs]t/ ; Rgf klj lwdf cfwl/t pB]v Joj ; fo, pTkfbg, ; j ; fng cfb sdfs nflu ; Rgf klj lw; awl, d]bd tyf pRr k]l] lws lzlf]sf]cj Zostf x65 . o; sf]nflu klg gkfnf sn]h,

Sofdk; tyf lj Zj lj Bfnof] / lj b]l lzlf tyf klzlf0f ; yfx; E ; awg u/L ; Rgf klj lw lzlf lbg]; yfx] vh\$ 5g\

**l; Sg]l; sfg]sddf ; Rgf klj lw M ; Rgf klj lwn]l; Sg]l; sfg] sdnf0{/df0nf] k0f sf/L, ; /n / l56f]klg agf0lbPsf]5 . s0f\$lx]n] ca s dfg]sdn j f P km/ PKkn eg] 3f6l ; s'P/ 3f\$g' kb0 . dfg; rnfP/ s clf/df lyRbf j f lSns ubf{sdfs]k]h k]h\$]b]v65 eg]P clf/df lyRbf 7hf]:ofpm km\$]b]v65 . clg sDko6/af6}s / .sdn] cfj fh ; lg65 . k':ts j f kf6lsf]; \$f sDko6/ / ; l8l/faf6 pglx]n] /df0nf] E svu j f Pal; l8l l; Sg; S5g\**

**kf70 ; fdu] MsDko6/df ePsf x/\$ 80f ; lhn} E ; l8ldf /Vg ; lsg] / hg; 5}kf70, b]o, Wj lg / rnlrq t'6t}csf]; l8ldf g\$sn ptfG{ ; lsg]ePk5 ca xhf/f]k0fRk]k':ts ; o b0{; o kg]; l8ldf kf0g ynf\$]5 . x/\$ s]fssf kf70k':ts, uf08 as, s]f sf]sf]n\$]r/ ; j / ; l8ldf k9g, xg{/ ; Gg kf065 . 0G6/g0sf]; #f/df k; k]5 hg; 5} lj ifodf klg xhf/f] ; fdu]x] e0fpg; l865 . o; n] ubf{ lj Bfyl{ cg'; Gwfgstf tyf lzlf]sx]nf0{k':ts af\$g; k':tsfnodf hfg' j f ahf/df uP/ b]dl k':tsx; l86g' kb0 . pRr d]b]ds lzlf ljefun] klyds txb]v d]b]ds tx; Ddsf kf70qmd, kf70k':ts, z]f]s tVof\$ / lzlf; Da6w hfgsf/lx] www.doe.gov.np j 3; f06df /fv\$]5 . pkTosfleqsf ; /sf/L lj Bfnof]df lglzNs 0G6/g0 ; j f pknAw u/fpg] Joj :yf e0; s\$] xgn] j 3; f06df /flvPsf kf70 ; fdu]x] lglzNs 8fpgnf\$ ug}; lsg]ePsf\$ .**

**0as Msb]klg kf70 ; fdu] tyf lraqx] l8h6n : j ]kdf kl/of]t u/] sDko6/ j f c6o b]o pks/Of -l8:kn]l8ef0; \_ sf]d]bdaf6 lj t/Of ug] / k9g] x]k]lw j f ; fwgnf0{0as elg65 . o; sf]lj t/Of 0G6/g0dfkm ; lhn}/ ; :tf] E ug] l865 . o; nf0{; sng u/] /Vg b/fh rlf]v . slxn]s]f]f0n]s60gs kf70 ; fdu]nf0{; sng / kbz0 ug]pks/Ofnf0{ klg 0as eG]ul/65 .**

clxn]gkfnl efiidf klg ; \$8f]k':ts 0as]sf]kdf 0G6/g0df pknAw 5g\ of]k':ts n]vssf b0]j 6f k':tsx] - yf]klyf]k] n3syf ; u] / a; fdbflos /l8of] - 0G6/g0df x] l865 . www.thopathopa.com / www.kasajoo.com j 3; f06af6 tl k':tsx] 8fpgnf\$ ug}; l865 . /fli60 of]hgf cfo]v, dGqfno / ljefux] tyf sltko ; 3; yfx]n]

gkfnl efiidd ofhg, glit, Pq, sfg, lgodfjnl, sfoqax tyf  
lj leig pkofu ; fdu|x z j ; f06df /fv\$ 5g\ j ; f06df zAbsfz  
/ Jofs/Of klg kf065 . t/ gkfnldf clxn] Dd ; f]kpf; ePsf]5g . sg}  
klg k':ts cf`gf]sDKo6/df 8fpgnf u/k15 To; nf0{rxf\$]ahf]df xg}  
/ gbj s`fkm c?nf0{k7fpg; ls65 .

sfutdf 5flkPsf k':tssf]thgdf 0a5sf w}]kmf0bf 5g\ sDKo6/sf]  
kbf]df Ps}k6sdf w}]0a5 vf]pkofu ug{ ls65 . n]ys, kqs/ tyf  
cg; Gwfgstf{x}Ps}rf] lJ Zj sf]f, l/kf{x}, sfoqax, glit /  
Pqsfsgsf k':tsx sDKo6/sf]kbf]df vf]pkofu xg{/ cfkmh0{rflxPsf]  
; Rgf pkofu ug{ tyf ; E; E}sDKo6/df n]vg Pj + Dkfbg ug{ S5g\  
lj Bfyl{x}nf0{emf]fel/ ux]f]u/l k':ts af\$gkb . lj Bfnodf ePsf]  
sDKo6/ / gbj s{pkofu u/] kf70k':ts tyf cglu6tl ; Gbe; fdu|x  
/f]h/f]h pkofu ug{ S5g\  
066/gbdf pknAw 0asx sg}lgMzNs 8fpgnf ug{; ls65 eg]sg}  
k}f It/] dfq pkofu ug{; ls65 . k':ts 5flg gkg[xgfn]k\$zssf]  
vr{klg hf]u65 . n]ysx n] ; lhn} E cf`gf] s[t 066/gbdf  
/Vg; S5g\ gj]bt n]ysx sf nflu of]yk ; lj wf xf].

0a5s}nflu lj z]f vnsf]sDKo6/ klg ag\$]5 . of]sDKo6/ Istfah:t}  
cfsf/sf]xNsf x65 . of]pks/Of af\$]k15 emf]fel/ Istfa af\$gkb .  
o; nf0{066/gbdf hf\$] rfx\$]j ; f06 x] k':ts j f cg; Gwfg ; fdu|  
vf]g ; ls65 . cgnf0g k':ts k9g klg ; ls65 / 066/gbaf6 k':ts  
8fpgnf u/] ; /lft u/l rfx\$]ahf]df k9g klg ; ls65 . o; df ; \$8f  
k':ts c6fp5 ; fy}o; df Pp6f zAbsfz klg x65 . o; sf]kfg kN6fpg'  
kb . lSns ug{[al0s}sg}klg k] j f lj ifodf t?Gt}klu65 .

0a5sf sdhf] klf x klg 5g\ w}]df]g; x}nf0{sDKo6/sf]kbf]df k9g  
ufx]nflu; S5 . kf70 ; fdu|nf0{18h6n }kdf 9fn] k}z g ug{/  
8fpgnf ug{klj lw, ; ^6j p/ rfB}fB}kml/g; S5 . gof]ofFsDKo6/df  
k/fgf]; ^6j p/ gxb; S5 . 0a5sf]df]h, n]ys:j, kf70; fdu| rfl]g]tyf  
; ^6j p/sf]:t/lo dfgss]cefj cflb sf/Ofn]7hf k\$zxsx n]0a5  
k\$zsg ug{Tolt w}]rf; f]b]fPsf 5g\  
pk6of; sf/ :6kng lsu cfkmh]dfr{@))df 0a5sf]kdf k\$zsg  
u/\$]pk6of; /f018<sup>a</sup> b ah\$ Ps}k6s w}]las\$]pNn]y]glo k':ts

xf]. o; sf]df]h ; f9]b0{8n/ lyof]. rf/ nfvebf w}]df]g; x}n]of]  
k':ts df] It/] 8fpgnf u/\$] lyP . t/ pgsf]bf] f]pk6of; b kfg  
0a5sf]kdf Tolt ; km ePg . 0a5 ; km eof]eg]n]ysx /  
kf7sx sf]; f}m; Dks{/ n}b} xg]xgfn]gfd rn\$ n]ysx sf]nflu  
k\$zssf]cf] Zostf gxg; S5 .

0a5sf]klxn]c]wf/Ofut 9fFf !(\$% df tof/ kl/Psf]lyof]. Tolt ahf  
sDKo6/sf]lj sf; ev{ ; ? ePsf]lyof]. !(&) sf]bzsd fcd]sfsf]  
:j tGqtsf]3f]f0kq, lj lnod ; \$; lko/sf gf6sx cflb dx]t kOf{kf70  
; fdu|sf]sDKo6/ls6 }k tof/ kfg{k}h\$6 ub}au{yflnPsf]lyof].  
!((() df ; f]l skf] gn]; l8l /f]af6 k':ts k9g]pks/Of agfPsf]  
lyof] t/ To]ahf/df rn} . j N8]f08] ; ? ePk15 On\$6]gs kf70  
; fdu|x w}]; Wofdf pknAw xgyfl]of]. !(((\* df xftdf lnP/ k9gldNg]  
klxn]0a5 pks/Of aGof]. o; df !),)) k[7 kf70 ; fdu| c6fp]of].  
-; f] Mdf0qmf] ^6 06sf6f{06; fSnf]k18of, @))@

; a}Gb 7hf]0k':tsfno Mcd]sf / ahfotsf lj Zj lj Bfnox /  
k':tsfnox n]cgnf0g k':tsfno cyf\0nf0a]L ; ? u/\$ 5g\  
www.fathom.com j ; f06df /flvPsf]of]0k':tsfnodf cgnf0g ; Dks{  
u/k15 k':tsx xg} k9g, / ; fg{ls65 . of]cgnf0g lzlf ; f]df  
n\$ r/ ; G, n]y, cGtj f{x} / k}z g xg} tyf lgMzNs ; dgf/df  
efu lng ; ls65 . ; #/sf sltko k':tsfnox n]sfut/lxt k':tsfnosf]  
cjwf/Ofc]g; f/ sfd ul//x\$ 5g\ . gkfn]k/fgf]k':tsfno lal6;  
sf]l6; nsf]k':tsfnodf klg k]/n] nf0a]L ; ? ePsf]5 .

lel8of]sGk] ; a / cgnf0g Snf; Mgkfn]sf]sg]s]ff sf]f j f ; ef  
slfd a; \$f lj Bfyl{/ lzlf sx j f j Qmf / >f]fx tyf cd]sf j f sg}  
b}z sf]s]ff sf]f j f ; ef slfd a; \$f lj Bfyl{/ lzlf sx j f j Qmf /  
>f]fx n]Ps csf]f0{xg}/ k}z g / ug{ Sg]k}ffn]nf0{lel8of]sGk] ; a  
elg65 . b/]zlf]sf]nflu of]clt pkofu klj lw xf]lsg]s o; d]km Ps  
hgf lzlf sn]; #f/el/ km]nPsf sltko slfx}df Ps}; dodf n\$ r/ ug{  
/ lj Bfyl{x} ; E ; j fn hj fkm ug{ S5 . lj leig :yfgdf a; \$f al4hlj lx  
tyf kqs/x / g]fx alr k]olf s'/fsfgl u/fpg]of]lgSs}pkofu  
; fwg xf]. o; af6 oftoft / x}nx}df xg]vr{hf]u65 / ; dos]art  
xg]s'/ t 565 .

gkfndf lel8of] sGk]f; a ; j f ; #fng ugI klj lw / pks/Of gkfn b/; #f/ ; #yfgn]e)\* ; fnd]eqd0; s3f]lyof]. ; #yfgn]sf7df8f]eq lj leGg 7fpK2alr tyf sf7df8f] / lj /f6gu/alr lel8of] sGk]f; a sf] ; km k0fu ul/; s3f]5 . lj Zj a3sf]gkfnl:yt sfofnon]of]; lj wf pkofu ug{0hfht lnPsf]b]v65 . xfn c? s3l ; #yfx2 klg lel8of] sGk]f; a ; j f pknAw u/fpg; Sg]ePsf 5g\

**k/Llffsf]glthf** Mkfxf] kxf/; Dd P; Pn; Lsf k/Llffylx2n]glthf x0{ cvaf/ s0k]yof]. a]hdf cvaf/ x0{cvaf/sf]sfofno afx/ xf/fn5 ugk]yof]/ of]d] f0f slxn3f]xfs0 vfgk]yof]. blu0 lhNnfsf lj Bfylh] t w]lbgkl5 dfq]cvaf/ x0{kfpf]. t/ clxn]P; P; nl, pRr dfij tyf lj Zj lj Bfnosf k/Llffsf glthfx2 j 3; f06df /flvPsf]xgfn]h; n]klh hxf0f6 klg t?0t}glthf x0{ S5 .

**snh, lj Zj lj Bfno / 5faj [Qsf]vfhl tyf tof/L MP; Pn; L kf;** ePk15 s]k90]sxfR90] s0 snh, SofDk; j f lj Zj lj Bfnodf s]k9f0 x65, s; n]lj Bffylx2nf0{; lj wf, 5faj [Q lb65 cflb k7gx2sf]hj fkm kfgp ca zx/ j f lj b2 wfpg kb0 . gkfnsf sltko snhx2n]clxn] cfc'gf]j 3; f06df o; af/0f hfgsf/L /fv3f 5g\ www.afterslc.com j 3; f06df klg elj iosf]k9f0 / snhx2af/]hfgsf/L kfgp; ls65 . lj b2l lj Zj lj Bfnosf]sf] sf] {x7} cfkmh0{dg k/3f]lj ifodf k90 gkfnaf6} egf{ kmf/d eg{ ; ls65 . tl ; #yfx2n] lbg] ; lj wf / 5faj [Qaf/]oxl0f6]; lglZrt u/] lj b2df 9Ss eP/ k9g hfg ; ls65 .

lj b2df k9g hfgsf nflu TOEFL / IELTS h:tf, efiif; awl s3l cfwf/e' 1fg / Joj xf/sf]k/Llff lbgk5{ ; f] awl lziff ; l8laf6 xfi; n ugI/ k/Llff lbg]; lj wf 066/g0df pknAw 5 .

**b7/lziff M3/df j f sfofnodf a; 7 ; j b2 / lj b2sf lj Zj lj Bffnoox2af6 ; #flnt kf70qmdcg'; f/ clbog ugI cEof; ugI/ k/Llff lbg]k0ffnl nf0{ l8:60f6; nlg0 cyf'v7/lziff elg65 . klxn]of]xhfs j f /]8of3af6 ; #fng ul/0yof] eg] clxn] 066/gg0n] ubf{ b7/lziff lgs} ; lhnf] / k0fj sf/L ePsf] 5 . lel8of] sGk]f; a ; lj wfn] ubf{ ca Ps hgf n3r//n]; 38f]s]lffdf Ps}; dodf slff lng / xhf/f]j Bfylx2; E 5nkm ug{ S5g\ . b7/lziff j f:tj df ul/ab2sf lj Bfyl{ tyf efi]ts, cfly0; ; fdfhs tyf zf/l/s cflb lj leGg sf/0fn] 3/ j f sfo{yn**

5f8g g; Sg]2sf nflu a/bfg ; flat x65 . o; af6 df0tffk]t l8ul j f k0f0fkq k]t u/] /f]huf/L / Joj ; fo a9fpg; ls65 .

kqrf/ / 066/g0sf]df]Wodaf6 pRr lziff clWoog ug{ lsg] sf7df8f] ; fpg !@ ut]. tkf0h] pRr lziff ux0f ugI ; kfg b]vgePsf] 5 t/ ; W}SofDk; wfpg ; Sgx6g j f pd]sf sf/Of SofDk; hfg nfh dfGx65 eg]of] lrc]t ln0/xg' kb0 lsgls lxdfnog vhf lziff -xfk\_ n]tkf05f]0R5f k/f ul/lbg5 .

xfk]sf ; Nnfxsf/ gl/ zfxsf cg'; f/ kqrf/, 6]nlehg j f 0DKo6/ 066/g0sf df]Wodaf6 pRr lziffsf] clWbog ug{ lsg] 5 . xfk]n] cfh cfof]hg u/3f]sfo0mdf vhf tyf b7/lziff k0ffnl cg'; f/sf] ; f]df]Wodaf6 ln0g]lziff cfk]rf/s ; /x df0tf g]df0tf /xg] pxfh]atfpg' eof].

pxf0f cg'; f/ lqej, k]f'fn, kf]/f, dbf; / elh]gof lj Zj lj Bfnodf k9f0g]lj leGg lj ifox2 o; /L clWoog ug{ ls65 . zx/L lq]df a:g g; Sg]lj Bfyl0f nflu /fd]cj ; / x05 . :gfts tyf :gtsfQ/ txsf lj leGg @^ lj ifodf clWoog ug{ ls65 .

; fef/ Muf]vfkq b]gs, @)^) ; fpg !#

**Onlg0 M066/g0af6 hg; 5}lj ifosf]1fg / ; lk l; Sg]l; sfpg]sfd Onlg0 xf]. 066/g0af6 vfgf ksfpg] skfn sf60] nuf l; pg] 3/h' ; fdfg d/dt ugI 3/, sfofno / Joj ; fo Joj :yfkq ugI ahf/ vff]g] clb cglu6tl sfd s'f l; sf065 . s0 lj ifosf]1fg s0 j 3; f06df kf065 egl hfg' cfj Zos 5 gq j 3; f06sf]el8df x/f0g]8/ x65 . ; Rgf ; flf/tf n]066/g0df cfkmh0{rflxg]; Rgf / 1fg vff]g]lfdtf a9fp5 .**

dlN6ldl8of / 066/PIS6e klj lwn] ubf{ Onflg0nf0{ cTo6t} /f]s / k0fj sf/L agfPsf]5 . lj Zj lj Bfnosf slffsf]f, tflnd xn, k':tsfnodf nufgl sd u/] cef]ts lj Zj lj Bfnodf nufgl ub5g\ efi]ts lgd]0f]sf] b]f]0f cef]ts lj Bfno w]}; :tf/ ; /n xg; S5 .

:jf:Yosf]lfqdf

gkfnf 8S6/x2n]; g\!((% blv xlygdfknt cfk; df :j :Yo; awl  
lj rf/ lj dz{ 5nkm ug; lj wsf]pkofu ub]cfPsf lyP . clxn]cfP/  
:jf:Yo lfqdf la/fdl hfRg] /fu v60fpg] cf]wfkrf/sf]k/fdz{lbq}  
/ut bfg lbg] /ut, lb; flk; fa hfRg]cfib sfddf ; Rgf klj lwsf]pkofu  
; ? xg nfu\$F\$ . sltko ; ]fx2 ; ? e0; s\$F 5g\ . gkfn /Bqm;  
; f] f06lsf]An8 a\$N]; #fng u/\$f]j \$; f06 www.bloodmembers.com  
n]/ut bfg ug{rfxg]j /utsf]vfFf]k/\$f JolQmalr ; Dks{ul/lbg]/  
o; af/]lj lw hfgsf/L pknAw u/fp5 .

/ut rflxof] 066/gdf

www.bloodmembers.com j \$; f06dfknt /ut bfg u/L :j o+]f  
ug{rfxg]2n]cf`gf]gfd cfkm}btf{ug{ \$5g\ . 066/gdf ; lj wf  
ePsf]gkfnf]sg}klg zx/ / ufp]v lnP/ lj Zj sf sg}klg  
bzdF /x\$F c:ktfn j f gl; {xf]df /x\$F]tkf0\$F lj /fdlsf nflu  
cfj Zos k/\$f]u\$sf]/ut sxFa:g] sg :j o+]s; E 5 eg]  
kQfnufpg ; Sgxg\$ . al/u\$df /x\$F la/fdlsf cfkntx2n]of]  
j \$; f06df cf`gf]la/fdlnf0{cfj Zos k/\$f]u\$sf]/ut al/u\$df  
/x\$F :j o+]sx2sf]gfd 7ufgf kQfnufP/ /ut bfgsf nflu cg/  
fu ug{ \$5g\eg]ahfotdf xf] yf cd]/sfd hxfRkg /ut bfg ug]  
:j o+]s / /ut rflxg]la/fdlalr khf]sfd ug{of]j \$; f06  
agf0Psf]xf]. -/fdz/Of kf08] sfl6tk/, a\$fv @&, @)%(

**0d]8l; g** M066/gdfaf6 pknAw xg]ol lj le6g vfnsf ; ]fx2 0d]8l; g,  
6]nd]8l; g, gdf 8S6/ cfib gdn]lrlgg yfn\$F]5 . gkfnh:tf]bu\$ /  
:jf:Yo ; ]f / lrlsT; s; dlf clt sd kxF ePsf]bzdF ; Rgf klj lwsf]  
pkofu u/] cfj Zos ; ]f k%ofpg; lsg]kof]t ; efj gfx2 5g\

bu\$ lfqdf a:g]la/fdlx2 / cGosf/Ofn]rnlkm/ ug{g; Sg]la/fdlx2nf0{  
lj z]f1 8fS6/sxfFhfpg n]hg g; lsg]/ 8fS6/nf0{klg la/fdlsxF  
k%ofpg g; lsg]cj :yfdf la/fdlnf0{:yfglo :jf:Yosdl]cgnf0g ; Dks{  
ub] 8S6/sf]lgb]g cg; f/ la/fdlnf0{ hfRb} 8fS6/nf0{ rflxPsf]

hfgsf/L lbg; ls65 . bu\$ j f b/:y :jf:Yo rf\$ldf lel8of]j f l:6n  
l8lh6n Sofd]f /fv] ; ud :yfgdf a:g]8fS6/n]la/fdlsf]l:ylt xg}  
; \$5 . o; af6 la/fdlnf0{vt/f sd x65 / ; do hf]uP/ la/fdln]; dod}  
pkrf/ kfpq; \$5 . hDnf xDnfsf la/fdln]klg sf7df8f\$F ; lj wfoQm  
c:ktfnf 8fS6/x2sf]; ]f kfpq; \$5g\

of]k:tssf n]yssf]b0{k6s d6sf]af0kf; zNolqmf e0; s\$F]5 .  
kxnf] k6s ef/tdf ; g\!((@ df ; h[L ePkl5 ; #f/sf] cefj n]  
8fS6/; E ck/] gkl5sf]lgoldt hfF / k/fdz{ing / cf]fwldf ; wf/ ug}  
; l\$Pg . km:j2k bf] f]k6s @))! df a\$sdF zNolqmf ug{Yof].  
clxn]gkfnfd lgoldt k/Llf0f u/fP/ To; sf]l/kf\$ {0d]haf6 k7fPkl5  
t?6t}; j]wt 8fS6/n]0d]haf6 hjfkm ; emj k7fpg]u/\$f 5g\ km/  
km/ hFfpgsf]nflu ef/t j f yf0Nof08 hfgkg]bh6 ; fwg / ; do  
hf]uPsf]5 .

hxfFa; \$f]la/fdln]klg 8fS6/; E t?6t ; Dks{ug{ Sg] hlt; S}6f9f  
a; \$f]8fS6/n]klg la/fdl hfF] k/fdz{lbq; Sg] la/fdlsf]lgbfg /  
pkrf/; awl ; a}; Rgfg2 l8lh6n 2kdf ; sng ug{/ t]sf n pknAw  
ug{ lsg] vr{/ ; do hf]ug]cfib 0d]8l; gsf knf0bf xg\ . gkfnfd  
; Rgf klj lw glldf 0x]y cyf\$ \b/:jf:Yo / 6]nd]8l; g cyf\$ \  
b/pkrf/ ; ]f a9fpg cfj Zos k]fv/ lgdf0f ug]s/f pln]y 5 .

6]nd]8l; g; gdf / ; du]:jf:Yo ; ]f k0ffnlsf]cgludg tyf Joj :yfg ug}  
; lhnf]xg\$F ; fy]lrlsT; slo ; Rgf t]sf n k]f0f ug{ ls65 . dxdf/L  
km]Psf]ahf]df o; sf]cgludg ug{; lhnf]x65 . :jf:Yo sfo\$tf{tyf  
lj Bfyl2n]:jf:Yof]krf/ / lrlsT; f; awl 1fg; ; Rgf / k\$fgx2 t]sf n  
; /n / ; :t]df kfpq; \$5g\ . :jf:Yo ; ]f / /fu]sf]af/0f hgr]fgf  
km]fpg]sfddf 066/gdf / 0d]sf]Jofks pkofu ug{ ls65 .

lj sf; zln b]zx2df ; Rgf klj lwdknt ; /n 2kdf ; ]f k%ofpg]p2]on]  
cd]/sf / o/f]k\$F sltko u}; /sf/L cGt/fli60 ; #yfx2 nflu/x\$F  
5g\ . www.telemed.org df :jf:Yo lzlf; awl c; W0 1fgsf]e08f/  
kfpq; ls65 . cd]/sfl:yt u]Jofkl/s ; #yf ; 0nf0km]k]Vj ldfly tlnf]  
slfd :yflkt x]y:of6 @ gfdsepkuxdfknt lj sf; zln b]zdF :jf:y  
; awl ; Rgf k]f0f / e08f/0f ug]; ]f pknAw u/fPsf] 5 .  
www.healthnet.org n] :jf:Yo lzlf; awl ; fdull, cg; Gwfgsf thf  
hfgsf/L, 8fS6/x2alr 5nkm, lj z]f1x2sf]/fo ; emj ; fdbflos

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

gʔfndf ; ʔgf klj lwsf]pkofʔ

5nkm ugʔ; lj wf pknAw u/ʔpB . oflj ʔ; f06 :j f:Yo; awl lj lj w ; ʔgf / 1fgsf]e08f/ g]xf]. o:tf 6]nd]8l; g; awl cgʔsf]ʔ ʔ; f06 / kfʔhʔxʔ 066/gʔdf eʔfpq; ls65 .

; ʔgf klj lwdf cfwfl/t Joj ; fodf

; knʔj ʔ/ pTkfbg / lgoff

ædlj; gn]k9ʔ; ; Rofpg tyf ; Dkfbg ugʔu/L dlj; gleq /flvPsf]j f l/s8{ ul/Psf]lgbʔg, tVofs, Wj lg j f lraq g}; ʔ6j ʔ/ xʔ]. o; c6tuʔ sʔja:t' j f ; j]fsf]cfj Zostf-lj Zn]ʔof, ; ʔyf j f pBʔu Joj ; fosf]Joj :yfkj j f kʔffnl]sf]uxg lj Zn]ʔof, kʔffnl 18hf0lg<sup>a</sup>, ; fs]ts j ulʔ/Of -sf]ʔ<sup>a</sup>, k/L1ʔof, clen]y, kofs]h<sup>a</sup>, u0f:t/ lgo6q0f tyf sfoffj og h:t f pk-klqmfʔxʔ k5ʔ; ʔ6j ʔ/ pTkfbgsf lj lj w sfd c6tuʔ kofs]h ul/Psf ; ʔ6j ʔ/xʔ, s; ʔf]cfj Zostfcg' f/ agʔf -6h/dʔ\_ ; ʔ6j ʔ/ tyf sDk06/; ʔ]cfPsf -00aʔʔ\_ ; ʔ6j ʔ/xʔ 3/h' tyf c6t/fl60 ahf/df aʔgsf]nflu ; w/ j f lj sf; ugʔsfd klq k5{. ; ʔ6j ʔ/sf]pkofʔ u/L ; ʔgf klj lwsf]dNodf clej [4 ugʔg}; ʔ6j ʔ/ kʔfʔ j f ; ʔgf klj lw ; j f xʔ]. 8ʔf 066k 18lh6f0hʔg, dl]8sn 6ʔ; lqmk; g, sn ; ʔ6/ j ʔ s66ʔ6 18hf0g nufotsf sʔf ; ʔgf klj lw ; j f; ʔ ufF, Psf 5g\ʔ - ; ʔgf klj lw gllt tyf /0fgllt; awl sfoʔqxʔ, /f-of]cfofʔ, af6 .

; ʔ6j ʔ/ pBʔun]; ʔ6j ʔ/ pTkfbg tyf kʔfʔ ba]ʔf0{; dʔʔf]x65 . of] pBʔuaf6 pTkflbt a:t'lgoff ug{ef]ts oftoft rflxʔ. lj bʔzl dbf sdfpg / /f]huf/L lbnfpg clxn]of]pBʔun]dx]j kʔf]eldsf v]bʔ . of] pBʔun]j ftfj /of lj gfz ubʔ . ; ʔ6j ʔ/ pTkfbg pBʔusf nflu cʔ6t b]f hgziQm rflx65 .

gʔfndf lghl lfʔn]; g\(\*) sf]bzsd f ; ʔ6j ʔ/ lj sf; tyf kʔfʔsf] lfʔdf kj ʔ uʔof] / ; g\!( ) sf]bzsd f ; ʔgf klj lwh6o j :t' tyf ; j]fsf]Jofkf/, tflnd, 8]s6k kʔfzg, j ʔ kʔfzg, ; ʔ6j ʔ/ lj sf; , ; Nnfxsf/ ; j]f h:tf Joj ; foxʔ lgs]km6fP . l5dʔl bʔxʔsf]thgdf gʔfnn]; ʔ6j ʔ/sf]lgsf; l lgs]k]lxn]yfnʔf]lyof] ; ʔgf tyf ; -rf/ d6qno / gʔfn bʔ; -rf/ k]lws/0fnf0{; 3fpg lj Zj aʔʔn]; g\(( \* df ; ʔgf klj lw; Da6w cl]bog u/ʔf]lyof]h; df ; ʔgf klj lw pBʔunf0{ !% b]v @) j ifʔf]cj lwdf j flifʔ Ps ca{cd]sl 8n/ a/fa/ lgsf; l ug{Sg] dhʔs}; aʔ6bf 7hf]lgsf; l pBʔusf ʔkdf :yfkf ug{; lsg]

p]ln]y ul/Psf]lyof]. t/ bʔleq plrt gllt, kʔfʔf/ / Pʔ sfggsf cfefj n]ubf{of]lfʔdf gʔfn cʔsf]bfʔfʔf lgs]k5f18 k/ʔf]5 .

; ʔ6j ʔ/ pBʔuaf6 gʔfnn]; fʔf]g]nfe lng]xf]eg]o; sf]nflu gllt, Pʔ sfgg kʔfʔf/ lj bʔzl tyf cf6t/l/s nufgl, pkoQm hgziQm pTkfbg, u0f:t/df lgo6q0f, lj bʔzl lj lgdodf ; xlnot nufotsf lj le6g lj ifodf cgsh j ftfj /of agfpg' cfj Zos 5 .

; sf/flds sbd

sDk06/ ; ʔ6j ʔ/ lgdfʔf sDkglxʔn]; /sf/af6 lgoff{ssf]df6otf gkfPsn]Psfllt/ c]w ʔkn]; ʔ6j ʔ/ k7fpg]kʔfng a9] /fh:j udʔf]5 eg]csf]t/ s/ ltg]sDkglxʔn]a9l s/ ltg]k/ʔf]5 . lgoff{t a:t6f s/ 56sf nflu sDkgln]; Demʔfkq, 0EEj f0; skl, kofls<sup>a</sup> ln:6, sfur] lan, aʔ eQmgl / aldf ; awl sfuhft kʔ ugʔ5{ t/ ; ʔ6j ʔ/ 066/gʔsf]dfl]odaf6 k7f0g]xʔf ; Demʔfkq, 0EEj f0; skl / aʔ eQmgl dfq}sDkgln]b]y]fpg; S5 .

sf7df8fʔf em08}bz j6f sDkglxʔn]hd6l, gʔ/Nof08, kʔfʔ; , hfkf, cd]v/sf, ahʔot nufotsf bʔxʔdf ; ʔ6j ʔ/ / dl]8sn 6ʔ; lqmk; g tof/ ul//xʔf 5g\ gʔfndf lgdfʔf ul/Psf ; ʔ6j ʔ/ cʔlt/sf]thgdf ( ) kl]tzt; Dd ; :tf / .0Sj]nl u8ʔ ePsf sf/Of o:tf]pBddf nufgl ug{lj bʔlxʔ p] ; s xʔf]xʔ]klg s/ 56 gePsf sf/Of To:tf]sfg kv] a; ʔf 5g\

sf7fdf sDk06/ /fv] l; w}; ʔ6j ʔ/ lgoff ug{JolQm]lj lwj t btf{ePsf sDkgl a/fa/s}sf/fʔf/ ul//xʔf 5g\ . 066/gʔaf6 k7f0Psf]; ʔ6j ʔ/sf]/ʔ8{g]xʔ]xʔf s; n]slt .pTkfbg] k7f0f]/ To; afkt slt /sd kl]t x65 eg] dfʔdfʔl cgdfg dfq] ug{ls65 . lj bʔzn]lt/ʔf]k} f gʔfnl sDkglxʔn]lj bʔzl aʔdf / flv]j f To; sf]; ʔdf dfn; dfq lemsfpg]; d] u/ʔf 5g\

ev{]cfPsf]; ʔgf klj lw Pʔn]-lj wʔs < ; ʔ6j ʔ/nf0{lgoff{off]o a:t6f]; ʔldf /fv] )-% kl]tzt e6; f/ zNs tfʔf]5 . o; n] sDkglnf0{ s/ 5Ngaf6 /ʔg; S5 t/ JolQmf0{ eg] c; / kfg{Sbʔ} .

-uf]j /fh pk]l]bo, lxdfn va/ klqsf, ! - !% df3, @)%&



066/gb ; jf / ; f0a/ Sofkm

gkfndf 066/gb]pkofu ug[; sf]; Wof Psblv 8p nfv kl]f]cgdfg 5 . 066/gb ; jf kbf]g ug[0hfht kfPsf !\* j6f cf0P; klx;dWb]!% j6fn]of]; jf kfof0/xsf 5g\ s]ln]/fhwfglafix/ klg el:of6sf]dbtn] of]; jf pknAw u/f0/xsf 5g\ . pglx;sf] 066/gb u]xs -Psfp06 x]8/\_ ; Wof @% xhf/ gfl3; s]f] 5 . Ps hgf u]xssf] kf; j8af6 w]h]066/gb kofu ug[ / ; f0a/ Sofkm]n]klg u]xsx;nf0{066/gb pkofu u/]sf]; dosf] lx; fan] zlls lnP/ ; jf lbg] xgfn] 066/gb pkofu stf]f]; Wof 8p nfvsf]xf/fxf/Ldf ePsf]cgdfg ul/Psf]xf]. clxn]066/gb]u]xs zlls c; lldt -cglnd6b\_ pkofu]sf]nflu jif]f] bzxhf/ ; kof]f]xf/fxf/Ldf 5 .

clxn]/fhwfgl afix/sf 7hf, vf; u/L t/f0 e]sf, zx/x;df u]xsx;nf0{ sDk06/, Odh, 066/gb]sf]; lj wf lbg]s]b]; Rgf s]b]j f ; f0a/ Sofkm]n] w]; Wofdf vhf]f 5g\ kl]t:kwf]ubf{zlls klg 36] em08}e) ; kof]F kl]t306f ePsf] 5 . sltko ; f0a/ Sofkm]n] / 7hf sfof]ox;nf] cf0P; klx;af6 lnh nf0g lnP/ 066/gb rnf0/xsf 5g\h; n]ubf{ pglx;sf]sfof]nodf clj lR5Gg 066/gb ; lj wf pknAw 5 .

sn ; [6/

sn ; [6/ gkfndf km6f0/xsf]; Rgf klj lwdf cfwf]/t Joj ; fo xf]. sn ; [6/df lj b]z, vf; u/L cd]/sf / o/f]kaf6 sg]sfd ug]; Rgf j f ; jf lbg]cg/f]w jf cfb]z kl]t x65 / oxf]f]sDkgl]cfb]zcg; f/sf]sfd ul/lbP afkt k}f kfp5 . pbfx/0fsf]nflu, cd]/sfd s; hf0{xj f0hxfhsf] ofqfsf]; do tflnsf rlf]of]eg]p; n]; a]wt xj f0hxfg sDkgl]df km]g u5{j f Odh k7fp5 . cd]/sfd To:tf]; f]w]k5sf]hj fkm lbg]sf]nflu Tox]f]df]g; nf0{hflu/ lbP/ /fv]g'e6bf gkf]nh:tf]; :tf]hgziQm]kf0g] b]zsf]sg]sDkgl]nf0{To:tf ; f]w]k5sf]hj fkm lbg]lhd]df lbg'w]; :tf] k5{. To; h]To:tf hfgsf/L vf]g]; f]w]k5-km]gsn jf Odh]sf]hj fkm gkf]ns]sDkgl]nb65 . o; afkt gkf]nsf]sn ; [6/n]xj f0hxfh sDkgl]af6 k}f kfp5 . yf]z]abdf eGgkb]f]sn ; [6/sf]sfd ; db]k]f/Lsf sDkgl]x;sf] nflu gkf]naf6 ul/g]; jf xf]. o; sf]nflu d]bd bhf]f]hgziQm eP k]5 .

ef]w]f]ns lx; fan]gkf]nnf0{Pp6f kmf0bf s]5 eg]of]cd]/sfsf]l7s lj k/Lt efudf k5{. ToxF/ft xbf ox]f]bg x65 . o; h]cd]/sfd /ftl lbg]kg]; jf gkf]naf6 lbpF]lbg; ls65 . sltko ; jf /ftl dx]f]x65 . ; fy]cd]/sfd lbpF]f]thgdf /ftl km]gnf0g sd Jo:t x65 . o; sf/0f klg gkf]nnufotsf of]l]f]sf b]z]x;df /xsf sn ; [6/n]lbg]; jf cd]/sfsf]nflu a9l pkoQm x65 .

sn ; [6/n]lbg]; jf lj leGg k]f/sf 5g\ . tl d]w]w]k]f]nt ; jf **d]8sn 66; lqk; g** xf]. lrlst; s jf lrlst; f l]g; E; a]wt Jo]Qm]n] la/fdl hf]Rbf l6kfPsf s/fx; jf d]8sn l/s8]x; ; xl / b] 9un]tof/ kfg]sfdnf0{d]8sn 66; lqk; g elg65 . o:tf l/s8]x;df la/fdlsf] /f]w]f]; Dk0f{hfgsf/L tyf lj Bdfg zf/Ll/s cj :yfsf]hfgsf/L, c:ktfn jf lSn]gsnf0{rflxg]hfgsf/L, cf]w]w]sf]gfd, lrlst; f; a]w] lgb]z]g, Nofa l/kf]f] PS; /]l/kf]f] 8fS6/sf]lgb]z]g tyf ; em]j cflb ; Rg]fx; k5g\ o:tf hfgsf/Lx; lj b]z, vf; u/L cd]/sfaf6, Ej f0; kmf0ndf jf :j/sf]x; kdf ; fy]l8lh6n / 6]k]df klg k]f]t x65 . :j/sf]x; kdf cfPsf tl ; fdul]nf0{l]sf; zln b]z]df kf70 jf 6]s:6df sDk6/df n]v] k]f]s ; :y]df k7f065 . of]sfd ug]nf0{d]8sn 66; lqk; lg:6 jf Pd6l elg65 . Pd6ln]xfn Ps 306fsf]!) b]w] @) 8n/ kfl/>lds kfp5 .

gkf]nn] sn ; [6/df]k]f] lb0/xsf lj lj w ; jf]fx;d]w] ef]w]f]ns ; Rgf k]ffnl ; jf klg xf]. lj b]z]sf sg]gu/, lhNnf jf a:tl]sf]sfut jf c6o ; kdf ePsf]gS; fnf0{l8lh6n k]ffnl]df ab]Ng]sfd gkf]nsf sn ; [6/x;n]ug{yfn]f 5g\ To:t}ladf; Da6w] sfutkq, a]sf sfut kqx; qm]86 sf8]f 8]f]x; eg]kf; as eg]cflb lj leGg d]bd bhf]f]sfdx; sn ; [6/x;df]k]f] e0/xsf 5g\

**hf]vd M** sn ; [6/ P; f]; P; gsf] :60f088{ af]f]f ; b:o l; df]g /f]sf]f]gl]sf cg; f/ ah]fotdf sf]nf vfgl, l:6n sf/vfg / uf8l p]k]f]bs ; :y]fx;df sfd ug]; a]sd]f]f/Lx;sf]sh ; Wofe6bf sn; [6/df sfd ug]df]g; x;sf]; Wof w] 5 . lj sl; t b]z]af6 lj sf; zln b]z]df sn; [6/sf]sfd gk7fp]g /fhg]l]ts bafa a9g]; Defj gf 5 . olb o; f] eof]eg]gkf]nsf]sn ; [6/ Joj ; fodf klg o; n]w]Ssf k]f]of]g]lg]Zrt 5 .

sn ; Q6/ Joj ; fodf csf]7hf]vt/f klj lwsf]lj sf; xf]. efln afh]sf] s/f nVg]klj lwsf]lj sf; ePkI5 tyf oftfoft, aF lx; fa, ahf/ efpm cflbaf/] hfgsf/L lbg] sfd ldl; gn]g} :j rflnt 2kdf ug{yfnkI5 lj sl; t bzx2n]lj sf; zln bzx2sf sn ; Q6/x2sf]pkofu ugQkgI cj :yf cfpq; S5 .

6ljnj s{M 3/af6 clkm sf]sfd

sfofodf sfd ug[ sd{f/Lx2nf0{3/d}jf sDko6/ ePsf] 7fpEf -j s{6}g\_ a; ] sfd u/fpg]koffnlfn0{cgnf0g js{s0sDob, 6ljnsDob, 6ljnj s{cflb ljleG gfd lb0sf]5 . o; sf] dVo knf0bf uf8L r9] clkm; df hfEf cfpEf nllg]vr{/ ; do, jftfj/0fdf t] / wj fF]xg] kblf0f 36fp5 . ; fy}clkm; sf]axfn / ; fng vr{sd x65 . cgsn ; kf{vflg}2n]l56f] ; ]f kfp5g\ ktr; f sf] ; do a95 . cf/fd; fy sfd ug{ls65 . lr6t / wk8L sd x65 . lj sl; t bzx2df 6ljnj s{6} kfn]g lgs}al9/xsf]5 . lgoldt hflu/2 klg 3/df a; la; l clkm; sf] sfd ug{yfn]sf 5g\ gkfnh:tf]/fhgllts cl:y/tfsf sf/0fn]w]x8tfn / a6b e0/xg]7fpEf 6ljnj ls# lgs}pkofu b]v65 .

6ljnsDobsf nflu ; fdf6otof sDko6/ / cfj Zos ; ^6j 6/, df\$6 / 6ljnkrf] nf0g, / ; f/ ; lj wf rfx65 . 6ljnsDob cN5l nfu] ckfg0g] koffnl x0g . o; df lg0g s/f xgk5{Mlb0Psf]sfd ; dodf k/f xgk5{ / k6fj sf/L 9un]xgk5{. 3/df a; sf]sd{f/L sfdsf]ahfdf pknAw xgk5{f cgsn ; ]f vflg]h]tIsfn ; ]f kfp5k5{ 3/df klg clkm; df h:t}k/f ; do lbgk5{ ; fdf6otof clkm; / 3/alr lgSs}b/L xgk5{.

hlkLP; Mx/fPsf]ss/b]v ufl8; Dd vflg ; xfos

agdf rg{uPsf]uf0{x/fof]ls < 3/df kfn]sf]ss/ la/fnf]sxfFuof]k fs{ul//fv]sf]sf/ s; n]nlof]< ol s/f]sf]hj fkm vflg hfygf x]fpg hf]tj if j f wfdl emf]msxf]hfg'kb6 ca . hlkLP; cyf{Vnf]an kfl]n; lg^a l; :6daf6 ca x/fPsf]sb]klg a:t' t?6t}kQf nufpg ; lsg]ePsf] . hfkgfsf]clkm; tyf 3/df ; /lff ; ]f lbg]sDkgl ; \$dn]:of6hf06sf ; xfof]n]rllg]hlkLP; koffnl nfu"u/] cf^gf u]x2sf]x/Psf]kfl't' hf]g/ b]v bfdl dfn; fdfg kOf nufP/ pglx2sf]lr6t x6f0lbg] ; ]f ; ? u/]sf]5 .

hlkLP; ; ]fdf k]j le6b !! xhf/ df0ndfly l:yt epku]n]zx/ tyf a:tdf /xsf l/l; e/x2nf0{; \$] k7fp5 . kfl't'uf06:t' sS/ la/fnf jf uf8L cflb bfdl ; fdfgd em08)% u]d t]h]sf] ; Q; / pks/0f h8fg ul/65 . ; Q; / pks/0fnf0{z/L/leq h8fg ug{k66 3f6ldf em080f0 lbP kI5 . dfaf0n knf]g; E knf]sf]6fj/n] 6ljnkrf] l; lgn k]f/ u/6nf ; Q; /n] k]f/ u/]sf]l; lgn l/l; e/ 6fj/n] u]x0f u/] :of6hf06df k7f0/x65 . ; Q; /n]k7fPsf] ; \$]sf] ; do / lbzsf]cfwf/df :of6hf06n] u]xssnf0{kfl't'hj h6t' / uf8L sxfP5 e6g] ; xl hfgsf/L lb65 . clxn] o; sf] kofu s6fs6lx2, j 6j Af tyf dfgl; s cj:yf l7s gePsf dflg; x2sf]nflu klg ug{yfnPsf]5 . of] ; ]f k6fg u/6fkt ; \$dn] sS/ kfn]s u]x2af6 btf6Ns \$# 8n/ / dfl; s zNs & 8n/ ln65 . ss/ x/fP/ ; f]k5 ubf{k]t ; f]k5sf]@ 8n/ ln65 .

pBfu Jofkf/sf]lf6df

0sd; f]lj Btlo Jofkf/

0sd; {cyf{Vnf]an]66gs Jofkf/ 066/g6sf] dflldaf6 ul/g] cfly\$ sf/faf/ xf]. o; af6 ljleG dfn ; fdfg / cef]ts ; ]sf]vl/blaqm ug{ls65 . 0sd; 6f j 6; f06df dfn ; fdfg, tyf ; ]f x2sf]u0f:t/, df] / c6o ljj/0f clf/, lrq jf rnrqsf]2kdf lb065 / To; nf0{ x]7] OR5s u]xsn] 066/g6af6} ; f] ; fdfg jf ; ]f vl/b ug{c8{ lbg; S5 . u]xsn]a6sf]sf8{kofu u/] eQmgl u5{/ lj qm]fn]pkoQm dflld jf ; fwaf6 dfn; fdfg u]xssxfR6ofp5 . rnrq, ult, ; ult, l6s6 als^a ug]jf c6o dg]h]sf ; ]f, 0as ; Rgf ; ]f, sn; Q6/, ladf, sfgl ; ]f, 3/hluf lsga]sf]bnfnl cflb cef]ts a:t' jf ; ]f k6ofpg/ eQmgl ug]sfd 066/g6af6; Dk6g x65 . sb]klg JolQmPp6f sDko6/ / 6ljnkrf] ; lj wsf]cfwf/df c6t/f]66 Jofkf/L a6g; S5 . p; n] ckm; E ePsf]t/ ckm]f0{sfd gnllg]lstfa, sDko6/, Sofd/fb]v lnP/ cf^gf]3/v]; d] 066/g6dfkme laqm ug{j 6; f06df /Vg; S5 .

0sd; 6f ; fdfg / ; ]f plkbs tyf pkefQmalr ; f6m] ; Dks{/ sf/faf/ xg] xgn] alrsf Jofkf/Lx2nf0{gkfn jf sld; g Vj fpg' kb6 . lj 1fkg vr{sd x65 . 3/ axfn / oftfof]vr{x66 . kmn:j 2k ; fdfg / ; ]sf]df] sd x65 . ult, rnrq, tyf c6o ; ]f cflb cef]ts a:tx2 t?6t}u]xs; dl f k6ofpg; ls65 . s]s tyf ; fg

pBfux; n]lj leG /fli60 tyf cGt/fli60 ahf/df cf^gf]pTKfbgsf]dfh  
yxf kfpg / rfxsf]ahf/df aP; S5g\

0sd; {Jofkf/L / pkefQmfalr, Jofkf/L Jofkf/Lalr -al 6' al\_ , Jofkf/L  
/ ; /sf/alr, ; /sf/ / pkefQmfalr tyf pkefQmf pkefQmfalr klg  
xg; S5 . o; sf]nflu 6]hknf, 066/g0 sg; g, j a; f06, pkoQm; ^6j 0/  
/ x8] 0/, kof]t Jof08lj y, sf8af6 eQmgl xg]a]s^a kofnfl, P0 lgod,  
; /lff, 9]fgl; j f cflb k]fxf/x; sf]cfj Zostf x65 .

gkfndf: tf]ekl/j]7t dh5df 0sd; {lj b; Jofkf/sf]cToGt}pkoQm  
dflld xg; S5 . sd vr0f gkfndf ; fdfg cGt/fli60 ahf/df kxfpg  
; lhnf]x65 . gkfndf Joj ; folx; sf]k]t: kwf]lfdt a95 . gkfndf]nflu  
0sd; {cToGt pkofu]l xbf]x} klg o; sf]lj sf; gxgdf On\$6kgs  
sf/faf/nf0{df0otf lbg}/ lgodg ug[P0 lgods]cefj g]dh ; d:of  
b]vPsf] 5 . P0 lgods]cefj df On\$6kgs l; lgr/ / On\$6kgs  
; Dem]fn]df0otf kfPsf]50 . af]4s ; DklQdfly clwsf/ / pkefQmfsf]  
clwsf/sf] /lff, ; /lff, uff]otf / lj Zj ; glotf cflb ; d:ofx; sf]  
lg/fs/0f ug{k]g afsl g}5 .

0sd; h]Jofkf/af/]df]g; sf]; f]f0df dfq xf0g Joj xf/df klg kl/j t0  
Nofp55 . cfly6 lj Zj ls/0fsf]gofFk0fj sf/L / b'ufdl kl/0ffd Nofpg]  
k4ltsf]kdf o; nf0{ln055 . o; n]/fi6sf]; ldfnf0{k]g k0fj kfg]  
xgfn]o; sf]k0fj /fli60 / cGt/fli60 ahf/df dfq}xf0g /fhglltdf  
; d] kg]b]v65 . clxn]o; af6 ul/a b; zsf ; fgf pTKfbgs; n]klg  
krf0bf lng]; 0fj gf b]vP klg eflh lj Zj Jofkf/ ; #7gdflly bafa k/]  
wgl /fi6x; n]o; df c\$z gnufpnfgveG ; ls50 . ctM0; n]lj Zj df  
Jofkt wgl / ul/a b; x; alrsf]vf8n 36fp5 ls a9fp5 e6g]s'f  
clxn]g]glZrt ; kdf e6g; ls6 . t]klg clxn]o; n]gkfndf: tf lj k6g  
b; x; sf nflu lj Zj ahf/df Jofkf/ ug]cj ; / k]fg u/]sf]5 .

oPg8klkn]ufpFgu/ ; fem]f/L sfoQm]dc]tu; gkfndf s]l lhn]ndf  
pBf] j l0f]ho ; 3x; nf0{ j a; f06 agf0lbP/ 0sd; hf0{ a9fpg  
; 3f0/xsf]5 .

0a]s^a

0a]s^a eg]sf]3/ j f hxf]af6 klg a; df vttf v]lg', cf^gf]vttfdf slt  
/sd 5 egl x0]Pp0f vttfaf6 csf]vttfdf, Pp0f a; af6 csf]a; df

/sd :yfgf]t/0f ug{8k6 agfpg; 6ken; {r; vl/b laqnl ug{tyf c6o  
k\$]sf a]s^a sf/faf/ ug{xf]. gkfndf sltko a; x; n]u]x; x; nf0{  
a; df wfpg' gkg]u/L 0a]s^a j f 066/g0af6 a]s^a sf/faf/ ug]; lj wf  
lbg yfn]sf 5g\ t/ pkoQm sf]g / k]fxf/sf]ckof]t t]n]ubf]0a]s^a  
clxn]k]/Des cj :yfd}5 .

0; lk^a; ; f0a/ k; n

gkfndf klg k; ndf gu0sg k; ndf ePsf ; fdfg /f]h]/f]h] ls6g]0sf8{  
j f a; sf]q]86 sf8af6 k} f l]tg]/ ; fdfg 3/ j f sf0f]nod}alemng]  
0; lk^a ; ? ePsf]s]l j if{e0; s]sf]5 . d; fxfp; 86 sd, 7d]h 86  
sd, gkfndf; k 86 sd cflb bh0fFgkfndf j a; f06x; 066/g0df 5g\  
7d]h 86 sd j a; f06af6 gkfndf aflx/sf gkfndf j f s; h]klg gkfndf  
a:g]cfknt j f lk0hgx; nf0{bz]ltxf/, gofFj if{ lqm; d; , h6dlbg,  
cdf, af sf]dv x0]lbg tyf lj leG r]f8kj \$f cj ; /df pkxf/ k7fpg  
; S5 . bxl, k]h, ld7f0{s; k]m]k]h, k]h]sf]dfnf j f uR5f, bf]f; ?j fn,  
; f8lr]f]h]; 56bf, sn; cflb ; ugsf ; fdfg nufot em08}Psxhf/  
lsl; dsf ; fdfgx; df /f]h] cfkntnf0{k7fpg ; ls65 . pkxf/ lb]sf]  
krf]lvr] k7f0lbg]Joj :yf klg 5 . k]0; ; fdfg / ; j]sf]dfh %)  
cdl]sl 8n/ nflu5 . q]86sf8af6 pQm /sd gkfndf]a; df h]df  
ug{ ls65 . o: tf]; lj wf lbg]c? klg j a; f06 gkfndf vh]sf 5g\  
www.nepalhomepage.com gkfndf Jofkf/L / u]x; x; sf nflu lgSs]  
pkofu] j a; f06 xf] h; df lj leG pBf], Jofkf/, x:tsnf, x]0n,  
ko6gnufotsf gkfndf; awl hfgsf/Lsf]e08f/ g]k]fpg; ls65 . d; fxfp; n]  
cf^gf]j a; f06 www.munchahouse.com df b]gs pkef]usf /  
3/fo; l cfj Zostfsf cg; ; fdfg /fv]gsf ; fy}vfgsf]kl/sf/ klg  
; hf]Psf] 5 . u]x; sn]lj leG tf/]xf]ndf tof/ kf]sf kl/sf/ krf]f]  
x] /f]h] 3/d]em]sfpg; S5 . www.food-nepal.com df gkfndf vfgsf  
lj z]f kl/sf/x; x0]; ls65 . o; df s; h]klg cfk]h]hfg]sf]gkfndf  
kl/sf/ agfpg]tl/sf k7fpg / To; df ePsf kl/sf/ ksfP/ vfg; S5 .  
lj z]f u/L lj b; zdf a:g]gkfndf / gkfndf]kl/sf/ ld7f]df]g; sf  
nflu lj b; zdf gkfndf vfgf ksfpg of] j a; f06 pkofu]l b]v65 .  
www.dhukuti.com csf]pkofu]l j a; f06 xf] hxf]Fgkfndf x:tsnfsf  
; fdu] nufot cfw]gs ; fdfg / k':tsx; klg /flvPsf 5g\  
www.nepalhomepage.com

ko6gsf]lfqdf

k':ts, klqsf, /lBof]jf 6]hlegh:tf ldl8ofe6bf j 3; f06 xf0n tyf ko6g Joj; folx2sf nflu lgSs}k6fj sf/L, ; :tf]/ ; lhnf]dflwod xf]. gkfnsf]af/df hfgsf/L lbg]klxn]j 3; f06 gkfn edof j ifsf]pknlfdf ; g\((( df tof/ ul/Psf]lyof]. gkfnsf xf0nx2 / ko6g Joj; folx2n] gkfndf 066/g6 ; ? ePsf]ahfb]v g]j 3; f06df xf0nsf]lj j /0f, gkfnsf ko6slo :ynx2sf]lj j /0f, ; f:s[ts ; df/fx, hfqf, kj { hflt, hghflt, wld6 :yn cflbsf af/df ko6sx2nf0{sfid nflu}/ nff]ofpg]vfnsf hfgsf/Lx2 /fv yfn3f lyP . gkfnsf]af/df dlN6dl8of ; l8l agfP/ oxlf]ko6g pBf]usf]lj sf; ug]k6f; ; /sf/n]@)%# ; fnd}u/3f] lyof]. clxn]gkfnsf clwsfz 7hf xf0n, ko6g Joj; folx2, j fo' j f tyf ; Dal6wt c6o ; j fx2n]cfcf`gf]j 3; f06 /fv] lj Zj sf ko6sx2nf0{ cfslif ug]k6f; ul//x3f 5g\ sltko j 3; f06x2 gkfnlx2sf]nflu klq gkfn; awl 1fg / ; Rgfsf /fd] ; f] xg\

o; }d] fdf @)^) h]df ; s[t, ko6g tyf gful/s p•og d6qnon] gofFwww.tourism.gov.np j 3; f06 ; fng u/3f] 5 . of]j 3; f06 klxn3f j 3; f06x2 / gkfnsf]hfgsf/L lbg]c6o j 3; f06x2sf]bfhfdf lgSs}cfsif6, x6{; lhnf]/ lj lj w lj ifosf]hfgsf/L dhs 5 . o; df gkfnsf ; a]xdfnx2, wld6 tyf dgf]d :ynx2, xf0n, 6ken Ph]6x2, 6ks^ l/hf6{cflbsf af/df hfgsf/L /flvPsf]5 . of]j 3; f06af6 lj Zj sf s6}efuaf6 klq lxdfn r96]0hfht lng; lsg]Joj :yf ul/Psf]5 .

sxl j if6l3 Pshgf kj {f/fxln]; s6fk6g cj :ydf d[ok] {cf`gf]kl/ jf/; E :of6nf06 krf]dfknt s/f u/3f] 36gf lgSs}rlr6 ePsf] lyof]. kj {f/fxln]0hfht lnP/ j f glnP/ ; 6nf06 krf]sf]k6f] ug{ yfn3f]w}]e0; s3f]5 . ca cfP/ ; u/dfyf / nf]; ]lxdfn cleofgdf hfg] ko6sx2sf] nflu ; u/dfyf k6]f0f lgo6qof ; ldltn]; u/dfyf cf/fx/ofsf]:j of{dx]; j sf]cj ; /df @)^) a3fvb]v; u/dfyfsf]cfw/ /zlj/df 066/g6 ; j f ; ? pknAw u/fPsf]5 . o; sf]nflu cfj Zos k]lj lws Joj :yf 066/g6 ; j f k6fos ; yf j N8{n6n] u/3f] 5 . o; nf0{rflxg]lj hhl ; 6{zIQmaf lng]Joj :yf ul/Psf]5 . b/; f/ ; Dks{el:of6 6ld6n h8fg u/] :of6hf06af6 ln0Psf]5 / Nofk6k sDk6b/df 066/g6 x6{ l65 . ; u/dfyfsf]pQ/L efu lrglt/ eg]lrgofx2n] clxn]Jofks dfqdf df3f0n krf] k6f]df NofPsf 5g\ . kmj 2k

; u/dfyf r96]qmdf s6}klg ahf, s6}klg prf0df a; j Nofk6k / df3f0n krf] hf6] 066/g6 rnfpg'ca gfh]s/f ePg . ; fy}o; af6 5f6f]lel8of]sfo6nd klq k7fpg ; lsg]x6gn]s; 6]klg lel8of]hf]8Psf] l8lh6n Sofd]faf6 5f6f]6f]k]ol f/0f ug{; Dej ePsf]5 .

s[ifsf]lfqdf

s[ifsf]lfqdf ; Rgf klj lwsf]pkofu clxn]dVo 2 kdf s[if ptkfbgsf] ahf/ efp / /li66 / c6t/f]66 ahf/sf dfuaf/]a%g, df} dsf]elj ioaf0l ug{ /flJofwlsf]k] hfgsf/L / lgo6qof ug{e0/x3f] 5 . t/ o; sf] pkofu lj sl; t b3sf ls; fg tyf bW, df; ; k6h tyf df5f Joj; folx2n] k7/ dfqdf ul//x3f 5g\ l:j 86sf]sfn]d/ k6tsf]Pp6f ufp6f of] k':ts n]ysn]uf0{uf]df o; sf]pkofu x6]cj ; / kfPsf]lyof].

uf]sf x/3 uf06f]sfg j f 3f6df 66; ld6/ hl8Psf]5 . uf0{uf]df j f r]df hxFeP klq 66; ld6/n]uf06f]tkqmd, /Qmrk cflb lj le6g hfgsf/L uf]sf]sDk6b/df k7f0/x65 . uf06]bfgf vfPsf]/38{klq /fv5 . s6}uf06]b0{k6s j f csf]uf06f]bfgf vfg vff]of]eg]bfgf vfg] efBfsf]lasf]cfkm]a6b x65 . s6}uf06f]bW b6g afsl 5 ls, uf06]ax/ vff]3f] 5 ls < uf06f]0{ ; f] 56] ls cflb w}]k6f/sf hfgsf/L sDk6b/n]/fv5 / cfj Zos lgb3g lb65 . ToxfFxfdf]ufp6f h:tf]Psb0{ j 6f uf0{kflg]rng 56] . Pp6f uf]df Ps ; oe6bf w}]uf0{x65g\ To; 6] ; Rgf klj lwsf]dbt gln0{; a}uf06f]Joj :yf ug{ufx]x65 .

ef/t / a6nfb3sf ufp6f ls; fgx2n]klxn]cf`gf]v]sf]cgfh a]g zx/ ahf/ hfgkYof]j f z/xaf6 cfPsf Jofk/lnf0{a]gkYof]. clxn] ufp6f]ufp6f ePsf ; Rgfnox2df /flvPsf sDk6b/df ufp6]lhssf]ahf/ b]v c6t/f]66 ahf/df c6gsf]efpm s]5 egl pglx2n]a%g kfp6g\ km: j 2k pglx2 7lugaf6 hf]u65g\ o; /L dxf/fi6sf skf; ptkfbs ls; fg, a6n / s]nfsf df5f ptkfbs dfemx2, xl/of0f / k6fasf uxF ptkfbs ls; fgx2n]cf`gf]dfnsf]/fd]df]h kf0/x3f 5g\

gkfndf ptkfibt s[ifh6o j :tsf]cflwsf]s hfgsf/L lbgf nflu Pul]k]0; gkfn www.agripricenepal.com j 3; f06 @)% ( ebf] ! ut6]v ; ? ePsf]5 . o; df dx]b6u/, s6hnl, bf6, af6]; v] , 2k66xl, kflkf, t6x sf:sl, sf7df8f]dsj fk/, lrtj g, wglff, df]6, erfkf, w/f, wgs6fsf] !\* dVo ahf/sf !%) e6bf w}]s[if ptkfbgsf]dNo; Rl / flvPsf]5 . of]

j a; f06 gkfnl / cuhldf 5 . of]j a; f06af6 s[if ptkfbgsf]; fdfco  
hfgsf/L lngk/df lgnzns / lj zif hfgsf/L lngk/df znls lt/L u[xs  
agk5{.

dgf]hgsf]lfqdf

dln6ldl8ofn]dgf]hgsf]lfqdf qmlcstsf/L kl/j t9 cfPsf]5 . /df00f,  
dxef/t, k70f tyf n[ s ufyx[ s fmlkgs :ju{gs{tyf hfbu/L  
rdTsf/ / ljlrqs kfqb]v lnP/ k[P]txf; s hlj 8f0g; f]sf hlj[  
rnlrqs, e't k[ tyf hfbu/ / af]; lsf syfx[ Xof/L kf/h:tf  
smlkgs p8fgx[ 6]hlehg / l; gdf xnsf]kbf[ b]vg' ca cgf]f  
nflub[ . Plgd] g tyf ^nof; h:tf cg[ f; ^6j d/n]hlj h[thf0{dfg kfqsf]  
[kdf Jojxf/ u/[sf]b]v]pg ; lhnf]agfPsf]5 . olt dfq xf0g ca  
snfsf/sf]cgxf/sf]Ppof krf]dfq lvr] To]snfsf/n]v]h]f]l; u}  
lknld agfpg ; Dej ePsf]5 .

; #f/sf]sg}klg efudf s; h]cgnf0g ePsf]sDko6/df s; h]ult jf  
; ut ; lg/x[sf]5 eg]To]ult ; ut hf] h]cf^gf]sDko6/df 8fpgnf  
ug{lsq}; ^6j d/ alg; s[sf]5 . ; l8l /f]df l; u}rnlrq c6fpg]/  
hg; s} sDko6/df x[ ]ls65 . Ppof ; l8ldf ; o b0{ ; o ultx[  
c6fpg5\ . Jn'-/]l8:sdf !# 306f ndf] 6]hlehg sfoqnd /s[8{  
ug{ls65 . !@ ldnld6/ kftnf] of]l8:sdf @& luufaf06 d[ ]l  
c6fpg5 . o; n]klt; s[08 #% d]faf06sf]b/n]8[ 6[; ld6 ug{S5 .

clxn]s[ l knld lj t/s sDkglx[ n]k}f lnP/ u[ xssf]dfucg' f/sf  
lknldx[ 066/g[af6 8fpgnf] ug[; lj wf pknAw u/fPsf 5g\ k}f  
lt/] lglZrt ; dosf nflu xnlp8sf gj lgt d lknldx[ g]kfnd]8fpgnf  
u/] x[ ] ; ls65 . cd]/sfsf]lknldl gu/ xlnp8df ag[ ]sg}klg  
rnlrq ca s[ 36leq]lj Zj sf cg[ efudf Toxf[ dflg; n]af]g]  
efiffdf 8a u/] 6]hlehg / lknldxn[ df b]v]pg; ls65 . s/f]k[ k[ ]f]  
nufgl clxn]dln6ldl8of pB]df e0/x[ ]5 .

dgf]hgs pB]u clxn] lj Zj s}; a[ ] nfebfos pB]usf] [kdf  
km:6f0/x[ ]5 / gkfndf klg o; sf]k[ ] lj le[ ] [kdf kl//xsf]5 .  
On\$6[ ] ldl8ofsf]eldsf ca khft[ ]kx/df, hgtfsf]; j saf6  
knl/P/ s]n ; gsf]k[ k[ ]k[ ]sv'f agb[ .

; :s[t / wd[ ]df]lfqdf

j a; f06df kzkltgfysf]khf

kzklt lfq lj sf; sf]fn]e)^) h]b]v www.shripashupatinath.org  
j a; f06 ; #fng u/] lj Zj sf]sg}klg 7f[af6 kzkltgfysf]khf ug[  
Joj :yf u/[sf]5 . j a; f06df /flvPsf]cgnf0g khf krf/fddf khf ug[  
rfx[ ]JolQmsf]gfd tyf ; Dks{ug[ ]f] e/] sg > ]l]sf]khf ug[xf]  
Toxlcg; f/sf]/sd a[ , qm]86sf8]f c[6o dflwodaf6 sf]fnf0{k7fPk15  
sf]fn]; f]l cg; f/ khf ul/lb65 / kzkltsf]k] fb b[ ]t/ dflwod, xhfs  
j f sl/o/ ; j faf6 eQmsf]7]f]gfd k7f0lb65 . j a; f06df eQmngx[ ]sf]  
ubf; f]/ ; e[ ]sf]nflu a]n}krfd{/flvPsf]5 .

cd]/sdf a; j gkfnd]>f4  
; d[ ]k[ / a; ] klg lx6b' wdf]nDaln]k:tf]v r]nb}cg; /of ub[  
cfPsf]k/Dk/fnf0{lg/6t/tf lbg rfxgx65 < rfxgx65 eg]Ps5fs]  
a:g]tof/L u/]x65 . j a-kfs{gkfnn]zqmaf/ d]b/ft ; fj h]gs  
u/[sf]j a; f06df pknAw cgnf0g >f4 ; j fsf]dflwodaf6 klxn]  
ltlyd}>f4 ug{ls65 .  
o:tf]; j f pknAw www.jhacas.com sf]dflwodaf6 lj Zj sf sg}  
klg sgdf /x[ ] lx6bh]cf/flb] kzkltgfysf]dl6b/ kl/ ; /l:yt  
cfo[6d]cf^gf]lkt[hgnf0}>f4 ck[ ] ug{S5g\ kzkltdf z4  
af]Xdofaf/f k0f{k]qmf cj nDag u/L To; sf]; lrq lj j /of ; Dalwt  
JolQmf0{k7f0lb]Joj :yf sDkgl]u/[sf] .  
sDkgl]l; h[ ] u/[sf]0->f4; Dalwt ; ^6j d/sf lj sf; sf sf/of  
ca wd[ ]? gkfnn]lkt[ ]d[o'ePsf]bvb lbg dgdf s07f af[ ]  
a:g' kb[ ] . x[ ]n xf] \s [ofgf]zogs]ldf a; j sDko6/ v]h]  
j a; f06sf]gfd 6f0k u/]k15 aQl aln/x[ ]/ 6[ ]k[ ]kfn[ ]k108tsf]  
b[ ]o b]g; ls65 .  
To; df lSns u/]k15 cfp]g]/lh:6[ ]g krd[ ] >f4 ug[ ]JolQmsf]gfd,  
uf[ ], d[ ] JolQmsf]gfd, d[o'ltly, 6f0k ug[ ]5{. sDkgl]To:tf]  
c8[ ]kfg]lalQs}k108tsf]Joj :yf u/L kzkltdf >f4 u/L To; sf]  
t:al/ k7f0lb65 . -; fef/ Mlj hoafa'vql, sfltk' b]gs, @)%\*,  
ebf} !^\_

066/g6af6 blif0fsfnlsf]kfh

emsf; 86 sdn]cf^gf] j ; f06df www.manakamana.com, www.onlineshraddha.com, www.dakshinkalionline.com , www.dashain-tihar.com h:tf j ; f06 /fv] lj b7af6)blif0fsfnl tyf dgsfdgdf af\$ r9fpg] cfo\$6df >f4 ug[ bzfx/df gkfnf cfmtnf0{v; laf\$ / c6o pkxf/ k%ofpg]kpf; u/\$f]blv65 . t/ ol kl0m% n]bf sbjklg j ; f06 ; lqmo lyPgg\www.thamel.com n]klg bzaf af\$fnuot lj le6g k\$ /sf pkxf/ k%of0lbg]Joj :yf u/\$f]5 .

gkfn h6 86 sd www.nepaljain.com gkfnf]klxnf]h6 j ; f06 xf]. o; df gkfnf h6x2sf af/df cBfj lws hfgsf/L, 8f0/\$6/L tyf h6 dl6b/x2sf]a:t[ lj j /Of /flvPsf]5 . ; fy)o; df h6; E ; Dal6wt ; dfrf/, sfo6md cflb af/]klg hfgsf/L lb0Psf]5 . of]j ; f06 @)%( ebf]lv 066/g6df /flvPsf]xf].

; flxTo / snfsf]lf6df

j ; f06df l; uf]k':ts

; fdbflos ljsf; sf]nflu ; fdbflos /]8of]zlf\$sf]^\$ k[7sf] k':ts 066/g6df /flvPsf]/ 8fpgnf\$ ug{tyf h; sf]klg lk6/af6 5flg ldNg] gkfnf]klxnf] 066/g6 k':ts xf]. of] k':ts @)%& ; nfsf] cflv/lit/ 066/g6df /flvPsf]xf]. of]k':ts kl8LPkmkndof6df ePsf]x6f gkfnl lnkdf slQklg ljs[ gkf/L sDk6b/sf]kbf6f k96 ; ls65 . ljgostf/ s; h6f/f lnvt of]k':ts www.kasajoo.com j ; f06df 5 . ; fdf6otofM^ ldg6df l; u)lstfa 8fpgnf\$ ug{ls65 . of]k':ts ljsf; ; #f/ s[6b]dlb[ kdf klk \$fzgt u/\$f]5 . -; f] M gkfn ; dfrf/kq blgs, @)%\*, azfv !#

www.thopathopa.com gkfnl ; flxTosf]klxnf]j ; f06 / 066/g6df /flvPsf]klxnf]; flxTos k':ts xf]. o; df of]k':ts n]ysaf/f n]lvPsf \*) j6f n3syfx2sf]; sng ykfykf n3syf ; u/ /flvPsf]5 . o; sf]dlb[ kdf k\$zgt uuf s; h6f/f @)%& ; fndf ul/Psf]xf]/ Toxl j if]j ; f06df /flvPsf]xf]. o; df ePsf /vflrq ; lxtsf k[0\$ syf a]nfa]n}j khd /flvPsf 5g\ . ol syfx2 gkfn gsdffpg] p2]on]h; n]klg kgMk\$zgt, k| f/Of ug{S5 .

j ; f06df k':tsfnosf]lj j /Of

gkfnf]Vofltkfkt dbg k':sf/ k':tsfno sf] j ; f06 www.mpp.org.np df @)^) h]blv k':tsfnodf ; slnt !(!@\$ k':tssf] lj j /Of /flvPsf\$ . ; f]lj j /Ofdf k':tsfnodf ePsf k':tsx2 k':tssf] zlf\$sf]cfwf/df, n]yssf]gfdsf]cfwf/df, k\$zssf]gfdsf]cfwf/df klk ; #f/el/af6 x6{; ls65 . dbg k':sf/ k':tsfnon]gkfnl lnkfn0{ :t/ls/Of u/] sDk6b/n]a%g; Sg]agfpg]kpf; ul//x\$]5 . of]sfd ; Dk6g ePk15 gkfnl lnk / efiif j khd h:tfst]:t}x6{kf0g]5 ; fy} gkfnl lnkd}sd08 lbP/ sDk6b/ rnfpg; lsg\$ .

j ; f06df gkfnl ; flxTos klqs

xgt gkfnl efiifsf lj lj w lj ifo ; d6sf sxl kflfs tyf dfl; s klqsfx2 j ; f06df /fv yflnPsf]sxl j if{eof]t/ j ; f06df /flvPsf]lj z4 gkfnl ; flxTos klqsf dwks{f]. of]klqsf uf]vfkq ; #yfgsf]dfl; s k\$zgt xf]. lj b7df cl6og/t gkfnlx2n]; 's]f / k/b7 gfd s; flxTos 066/g6 klqs j ; f06df /fv\$ 5g\

gkfnl-cd]sl ; flxTo ; dfhsf]; lqmotdf ; #flnt ; 's]f j ; f06 www.susker.com n]lj le6g gkfnl ; flxTosf/x2sf]s[t gkfnl / cuhl efiifdf 066/g6df /fv\$]5 . ; fy}gkfnl lkmld tyf snaf/]rrf{ / lrx2 klk o; df /flvPsf 5g\ j N8]f08 gkfnh :686; \cu6f0h] gn] ; #fng u/sf] k/b7 www.paradesh.com n] gkfnl / lj b7l ; flxTosf/x2sf]s[t snfs[t tyf c6tj f6f]j ; f06df /fv]u/\$f]5 .

@)%( df3]; efiif]blv gkfnf]d]ynl efiifsf]klxnf]066/g6 klqs kllnj www.pallavmithila.mainpage.net ; ? ul/Psf]5 . of]klqs sf7df8f]yt d]ynl lj sf; d#sf]tkn66 wl/lb]k6]fl6f/f ; Dkfbg tyf k\$zgt ul/65 . o; df d]ynl efiifdf lj lj w ; flxTos ; fdul /flvPsf 5g\ x/\$ dlxg o; sf ; fdulx2 cBfj lws ul/65 .

j ; f06df ; flxTo jg dxfl; j

slj af/sf >]7 / syfsf/ hn7j/l >]7n]kljt if{lr]tjgsf]hundf cfof]hgf ug[; flxTo jg dxfl; j x2dl6]@)%( ; fndf cfof]ht !% cff jgdxfl; j sfo6md ; lrq kdf www.thopathopa.com/chitwan j ; f056df /flvPsf]5 . o; df ; f]jgdxfl; j sf ; xefulx2sf]; lrq kl/ro / sxl ; h\$sf ; flxTos s[tx2 klk /flvPsf 5g\

gkfnl j f<sup>a</sup>do j ; f06df lsg <

clxn]klg gkfnldf 5flkg]k':tsx<sub>2</sub> Ps ; :s/0fdf ; fdf0otof Ps xhf/ klt 5flk65g\ ckm,  $\phi$  klj lwdf 5flbf Ps xhf/ yfg lsf 5fdg dx<sub>6</sub> k5{. db0f vr{ n<sub>2</sub>fp6 l8hf0g / n<sub>2</sub>yssf]d<sub>2</sub>gt ; a}hf $\phi$ bf 8 $\phi$  ; o k[7sf]lsta xhf/ yfg 5flbf Ps yfg lsfasf]dfh em08}Ps ; o <sub>2</sub>k $\phi$ f<sub>2</sub>k5{. t/ Ps xhf/ yfg lsta gkfnel/ k<sub>2</sub>ofpg / lasfpg em08} kf<sub>2</sub> j if{nfl5 .

gkfnl kf7sx<sub>2</sub> ca gkfndf dfq ; lldt 5 $\phi$ g\ gkfn afx/sf vf; u/l ; dbkfi/ a:g]gkfnlx<sub>2</sub> sxffstfa k<sub>2</sub>ofpg'a]n; d:of 5 . j ; f06df lsta /Vg'; lhnf]/ ; :t]dfq x<sub>2</sub>og Ps}; dodf nfvf<sub>2</sub>k7s; dlf klk klg ; lsg5 . sg b<sub>2</sub>zsf slt kf7sn]lsta x<sub>2</sub>]egl yxf kfpg klg ; lhnf]5 . b sfp06/ 86 sdsf]ut j if<sub>2</sub>f]l/k<sub>2</sub> $\phi$ {cg; f/  $\alpha$ yfkf yf<sub>2</sub>k<sub>2</sub>f<sub>2</sub> n3syf ;  $\mu$  gkfnafx<sub>2</sub> Sofgf8f, c:6<sub>2</sub>nof, cd<sub>2</sub>/sf, l;  $\epsilon$ fk/ nufot lj le<sub>2</sub>g b<sub>2</sub>zdf a:g]kf7sx<sub>2</sub>n]x<sub>2</sub>/x<sub>2</sub>f lyP . @))@ sf]hgj /L @@ sf]lbg Ps}lbgdf %@ hgfn]of]k':ts x<sub>2</sub>]f lyP eg]xfn o; sf]b]gs  $\phi$ ogtd bz<sub>2</sub> !^ hgf 5g\

cf06ln]lsta 5flbf nflg]sfut d;L, 5fkfvfg rnf<sub>2</sub>bf / lsta 9]fgl ubf{nflg]06wg hf<sub>2</sub>fp/ aftj/0fnf0{; sf/ffds k<sub>2</sub>fj k15{. 066/g<sub>2</sub>df /<sub>2</sub>ug l<sub>2</sub>q 5flbf d;L / sfut klg nflb<sub>2</sub> . lsta /Vg b/fh klg rfx<sub>2</sub> . sDko6/ / 6]nk<sub>2</sub> ePsf]sg}klg 7fp<sub>2</sub>6 k9<sub>2</sub> / 5flk ; lsg5 . o; /L ag / jftj/0f hf<sub>2</sub>fpk klg ; xofu k15 .

gofF; Rgf klj lwdf gkfnl efiff / lnksf]k<sub>2</sub>ofu a9k15 To; df Ps<sub>2</sub>ktf Nofpgsf]nflu lnksf]:t/ls/0f ug{kg]x<sub>2</sub>5 / zAbsf<sub>2</sub> klg tof/ kfg<sub>2</sub> kg]x<sub>2</sub>5 . o; n]ubf{gkfnl efiff / lnksf]k<sub>2</sub>ofudf xfn bl]vPsf efiffut / Jofs/0fut q<sub>2</sub>l / c/fhstf ; dfkt e0{Ps <sub>2</sub>ktf cfpg; S5 .

c6o k':tsem]gkfnl k':tsnf0{klg j 8{k<sub>2</sub>mf0ndf h:t}kl8lPkm k<sub>2</sub>mf0ndf lsfas}cfsf/df / lsta kN6fPh:t}PsPs kfg kN6fP/ x<sub>2</sub>g{/ ; f<sub>2</sub>m} cfmh} rfx<sub>2</sub>f]kfg kN6fpg l; s65 . l;  $\mu$ }lsta Od<sub>2</sub>hdf P6<sub>2</sub> u/] k7fpg klg ; lsg5 .

gkfnl j f<sup>a</sup>donf0{cf06ldf /fvbf cf0nflg]; d:of

**gkfnl efiff / lnksf] sDko6/ sdf08** Mgkndf k<sub>2</sub>Int k<sub>2</sub>om; Dk0f{ sDko6/  $\mu$ hl efiffsf]sdf08n]rN5 . gkfnlefilx<sub>2</sub>n]lgj fv<sub>2</sub> <sub>2</sub>kdf sDko6/ / cf06l rnfpgsf]nflu gkfnl efiff / lnksf]sdf08n]rNg] sDko6/ ; ^6j  $\phi$ / a6g'cfj Zos 5 . xfn gkfnl ahf/sf pkef<sub>2</sub>mx<sub>2</sub>sf] l:ylnf0{x<sub>2</sub>of{gkfnl efiffdf rNg]sDko6/ ; ^6j  $\phi$ / agfpg]cj :yf sd} bl]v65 .

**lnksf]; d:of**Mxfn sDko6/df n]v]g]b] gfu/L j f gkfnl lnk lagf sg} :t/ cfm<sub>2</sub>vzl agf0Psf x<sub>2</sub>g\ a]nfa]n]k<sub>2</sub>6sf]nflu sl af $\phi$ sf]a]nfa]n} sl lyRgkg]cj :yf 5 . Pp6f k<sub>2</sub>6df n]vPsf]k<sub>2</sub>f0 ; fdul csf]k<sub>2</sub>6df kl/0ft ubf{j f j ; f06df /Vbf tl h:tfsf]t:t}kl/0ft x<sub>2</sub>g\ o; n] ubf{s<sub>2</sub>l clf/x<sub>2</sub> k9g ; lsg5\

! (\*) sf]bzsb]v g}sDko6/df b] gfu/L lnksf]k<sub>2</sub>ofu e0/x<sub>2</sub>f]5 . t/ Ps<sub>2</sub>ktf j f :t/ls/0fsf]cejn]ubf{cfm<sub>2</sub>vzl agf0Psf lnkaf6 ; d:ofx<sub>2</sub> cfPsf 5g\ Pp6f k<sub>2</sub>6df n]vPsf]s/f csf]k<sub>2</sub>6df k<sub>2</sub>of{h:tfsf]t:t} clf/ ga6g]x<sub>2</sub>gn]; do / d<sub>2</sub>gt v] u0/x<sub>2</sub>f]5 .

of]; d:of ; Nefpgsf]nflu ; g\ ((& df gkfnl k<sub>2</sub>6 :t/ls/0f ; lldt u7g ePsf]lyof] . ; ldtsf]k<sub>2</sub>of; n]sfd w}]cuffl8 al9; s<sub>2</sub>f]5 . o; } d]f<sub>2</sub> ; Rgf klj lw; awl j flif<sub>2</sub> p<sub>2</sub>; j tyf k<sub>2</sub>z<sub>2</sub>l Sofg Ockm<sub>2</sub>  $\phi$   $\phi$  # sf]cj ; /df dbg k/:sf/ k':tsfnon]gkfnl k<sub>2</sub>6 :t/ls/0f of]hgf c<sub>2</sub>tu<sub>2</sub> klxnf]r/0fc<sub>2</sub>tu<sub>2</sub> tof/ k<sub>2</sub>f]olgsf<sub>2</sub> lj t/0f u<sub>2</sub>f] lyof] . o; nf0{nfu"ug{ s<sub>2</sub>df ; Rgf klj lwdf gkfnl af<sup>a</sup>dosf]k<sub>2</sub>ofu w}] ; lhnf] xg; S5 . o; af/] yk hfgsf/L www.mpp.org.np df kfpg; lsg5 . ; fy}o; cfof]hgfsf k<sub>2</sub>h<sub>2</sub>6 8f0/\$6/ cd/ u?<sup>a</sup>;  $\epsilon$  Od<sub>2</sub>h amar.gurung@info.com.np df ; Dks{ug{ lsg5 .

**gofFs/fsf]8/ M**clxn]klg k<sub>2</sub>omw}]gkfnl ; h<sub>2</sub>x<sub>2</sub>n]n<sub>2</sub>ygsf]k/f]g} klj lw k<sub>2</sub>ofu ul//x<sub>2</sub>f 5g\ w}]s[t k<sub>2</sub>flzt e0; s<sub>2</sub>f / lgoldt <sub>2</sub>kdf n]v/x<sub>2</sub>f sltko n<sub>2</sub>ysx<sub>2</sub> sDko6/df n]v 8/fp6g\ sl af $\phi$ {lyRg]ls ; f]g]e6g]lr<sub>2</sub>tf pxf<sub>2</sub>df clxn]klg 5 . gofklj lwlklt gsf/ffds wf/0ff clwsfz df]g; x<sub>2</sub>sf]:j efj klg x<sub>2</sub>f. of]w/0ffn]gkfnl ; flxTonf0{ klg gsf/ffds k<sub>2</sub>fj k<sub>2</sub>f]5 . Pssf0; f<sub>2</sub>ztf]Absf]cf06l klj lwnf0{ gckg0{gkfnl j f<sup>a</sup>dosf]lj sf; ug{; Dej 5 $\phi$  .

ef]ts kjf{f/sf]sdl M gofF; Fgf klj lwsf]nflu sDko6/ xf8[Φ/  
To; nf0{rnfpq]l; :6d jf ; ^6j Φ/, 6]nknfΦ nf0g / lj hhl ge0  
x5Φ . gkfndf /fhwfgl / dflkm; nalr ef]ts kjf{f/sf]b[6n]; fx}  
w}]c6t/ 5 . dflkm; ndf 066/gΦ / 0dih rnfpq' /fhwfglsf]bfhfdf  
dx6f]5 . pknAw 6]nknfΦ nf0gsf]Jof08lj y sd xgfn]066/gΦ /fd/  
rnfpq ; ls5Φ .

; f0a/ slk/f06 sfg6sf]cej M gkfnl ; flxlTos s[tx6nf0{  
066/gΦdf /Vgsf]nflu pkoQm klTlnk clwsf/ PΦ lgodx6sf]cej  
5, h; n]ubf{gkfnl ; i6fx6sf]lxt ; Af0f xg ; SbΦ .

; f/ M kl; 4 ; #f/lj b Dofs nxfgn]eg6f lyP, ædflod g}; GbZ xf].Æ  
xdl o; f]e6g]cj:yfdf t 5ΦfFt/ dflodn]; GbZnf0{w}]tl/sfn]  
k6f]j t / lgo6qt u5{e6g]s'/fdf zsf 5Φ . ; #f/ dflodx6 hlht  
hl6n tyf cwlgs x65g\pltpit dflg; sf]; flg]tl/sf / k]tt ug]  
z]l hl6n tyf gofFb]h65 . km:j6k o; sf]k6f] /rgf jf s[t tyf  
ljwf / z]ldf k5{. ; i6fx6 dflbdsf]cgsh rNg afl6 x65g\ o; n]  
; flxTo jf nlntsnfsf]ljwfnf0{klg k6f]j t gkf/L 5fBbΦ .

gofF; Fgf klj lwsf]Pp6f kΦV lj z]ftf s]xf]eg]of]lbgxF; :tf]; /n  
/ zl3|x65 . km:j6k gkfnl j f^donf0{yf7]; dodf ; s]Dd w}]/  
lj lj w lfΦ / j u6f >f]j f bz6; dl f k6ofpg ; lsg]ePsf]5 . gofFofF  
dflod kF/ k/fgf nV o jf dlbt /rgfx6n]rdTslf/t 6kn]bz6; fd'  
k]tt xg]cj ; / kfpq yfn6f 5g\ ; fy)nflk xg nfu6f s[tx6sf]; Fgf  
klj lwdfkm ; Af0f ug{/ kgM ptkfbg ug{; lhnf]ePsf]5 . u0f:t/lo  
; ut l; h6f / k]f/0fdf cf06ln]qnl6tsf/L k/j t6 NofP enF; flxTo  
l; h6f ug]/ cfd gkfnl kf7s; dl f k6f]j sf/L 9un]k6ofpg]sfddf klg  
cf06ln]dxTj k0f{/ b/ufdl eldsf vNg ; Sg]s'/fdf zsf 5Φ . vfFf]5  
gkfnl ; h6x6sf]hf6/, d6gt / b/ b[6sf].

j 6; f06df snfs[t

sf7df8fF:yt snf / ; #f/; 6 ; Dal6wt ; #yf :kf0gl Jofan/n]cf^gf]  
j 6; f06 www.spinybabbler.org df gkfnl snfsf/x6 n6]; \* af^b]h,  
cd/ lrqsf/, ls/Of dfg6w/, 66al/ dlvof, p0d gkfnl, zzlsnf  
ltj f/L, zzl zfx cflbsf lrq snfs[tx6 /fv6f]5 . ; f]; #yfn@)%&  
; fpgb]v snfs[tx6 j 6; f06df /Vg yfn6f]xf].

gkfndf lj ut !) j if6]v gf6s, vf; u/L ; 8s gf6s lj wdf lj z]f  
of]ubfg lbg6f ; fy}of]lj wdf gofFofFk6f]u ul//x6f]/ hgtfsf]nflu  
hg gf60, ; fdbflos gf6s cflb gofFofFcjwf/0ffsf]lj sf; ul//x6f]  
cf/f60fn] cf^gf] ultlj lwaf/] hfgsf/L lbg6f] nflu j 6; f06sf] k6f]u  
ul//x6f]5 . x6{ Vwww.aarohantheatre.org . o; n]u?sh gfd /fv]  
gkfndf klxnf]gf6s l; sfpg]lj Bfno ; #fng ul//x6f]5 . ; fy}o; sf]  
afns[0f ; d gf60zfnfdf a]hfa]hdf VoflTklT gf6sx6sf]d#g  
e0/x65, h; sf]hfgsf/L ; f]j 6; f06af6 kfpq / l6s6 as ug{klg  
; ls65 . lj kl6 tyf zflftkl8t hgtfsf]hljg:t/ psf:gsf nflu  
gf6s lj wfnf0{cf]hf/sf]6kdf pkofu ug{o; sf]Pp6f lj z]f cjwf/0ff  
xf]. o; sf]af/df cg; 6wfg / k6f]u e0/x6f]5 / l5d6l dh6x6af6  
klg o; lj ifodf cg; 6wfg, cEof; tflnd lng / lbg oxfFcf0/x65g\  
zesfdgf 0sf8{

066/gΦdf cfsif6 zesfdgf / awf0 sf86 /Vg yfn6f]w}]j if{  
e0; Sof]. gkfndf klg o]fj udf o; sf]k6fng al9/x6f]5 . t/ /li60  
lj; tyf gkfnl ; #s[t / gkfnsf]; f6bo{en]sfpg]0sf86 ePsf]  
j 6; f06sf]cej xfn]l86; P08 cf0l8ofhn]k7f u/6f]5 .  
www.ecards.com.np df s]n gkfnl bZofj nl, dl6b/, hghflT, e]feiff,  
uxgf, gfr, dlT{ ; f:s[ts rfnrng en]sfpg]() klTzt hit cfmh]  
lvr6f d]ns km6f6f sf86 /flvPsf 5g\ o; af6 sg]klg dflg; n]  
sg]klg cj ; /sf]nflu ; xfpq]0sf86f ; GbZ n]y] k7fpg ; S5 . xfn  
of]; æ66f w}]k6f]u xg]gkfnl 0sf8{j 6; f06 xf].



cWlofo (

# cf dhgtfsf]nflu ; ʔgf klj lw

gʔfnsf]; ʔgf klj lw glIt n]; g\@!) ; Dd ; aʔf]nflu sDkOb/ lzIff eGg]gʔfnsf]; Gbedf clt dxIjfsf#l /OfglIt thdʔf u/ʔf klg o; leq lglxt p2ʔo cfdhgtfnf0{ ; ʔgf klj lwsf]nfe lng; Sg] tNofpg' x] eGg]sʔf emNsG5 . ; /sf/n]bz]ʔk#j iflG of]hgdf !%)) dflg; nf0{ sDkOb/ lzIff lbg]nlf /fv] sfd ; ? ul/; sʔf]5 .

gʔfndf cfdhgtf ; dl f ; ʔgf klj lwsf]kxʔ guGo 5 / o; sf]dh sf/Of bʔ; #f/sf]kʔfʔf/sf]cej ; fy}r]ʔgf / lzIffsf]sdl x]eGg] sʔf af/af/ plnʔy e0; sʔf]5 . of]l:yltdf ; a)gʔfknf0{sDkOb/ rnfpg l; sʔfpg ; lsG5 g t ; aʔf]3/3/df sDkOb/ / 0G6/gʔ ; lj wf kʔofpg ; lsG5 . t/ cfd hgtfnf0{of]klj lwaf6 nfeifj t u/fpg cGo pkfox 5g\h; sf]kʔfʔy gʔfnh:tf lj kGg / sd lzIfft hgtf a:g] bʔx ʔdf e0x/sf]5 . o; af/**lj sf; zln /fi6sf nflu ; ʔgf klj lwsf] dxIj** zlifʔdf kfʔf]cWlofodf 5nkm e0; sʔf]5 .

dWlo:yx ʔsf]eidsf

gʔfndf ufpʔfʔʔf 6]lknfʔ ; lj wf kʔofpg kl; lcf]kʔffnl nfu"ul/Psf] 5 h; cgʔ; f/ ufpʔʔf s; ʔf]knfʔ cfof]eg]p; nf0{af]h0lbg]/ s; ʔ] knfʔ ug]kʔof]eg]kl; lcfʔf cfP/ knfʔ ug]ul/G5 . of]kʔffnl gʔfndf ; km bl]vPsf]5 . o:t}Jo: yf ; ʔgf klj lw cfdhgtf; Dd kʔofpgsf nflu klg ug{ ; lsG5 . clxn] zx/L Ifʔdf ; f0a/Sofkn]ʔfknʔ cfdpkerQmfx ʔn]; ʔgf klj lwsf]pkofʔ ul//xʔf 5g\ of]kʔffnlnf0{ dWlo:ytf kʔffnl eGg; lsG5 .

cf dhgtf; Dd ; ʔgf klj lw, vf; u/L sDkOb/ / Odʔh ; lj wf kʔofpg s:tf]vfnsf]dWlo:y kʔffnl pkoQm xG5 eGg]sʔf cgʔ; Gwfgsf]lj ifo xg; S5 . t]klg c? bʔzsf]cgʔej sf]cfwf/df dWlo:yx ʔsf]lj z]ʔf / sʔl ; ʔf]t 9fʔfx ʔsf]af/ʔf 5nkm ug]a] xʔfʔf . o:tf dWlo:yx ʔ ; s] Dd :yfglo xgk5{ . :yfglo hgtfsf] cflyʔ c j :yfn]wfg; Sg] vfnsf] xgk5{ . hgtfsf] cfj Zostf kʔfug]/ cfj Zostf a%g; Sg] xgk5{ .

cuʔhl efiif a%g; Sg]/ :yfglo efiifdf pNyf u/ʔ aemʔpg; Sg]xgk5{. dWlo:yx ʔn]; ʔgf klj lw, o; sf]pkofʔlutf, cfdhgtfsf]; ʔgf cfj Zostf cf lb aemʔsf]xgk5{ . ; fy}pglx ʔ lj Zj ; glo xgk5{.

o:tf dWlo:yx ʔ lj Bfno, Sna, u} ; h:tf :yflkt ; #yfx ʔsf]cuʔ f0df :yfkʔf ug{klg ; lsG5 . uflj ; h:tf hglj fʔr t :yfglo ; /sf/n]klg ; #fng ug{ S5g\ xhfs, 6]lknfʔ sfofʔo, kl; lcf]ʔn]klg dWlo:ysf] eldsf vʔg; S5g\ pbfx/Ofsf nflu 6]lknfʔ ; lj wf kuʔf]xhfsdf Ps b0{ j 6f sDkOb/ /fv] dfl; s j f k6s]zNs lnP/ ; ʔf]ʔolQmʔ0{Odʔh Psʔp06 ; #fng ug]; lj wf lbg; lsG5 . ; ʔgf klj lw egʔs]nKgfzln dl: tiff]pkh ePsf]xʔf ; lqmo, l; hGzln lbdfun]:yfglo cfj Zostf / ; ʔ] ; fwgsf]pknAwtf]cfwf/df gofʔofʔ; j f ; #fng ug{ S5 .

6]l; ʔ6/ M ufʔnʔf0{ ; ʔgf klj lw

lj sf; zln bʔzsf clwsfz hgtf cfknʔ]sDkOb/ /fv] ; ʔgf klj lwsf] pkofʔ ug{ ; Qmʔg\ vf; u/L ufʔʔf a:g] ul/a / cuʔhl k9g nʔg g; Sg] dflg; x ʔn] clxn] 0G6/gʔ pkofʔ ug]; Defj gf bl]vʔg . t/ pglx ʔnf0{ ; ʔgf klj lwsf]nfeaf6 6ʔf /fv] j f jʔt ug{cGofo x].

clxn] ; ʔgf klj lw, vf; u/L 0G6/gʔnf0{ lj sf; zln bʔx ʔdf cfdhgtf; dl f kʔofpg]kʔfj sf/L dWlods] ʔkdf 6]l; ʔ6/ pkofʔul dflg yflnPsf]5 . o; af6 ; fdlx ʔkdf sDkOb/ / 6]lknfʔ ; #fng ubʔ yf]; dod]wʔʔf0{ ; #f/ ; lj wf lbg; lsG5 . o; /L sg}; dbfo j f ufʔʔf0{ cfwlg ; #f/ ; lj wf lbg]pkfonf0{ ; fdbfos ; #f/ sʔb]j f 6]l; ʔ6/ klg eGg]ul/G5 .

6]l; ʔ6/ lj sf; zln bʔzsf ufʔʔf ʔnf0{ ; ʔgf klj lwdf kxʔ kʔofpg]/ o; af6 nfe lbnfpg]pkfo x]. 6]l; ʔ6/ o:tf]sʔb]x]hxf]sDkOb/, 6]lknfʔ, ~ofS, ; /ʔof]cf lb ; #f/sf]lj leG ; lj wf pknAw xG5 . Toxfufʔʔf ʔn] 6]lknfʔsf ; fy}; ʔgf tyf ; #f/ klj lw, vf; u/L 0G6/gʔsf]; /n tyf ; lj wfhs 9un]pkofʔ ug{ S5g\ o; df bʔlzIff klg ; dfj ʔ xg; S5 . clzIfft tyf sDkOb/ rnfpg ghfʔg]dflg; n]klg sDkOb/sf]kʔfʔf bl]vg] lrsf]cfwf/df cfknʔ]sDkOb/ rnfP/ j f s; ʔf]dbtn]cfknʔf0{rflxPsf] hfgsf/L lng, lj bʔdf a; ʔf cfknʔtx ʔ ; ʔ kqrf/ sʔfsfgl ug{ S5 . o; sf] nflu p; n]clnslt zNs ltg]5{ ufʔʔf ʔnf0{of]klj lw pkofʔ ug{cEo:t agʔpgsf nflu st}st}of]; j f l; Qʔf klg pknAw u/f0Psf]xG5 .

lj leG lj sf; zln bzx<sub>2</sub>df lj leG df]hsf 6]n; Q6/x<sub>2</sub>sf]k/LIfof tyf  
pkofu e0/x<sub>2</sub>]5 . st}o; nf0{6]n; Q6/, st}; f0a/ Sofkm]t st}  
; f0a/ Isorf]s gfd lb0Psf]5 . sltko ; km ePsf 5g\ sltko  
Jofkl/s lx; fan]3f6df rn<sub>2</sub>f 5g\ s<sub>2</sub>l t ko<sub>2</sub>sx<sub>2</sub>sf]nflu dfq}  
pkofu e0/x<sub>2</sub>]5g\ 6]n; Q6/x<sub>2</sub> s<sub>2</sub>g}; fg / lghl Joj ; foln]rnfPsf  
5g\eg]s<sub>2</sub>kl/of]hg c<sub>2</sub>tu<sub>2</sub>; xotfaf6 rn<sub>2</sub>f 5g\ lghl Joj ; foln]  
rnfPsf 6]n; Q6/x<sub>2</sub> gkrf x<sub>2</sub>]j f vr{w<sub>2</sub>g ; lsg]7fp<sub>2</sub> Jofkl/s  
lx; fan]rnf0Psf x<sub>2</sub>gn]ltg<sub>2</sub>; Dk<sub>2</sub>g o<sub>2</sub> f u<sub>2</sub>sx<sub>2</sub>sf]kxFdf eP kl  
vf; uf<sub>2</sub>h]hgtfsf]c<sub>2</sub>ly<sub>2</sub> tyf e<sub>2</sub>ts kxFaf<sub>2</sub>/ 5g\ ltgn]pknAw  
u/fpg]lj ifj :t'klg :yfglo cfj Zostfcg; f/sf x<sub>2</sub>g<sub>2</sub> o; sf]lj k/Lt,  
af<sub>2</sub>l/L ; xotfaf6 rnf0Psf 6]n; Q6/x<sub>2</sub> c<sub>2</sub>ly<sub>2</sub> <sub>2</sub>kn]k<sub>2</sub>l<sub>2</sub>oM lbuf]geP  
klg uf<sub>2</sub> ul/a ; dbfosf nflu pkofu<sub>2</sub> blvPsf 5g\

lj sf; ]; y<sub>2</sub>f<sub>2</sub>/f j f ltgsf]dbtn]rnf0Psf 6]n; Q6/x<sub>2</sub> a9l ul/a /  
kf<sub>2</sub>vk/<sub>2</sub>; dbfox<sub>2</sub>nf0{nllft ul/Psf x<sub>2</sub>5g\ ; fy]ltgn]uf<sub>2</sub>h]x<sub>2</sub>nf0{  
rflxg]lj ifoj :t' t<sub>2</sub>lnd ; lk ; fdlhs tyf :j f:Yo / lzlf ; j f c<sub>2</sub>lnd  
hf<sub>2</sub> lb<sub>2</sub>5g\ o; sf]lj k/Lt gkrf sdfpg]p2]on]rnf0Psf Jofj ; flos  
6]n; Q6/ tyf ; f0a/ Sofkm]x<sub>2</sub>sf]k<sub>2</sub>efj u<sub>2</sub>ldlOf l<sub>2</sub>q<sub>2</sub>df gx<sub>2</sub> :j fe<sub>2</sub>lj s xf]  
lsgls uf<sub>2</sub> gkrf x<sub>2</sub>g<sub>2</sub> .

lj Bfno tyf SofDk; x<sub>2</sub>n]klg 6]n; Q6/ rnfPsf blv<sub>2</sub>5g\ . lj Bfno  
ejgdf / Toxl<sub>2</sub> lzlf, lj Bfyl]j s<sub>2</sub>df{f/lx<sub>2</sub>af6 rnf0g]x<sub>2</sub>gn]o; sf]  
; #fngdf sd vr{nl<sub>2</sub>5 . ; fy]lj Bfnon]k<sub>2</sub>f7<sub>2</sub>q<sub>2</sub>ddf ; Rgf klj lw lj ifo  
; dfj <sub>2</sub> u/ yk ; j f k<sub>2</sub>pf<sub>2</sub> ug{ S5 . sd vr<sub>2</sub>df t<sub>2</sub>lnd  
rnfpg; ls<sub>2</sub>5 . t/ o:tf 6]n; Q6/x<sub>2</sub>n]uf<sub>2</sub>h]x<sub>2</sub>sf nflu c<sub>2</sub>g]9f<sub>2</sub>  
v<sub>2</sub>llg]pbf/tf b<sub>2</sub>ypg]k5{ . ; dbfo; E ldn] s<sub>2</sub>df ug<sub>2</sub>{5{tyf :yfglo  
hgtfsf nflu pkofu<sub>2</sub> tyf ; f<sub>2</sub>ble<sub>2</sub> lj ifoj :t' pknAw u/fpgdf w<sub>2</sub>fg  
lbg'k5{ . lbuf]k<sub>2</sub>g ; :tf/ k<sub>2</sub>efj s<sub>2</sub>l/tfsf]lx; fan]; dbfo / lj Bfnosf]  
; 0Qm k<sub>2</sub>of; df ; #flnt 6]n; Q6/x<sub>2</sub> a9l k<sub>2</sub>efj sf/l x<sub>2</sub>; S5g\

; Rgf tyf ; #f/ klj lwnf0{cfdhgtf; dl f k<sub>2</sub>ofpg]/ pglx<sub>2</sub>sf]lxtdf  
pkofu ug]w<sub>2</sub>]pkfox<sub>2</sub> 5g\ s<sub>2</sub>df / p2]o x<sub>2</sub>]lj leG tl/sf lj leG  
sddf pkofu ug{ ; ls<sub>2</sub>5 . t/ Toxl tl/sf a9l ; km x<sub>2</sub>5 h; df  
:yfglo lj ifoj :t'w<sub>2</sub>]x<sub>2</sub>5 , ax' w<sub>2</sub>os lg/lf / ul/a hgtfsf nflu kl  
rflxg] pglx<sub>2</sub>sf]lr / cfj Zostf ; # d<sub>2</sub>h vfg]/ pglx<sub>2</sub>s]efiffdf  
lj ifo j :t' x<sub>2</sub>5 .

>lnsfsf]s<sub>2</sub>dn]; fdbflos /]Bof]f /]Bof/ 066/g<sub>2</sub>sf]kxFnf0{ld; f0Psf]  
5 . >f<sub>2</sub>fx<sub>2</sub>n]k<sub>2</sub>mf u/ j f lr7l k7fP/ u/<sub>2</sub>]k<sub>2</sub>z<sub>2</sub>g j f cg/f<sub>2</sub>w<sub>2</sub>cg; f/sf]  
hgsf/L /]Bof]sfo<sub>2</sub>md k|t<sub>2</sub>t<sub>2</sub>stf<sub>2</sub>] j <sub>2</sub>; f06df x<sub>2</sub>] >f<sub>2</sub>fx<sub>2</sub>nf0{rflxg]  
; Rgf /]Bof]k<sub>2</sub>mf k| f/Of u5<sub>2</sub>g\ j <sub>2</sub>; f06df ePsf ; Rgf x<sub>2</sub>nf0{uf<sub>2</sub>h]h]  
a<sub>2</sub>g]u/L JofVof ug]sddf j lsn, 8fS6/ c<sub>2</sub>lf lj z<sub>2</sub>]f<sub>2</sub>x<sub>2</sub>sf] dbt  
ln065 .

; f<sub>2</sub>ble<sub>2</sub> :yfglo lj ifoj :t's; /L pknAw u/fpg]e<sub>2</sub>g]s/fsf]Pp<sub>2</sub>6f /fd]  
pb<sub>2</sub>xf/Of k<sub>2</sub>mf]z]ldf rnf0Psf]; Rgf k; n 0Gk<sub>2</sub>mf]k x<sub>2</sub>] . k/LIfofsndf  
:yfglo hgtfnf0{s<sub>2</sub> :tf hgsf/L j f ; Rgf cfj Zos x<sub>2</sub>5g\egl klx<sub>2</sub>rfg  
ul/ ; s<sub>2</sub>kl5 uf<sub>2</sub> :j o<sub>2</sub> ; sx<sub>2</sub>n]:yfglo 8<sub>2</sub>fa] j f ; Rgf e08f/ tof/  
k<sub>2</sub>] . To; df sd c<sub>2</sub>lbf<sub>2</sub>g<sub>2</sub> x<sub>2</sub>]uf<sub>2</sub>h]h]u<sub>2</sub> :ysf nflu ; /sf/n]; #fng  
u/<sub>2</sub>]sfo<sub>2</sub>mdaf/]hgsf/L, s<sub>2</sub>[f<sub>2</sub>sf nflu rflxg]dn tyf lapsf]efp<sub>2</sub>  
lj leG ahf/df cg<sub>2</sub>hsf] e<sub>2</sub>fm afn<sub>2</sub>sf]ladf / kl/jf/ lj df  
of]hg<sub>2</sub>af/]hgsf/L, w<sub>2</sub>fg / pv' afn<sub>2</sub>nf0{ls/faf6 hf<sub>2</sub>ufpg]of]hg,  
c:ktfn, 8fS6/, kzlr<sub>2</sub>st; sx<sub>2</sub> / lj z<sub>2</sub>]f<sub>2</sub>x<sub>2</sub>sf]k<sub>2</sub>mf 8f0/\$6/L, /h /  
a; sf]; do t<sub>2</sub>l<sub>2</sub>nsf, kz':j f:Yo, tyf kz<sub>2</sub>k<sub>2</sub>ngaf/]hgsf/L /flvPsf  
lyP .

6]n; Q6/ pkofu<sub>2</sub> agfpgsf nflu /lvgk]s<sub>2</sub>lj lj ifoj :t'M

- ; /sf/L ; j f ; lj wf, of]hg<sub>2</sub> c<sub>2</sub>lfaf/]hgsf/L .
- h<sub>2</sub>gd, d[o' b<sub>2</sub>tf{ug]; lj wf .
- hg; w<sub>2</sub>of, s<sub>2</sub>[f p<sub>2</sub>k<sub>2</sub>fbg, l; #f0, lzlf, of]hg<sub>2</sub> 0<sub>2</sub>oflb ; a}k<sub>2</sub>sf/sf  
t<sub>2</sub>Yofs / lg/t/ g<sub>2</sub>ls/Of .
- lj b<sub>2</sub>z<sub>2</sub>df /f<sub>2</sub>huf/L, ; q<sub>2</sub>df etl<sub>2</sub> ; /sf/L hflu/af/]hgsf/L .
- lj b<sub>2</sub>z<sub>2</sub>af6 j f zx/af6 uf<sub>2</sub>h]h]k}f k7fpg]Joj :yf .
- s<sub>2</sub>[f ahf/, p<sub>2</sub>k<sub>2</sub>fbg a<sub>2</sub>]lav<sub>2</sub>g, k/Dk/fut tyf gof<sub>2</sub>k<sub>2</sub>lj lw, lap, dn,  
ahf/ e<sub>2</sub>fm df] d, s<sub>2</sub>[fss<sub>2</sub> c<sub>2</sub>o cfj Zostfx<sub>2</sub>af/]hgsf/L .
- zx/ ahf/, lj b<sub>2</sub>z<sub>2</sub>df lzlf<sub>2</sub>sf]c<sub>2</sub> ; /af/]hgsf/L .
- uf<sub>2</sub>h]h]j flif<sub>2</sub> tyf k<sub>2</sub>efj i<sub>2</sub>l<sub>2</sub> ; /sf/L, :yfglo of]hg<sub>2</sub> / ah<sub>2</sub>sf]  
hgsf/L .
- k<sub>2</sub>f7<sub>2</sub>, >Jo tyf rnl<sub>2</sub>q<sub>2</sub>df lg/lf/n]klg a<sub>2</sub>g ; S<sub>2</sub>ju/L 8<sub>2</sub>fa] :yfkg  
/ ; #fng .
- oftfoft, a; sf]; do t<sub>2</sub>l<sub>2</sub>nsf .
- dx<sub>2</sub>lj k<sub>2</sub>of{6]n]k<sub>2</sub>mf g<sub>2</sub>da/ .

; Ɔgf klj lwsf]zIQm / gkfn df o; sf]pkofu

- ehg, ult, g6s, rnlrq cflb ; f:s[ts, wld\$ / dgf]hngfd ; fdu.
- dtbftf gdfj nl .
- hluf hldg / dfnkf]sf]nut tyf lt/f]ltg]Jo;:yf .
- vfgkfgl lahl cflbsf]dx; h ltg]Jo;:yf .

ufdlOf ; Ɔgf s[b] awl ; /sf/L of]hg

Ij 1fg tyf klj lw d6qnon]bz]f]of]hg c] lwel/df b]zsf Ij leGg ufPef k6w] o ufdlOf ; Ɔgf s[b] vfl]g] nlf /fv]f] 5 . ; Ɔgfsf] kxF ; j {fwf/Of; Dd k%of0{ o; sf] dflWodaf6 /f]huf/L a9fpg] 1fgdf cfwf/t Jo; ; fo a9fpg] s[if ahf/ la:tf/ ug]cflb p2]on]ol s[b]x : yfkgf ug{nfluPsf xg\ . k]o\$ s[b]df b06f sDko6/, b06f l8h6n Sofd/f, Pp6f :Sofg/, Pp6f lk6/, Pp6f knf]f]kL dl; g, Pp6f ^ofS; dl; g / Ps nfoG 6]knkrf] xg\$ . ox fF/flvg]sDko6/df gkfnl Ink / gkfnl efifsf]k6fu ul/g\$ . o; n]ufp]x]nf0{0d]h, 066/g6, 6]knkrf], ^ofS; sf]; Ij wf lbg\$ . ; ?df afSnf]a:tl ePsf]/ 6]knkrf] / lahlslf ; Ij wf kuf] ufPef o:tf s[b]x vfl]ng\$g\

; f]kl/of]hgfsf]k/LIfof sfo6m dsf]kdf Ij 1fg tyf klj lw d6qnon] oPgI8klsf]; xof]u df .Ij sf; sf nflu ; Ɔgf tyf ; #f/ klj lw cuj f kl/of]hg ; #fng ub\$ . of]kl/of]hg cf]v n9wf, ; g; /L, kj \$, 8f6L, bf^, 88]w/f, gj fsf6, c5fd / a]8L u/L gf]hNnsf !% uflj ; df nfu" ul/g]5 .

s[b]sf]; #fng tlG ; b:olo ; Ɔgf kl/rfng ; d6]o ; ldltn]ug\$ . ; ldltdf 6]n; 6/ Dofg]h/, klj lws / ; dbfosf ; b:o xg\$g\ : yfglo zf; g P6cg; f/ ; ldltsf]lgolQmIhIj ; n]ug\$ . o; afx\$ ufPef Pp6f 6]n; 6/ pkef]uf ; ldl t xg\$ h; df ; Ɔgf klj lwdf ?lr /fvG]: yfglo dflg; x] xg\$g\ -; f] Muf]vfkq bl]gs, @)^) c; f/ ^\_

; Ɔgf klj lw / ; fdbflos ; #f/sf]d]h

cfwlgS ; Ɔgf klj lw / k/Dk/fut ; Ɔgf klj lwsf]d]hn]rdTsf/L k6fj pTk6g ug{ S5 . ufPef cl8of]6fj /, ; fdbflos /]8of]x]n]066/g6dfknt tfhf va/ InP/ ufPef ; g]fpg; S5g\ sltko PknPd :6] gx]n]gkfn df of]sfd ul/x\$ 5g\ . clxn]/]8of]gkfn / sfltk/ PknPd]k] fl/t u/\$f ; dfrf/x] j 6; f06df /fvG]ul/Psf]x]f >f]fx]n]; dfrf/ 56h

cf d hgtfsf]nflu ; Ɔgf klj lw

eg] 8/fpg'kb6 . rfx\$]; dodf 066/g6af6 ; dfrf/ ; 6g; S5g\ To:t] gkfnaf6 k\$flzt xg]sltko gkfnl / cu]hl efifsf bl]gs / ; fltflxs cvaf/x] 066/g6 dfknt Ij Zj el/ k9g ; ls65 . oxl klj lwnf0{pkofu u/] blu ufPef]df ; #fng ul/g]6]n; 6/, cl8of]6fj /, ; Ɔgf s[b] cflbdfknt ufPef]x]n]klg cfknh]rfx\$]; Ɔgf / 1fg vfl]g, kfgp, / pkofu ug{ S5g\

dsjfgk/ lhNnsf]kfn^df ; #flnt ; Ɔgf klj lw kl/of]hgfn] o] fx]nf0{ cfknt]/ ufPef]eliosf]af/df 5nknm ug{/ of]hg agfpg nufpg] ; Defjgf b]v]fPsf]5 .

Ij Zj el/sf o] fx]nf0{ ; Ɔgf klj lwsf]kxF kbfp]p2]on]ul7t Ij Zj Jofkl 066/g6 o] f d-r **Dof08\$ kn' b knb^r/ / j N8Eo'066/g] gn ldn] gj nk/f; ldf b06f, bf8=, wlnv]h / kfn^df PsPs 7fp]ef 066/g6oQm; #f/ s[b]: yfkgf ug]gwf]u/]. kfn^df klxn]lv ; fdbflos ; #f/ sfo6m dn] ; fdbflos >j Of s[b]-cl8of]6fj/\_ ; #fng ul//x\$] xgfn] kfn^ o; sf nflu lgSs} pkoQm lyof].**

of]sfo6m dsf]Pp6f dxTj kOf{kIf s]5 eg]o; df klj lwnf0{; fwgsf] kdf dfq pkofu ul/65 . klj lwnf0{s]sfd df nufpg]eGg]lgOf6 ; dbfon]g]u5{.

; j 6yd Ij leGg 7fp]ef o] fx]nf0{e]h]f u/fP/ 5nknm rnf0of]. sDko6/ / 066/g6df kxF ePkl5 s\$]sfd ug{ ls65 eGg]5nknm eof]. ; dbfosf]lxtdf sDko6/ / 066/g6sf]s; /L pkofu ug{ ; ls65 egl hfg]kI5 ca cfcfkyf]; dbfosf]nflu sgs sfd ug] eGg]lgOf6 ug] / sfo6m agfpg]lhDdf klG o] fx]s}lyof]. pglx]nf0{s; h]klG ; dbfosf]enf0sf]nflu of]sfd ug{k5(eg] nfb6g\

; dbfosf]elj io / bl]gs hljgnf0{k6fj kfg]s/fx] s\$]xg\ ; #f/n]o; df s]k6fj kf5{eGg]s/fx] ; dbfosf o] fx]n]cl8of]6fj / rnfP]v]g]cgej ug{yln; s\$] lyP . ; dhfsf cuj f tyf k]p]x] ; E ; dbfosf nflu dxTj kOf{/ lgOf6s s/fx]df o] fx]n] ; jfb rnfpg]of]dxTj kOf{c; / lyof]. ; /; knf0b]v s[if, lzlf,

:jf:Yo tyf cfbfql a9fpg] lj lw lj ifodf pglx;n] sfoqmd agf0; sxf lyP .

sDko6/ / 066/g6df kxF ePk15 :yfglo oj fx;sf] hfE/ emg a90f]. cleefj sx;n] klg cfmkf 5f]f5f]Lnfo{ of] sfdff xfofP . kRrl; hgfsf]; dxdf clxn]!% blv @% j if{ Ddsf oj fx; 5g\ tldWb]!! hgf k?if 5g\eg]ax; Wos dlxnf 5g\

of]kl/of]hgfd dxgfsf]b0{kN6 ; dxsf ; b:ox; ehf eP/ cl8of] 6fj/df k| f/Of ug]sfoqmdsf]pTkfbg tyf 066/g6af6 g6j]ls8+ ug]f/]5nkm u56\ :yfglo hgtfsf]lxtsf nflu s:tf]sfoqmd cfj Zos 5 tyf sgsj j] ; f06df :yfglo hgtfnf0{kf0bf xg] s/f 5g\eg] 5nkm rnfp5g\ pglx;n]cfkmkf]lj sf; s; /L x65 / cfbfql s; /L a9fpg ; ls65 e6g]af/df gof]ofHj rf/x; Nofpg yfn]f 5g\

t/ of] kl/of]hgf ; d:of/lxt eg] 56 . af/af/ lj hhl]sf]nf0g sfl665 sDko6/ lal/x65 . d/dt ug]sf nflu ahfa]hdf sDko6/ af]sf] sf7df8f]k]ofpgk5{. sDko6/ s; /L rnfp]e6g]pkoQm tflndsf]cefj ; a]f]; d:of xf]. pglx;n]f0{066/g6 rnfp] tflnd lb0Psf]eP tfklg cfmkf0{rflxg]lj ifo s; /L vfl]g]j f ; r{ 0lghgsf]k6fj sf/L 9un]pkofu s; /L ug]e6g] tflnd lb0Psf] 56 . o; n]ubf{Pp6f lj ifo vfl]g w]}; do nll5 . vr{w]}x65 . Pp6f dfq}6]nkrf] nf0g / Ps ; 6 dfq}sDko6/ ePsf] 7fpE] w]}hgfn] 6]nkrf]sf] nflu sg]k]xg; S5 jf aflx/af6 cfp] 6]nkrf] /fl]sg; S5 .

; d:of cfPk15 ; dfwfg klg x65{. kfn<sup>a</sup>sf oj fx;n] efl]f] ; d:of / pglx;n]u]f]gof]sfdaf6 c? ufp]fpE] c; W o j fx;n] kmf0bf p7fpg; S5g\ tf; / Sof/daf]v]h] la]g]; do 6f9f6f9sf ckl/lrt dflg; x; ; E kl/ro a9fP/ tyf cf'gf]/ ufp]f]sf nflu pkofu]l hfgsf/L h6fP/ ; bkofu] ug] ls65 . cf'gf lj rf/, cfj fh / klxrfg ca ufp]df dfq ; lldt g/xl lj Zj el/ km]Psf]yxf kfPk15 kfn<sup>a</sup>sf oj fx;sf]lx0dt lgSs}a9]f]5 .

; fl]Mkfn<sup>a</sup> :6f]l, uf]j /fh pk]l]bo, gk]fnl 6f0D; , @\$-#) cu:t, @))@

; fdbflos /]8of]f ; Rgf klj lwsf]pkofu

lj sf; zln bzx;df ; fdbflos /]8of]h] :yfglo hgtfsf nflu 6]h; 06/sf]; lj wf pknAw u/fPsf pbfx/0fx; 5g\ ufp]h]f0{cfj Zos ; Rgf 1fg / dgf]h lbg]dfq]xf]0g ufp]h]v]h]f]; Rgf pknAw u/fpg] dflod jf bf]f]f]; #f/ df]bdsf]kdf xfn lj Zj sf lj sf; zln bzx;df ; fdbflos /]8of]lgSs}k6fj sf/L / nf]k]k] a6b]5g\ ; Rgf klj lwsf] pkofu]n]ubf{; fdbflos /]8of]; /n, ; :tf]/ k6fj sf/L klg ag]f]5 .

**sDko6/df :618of]M**r7lkq jf kf08lnlk, n]y cflb n]g]/ sfoqmd tyf l/s8; ; Rlj 4 tyf jul]f/Of ug]h:tf ; fdf]o sfdff sDko6/sf]pkofu w]}klxn]lv xg yfn]f]xf]. /]8of]:618of]f]e08f/ jf cfsf0adf ; slnt ult, ; ult, c6tj f]f{cflb l/s8{ul/Psf ; fdu]x;sf]yk]f]6 rflxg]sg]lj ifo jf ; du] km]f kfg{sDko6/n]; lhnf]kf]f]5 . ; a} ; fdu]sf]068\$; -; R\_ / Sof6nu sDko6/df /fv]f]v08df ; DalGwt lj ifosf]af/df ; Hfkt ; R\_ / lj j /Of ; fy}; f]; fdu] sx]f]st gDa/sf] 6]kdf 5 e6g]hfgsf/L; d] t?6t}yxf kfp]g; ls65 .

**sDko6/af6 sfoqmd pTkfbg M**l8lh6n /]sl8]n]ubf{Sof; 6]kdf xg] vr{36]f]5 / :j /sf]uOf: t/ a9]f]5 . s/f]sfgl, ; ult, ; fp08 0kn]6, lhun cflb /]8of]sfoqmdsf nflu rflxg]; DkOf; fdu] sDko6/sf]Pp6f xf8]8:sdf /Vg; ls65 . Ps}kN6 !% hgf; Dd sfoqmd pTkfbx;n] a]nfa]n}sDko6/ 6ld6n rnfp/ Pp6f xf8]8:sdf ePsf ; fdu] /fl]b} sfoqmd]df ld; fpg, sfoqmd agfpg / ; Dkfbg ug] S5g\ tof/ ePsf] sfoqmd xf8]8:sdf /fv]k]5 olt ah]of] sfoqmd k|f/Of ug]eg] sDko6/nf0{cfb]z lbg; ls65 . :618of]f]sd{f/L ga; ]klg sfoqmdx;sf] >v]nf qm]ds kdf k|f/Of ug]; ls65 . o; /L o6qps/0fsf]vr{/ dflg; sf]d]gt 36]f]5 .

; **fdbflos /]8of]/ 066/g6sf]dh M**:jf:Yo, s]f, jf jftj /Of- ; DalGwt ; Rgf 066/g6af6 k]kt u/] tyf :jf:Yo sfo]tf]x; , s]f sfoqmdsf cu]fx; jf ; fdf]o ufp]h]n]f0{066/g6dfk] klj lws lj z]f]1x; ; E ; Dks{ u/fP/ sg]lj ifo jf ; d:ofaf/] /]8of]dfk] 5nkm u/fpg ; ls65 . lj le6g ; dbfox;n]f0{Pscsf{ E ; Dk]s} u/fP/ pglx;n]f0{ sfd nllg]lj ifox;df jf ; d:of / ; dfwfgx;sf af/df cgnf0g 5nkm rnfp]g ; ls65 .

; fdbflos /lBof]sfoqmdx nfo{066/gb; E ld; fpg'ufpHx; dlf klj] /fd]pkfo xf]. /lBof]:6] gdf 066/gb; lj wf 5 eg]sfoqmd pTkfbx;n] cf^gf >f]fx;n] rf; f]f lj ifox;n] hfgsf/L 066/gb]sf] lj zfn e08f/df vflg; S5g\ ; fy}066/gbdf pknAw ; Rgfsf]cfwf/df pglx;n] ; dbfosf ; b:ox;n]p7fPsf lj z]f kZg j f lh1f; fx;n]pQ/ lbg klg ; S5g\ o; /L 6]hknf] h]f]g]sllkgf gu/}f 3/x;df ; d] 066/gb]sf] nfe kfofpg; ls65 .

**sfoqmd pTkfbgdf 066/gb]sf]; xofu** M sfoqmd pTkfbgsf nflu /lBof]:6] gn] 066/gb]af6 lj leG ksf/sf ; Rgfsf] lj zfn e08f/ kfg; S5 . pbfx/0fsf nflu, w/h; f]; dfrf/bftf ; yfx; / cgnf0g cvaf/x; 066/gb]df kf065g\ To:t}j sf; ]; yfx; u; /sf/L tyf ; / sf/L lgsfox; , lj Zj lj Bfnox; cflbsf ; Rgf kfg; ls65 . o; sf ; fy} 066/gb]af6 :j f:Yo, lzlf, dlxf clwsf/h:tf ; fdbflos /lBof]sf nflu dxlj k0f{lj ifox; / >Jo sfoqmdx; klg ; fg{-8fpgnf} / lBof]af6 kgM k] f/0f ug{ ls65 .

066/gb]dfknf ; fdbflos /lBof]x;n]cfkn]pTkfbg u/}f /lBof]sfoqmd ; f6; f6 ug{ S5g\ jg j N8{ lnf]n /lBof]; le{ tyf P-06knf]h:tf ; ]fx;n]cf^gf]j ; f06df c6o pTkfbx;n]sf]/lBof]sfoqmd /fvG lb65g\ hg sfoqmd c? pTkfbx;n] klg pkofu ug{ S5g\ . To:t}c? pTkfbx;n]/fv}f sfoqmdx; klg c6o pTkfbx;n]pkofu ug{/ k] f/ ug{ S5g\ . ; fdbflos /lBof]h]cf^g}j ; f06 /fv] cf^gf]f/] hfgsf/L lbg; S5g\

; **fdbflos /lBof]dfknf 6]n; }6/ M** ufpH]6]n; }6/ cyf; Rgf s]b]p2]o ufpH]x;n]nflu ; Rgf kfg; Sg]ynf]agfpg'xf]. oxf l; Q}f jf s]l zNs lt/] ufpH]x;n] cfkn]f0{ rfxPsf] ; Rgf kfg; S5g\ o; nfo{; fdbflos /lBof]:6] g; E hflBof]eg]o; sf]k}f a95 . ufpH]x;n] /lBof]af6} cfkn] v]h]sf] jf dfu}f] ; Rgf kfg; S5g\

o:tf]6]n; }6/n]066/gb; ; ]fsf ; fy}; fj h]gs 6]hknf] / ^ofS; ; ]f, lel8of] cl8of]lehcn ; fdu] / k':tsfno ; lj wf klg lbg; S5 . sg} 6]n; }6/n]Sof; } / l/s8{x; a]g] lel8of] / cl8of]lehcn pks/0fx; ef8df nufpg]8]s6k klAnl; ^a / knf]skl ; ]f lbg]h:tf sdx; ug{ S5g\ o; /L 6]n; }6/nfo{cfdlge{ agfpg; ls65 .

>lnsdf /lBof]dfknf ufpH]x;n]sf]066/gb]df kx'

sf]dn]ufpFg]ufpF]a:tl ePsf]em08}!%))) hg; Wof ePsf] lgj f^g l]f] xf]. oxfF] ; fdbflos /lBof]:yfglo dflg; x; / 066/gb]sf]d]h u/f0lbg]k}f] sf/L ; fwgsf]x; kdf /lBof]f0{pkofu ug]gf]f/] d]h]s k/Ll0f ynf]ag}f]5 .

of]/lBof]:6] gn]x/} lbg x/lBof]af6 066/gb] lj r/0fE -/lBof]af]h^a b 066/gb] sfoqmd k] f/ u5{ sfoqmd k] f/ e0/x}f]a]h]df ; fdbflos /lBof] sfoqmd k] f/sx;n]/l]hPsf]j ; f06df pknAw ; Rgfaf/] 5nkm ug] / To; sf]cy{nfpg]/ JofVof ug]sfid u5g\ o; df cu]l efiif a%gg; Sg] / cfkn] ; lw}066/gb] rnfpgg; Sg] dflg; x; sf nflu 066/gb]df pknAw ; Rgfnf0{; lhnf] E :yfglo efiifdf aem]pg] / 066/gb]sf]; lj wf kfofpg]ul/65 .

>f]fx;n] cfkn] rfx}f] sg} lj ifosf] ; Rgf lbg cg/f]v ug{ S5g\ ahf/ efpmsf]36a9, s]f, ul/al 36fpgsf nflu cfj Zos ; lk / pkfo, cf]krl/s tyf cg]krl/s z]fs ; fdu] , jf:Yo pkrf/, cf]fwl cflbaf/]hfgsf/L lj z]f pkofu ; Rgf xg\

og]sf] / >lnsf ; /sf/sf]of]cu]f kl/of]hgn]JolQmut ; kdf ; lw}j cfkn]066/gb] lj r/0f ug{rfxg]dflg; x; sf]nflu klg 066/gb] Sofkn]f lgzNs 066/gb; ; ]fsf]kxF tyf b0]6f sDko6/ 6ldgn pknAw u/fPsf]5 .

o; sf ; fy}/lBof]h]cf^gf >f]fx;n]k]oMcg/f]v u/}f ; Rgfx;n]sf] hfgsf/Lsf] e08f/ -8}fa]\_ klg tof/ kfb} . o; df ; slnt hfgsf/L w]h; f]:yfglo efiifdf, :yfglo lj sf; sf nflu cfj Zos / :yfglo ?lrcg'; f/sf x65g\ 066/gb]df kf0g]tof/L ; Rgfx; :yfglo dflg; x; sf nflu Toit pkoMgxg]xgn]:yfglo cfj Zostf cg'; f/ 8}fa] tof/ ug{h?/L x65 .

; fef/ Msdol6l /lBof]Xof08a5, og]sf]@))!

**zx/sf cvaf/ ufpH] M**sf7df8f]f6 k}flzt xg]cvaf/x;sf k]v ; dfrf/ oxfF] PknPd :6] gx;n] Psflaxg}3/3/df kfofP/ b}zsf] /fhgllts tyf c6o ultlj lwaf/]cfdhgtfnf0{; lr- ug{dxlj k0f]sfid

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

cf d hgtfsf]nflu ; Rgf klj lw

ul//xsf 5g\ To:t}sdolgs] g sg{n]sf7df8f6f cvaf/xsf kdV  
; dfrf/ 6]hknf]af6 k9] ; fdbilos /]8of]/ cto PknPd :6] gx\dfkmf  
ufpEfpE f kfof0/xsf]5 . of]sfd 066/gbaf6 cem]Jofks 2kdf /  
kfej sf/l 9un]ug{ ls65 .

ufpB/df sf7df8f6f ksfizt xg] cvaf/sf ; dfrf/x2, vf; u/l  
/fhgltS 36gf / lj Zn]of yxf kfg]lgSs}pI; Stf x65 . khftGqsf]  
kg:yf]kgl5 of]?lr :ki6 2kdf a9sf]xf]. @)%( ; fn c; fhkl5  
/fhgltS ultlj lwdf cfdhgtsf]?lr cem]a9sf]5 . 066/gbaf6]dflldn]  
sf7df8f6f dfq xfo]g lhlnfsf ; b/ d'sfdx2af6 ksfizt xg]  
; dfrf/kq k/}cvaf/ jf dxlj kof{k[7 jf v08nf0{:Sofg u/} jf  
l8lh6n Sofd/faf6 j 2k]hdf /fv} tIsfn); j }ofkl agfpg; ls65 . PknPd  
/]8of] cl8of]6f/ jf hg; 5}ldl8ofn]klg To; nf0{k9M krf/ k| f/  
u/} cfdhgtsf; Dd tIsfn tl ; fdull kfofpg; S5g\

### 6lel s2h, 066/gb / /]8ofsf]djh

; Rgf tyf ; #f/ klj lwdf /]8of]dfq o:tf] ; fwg xf]h; sf] ; a2ebf  
w}]pkofu ul/a hgtfn]ug{ S5g\ /]8ofsf]k/Dk/fut lfdtf / eldsf  
a9fpg]sddf 066/gb]n]dxlj kof{eldsf v]b5 . :yfglo cfj fhnf0{  
lj Zj Jofkl agfpg]sfd l8lh6n /]8of]k| f/of, sDko6/ k| f/of tyf s2h  
6lelsf]tf/dfkmf /]8of]k| f/of cflb klj lwn]ul//xsf]5 .

Psf]t/ 066/gbdfkmf :j/ k| f/of ug]; lj wfn]ubf{066/gb h18t x/2  
sDko6/ /]8of]; 2 ag; S5 eg]csf]t/ j 2; f06 ; #fng ug]x/2 JolQm  
jf ; #fnsn]cf'gf]:j/ sfo]md 066/gbdfkmf k| f/of ug{ Sg]ePsf  
5g\ ; fy}clxn]cfP/ gkfnf klg s2h 6lel ; jf k]fosx2n]s2hdfkmf  
066/gb ; lj wf lbg; Sg]JoJ:yf x55 . tl s2hdfkmf /]8of]k| f/ ubf{  
slQ klg yk vr{pks/of jf nf0; l; rfxb2 / s2hegbf em08)%-#)  
ld6/k/ ; Dd /]8of]; Gg; ls65 .

ol klj lwx2n] cfdhgtsf; dl f ; Rgf klj lwsf] kxF ; /n, ; :tf] /  
uof:t/lo xg]s/fdf zsf 5g .

### cgnf0gsf]lj sNk ; l8L /f2

lghl lfo]df PknPd /]8of]k| f/of ug]klj wfg gx]E; Dd sltko ; #yfx2n]  
hgtf; dl f kfofpgk]; Rgf, ; dfrf/ / lj lw lj ifosf 1fgsf/lx2 ; Gg]

6k jf cl8of]Sof; 2df e/} ufpEfpE f k7fpg]uy]. k/b2df a; 2f  
cfknt; E 6kdf af]h] lr7L ; Gb2 cfbfgk]fg ug]pkfo lg/lf/x?sf  
nflu pkofu]l dflld agsf]5 . clxn]klg ^) kltzt ufpE f 6]hknf]g  
ku]sf]5g . 6]hknf]g ku]klg 066/gb rnfpg sl7gf0 k/2f 7fpE2df  
cgnf0g ; #f/sf] lj sNkdf ; l8L /f2 k7fpg / lj qml lj t/of  
ug{ ls65 . cgk9x2nf0{: 2fpg / cdhgtsf nflu ; fble2 / pkofu]  
; Rgf / 1fg pglx2n]a%g]efiff / z]hldf ufpE f kfofpg 2; Gg]klqsfE  
-cl8of]Sof; 2 / lel8of]Sof; 2 kofu u/h:t}066/gbdf /flvg]; fdull  
/ To; n]lbg]; j f cflb ; l8ldf /fv} sDko6/ ePsf hf] 5}k]klg pkofu]  
ug]JoJ:yf ug{; ls65 .

; l8L /f2df xhf/f]kfg / k70 ; fdull, lrg, rnlrg, Wj lg cflb /28{  
ug{; ls65 . cl8of]Sof; 2 / lel8of]Sof; 2sf]bf]f]of of]w}]; :tf] /  
p]kfbg ug{; lhnf]klg 5 . ult ; Gg]Sof; 2nf0{: Rgf / 1fg lbg]; Gg]  
klqsdf kl/of t u/} cfdhgtsfnf0{k]mf0bf kfofP em]k]md x2] / ult ; Gg]  
; l8lnf0{klg 6]hknf]g nf0g gku2f t/ lj hhl ku]sf 7fpE f ; Rgf / 1fg  
k]h]fpg]sddf kfej sf/l 9un]pkofu ug{ ls65 .

pbxf/0fsf nflu :yfglo lgsfon]gu/af; L jf ufpE2nf0{lbg]; j]sf]  
af/2f hfgsf/l tyf h6d, d[o; a; f0; /f0 bt{gful/stf jf /fxbfglsf]  
l; kmf/; cflb ulj ; n]lbg]; j]sf]nflu rfxg]kmf/dfx2 ; l8ldf /fv}  
af]8of]eg]; l8L 8foe ePsf sDko6/x2dfkmf hgtfn]hfgsf/l kfg /  
kmf{e/} lk[6/af6 5fk] yf}]; dod}; DalGwt lgsfodf kfofpg  
; ls65 . ; f]lgsfon]klg sDko6/df /flvPsf]clen]sf]cfwf/df cfj Zos  
; jf tIsfn e/} jf ; l8laf6; f/} gful/sx2nf0{: jf lbg; S5 . 066/gb  
rnfpg cu]hl a%g]kg]j]wotf ePsf]cj:yfdf ; l8ldf gk]nl efiffdf  
sfd ug{ lsg]xgfn]klg cu]hl galem]jufpE f nflu of]JoJ:yf a9L  
kfej sf/l xg; S5 .

ufpE lhn]fsf]ef]u]ns ; Rgf k]ffn]laf6 tof/ kfl/Psf ; Rgf / 1fgsf  
e08f/x2 -82f a]\_ tyf dGqno; Ddsf]cfj Zos hfgsf/l ufpEfpE f  
kfofpg ; l8lsf]k]fu ug]pkofu]pkfo xg; S5 . o; /l dGqno, lj efu  
/ ; alwt nf0g Ph]; lsf ; Rgf / tYofsx2 ; l8laf6 ufpEfpE f kfofpg'  
w}]; /n, ; :tf] / l56f]klg x65 . 6]hknf]g jf 066/gb ; lj wf gePsf  
7fpE f of]tl/sf pkofu]l / kfej sf/l xg; S5 .

; Rgf klj lwsf]zIQm / gkfnf o; sf]pkofu

; f{phf{6 rNg]klj lwsf]pkofu

; Rgf klj lw rnfpg]phf{lahhl xf]. lahhlagf sDko6/, Odh, 0G6/gb tyf b'; #f/sf pks/Ofx; rNb;g\ t/ gkfnf nueu ; os8f al; kl/j f/n]dfq}lahhl pkefu ug{kfPsf 5g\ . o:tf]cj :ydf ; Rgf klj lwsf]pkofu s; /l xg; S5 <

c6t/lfd klg lahl k7fpg ldNb; , tkg ToxF:yfkt xhf/fepku;x;n] sfd ul//x\$ 5g\ epkuxnf0{lahhlsf]cfkl't{ug[sfd To; df h18Psf ; f{kofgnn]u5{ gkfnf 3daf6 lahl lgsfn]/ ladfg:ynsf ; #f/ pks/Of ; #fng ug[sfd klxf]k6s ; g\!(^ ) sf]bzsd ebf/ ljdfg:yndf ul/Psf]pNny kf0G5 . gkfn b'; #f/ ; #yfgn]klxf]kN6 !(&\$ df bdf]ldf 3fd lahhl]kpfu u/\$]xf].

; /sf/n]5;f]#j ifl6 of]hgfb]v ; f{phf{hf\$ lbPsf]xf]. xfn ; /sf/ n]al; j if]g]ls/Oflo phf{glltcg' f/ ; f{phf{k] 46sf nflu COf, cgbfg / klj lws ; xofu lb]cfPsf]5 . of]sfdff lj bZl ; #yfx;n]klg ; xofu ul//x\$ 5g\ @)^ ) ; fnsf]c; f/; Dddf gkfnf ^ ^ lhNnfsf !!)@ ufj ; df em08)% xhf/ kl/j f/ j f sfof(ion); f{phf\$]pkofu ul//x\$ 5g\ ; f{phf\$]dfu lbg]bg}al9/xs] 5 .

gkfnf clxn]lahhl gkuf ufpr;df klg ; f{zIQm pkofu u/] phofnf]kfg] 6]nlehg, /]8of] sDko6/ / 6]nkmg ; #fng ug[ul/Psf] 5 . gkfnf xfn kPnt ; f{zIQm pTkfbg klj lwdf lbgel/ hDdf ePsf] lahl a]kdf ; sng u/] ; fEm pkofu ul/65 . xfn lahl gkuf sltko bu] lhNndf u}; /sf/l ; #yfx;n]; f{lahhla6 sDko6/, 0G6/gb / c6o ; #f/ ; j f pkofu ul//x\$ 5g\ gkfnf ; Rgf klj lwnf0{ ufpr]p]f k'ofpg / o; af6 hgtfnf0{kf0bf lbnfpgsf nflu ; f{phf\$]lj sf; ug{cj Zos 5 .

clwofo !)

; Rgf klj lwnf0{ j { he agfpg ; d:of / xf\$X;

kx' / pkofu

gkfnf ; Rgf klj lwsf]lj sf; sf]dVo p2Z'o bZsf]cfly\$ lj sf; df ; Rgf klj lwsf]pkofu a9fP/ bZdf ul/al 36fpg ; 3fpg' dflgPsf] 5 . o; sf]nflu cfdhgtf; dl f ; Rgf klj lw k'ofP/ dfq}x5; hgtfnf0{ ; Rgf klj lwsf]dx]j klt ; r] u/fP/ hgtfnf0{o; sf]pkofu ug{Sg] agfpgk5{. csf[zAbdf, Psf]t/ ; Rgf klj lwnf0{cfdhgtsf]kxFdf k'ofpg]xf\$ 5 eg]csf]t/ hgtfnf0{; Rgf klj lwsf]pkofu ug{Sg] lfdtf lbnfpg' k/\$]5 . ; fy}cfwgs ; Rgf klj lw cyj f 0G6/gb]sf] dVo cfwf/ g}b'; #f/ ePsf]xgfn]; Rgf klj lwsf]lj sf; sf]dh xf\$ g} b'; #f/ / lj hhl]sf]pknAwtf xf].

l8lh6n l8ef08 cyf\$; Rgfsf]vf8n

; Rgf klj lwsf]pkofu k'fj sf/l 9un] ug{Sg] / g; Sg] dflg; x; ; dbfox; , bZx; / Pp6}bZleqsf lj leG efux;sf]alrdf c6t/fn j f vf8n dfgj 0ltxf; df gofFs'/f x'0g . t/ of]vf8n clxn]cfP/ cetk'j {; kdf al9/x\$]5 . klj lwsf]c; dfg kxF / pkofu]lj Zj sf clwsfz dflg; x;nf0{cfly\$ tyf ; fdlhs lj sf; sf nfx;af6 alr t u/fp5 .

0G6/gb / Od]h:tf gof; Rgf tyf ; #f/sf klj lw / ; fwgx; k'fj sf/l 9un]pkofu ug{Sg] / g; Sg;x;alr]sf]vf8nnf0{hgfpgsf] nflu clxn] l8lh6n l8ef06zAbjnl sf]k'ng al9/x\$]5 . sDko6/, b'; #f/, On\$6; pks/Of, lahhh:tf ; Rgf klj lw ; #fngsf] k'v k'f'x;sf]pknAwtf, Itgdf hgtfsf]kxF / pkofu ug[lfdtf sg}; dfhdf l8lh6n l8ef08 slt km/flsnf]5 egl gflg]s;l cfwf/ xg\

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

; Rgf klj lwnf0{; j { he agfpg ; d:of / xf\$X?

; Rgfsf]vf8n lj sl; t / lj sf; zln bzx; alr dfq xf0g Pp6}bZ /  
; dbfoleq klj lj leG j u{x; sf]alrdf klj of]vf8n a9bf]5 . bZsf]  
; du|/ Gofok0f{lj sf; sf]nflu of]vf8n 36fpg' clt cfj Zos 5 .

dfnlbE; sf]!)=@& / a#nfbZsf]6ln8f]; 6l )=%% -lj Zj s}; a#Gbf sd\_5  
5 eg]pQ/L I5d\$ l bZ lrgsf]6ln8f]; 6l @\$=( \* 5 .

klj lw / pks/Ofdf kxtdf c; dfgtf

gkfnleq klj sf7df8f]pkTosf / aflx/sf]b/; #f/sf]:yltdf sxfnlnflbf]  
leGtf 5 . gkfnsh hg; Wof (#))))) dWb]; \$8f !% eGbf sd  
hg; Wof zx/L lfd a:5g\ sf7df8f]pkTosfleq em08@) nfv dflg;  
cyf\sh hg; Wofsf] ( klTzt a:5gV b0{s/f\$ b; nfv dflg;  
pkTosf aflx/ a:5g\ t/ sf7df8f] a:g] ( klTzt hg; Wofsf]x:; fdf  
sh 6lnkrf] nf0gsf]^\* klTzt k5{eg] (! klTzt hg; Wofsf]nflu  
s]n #@ klTzt 6lnkrf] nf0g pknAw 5 . o; lx; fan] sf7df8f]  
pkTosfleqs]6ln8f]; 6l @# klTzt 5 eg]pkTosf aflx/sf]6ln8f]; 6l  
)=!\$ klTztdfq]5 . ^) klTzt updf 6lnkrf] ku\$]5g .

knf] ug{b0{bg lx8] vdf^af6 ef]hk/ cfpgkg] flbtf -sflGtK/ blgs,  
)^ ) ; fpg @^, aofln; xhf/ xDnlndf{Pp6f 6lnkrf] -:k} 6f0d blgs  
)^ ) h] &, gLa]xhf/ ef]hk/af; l ; #f/ ; jaf6 aRt -sflGtK/ blgs  
)%( ebf)@&, Ps sn knf] ug{tlg lbgf]ofaf U-sflGtK/ blgs,  
)%( ebf)@^, 6lnkrf] ug{306f]nf0g a:5g\ d:tf^xlx; -sflGtK/  
blgs, @)% ( c; f]h %\_, ls; fgn]klg 066/gb rnfP/ Jofkf/ ug]kg] -uf]  
vfkq blgs @)%& d# / @(\_ ; f9]tlg j if]eq k]of\$ uf]j ; df b0{nf0g  
6lnkrf] ; lj wf klG] -gkfn ; dfrf/kq blgs, @)%^ d# / !^\_ ; #f/  
; Dks{lj R5b ePsf ! ( lhlndf 6lnkrf] ; jf ; #fng ul/g] -uf]vfkq  
blgs, @)% ( c; f]h @(\_ lj Bt\ ; lj wf kf0/x\$ f afx/xhf/ u]fx cft\$sf  
sf/of xfn lj Bt\ ; jaf6 aRt -uf]vfkq blgs, @)% ( c; f]h !\*\_ Aof6k  
gkfpf /]Bof]; Gaf6 /]kfnl aRt -sflGtK/ blgs, @)% ( c; f]h !\_ b0{  
ca{k0w/s/f\$ lj Bt\ dx; h afsl -:k} 6f0d blgs\_ . o:tf ; dfrf/  
zlf\$X; gkfnf cfd; #f/ dflw dx; df blgsh; f]b]g kf0G5 .

gkfn b/; #f/ ; #yfgsf]dfaf0n knf] lfdtf &) xhf/ nf0g 5 . o; dWb]  
; fpg d; fct; Dd \$) xhf/ nf0g aff8; lsPsf] 5 . \$) xhf/dWb]  
sf7df8f] #% xhf/ / aflx/ % xhf/hlt dfaf0n knf] aff8Psf]5 .

l; #fk/df dfaf0n knf] pkofu ug]x; sf]; Wof @))# hgdf \*) klTzt  
gflbf]. tf/jnf knf] pkofu ug]x; sf]; Wof \$%=( klTztdf em\$]f]  
5 . lj Zj sf]sh hg; WofdWb]cfwefebf w}]dflg; a:g]Plzof dxfbZ  
clxn]; Rgf tyf ; #f/ klj lwsf]; a#Gbf kn6fpf]ahf/ ag\$]f]5 . ; jf  
c/j hg; Wof gfw\$]pQ/sf]I5d\$ l lrgdf dfaf0n knf] pkofu ug]x; sf]  
; Wof !% klTzteGbf w}]klu; s\$]f]5 eg]Ps c/aegbf w}]hg; Wof  
ePsf]blif0sf]I5d\$ l ef/tdf klj dfaf0n knf] / ; Rgf tyf ; #f/  
klj lwdf ce'tk] {lj sf; e0/xsf]5 . lrgsf]x]8]f/ pBf] / ef/tsf]  
; ^6]f/ pBf]usf] lj sf; n] ; Rgf ; dhsf]l; hGdf w}]cl3 a9\$ f  
hfkf / cd]/sfnf0{; d] lrlGtt agfpg yfn\$]f]5 .

sf7df8f]pkTosfleq 066/gb / Odh pkofu ug]x; sf]; Wof 8p nfv  
gfl3; s\$]f]5 eg]pkTosf aflx/ 066/gb ; j]fsf]cj:yf l67nflbf]5 .  
066/gb ; j]f kbf]g ug{0hfht kfPsf !\* j6f ; #yfx; dWb] !^ j6f  
; #yfx; sf7df8f]cj]:yt 5g\ afsl b0{dWb]Pp6f kf]/f / csf]  
w/fgd]5 . tldWb]!% hlt]; j]f lb0/x\$ f 5g\ cfwf bhGefebf yf]h]  
bZsf s]l 7hf, vf; u/l t/f0{lf]sf zx/x; df 066/gb ; j]f lb0/x\$ f  
5g\ pkTosf aflx/sf]0dh / 066/gb ; j]f pkTosdfefebf w}]dxef]5  
/ uof:t/ w}]tNrf]5 . gkfnaf6 ; #flnt sh j #; f06x; dWb]; \$8f (%  
eGbf w}]j #; f06 sf7df8f]pkTosfleqs] JolQm ; #yf, sDkgl tyf cG  
lgsfox; sf]5 .

lj sl; t dhsx; sf]s/}5f8f; Rgf klj lwsf] lfd s]l j if6l3 ; Dd  
gkfnleq kl5 k/\$]ef/t klj clxn]b/; #f/sf] lfd gkfnleq lg\$S}  
cuf]8 al9; s\$]f]5 . @)^ ) c; f/; Ddsf]tYofscg; f/ gkfnf]6ln8f]; 6l  
cyf\!) ) hg] dflg; sf]nflu !=%^ 6lnkrf] nf0g pknAw 5 ; fs{  
; #7gsf c? bZ, ebfgsf]@=\$, ef/tsf]#=( \*, kf]s:tfgsf]@=\$\*,

sf7df8f]pkTosf / aflx/sf]alr b/; #f/ ; lj wdf ePsf]of]efj sf]  
vf8n / ; duof /li60 ; kd}b/; #f/ ; j]fsf] boglo l:yltsf] nflu  
bZsf]lj ifd ef]f]hs l:ylt, ul/al, rsf]zlls cflb lj leG sf/ofx;  
atf0Ptf klj o; sf]nflu b/; #f/; awl lgoGq0sf/L glt g]kdfV ; kdf  
lhDd]f/ blvG5 . gkfnf]b/; #f/sf]lat\$]f]bz j if\$]0ltxf; s]hpg]  
xf]eg]of]s/f 5n6 x65 . ; Rgf klj lwsf]lj sf; sf]d?b08 g}b/; #f/  
ePsf]h]b/; #f/sf]lgoGq0sf/L glttsf]k]oIf k#fj gkfnf] ; Rgf  
klj lwsf]lj sf; df k/\$]f]:ki6 5 .



; ʔgf klj lwsf]zlQm / gkʔndf o; sf]pkofʔ

; ʔgf klj lwnf0{; j { he agfpg ; d:of / xfʔx?

eʔefj sf]dfgl; s vf8n

bʔ; ʔf/ ; lj wfsf]afwfnf0{glit, Pʔ / lgod agfP/, gofʔklj lw / nufgl  
leqʔʔfP/ ; dfwfg ug{; lsPnf t/ gkʔndf bʔ; ʔf/dfq xfʔg ; duʔf  
; ʔgf klj lwsf]j sf; df afwf kʔofpg]kʔv sf/s tʔj eʔʔs ebbf klq  
dfgl; s xf]hg xfdʔ]; fdʔtl ; ʔsf/ / lkt[ Qʔfds lʔʔtgdf u8] a; ʔf]  
5 .

gkʔndf kl/jf/leq, ; dfhdf / ; /sf/l tyf uʔ; /sf/l ; a}sfofʔoxʔdf  
j/l/i7tfqmdsf]Pp6f l; ʔ -xf0/fsʔ 5 hg l; ʔ ; ʔgf / ; ʔf/sf]lfʔdf  
klq nfu"xʔ5 . of]; ʔldf ; aʔʔbf al/i7; ʔ ; aʔʔbf wʔ]sʔf, ; ʔgf j f  
1fg ePsf]j f xʔk5{/ p; ʔf]lgobʔofdf ; a}; ʔgf / 1fg xʔk5{.  
; /sf/l sfofʔodf PdP k9ʔf]dlvof / alP k9ʔf]xfʔsd xʔk5ʔ . sʔj  
lj ifo klq xʔʔsdn]eʔbf dftxtsf sdf/lʔn]wʔ}hfʔg' j f hfʔʔf]xʔg'  
xʔʔ . o; ʔ]gkʔnsf sfofʔoxʔdf sʔkʔb/xʔsf]gʔj lsʔ uʔ / ; ʔgf /  
1fgsf]knʔ0n j f eʔ8f/ ; aʔ]bʔg; Sg]u/l j f pkofʔ uʔ{ Sg]u/l /ʔvʔ'  
xʔʔsdxʔsf]nflu ; xh e0; sʔf]5ʔ . dʔqnoleq, dʔqnoxʔalr /  
dftxtsf ljefu / sfofʔoxʔsf alr gʔj lsʔ c; km xʔ' j f sʔd  
gugʔf]k5ʔl8 Pp6f dh sf/of oxl xf].

gkʔnsf sfofʔoxʔdf sʔkʔb/ cfPsf]wʔ]j if{ Dd klq To] rnfpg]  
lhʔdf 6ʔ0lk:6s}7ʔlgof]. xʔʔsd, ; Aaf j f v/bf/n]sʔkʔb/ rnfpg'  
ckdfg 7ʔʔgʔʔ gkʔndf cem]klq 5g\ . clxn]klq sltko xʔʔsdxʔ  
cf'gf]ʔdʔh clkm, sf]sʔkʔb/df grnfP/ 3/sf]sʔkʔb/df rnfʔʔg\ of]  
xʔʔsd / ; fdʔtl ; ʔj gʔofu] Dd ; ʔgf klj lwsf]oy]7 nfe kʔpg]  
; eʔj gf 5ʔ .

; ʔgf klj lwsf]lj sf; sf ; d:ofxʔ

glit, Pʔ lgod / Joj xf/ alʔsf]vf8n

bʔ; ʔf/ Pʔ, @)%# Mbʔ; ʔf/sf]lfʔdf pbf/ls/ofsf]glit ckgfpg, o;  
lfʔsf] lj sf; Pj +lj :tf/sf] sfʔdf lghl lfʔsf] ; dʔ ; xeflutf  
u/fpg tyf bʔ; ʔf/ ; ʔfxʔ ; lhn}/ plrt dʔodf pknʔw u/fpg]  
p2ʔon]bʔ; ʔf/ Pʔ, @)%# NofʔPsf] ; f]Pʔn]bʔ; ʔf/ lfʔsf]lj sf; nf0{  
cfwʔgstʔtkm]pʔdv u/fPsf]tyf Pʔsf]p2ʔocgʔk gkʔndf bʔ; ʔf/  
; ʔf lj sf; sf]ultdf tlj ʔf Nofpg bʔ; ʔf/ gʔj s{ ; ʔfns / ; ʔf  
kʔfosxʔaf6 :j R5 klʔ:kwʔds j ftj /ʔdf ; ʔf ; ʔfng u/fpg]sʔdsf]

nflu gkʔn bʔ; ʔf/ kʔws/ofsf]u7g ePsf]sʔf bʔ; ʔf/glʔt df pʔnʔ/  
ul/Psf]5 .

bʔ; -rf/ glit @)%^ sf] p2ʔo M/fi6ʔ] cʔʔsf/ u/ʔf] cʔʔʔ  
pbf/ls/of Pj +vhʔkgsf] cʔwʔ/off cgʔk bʔ; ʔf/ lfʔdf klq  
pbf/ls/ofsf] glit nfu" u/l lghl lfʔsf] ; dʔ ; xeflutdf :j R5  
klʔ:kwʔds j ftj /ʔdf pʔr: t/lo, e/kbʔPj -plrt ; ʔf zʔsdʔ lj leʔg  
lsʔ; dsf bʔ; ʔf/ ; ʔfxʔ ; j { he j gʔpg' bʔ; ʔf/ glʔtsf]dʔvo p2ʔo  
/xʔʔf]hgʔPsf]5 . j tʔdfg / elj iosf]dfusf]klʔ{Jofks tyf ; j { he  
kxʔ -olge; ʔ PS; ʔ\_ uʔʔdʔ tyf buʔ lfʔdf bʔ; -rf/ ; ʔf, cʔʔʔ  
blʔf, kʔl nufglf ; bʔʔʔ/ʔ, gkʔn bʔ; -rf/ ; ʔyʔgsf] ; ʔrgʔdf  
kl/j tʔ, klʔ:kwʔaf6 uʔxʔnf0{ ; ʔf kʔfos /ʔʔg cʔ ; / lbg] :j R5  
cʔʔ/cʔj 4tf cyʔʔ ; ʔf kʔfosxʔsf]Ps cʔʔʔ pks/ʔf alr pkoʔm  
:yʔgxʔdf :j R5 cʔʔ/cʔj 4tf -ʔʔʔ/ sgʔ; g\_ cʔʔb p2ʔo ; f]glʔtsf]  
/xʔʔf]5 .

Pʔ / glit hʔt ; ʔb/ bʔʔP klq To; sf]Jofj xʔʔ/s klʔ eg]lgʔs}sʔʔk  
bʔʔʔ5 . lsgʔs glʔtn]lnPsf p2ʔoxʔ, vf; u/l :j / ; ʔf/ -Ejʔ0;  
sʔʔʔg] g\_ / lghl lfʔsf] ; ʔʔʔʔ / ; ʔfsf]pbf/ls/of / lj lj lws/of  
cem]klq ; ʔyʔgs}Psf]wʔsf/leq lg; fl; ; Psf]5 .

bʔ; ʔf/ lghl lfʔdf, Joj xf/df xʔʔg sfutdf

bʔ; ʔf/ ; ʔfnf0{gkʔn bʔ; ʔf/ ; ʔyʔgsf]Psf]wʔsf/af6 dʔm uʔ / lghl  
lfʔnf0{klq ; xeful agfpg]kʔf; / cgʔj lgs]ʔtʔf]5 . lghl lfʔsf]  
elʔsf lagf ; ʔgf klj lwsf]lj sf; / cʔdhgtf; Dd kxʔ xʔg; Sg]  
sʔf lglʔrt e0; sʔkʔ5 ; fy}lj Zj ls/ofsf]nfe cʔdhgtʔdf kʔofpg  
bʔ; ʔf/nf0{pbf/ls/of / lghl/of ugʔg]lj Zj Jofkl bafa cʔPkl5  
gkʔnn]klq cʔʔ/ʔʔʔ dʔʔxʔdf emʔ8}bz j ifʔʔʔʔbʔʔ bʔ; ʔf/sf]  
lghl/of, pbf/ls/of / ; s] Dd sd lgoʔʔof ugʔ kʔʔj 4tf hgʔʔʔ  
cfPsf]xʔf]. t/ ; /sf/l klʔj 4tf sfutd}; lʔdʔ 5 j f bʔʔʔʔ ʔ kʔddf  
dfq 5 .

pʔfx/ofsf nflu @)%& ; fnsf] ; ʔʔʔ/}gkʔn bʔ; ʔf/ kʔws/ofn]vʔʔg  
; dʔxʔ]ef/tʔo sʔkʔg; ʔ ldn] u7g u/ʔf]:kʔ0 ; ʔ gkʔnf0{dfʔʔʔ  
knʔʔ ; ʔf ; ʔfng ugʔcgʔʔ lbg]lgʔʔ u/ʔf]yʔof]. t/ lgʔʔʔ sfʔʔʔ og  
gxʔ}gkʔn bʔ; ʔf/ ; ʔyʔg sdfʔ/l ; ʔn]; f]lgʔʔʔ sfʔʔʔ og gu/fpg

; Rgf klj lwsf]zIQm / gkfnf o; sf]pkofu

; Rgf klj lwnf0{; j { he agfpg ; d:of / xf\$X?

; j r cbfntdf l/6 lgj h g lbof]. @)%\* cyff\Ps j ifkI5 ; j r cbfntn]; f]l/6 vf/h ul/lbof]. olb lgOf6 ug[alQs]cgdlit kfPsf]eP ; ft dlxgf leq :kf0; ; h]n] cflxn] gkfn b/; #f/ ; #yfgn] lbPsf] ; lj wfebf w]; ; lj wfx g ePsf]dfaf0n knf; ; j f ; #fng ug[3f]f0ff u/\$f]lyof].

v]fg ; dxsf]egf0cg; f/ bz nfv ufxsnf0{6lnknf; ; j f kxfopg] p2Zon]pglx g n]; f]ofhgdf bz s/f\$ g kofFvr{ul/; s\$ f lyP . cbfntdf d2f k/\$f]/ kn] nkl5 ; Rgf tyf ; #f/ dGqfnosf]krfj Q; L lj t/of dxzfVfn]krfj Q; L lgwf{Of ug{cf7 dlxgf; Dd ehfPsf]xrf SDkgl 3f6fdf uof]. cftodf ; a)s/f ldnkI5 ; /sf/n]yk 8P s/f\$ g kofF]a\$ uof/Q6l dfuof] hg s/f kln]pIny g]lyPg . km:j g k v]fg ; dxn]Tof]kl/ofhgfnf0{:ylut uxf].

gkfn b/; #f/ kllws/Ofsf]egf0cg; f/ ; f]; dxn]bz j ifkI5 b0{v/a g kofFgjls/of b:t/ aemfpg]egl lgSs}a9L /sd sah u/\$f]xrf ; /sf/n]; ?df ; f]sDkglaf6 sxl kltj 4tf rfx\$fx]. :kf0; n]; ?df of] s/f dh/ u/]klg kl5 of]; t{k/f ug{ s; . km:j g k sDkgl]cflly\$ l:ylt ga%bf; Dd nf0; Q; /f]sPsf]5 . t/ of]s/f lglZrt 5 ls :kf0; ; h gkfn]ajhf]sf]sd ug[kfPsf]eP clxn]gkfn]6ln8]; 6L / ; Rgf klj lwsf]pkofu]sf]: t/ aIn]e0; Sg]lyof].

o; alr gkfn / ef/tsf sDkglx g sf]; femf/ ; #yf ogf06\$ 6]sd lnld6\$]8AnPnPn k4ltdf cfwf/t tf//lxt 6lnknf; ; j f ; #fng ug] cgdlit kfPsf]klg j if{lbg lalt; s\$ f]5 . sDkgl]nf0; Q; / krfj Q; L afkt zNs clg u]dlOf b/; #f/ lj sf; sf]f]sf]nflu; d] u/L em08}bz s/f\$ g kofFaemf0; s\$ f]atfPsf]5 . To; n]u/\$f]cflbfgldf \$ kltzt s/ / @ kltzt u]dlOf b/; #f/ lj sf; s/ nllg\$ . sDkgl]gkfn b/; #f/ ; #yfgsf]xfnsf]b/egbf ; :t]df cGt{flI60, cGtbZlo 6\$sn / :yfglo 6lnknf; ; j f pknAw u/fpg]3f]f0f ul/; s\$ f]5 . o; alr of] sDkgl]lnld6\$ df]aln6lsf]0hfht lnP/ cglnd6\$ df]aln6l kffnlsf] pks/of h8fg u/L clgoldttf u/\$f]cf/fkdf sDkgl dfly sfj fxl xg] ; dfrf/ k\$zfdf cfPsf]5 . -gkfn ; dfrf/kq, @^), ; fpg & ut] . o; n]ubf[of]sDkgl]klg lgwf/t ; dodf ; j f ; #fng ug]s/fdf z\$ f p7\$ f]5 .

; Rgf klj lwsf] lj sf; df dxTj kOf{ eldsf v]h\$ f cf0P; klx g ; fy} b/; #f/nufot ; Rgf klj lwdf cfwf/t ; fgftgf ; j f lbg]JolQm tyf ; fg Joj ; folx g dfly ; /sf/ / ; #yfgsf]Joj xf/n]b/; #f/ eg\$ f]; #yfgsf] Psnf6L ; DklQ xf/ o; df s; \$f]klg eldsf ; #yfgnf0{; Xo 5; eg] :ki6 b]vfp5 . ; /sf/ / ; #yfgn]cg\$ k\$ f/sf]cflly\$ tyf sfagl afem nfb] 066/g; ; j f cfdhgTfsf]nflu bh e tNofPsf]5 .

; #yfg cfmh]klg 066/g; ; j f ; #fng u/] klt:kwf{pq\$ f]5 . ; #yf / lghl lrf]sf cf0P; klx g alr klt:kwf{kxndfg / l; s6alr s:tIsf] v]h:t]xf]. 6lnknf; nf0g lbg]lfdtf eP/ klg ; #yfgn]cf0P; klx g nf0{ pglx g n]dfu]hlt 6lnknf; nf0g lb0/x\$ f]5; . clxn]!\* j 6f cf0P; klx g n] ; #fng u/\$f]066/g; ; j f kofu ubf{6lnknf; nf0gsf]pkofu u/\$fkt ; #yfgnf0{em08}#% s/f\$ cflbfgldf x65 . of]cflbfgldf cf0P; klx g sf] b; gnf0{; /sf/ / ; #yf bah]lallsh]a]f:tf u/\$f 5g\ o; df cf0P; klx g sf] lx:; fsf]t sNkgf klg ul/Psf]5; .

6lnknf; dx; h ; #f/df ; a\$ b; ; :tf]eg]; #yfgsf]unt bfal 5 . l5d\$ l b\$ ef/t]dfaf0n knf]sf]dx; h gkfn]e]bf w]; ; :tf]e0; s\$ f] 5 . To; dfly gkfnf b/; #f/ ; #yfgnf0{ltgk]g]zllsdf ; /sf/n]^@% kltzt s/ ln65 . of]s/ ; #f/df ; a\$ b; dx]f]xf].

cf0P; klx g n]Jof08ljysf]nflu aIn] / :yfglo PS; j g; j s\$ f]nflu aIn]zNs ; #yfgnf0{ltgk]5{. efln ; #yfgnf0{sDkgl]df kl/0ft u/]klg p; s} k] fxf/x g pkofu ug[k]j flbt / x] Dd s; k] klg cf0P; kln] To; sf] klt:kwf{ ug{ Sg] l:ylt b]vfp5 . o; sf] nflu t p; sf k] fxf/x g nf0{af0kf; u/] ; f]m]j b\$ / u]xs; E ; Dks{ug{ Sg]klj lw gckgf0{; v}5; .

b\$ df b/; #f/nf0{lgodg ug] :j tGq lgsfo gkfn b/; #f/ kllws/Ofnf0{lj leG ; j f kbfosx g nf0{0hfht lbg] clwsf/ / kbfosx g alr lj jfb p7df lgOf6 ug] clwsf/ lb0Psf] 5 . t/ kllws/Ofsf]u7g ; /sf/n]ug] dVo ; j f kbfos b/; #f/ ; #yf ; /sf/ sf]; Rgf tyf ; #f/ dGqfnosf]cwl]gdf xg]clg dGqfnosf]; l r j g} ; #yfgsf]c]lbf xg]Joj:yfn]ubf{afx/ hit pbf/ b]vfpv]h]klg jf:tf df kllws/Of ; /sf/ / ; #yfgsf]lxtlj k/Lt hfg g; Sg]:ki6}5 . kllws/Ofsf]lj?4 cbfntdf ph/L gnllg]/ s; k]klg ph/L ; /sf/; dlf dfq}ug{kf0g]klj wfg ePsf]xgfn]To:tf]ph/Lsf]s; cy{b]vfp5 .

; ʔgf klj lwsf]zlQm / gkfnf o; sf]pkofu

; ʔgf klj lwnf0{; j { he agfpg ; d:of / xf\$X?

bʔ; ʔf / ; j f lghl lfnf0{lbq]elgP klq s]n jfo/n] nf\$ n nk  
-8AnPnPn\_h:tf]; lldt dflaln6l kffnldfq lb0g]xgfn]bʔ; ʔf / ; ʔf gsf]  
dfaf0n krf]sf]thgdf To; sf]cfsif]f gxb]s/f :ki6 5 . o; af6 klq  
; /sf / kllws/0fsf]nflu ; ʔf gsf]lxt g}; j fkl / /x\$]f]blv65 .

clxn\$]f]klj lwsf]lj sf; n]ubf{s; h]066/g6 kpfu u5{eg]p; n]:j tM  
lj le6g ; lj wfx\_ pkofu ul/x\$]f]x65 hg s/f cf0P; klx\_ n f0{klg  
yxf gxb; S5 . t/ Pgd f bʔ; ʔf/sf 0d]h=066/g6, lel8of]6\$;6, ^ofS;  
d]h, cl8of]s6k]f; ^, nf\$ n 86f sDolgs] gh:tf lj j w ; j fx\_ Pp6}  
klj lwaf6 lbq; lsg]xgfn]tl ; j f ; ʔf ng ug{a]lnfal]n}0hfht lngkG  
Joj :yf lallsh}cJofj xfl/s blv65 .

gofRklj lwcg; f/ ca cf0P; klx\_ n]; ʔf gsf]sg]k]f]f / / ; j f pkofu  
gu/l sg cf]g]t//lxt g6j s]j f s]h 6]nlehgh:tf]t/af6 066/g6  
; j f kbf]g ug{Sg]klj lw cf0; s\$]f]5 t/ o; af/df sf]g / gllt df6  
5 . of]klj lwsf nflu ; j f kbf]osx\_ n]yk nufgl ugk5{t/ ulx\$ x\_ n]  
; :t]f] l56f]5l/tf]; j f kfp; S5g\

el:of6sf]pkofu gkfnh:tf]ef]f]ns lj ifdtfePsf]b]zsf]nflu a/bfg  
g}xf] t/ o; sf] 0hfht b:t/ / 7fp]R5] a]lnfal]n}0hfht lngkG  
klj wfg sDd/ ef]Rg]vfn]sf]5 . pbfx/0fsf nflu olb sg}cf0P; kln]  
gkfn]sf %) j 6f gu/kfn]sdf 066/g6 ; j f ; ʔf ng ug{rf]df To; n]  
) j 6f nf0; Q; lngk5{/ k]o\$ nf0; Q; afkt To; n]tl; tl; nfv]sf]  
b/n]!% s/f] k]f]f]b:t/ aen]pgk5{ clg o6q pks/0fsf]nflu nufgl  
sxf]f6 h6fpg] < t/ ; /sf/n]el:of6sf]nflu 0hfht lbP afkt s]l  
kfgf sfutaf]s s]l vr{ug{k]b6 . s]of]5fn ug] k}f sdfpg]  
sfdh:t}ePg / < k]fotl Joj :yfnf0{lj sNk/lxt dflgPen]f; ʔf/sf]  
nflu gkfn bʔ; ʔf / ; ʔf gnf0{lg]j \$Nk ; j f k]fos j f k]fn]sf]  
\_kdf h; /l lj sf; ul/of]To]f]9f]f / dfgl; stf cem]klg km]Psf]  
blv]Psf]56 . b]zdf ; ʔgf klj lwnf0{; fR}g]ul/al 36fpg]sddf  
pkofu ug[x]f]eg]of]9f]f / dfgl; stf To]lg' klxn]cf]j Zostf x].

; ʔgf klj lw Joj ; fodfly 9f8 ef]Rg]s/

cf0P; klx\_ n]ulx\$ x\_ n f0{; j f lbg]sf]nflu tyf c6t/f]66 g6j s{ 6  
; Dks{u/l 86f cfbfgk]f]g ug]f nflu lj b]z]l sDkg]x\_ ; 6 :of6]f06  
; j f ln]Psf x65g\ g6" af6 6]nk]f]g nf0gnufot w}k]f]f/sf ; j fx\_

lngk5{. o; /l nf0g ln]f cf0P; klx\_ n]c6t/f]66 ; ʔf, g6" +/  
; /sf/nf0{lj le6g k]f]f/sf zN\$ x\_ Itgk5{.

pbfx/0fsf nflu, @)%\* h]df ; /sf/n]cf0P; klx\_ d]fly lj le6g s/  
a9f]Pk]5 cf0P; kl j N8]n]n]; f9]rf/ d]faf06 86f j ; f/k; f/ ug{Sg]  
Jof08lj ysf]pkofu u/afkt ?= b0{s/f]e6f w]f]f]lj b]z]l db] eQm]gl  
ug]k]g]eof]. klxn]lj b]z]l db] eQm]g ; lj wf lbPafkt tlq kl]tzt zNs  
Itg{k]f]eg]To]f]zNs a9f] / !% kl]tzt ul/of]. o; /l ?= ^ nfv]ht  
lt/}fn] ?= !% nfv Itg]k]g]eof].

o; /l cf0P; klx\_ n]lj b]z]l sDkg]lnf0{; j f ln]Pafkt zNs, ; f] zNs  
lj b]z]l db]df lt/lbPafkt # kl]tzt -a9f] / !% kl]tzt ul/Psf] 6l8lP;  
zNs, sh c]f]b]f]g]sf] \$ kl]tzt /f]66, !) kl]tzt d]no clej [4s/  
-Eof6, @ kl]tzt ul]d]of bʔ; ʔf / lj sf; zNs, clg d]g]k]f]df @% kl]tzt  
cfos/ aen]pgk5{.

@)%& ; fns]s]f]t]df ; ʔgf tyf ; ʔf/ d6qno / cf0P; klx\_ alr  
lk]f]j Q; lsf]pkofu]sf]cfwf/df 0hfht gj]s/of b:t/ lng]f]f]lj j fb  
p7\$]f]lyof]. s]l j if]63 d6qno / cf0P; klx\_ alr ^\$ lsn]af06  
kl]t; \$]8nf0{Ps Ej f0; Ro]gn d]f]g] kl]t]j if]k]f]j Q; l nf0; Q; zNsafkt  
#) xhf/ \_k]f]f] To; sf]) kl]tzt]sf b/n]gj]s/of zNs lng]; xdt  
ePsf]lyof]. o; alr cf0P; klx\_ sf]; j f Joj ; fo a9\$]f]h] Itglx\_ n]  
lk]f]j Q; l lfdt]f a9f] / b0{d]f] af06 kl]t; \$]8; Dd k]f]Psf 5g\  
d6qnon]cf0P; klx\_ n]a9l lk]f]j Q; l k]f]u u/}f]h]a9l /sd Itg]k5{  
e6g]c8fg ln]Psf]lyof].

d6qnon]eg]f]g; f/ lk]f]j Q; lsf]zNs Itg[x]f]eg]Ps d]f] af06 lk]f]j Q; l  
k]f]u ug[k]g]cf0P; kln]em08}; f9]rf/ nfv \_k]f]f]0hfht gj]s/of  
zNs Itg]k]g]x65 egl cf0P; klx\_ e65g\ 5fn ug] k}f sdfpg]/  
066/g6nf0{hgt]sf]k]f]df k]f]pg afw] kfg]of]klg Pp6f tl/sf  
blv65 .

6]nk]f]g, 0d]h tyf 066/g6sf]pkofu ul/a hgt]sf]nflu xf]g . of]  
d]l]od / pRr j u\$]f]nflu x]. pglx\_ n]; lj wf kf]Peg]h]Q klq s/  
Itg{S5g\ e6g]; f] ; /sf / ; ʔf gsf]blv65 . hgt]fn]; lj wf kfp; g\  
b]z]df ; ʔgf klj lwsf]lj sf; eof]eg]cfly\$ sf/f]f / / cj; / a9]  
b]z]nf0{g}k]f]f] x65 e6g]b]b]6sf]cefj 5 . ; ʔf gsf]ult]lj lw

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

; Rgf klj lwnf0{; j { he agfpg ; d:of / xfsx?

sd{f/Lsf]lxt; E a9L hf]8Psf]b]v65 . ; fy)c6t/f66 PS; r]ndf sxl  
c6t/f66 txsf Jofkf/L / sd{f/Lsf]dfikmf xjl e0/xsf]cgbdfg klg  
ahfahf]df ul/65 .

k]lws/0fn]u]dl0f b'; #f/ lj sf; sf]fsf]nflu sxl kltzt s/ ; ]f  
k]fosx\_ af6 p7fpg]Jo: yf u/\$f]5 t/ To]sf]fsf]; #fng s; n]ug]  
e6g]:ki6 5g . sg]lf] lj z]f j f sg]u]dl0f lf]df b'; #f/sf]lj sf; sf]  
gfddf sg]sdkg] lj z]fnf0{cglrt nfe k]ofpg sf]fsf]b';kofu xg]  
; e]j gf 5 .

xf8]p/ / ; ^6j p/df ! kltzt e6; f/ dx; h b/ s]n lzlf lf]sf]nflu  
/ cf06l kfs{f cjl:yt pB]ux\_ sf]nflu ; lldt ul/Psf]5 . cf06l  
kfs{f]cl:t]j g]gePsf]cj:ydf of]slyt e6; f/ ; lj wf klg b]y]j 6l  
g]5 .

; a}36gfj nlnf0{x]f]gkfnf b'; #f/nf0{lg]h]s/0f / pbf/ls/0f ug]  
kpf; x\_ c6t/f66 hutnf0{b]y]fpg]d]s08f]dfq x] e6g]s'f :ki6  
x65 .

dx]j fsf]fl ; Rgf klj lw glt 0

adh]sd] Jofkt x]of, lx;f, cfts / e]f]ts ; Argf Wj ;sf sf/0f l; lh\_  
c6of]h, clglZrttf, ce]j do j ftj /0f, ah\_ / e]f]ts k]f]f/sf]ce]j  
Pj dx]j fsf]fl sfo]md / kl/j lt\_ ; /sf/L /0fgl]tn]ubf{; Rgf klj lw  
gl]tn]cfz]l]tt ; km]tf x]l; n ug]g; s]f]lj 1fg tyf klj lw d6qfnon]  
hg]Psf]5 .E - /f; ; , @)^) ; fpg !&, u]v]kq b]gs, ; fpg !\* .

acp]f]kfF j if]eq gkfnf0{; Rgf klj lwsf]lj Zj dglr]qdf :y]lkt  
ug] kl/s]lkgf u/\$f]; Rgf klj lw glt @)%& c; km] ePsf]; Dalgw  
d6qfnon]:j Lsf/ u/\$f]5 . glt ag]f]tlg j if]{e0; Sbf klg gl]tnf0{  
sfo]og ug]{P} sfgg, lgod]nl / cf]Zos k]f]f/ v8f xg g; Sgl  
; g@)@) ; Dd k0f{; f]f/tfsf]n]f /fv]f]b]z]df ; g@)! ; Dd k]o]f  
gkfn]nf0{sDko6/ lzlf lbg]p2]o lng] kfF j if]eq cf06l ; ^6j p/ /  
xf8]p/sf]lgsf; l !) lalnog \_k]of]k]ofpg]n]f lng' c]fb s'fx\_ g]  
gkfn]sf]; Rgf klj lw glt slt dx]j fsf]fl / c]of]x]l/s 5 e6g]  
k]f]l]ft ug]{kof]t 5 .

lj 1fg tyf klj lw d6qfnon]tlg j if]eq lj le6g txsf %) xhf/ dflg; nf0{  
/f]huf/Ld]hs sDko6/ kl]z]f]f lbg]n]f ah]sf]ce]j df gf]xhf/ dflg; df  
; lldt ePsf]5 . !%) u]p]f]j sf; ; lldt]df u]dl0f ; fdb]flos ; Rgf  
s]b] :y]k]f ug] kfF j if]sfo]md b0{j if]{la]bf !& u]fla; df g]dg  
sfo]md]sf]\_kdf ; lldt 5 .

af0; s/f]f]sf]; Qnkf6l <

ag]k]df @@ s/f] \_k]of]f ; Rgf klj lw kfs{a6g nfu]f]w]} j if]  
e0; Sof]. o; sf]nflu clxn] Dd ; ft s/f] \_k]of]fvr{e0; s]f]5 / of]  
j if]{5 s/f] \_k]of]f560f0Psf]5 . cf06l kfs{eg]f]j]f:t]j df o:t]j  
ce]f]ts ; Argf x]h; leq /x] sfd ug]lj le6g lgsfox\_ n]Pp6f lj z]f  
Jo: yf, g]j s{ tyf lgod sfg]c]tu\_ /x] sfd u5]V /f]hon]lbg]  
; lj wf tyf c6o ; f]x\_ af6 k]k]t xg]nfesf]xsb/ x65g\ o; sf]nflu  
kv]f]n] 3]Psf] e]f]ts ; Arg]leq a:g' cf]Zos 5g . of] t ; Rgf  
klj lwsf]d]h cj wf/0ffs}lvnfkm x]l. 6]n] s]f]o]ud]f e]f]n of]e]f]ts  
kfs{af0; s/f]f]sf]; Qnkf6l]df kl/0ft g]x]f]f e6g ; ls6g . a? of]ah\_  
b'; #f/sf]lj :tf/ / lj sf; df j f 066/g\_ pkof]st]f]\_nf0{; lj wf lbg]  
sfddf vr{u/\$f]eP p]ln]y]glo pkn]aw xg; S]of].

gkfnf ; Rgf klj lwsf] :t/lo lzlf lbg]p2]o lnP/ lj b]z]df a:g]  
gkfn]x\_ n]w]}k6s kpf; ul/; s]f 5g\ t/ :ki6 glt / b]f]6s]f]sf]  
ce]j / d6qfnox\_ alr ; d6]on]ubf{k]f]o]M; a]lg/fz e0 km]s]f 5g\  
; b/ klZrddf ef]tn]ag]f0 lbg]elgPsf]; Rgf klj lw c]w]bog ; y]fg  
klg clglZrt cj:ydf /x]f]b]v65 .

lj B'tlo sf/f]f/ lj w]f]ss]f]lj r]n]l 0

; /sf/n]@)%& ; fnd]aj B'tlo sf/f]f/ / l8]h6n x:t]f]f/ P}g, @)%&  
sf] th]f u/\$f] b]v65 . k]t]f]j t ; f]lj w]f]sdf aj B'tlo :j\_ kdf  
ul/Psf]x:t]f]f/ -l8]h6n l; l]g]f/\_ nf0{j]w]f]gs]tf k]f]g ub]lj B'tlo  
clen]y]x\_ nf0{sfg]gl d]f]ot]f\_ k]f]g ug]lj lgdo clwsf/ k]q\_ x\_, crn  
; Dkl]Qsf]xs x:t]f]f/0f ug]l]nv]tx\_, o:t]f]; Dkl]Qdfly xs j f :j]f]d]j  
hg]fpg]l]nv]tx\_, j f/] g]df, lkm]fb]kq, k]t]p]Q/kq, j f o:t]c6o k]f]f/sf  
cb]f]nt]l sf/af]x]df k]f]f] xg]l]nv]tx\_ tyf k]f]nt sfg]gn]lj B'tlo  
:j\_ kdf /f]v]g g]x]g]e]gl :ki6 t]f]f]f] l]nv]tx\_ af]x]f]sf c6o ; fd]u]x\_ df  
lj B'tlo clen]y] sfg]gl \_kdf d]f]o xg]Jo: yf ul/Psf]lyof].

; ʔgf klj lwsf]zlQm / gkʔndf o; sf]pkofʔ

; ʔgf klj lwnf0{; j { he agfpg ; d:of / xʔsʔ

; f]lj wʔsn]sDko6/ ; fdu|df cglwsʔ kxF, sDko6/ / ; ʔgf kʔffnldf  
lft kʔofpg]sfo{-Xofls^, lj Bʔlo :j ʔkdf uʔsfggl sʔf kʔfzg ug  
ufkglotf eʔ ug] sfoʔf0{ sDko6/ ck/fw dflgPsf] 5 . o:tf  
ck/fwxʔdf s; ʔsf]uDel/tf xʔl bz xhf/bʔv k6w|xhf/ ʔkʔfDd  
hl/jfgf tyf Ps dlxgfbʔv ^ dlxgf; Dd sʔ jf bʔ}; hfo xg; Sg  
Joj :yf ul/Psf]lyof].

To:t}lj Bʔlo clenʔ / l8lh6n x:tfif/xʔ sfggl ʔkdf dfo xgsf  
nflu clwsf/kʔt lgsfoaf6 kʔf0f]s/of u/fpgkg] / o:tf]kʔf0f]s/of  
ug]lgsfon]0hfhtkq lngkg]Joj :yf; dʔ ul/Psf]lyof].

; a}kʔf/sf ʔoflos cbfntxʔdf sDko6/; Da6wl ck/fwxʔsf]lj ifodf  
lj zʔf1tf xfl; n uʔʔf ʔofowlxʔsf]sdlnf0{wbgdf /fv] 5ʔ}j Bʔlo  
sf/fʔf/ ʔofowls/of :yfkgf ul/g]Joj :yf; dʔ ; f]lj wʔsdf ul/Psf]  
lyof]. ; fy}gkʔnafix/ a; ʔ sDko6/, sDko6/ kʔffnl jf sDko6/ gʔj s{  
kʔffnldf lft kʔofpg]gkʔnl jf uʔgkʔfnlnf0{o:tf s; ʔdf d2f rnf0{  
; hfo ug{; lsg]Joj :yf klg ; f]lj wʔsdf ul/Psf]lyof].

Tof]lj wʔs Pʔ gaglsg lj wʔssf]ʔkd}lanf0f]. km:j ʔk gkʔnsf]  
0sd; { dfq}xfʔg gkʔnsf] ; ʔgf klj lwsf] lj sf; g}w} k5f18  
wsʔnof]. Pʔsf]cejf df klj lwsf]lj sf; df cfwfl/t Jofkf/ Joj ; fosf]  
nfeaf6 ; /sf/ / Joj ; folxʔ bʔ}klf alʔt xg' k/ʔf]5 eg]csʔf/t/  
; ʔgf klj wsf]lfʔdf ck/fw a9ʔf]5 .

clxn]cfP/ ; /sf/n]kl/dfhʔ; lxt gofʔj Bʔlo Jofkf/ Pʔ Nofpʔʔ .  
t/ of]gofʔʔ klg klxnʔf]h:t}hl6n efiiddf ePsf]/ ; ʔgf klj lwsf]  
kl/j tʔzln ri/qnf0{; dʔg g; sʔf]cfnf]ʔgf xg yfnʔf]5 . klxnʔf]  
lj wʔsn]lj Bʔlo sf/fʔf/ tyf ; f0a/ ck/fwnf0{; dʔ ; dʔʔf]lyof]eg]  
gofcfpg]lj wʔs lj Bʔlo sf/fʔf/df a9l sʔbʔ ePsf]l6k0fl ul/Psf]  
5 .

cf0P; klxʔsf]c3ʔf] <

@)%& aʔfvdf gkʔn bʔ; ʔf/ ; ʔfgn]klg 066/gʔ ; ʔf lbg yfnʔk15  
lghl lfʔaf6 ; ʔf lb0/xʔf cf0P; klxʔ eml:sP . ; ʔfgn]hʔ b/df  
066/gʔ ; ʔf lbg yfnʔf]ʔof]b/ lghl lfʔsf cf0P; klxʔsf]b/e6b lgSs}  
; :tf]lyof]. ; /sf/l :j fld]sf] ; ʔfgn]cfʔgf kʔ:t kʔʔf/xʔsf]  
pkofʔ u/l sd dNodf ; ʔf lbg]/ofglit pkefʔnf]sf]nflu :j fut ofʔo

sʔf lyof]eg]; lj wf; Dk6g ; ʔfg / x/ʔ kʔʔf/sf]nflu ; ʔfsg}dV  
tfSg'kg]f lj le6g kʔf/sf s/ / b:t/ Itg]lghl lfʔsf cf0P; klxʔsf]  
nflu of]3fts sbd klg xg; Sʔof]. ; /sf/n]lghl lfʔnf0{kʔ; fxg lbg]  
gltsf]lj k/t ; ʔfgn]066/gʔ ; ʔf lbg yfnʔf]e6g]cf/fk klg c6o  
cf0P; klxʔn]nufP . ; d:of dNo 36fPsf]e6b klg c6o cf0P; klxʔn]  
; ʔf ; ʔfng ug{; ʔfsg}6ʔnkʔnfʔ nf0g / c6o eflʔs kʔʔf/ pkofʔ  
ug]kg]xʔgn]; ʔfg :j o-kʔt:kwl{agk15 ; ʔfgn]cʔ cf0P; klxʔnf0{  
; lj wf lb65 ls lb6ʔ e6g]dh sʔf xʔf]e6g]pglxʔsf]egf0 lyof].

; ʔfgn]066/gʔ ; ʔf lbg yfnʔf]sʔl lbg leq]066/gʔ ; ʔfsf]zNs 36]  
dfi; s ? &%) ; Dd klʔf]lyof]. To; kl5 lghl lfʔsf cf0P; klxʔ  
; ʔ7t eP/ cf0P; kl gkʔn u7g u/]. pglxʔn]066/gʔsf]c; ldt  
pkofʔsf]zNs kʔtdlxgf ?= !^)) e6b g36fpg/ olb s; ʔ}36fPdf  
?= krf; xhf/ hl/jfgf ug]lg0ʔ u/]. cfk; df dNo 36f36sf]c:j :y  
kʔt:kwlʔnf0{/ʔg / ; ʔfsf]u0f:t/ 36ʔ glbg of]sbd p7f0Psf]e6g]  
cf0P; klxʔsf]egf0 lyof]. t/ pkefʔnf]xʔsf]nflu of]kʔt:kwl{df]hdf  
u0f:t/lo ; ʔf kʔpg]cfʔgf]xs vf] ; Psf]36gf lyof]. o; n]pkefʔnf]xʔsf]  
clwsf/ vf] ; of].

cf0P; klxʔn] uba6bl u/l dNo lgwfʔof uʔʔf] sf6ʔn^asf] ; Da6wdf  
gkʔn bʔ; ʔf/ kʔlws/0fn]5fglag uʔof]. rf/ dlxgfk15 @)%& sf]bzʔ/  
ltxf/sf]pknlfd cf0P; klxʔ cfkʔ} \$) kʔtzt; Dd 066/gʔ zNs  
36fP/ sf6ʔn^a cʔto u/]. clxn]pkʔosafix/ klg sʔl zx/l Onsfdf  
kʔtdlxgf ; f9]; ft ; o ʔkʔfʔf c; ldt 066/gʔ pkofʔ ; lj wf kf0g]  
u/ʔf]5 . clxn]klg ; j { fw/0f gkʔnlsf]j flifʔ cfosf]thgdf 066/gʔ  
zNs wʔ}dxʔf]5 . To; dflx 066/gʔ kʔfʔ ubf{nflu]6ʔnkʔnfʔ dx; h t  
5ʔʔ .

; ʔgf klj lwsf]lj sf; df bʔ; ʔf/ ; ʔfgsf]el'dsf / k] [Q

xjf / kglh:t}kʔfz, Wj lg / ʔʔof]t/ʔ kʔʔsf lx;; f xg\ o; sf]nflu  
sg}klg hl]n]zNs Itgʔkbʔ . kofʔt dfqdf pknʔw xg]a:t' jf  
; ʔfxʔnf0{klg cej u/fpg] tl j:t'; ʔf jf ; lj wf pkefʔ ug]  
u/fpgʔf/df cgʔ kʔf/sf lgodxʔ agfP/ lgo6q0f ug]tl j:t'pʔkʔbs  
tyf ; ʔf ; lj wf kʔfosxʔaf6 0hfht b:t/ tyf lj le6g kʔf/sf s/xʔ  
p7fpg]; fy}pkefʔnf] / pkofʔstf]ʔnf0{; dʔ pkefʔ u/ʔfkt lj le6g  
kʔf/sf s/ It/fpg]k] [Q sltko /ʔho tyf ; /sf/xʔdf blv65 . t/  
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; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

; Rgf klj lwnf0{; j { he agfpg ; d:of / xf\$X?

dfgj ; dfhsf]lj sf; ; E}lgoGq0fsf/L kj [Q 36b}uP/ sNo0fsf/L /  
; fj hlgS lxt, pbf/ls/Of tyf pkefudf ; dfg clwsf/sf]cj wf/Offn]  
dfG0tf kfpG yfn\$]5 . km:j k clxn]lzlff kfpGsf nflu pRr  
hftsf]xg'clgj fo{5g, j h j f zf:q k9df zb]j f gf/Lsf]sfGdf klN\$]f  
l; ; f vGofpg]lgod 5g, /lBof]; f /Vg Ohfht kq lng'kbh . xhfs  
ljefun]lghl lfqn]sl/o/ ; le{ rnfpg kfpGg eGbh . g t Odhdf  
/f\$ nufP/ vfdd}l6s6 6fF] lr7L k7fpgk5{e65 .

ul/al 36fpg, pBflwGbf / Jofkf/, ; zf; g / lj sf; sf]ult a9fpgl  
zflGt ; Joj:yf sfod ug{/ khftGq alnof]kfg{tyf ; dfh, /fho /  
hljgsf cgluGtl sfddf ; Rgf klj lwsf]pkofu clxn]ckl/xfo{e0; s\$]f  
5 . o; h]g]f, glit lgdf{fb]v lnP/ ufpFt/sf ; r] tyf lhDd]f/  
JolQmXn]; Rgf klj lwsf]u0f ufpG / o; sf]lj sf; ugk5{e6g yfn\$]f  
5g\ gkfnf ; Rgf klj lwsf]lj sf; sf]klfdf olt Jofks hgdt ag]  
ax; Wos ; r] hgtaf6 zEsfdgf JoQmeP klg o; sf]lj sf; rfxh:tf]  
xg; s\$]f5g . o; sf]sf/Of glit, Pq, lgodblv lnP/ b]zsf]/fhglits  
tyf zflGt ; /lffsf]:ylt tyf cly\$ cj:yf, s/, b:t/, ahf, hgtfsf]  
lfdtt / r]gfsf]sdh:tf ; of]sf/OfXn]sf]; Rl tof/ kfg{; ls65 . t/  
hlt nfd]; Rl tof/ kf/] klg ; Rlsf k]o\$ zAbn]Pp6}zAbnf0{  
cf]fof0/x\$]f]x65 - lgot .

P3f/ dlxgfsf]afg; kl5 8p s/f\$]eQf dfu  
dfcf] fbl ultlj lwsf sf/Of u]dLof lfqdf /x\$]f b/; #f/ ; Argfx  
tf\$kmf\$ eP/ nfv]hgtf 6]nkrf; Dks\$af6 j h t e0/xsf]; dodf  
afg; / k]; fxgsf]gfdff !! dlxgfsf]tna a/fa/sf]/sd lng  
; km gkfn b"; #f/ ; #yfgsf sd{f/Lxzn]nufeQf Pj d\j flif\$  
pI; j sf] gfdff yk Ps s/f\$ k]k\$]f] dfu /fVb} ; #yfgsf  
dxkf] Gwsnf0{bafa lbPsf 5g\ ==  
; #yfgsf] \$& s/f\$ ^\$ nfv %) xhf/ ?lkofa/fa/sf] eflts  
; Argf tf\$kmf\$ eP/ xfn; Dd klg & xhf/ & ; o @) nf0g 6]nkrf]  
k\$]f] t ePsf]cj:yfdf tnaeQfafx\$ @# s/f\$ #\* nfv @% xhf/  
# ; o ! ( k]k\$]f; #yfgsf sd{f/Lxzn]cltl/Qm ; lj wf of]cj] df  
kfpG]ePsf 5g\  
bz]vr{ d] u/] Ps j ifeGbf klg a9lsf]/sd lng]sd{f/Lxzn]df

; #yfgk]t pQ/bflo]j eg] k6Ss}gb]vPsf] / u{xsxzn]  
sd{f/Lxzn]af6 Gogtd ; lj wf; d] kfpG g; s\$]f]ugf; f]a9b]uPsf]  
5 . - gkfn ; dfrf/kq blgs, @)^) h] # ut].  
  
; 3n]6fj / d/dt ug{bz nfv ; xofu ug]  
nDh^, @# h] - dcf] fblsf] cfqmd0faf6 lftu]t b/; #f/sf]  
l/lk6/ 6fj/ t]sn dd\$ ; ? eP pBflj j fl0fho ; 3 nDh^n!] )  
nfv k]k\$]f; xofu ug]ePsf]5 .  
of]lhNnf 8p j ife]v ; Dks]j xlg 5 . ; #yfgn] clxn] Dd 6fj /  
agfpg ; ? gu/k]5 ; 3n]d/dtsf nflu ; xofu ug]ePsf]xf].  
== - sflGtk/ blgs, @)^) h] @\$ ut].  
  
dfaf0n krf; #fng cgdlt]j ?4 l/6 vf/h  
:kf0; ; h]n]tlg dlxgflq ; j]f ; ? ug]  
sf7df8f]# ; fpg - lghl lfqn]f0{dfaf0n krf; ; j]f ; #fngsf  
nflu b/; #f/ k]lws/Ofn]lbPsf] cgdlt /2 ug{k/\$]f]ph/L  
; j]r cbfntn] vf/h u/\$]f]5 . ==  
GofowLz ao s]f/gfy pkflbfo / /fh]b/fh gfVj fsf]; eQm  
Ohnf; af6 l/6 vf/h ug]lg0f6 ePsf]lyof]. == ; 3n]lgj hgtf  
of]lj ifo sd{f/L / ; #yfgsf] lxt; E uF, Psf] pNny u/\$]f]  
lyof]. of]klfdly l6k0fl ub]pkflbfo]eGgeof] ; #yfgsf]lxt  
; fj hlgS lxt gxg klg ; S5, To; h] ; fj hlgS lxtsf] b]jl  
; j]sf/ ug{; lsPg . E  
of] k]l]nsf] gkfnl ; femf/ v]fg ; dXsf sfo\$]f/L lgb]z  
/fh]b\$df/ v]fgn]ca ! ) - !% lbgdf cgdltkq lng]/ To; sf]  
sl/a tlG dlxgdf ; j]f ; ? ug]hfgsf/L lbggeof]. t/ gkfn  
b/; #f/ ; #yfgsf k]Qm lx/0osdf/ e\$/f0f] To; k]l]nn]ltg]  
eg\$]f]@) ca{ k]k\$]f]6E]gePsf]/ ! ) j ifeq ; j]f ; #fng xg]  
lj Zj f; ; Dd gnfu\$]f]h]cgdltkq lbg gxg]wf/Off JoQm ug]eof].  
- sflGtk/ blgs, @)%\* ; fpg @\$ ut].

; Rgf klj lwsf]zIQm / gkfndf o; sf]pkofu

; Rgf klj lwnf0{; j { he agfpg ; d:of / xf\$X?

j f:tj df l5d\$1 b0{bzx2 df e6bf w7}klxn]gkfndf sDko6/sf]pkofu / o; ; Da6wl sf/f3f/ ; ? ePsf]xf]. t/ clxn]; ^6j 0/ pBfudf ef/t / xf8[0/ pBfudf lrg lj Zj d]cu0fl :yfgdf klu; s\$F 5g^eg]gkfn kl5 kbXuPsf]5 . gkfndf ; Rgf klj lwsf]lj sf; gxgd; d:ofsf]dh r7f]lgo6q0fsf/L k] [Q g]xf]. o; n]ubf{oxfF; Rgf klj lwdf cfwf/t pBfudf Joj ; fo, Jofkf/ cflbsf]ckllft lj sf; xg; s0, lj bZl nufgls tff2 klg eflg]l:ylt cfof]. j f:tj df clxn]gkfnsf]; Rgf klj lwsf]lj sf; lghl lfgsf sxl pT; fxl JolQm2sf]nugzln tfsf]e/df s5j fsf]ultdf e0/x\$F]5 .

; j { he, ; /n / ; :tf]klj lwnf0{klg cg\$ lgod sfggsf]hfnf0f afw7 To; sf]pkofu cfdhgtsf]kxFe6bf w7}6f9f, ; j { fwf/0fsf nflu bh6 agfP/ b:t/ / s/sf]ef/l n]cgknEo agfP/ cflbfglsf]; lhnf]; f] agfpg]k/fgf]dfgl; stf j f k] [Q sltko ; /sf/L lgsfox2df cem]klg sfod 5 . bZn]; Rgf klj lwaf6 nfe kfpgg; Sgd of]k] [Q dVo afws blvPsf]5 . o; sf]Hj n6t pbfx/0f gkfn b7; #f/ ; :yfg xf]h; n] 066/g0 6lnkrf0dfly /f\$ nufpgsf; fy]lghl lfgnf0{b7; #f/ ; #fng ug{ lb0' x00 eg] sdcf/L ; #7gn]; j f]r cbfntdf ph/L u5{. æ; :yfgsf]lxt ; fj h]gs lxt gxg klg ; S5A eg] cbfntn]:ki6 km nf u/k]5 klg ; :yfgsf]lxtnf0{g}clxn]klg ; j f]l/ g]dfg] sfd e0/xs] 5 h; n]ubf{k7}dhs lj sf; sf]7hf]cj ; /af6 j h t xg' kl//x\$F]5 . gkfndf ; Rgf klj lwsf]lj sf; sf]af6f0f ; a66bf uxf]/ dh ufBf]/ uN5Bf]oxl g]xf]. /fhgllts ; \$Nk / cfl6nf]g]:Tj lagf of]uN5Bf]kf/ ug{c; e] 5 . t/ of]uN5Bf]kf/ gu/L gkfndf ; Rgf klj lwsf]lj sf; x00 e6g]s/f ca n\$F]50 .

b7; #f/ lfg ; wf/ kl/of]hgf M Pp6f lmg]cfzf 0

; Rgf tyf ; #f/ klj lwdf ePsf]kl/j t6n]ubf{l]Bdfg b7; #f/ glt ckof]t ePsf]x6f ; Rgf tyf ; #f/ d6qnon]lj Zj a\$sf]; xofudf kfF j if]b7; #f/ ; wf/ kl/of]hgf sfof]og u/\$f]5 . kl/of]hgf] bZn]e/df l56f]/ t]sn b7; #f/ ; ljwf pknAw u/fpgl lghl lfgsf ; xeflutfdf kjf]fnsf %#\$ uflj ; df sDtlfd b0{nfv 6lnkrf0 nf0g pknAw u/fpgl d6qno c6tu\$sf lj le6g lgsfox2sf]lfdtf a9fpg tyf b7; #f/ ; ]fd lghl lfgnf0{cfslif\$ ug{/0fgll tof/ ul/g]5 . d6qnon]b7; #f/ glt @)! th0f ub\$ . ; f]kl/of]hgf / k}tflj t

gltn]b7; #f/sf]lfgdf cfdh kl/j t0 ug{ s0f gkfndf ; Rgf klj lwsf] lj sf; df pNn]vglo pknAw xg]cfzf ug{ l\$65 .

; Rgf klj lwnf0{; j { he agfpg]pkfox?

gkfnl efiif a%g]sDko6/ / 066/g0df gkfnl efiif

clxn]k9h]y\$F dflg; x2 klg sDko6/sf]cufl8 a:g j f 066/g0 rnfpg xRsgsf]Pp6f k0V sf/0f efiif xf]. 066/g0df pknAw xg](% kltzt e6bf w7}hfgsf/L cuhldf x65 . gkfnl efiifdf Ps kltzt ; Rgf klg 066/g0df kf06g . sDko6/ ; #fng ug]; a}; ^6j 0/ / sdf08x2 cuhldf rN5g\ cuhldf ; #f/ ug{ Sg]gkfnlx2sf]; Wof !) kltzt hltdfq} 5 . Tof]klg zx/L lfgdf s]b0t 5 .

ef/tlo pkdxalkdf gkfnnf0{5f8} c? bZdf cuhxn] rf/ ; o j if{ Dd zf; g ubf{cuhl efiifnf0{/sf/L tyf /fhox2alr c6t; l] Gwsf] efiif agfPsf]xgfn]ef/t, kfls: tfg, aunfbZ / >lnsfdf cuh l efiif a%g]/ afl]g2sf]; Wof w7}5 . xg t cuh l efiif cf]klg]lzs bf; Tj sf] k}ls / cj zif xf]eg] k}0M w7h]luNnf u50\ t/ clxn]oxl s/f tl bZdf ; Rgf klj lwsf]lj sf; sf]; xfos ag\$F]5 .

c6t/f]60 ; #f/lagf /fi6sf]lj sf; x00 / c6t/f]60 ; Dk\$sf]dh efiif cuh l xf]e6g]s/f tltf] ; To xf]. @)\* ; ndf nfu"ul/Psf]gkfnnsf] /fi60 lzlf gltn]cuh l efiifnf0{; s] Dd b?T; fxg u/\$fn]klg clxn] bZdf cuh l efiifdf ; #f/ ug{ Sg]hgziQmsf]sdl ePsf]xf]. clxn] k5tP/ sxl xg]t x00g t/ efiifsf]of]; d:ofaf6 kf/ kfp g bZn]7h} df]h r\$fp g' kg]blv65 .

csf]t/ gkfnl efiif a%g]; ^6j 0/ lj sf; ug]k0f; klg ; km xg; s\$F] 50 . o; sf]Pp6f dVosf/0f t ahf/sf]sdl g]xf]. gkfnleq ; ^6j 0/ a]g]ahf/ ; fx]; lldt 5 . gkfnl efiifdf pTkflbt ; ^6j 0/sf]pTkfbgsf] vr{klg p7g; St0 . gkfnl efiif a%g]/ gkfnl efiifdf lbPsf]cfbZ cg'f/ sfd ug]Plkn\$] g ; ^6j 0/ agfpg lj zif of]hgf / cgbfg ; xof]sf]vff]5 . dbg k7:sf/ k'tsfnon]gkfnl efiifdf rNlg]; ^6j 0/ pTkfbgdf cu]f0 u/]f klg of] rng rNtldf cfp g ; s\$F] 50 . ; a}; flf/ gkfnln]sDko6/ rnfpg j f 066/g0df gkfnl efiifdf /flvg]kf70 ; fdu]df lj s[t x6fP/ Ps2ktf Nofpg hlt; s\$F]rfBf] Pp6f Jofks k0f; yN]gkg]:ki6 5 .

; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

; Rgf klj lwnf0{; j { he agfpg ; d:of / xf\$X?

gkfnl j a; f06 nf\$lkp agfpg]

gkfnf j a; f06 agfpg]nx/ rn\$]5 / of]klti7fsf]lj ifo klg ag\$] 5 . t/ j a; f06 lsg < o; sf]nllft bz\$ sf]xf] < o; sf]p2zo s] xf] < egl /fd/L gaem sltkon]/x/s)e/df / s; h]bftf ; :yfn]lbPsf] e/df j a; f06 /fv\$]f]b]v65 . cvaf/, /Bof]/ 6]nlehgsf]lg]Zrt kf7s, >f]f tyf bz\$ j u{/ efu]f]ns lf] x65, t/ j a; f06 lj Zj Jofkl x65 . j a; f06 hg efiffdf agf0Psf]5 To]efiff hf]g]lj Zj sf]s]g]klg efudf a:g] sb]klg cfly\$, ; fdf]hs, wld\$ ; dbfosf dflg; n]To] j a; f06 xg]{ S5 . To; h]lj Zj Jofkl bz\$nf0{aem]pg s: tf]efiff, s: tf] z]l / s: tf]l8hf0g kpfu ug]e]g]s'/f lg\$S}dx]j kOf{x65 .

lj Zj df em08}5 s/fB dflg; x]n]066/gb kpfu u5g\ j a; f06sf] ; Wof klg s/fB gfl3; s\$]f]cgdfg 5 . bz\$nf0{cfsliif ug]s'/f j a; f06df ePg eg] j u/sf] afn]fsf] s0fem]j a; f06 el8df x/fpg; S5 . To; h]lj a; f06 6SnSs b]vg]vfnf]xgk5{ ; fy]j a; f06 xg]{ yfn]k5 bz\$ csf]j a; f06df ghfcf] \e]gsf nflu j a; f06sf] lj ifoj :t; l; uf/k6f/ tyf k]tlt plQs}nff]ofpg]vfnf]xgk5{.

gkfnl j a; f06x]sf]a]n]klxrfg u/L rfx\$]j a; f06 xg]{ Sg]agfpg gkfn ; awl l; uf]k]f] j f lj ifo / lf]cg; f/ kfF ; ft j 6f k]f] -Psls] j a; f06\_ agfpg'cfj Zos 5 .

j a; f06 lg/t/ gjls/0f j f ck8b ul//Vg'k5{. hlt k6s x]klg pxl cgxf/ / lj ifoj :t' b]vg]j a; f06af6 bz\$X; lbSs x65g\ j a; f06df k9gk]lj z]f ; fdu] ge}af; l j a; f06df sf]l klg kms] rfx]gg\ clxn]j a; l8hf0lg^sf ; fy]j a; /f0l6^a klj lw klg cfj Zos e0; s\$] 5 . klxn]/fd]n]ygsf]nflu ; Hfkt / ; /n -; 6{P08 l; Dkn\_ n]y]lgod lyof]eg]ca csf]Pp6f P; , ; j l6 ylkPsf]5 . cyf]v] a; n]y]g ; Hfkt -a]f]af]df\_ ; /n -; a]a]g; Sg]efiff / z]ldf\_ clg k9K9Fnllg]ld7f] xgk5{.

cgnf0g kqsf]/tfnf0{cem]pkofu] agfpg]

066/gbdf klqs /Vb]f bz\$]n]x\$]e]g]7f]g'x65 . cgnf0g klqsfx]n] bz\$]sf] ; Wof a9fpg lgoldt k]f/ k]f/ / lj le]g sfo]md ug]k5{. bz\$]sf]k]z]g]f] , lh1f; f :tDe, lj b]z]df a:g]gkfnlx]nf0{sfdnllg] s'/f, pglx]sf] ; Gb]z, hgdT ; \$ng, kofgn j f uk l8:s; g, ah]af]hdf

0s6k] ; tyf dx]j kOf{b: tfj h -kf70, Wj lg / rnlrqsf]kdf\_ k\$]z g cflb sdfaf6 0kqsf]/tfnf0{cfsif\$ / pkofu] agfpg; lS65 .

gkfnf cgnf0g klqsfx]n] ug]Sg] / ug]k]Pp6f dx]j kOf{sfd xf] sf7df8f]f6 lg:sg]kqklqsfx; Pslaxfg]j a; f06df /fv] pkTosf aflx/ sf kf7sx; ; dl k]ofpg' . pkTofsaf]x/sf kf7sx; sf7df8f]f] ; dfrf/ yxf k]pg x?Ss} u5g\ . sf7df8f]f6 laxfg} lg:sg] cvaf/x]sf dx]j kOf{c}z j f l; u}cvaf/ klg 066/gbdf /Vg; lS65 . j a; f06df /flvPsf tl cvaf/sf ; fdu]x; :yfglo PkmPd /Bof]s]h 6le ; j]f k]fosx; , cl8of]6fj / tyf kqklqsfx]n]klg cfd >f]f j f kf7s; Dd k]ofpg]sfd u5g\ . :yfglo ; #f/ dflldx; ; E / lj 1fkg Ph] ; Lx; ; E ; d]j o u/] of]sfdnf0{lbuf]/ gkfn]dhs klg agfpg; lS65 .

066/gb gk]sf]7fpdf ; l8L /f]

gkfnf clwsfz upf] 6]nkm]laxlg ePsf xgfn]of]hg] cfo]u, lgj f]g cfo]u, clVtof/ b]kofu cg; Wof cfo]u h:tf hg; /f\$]f/sf lj le]g cfo]u d]qfno, lj efu, lh]nf:t/lo sfof]ox; , lj sf; ]sfof]ox; , nf0g Ph] ; Lx; , :yfglo lgsfo tyf ; fdbflos ; :yfx]sf]j a; f06df /flvg]; fdu]x; ; l8L /f]df /fv] upf]f]f] k]ofP/ upf]x]nf0{; Rgf klj lwdfkm] lb0g] k]hftGq, ; Zf; g, lj sf; , ; j f:Yo cflb lj lj w hfgsf/L, r]gf / ; j]f k]ofpg ; lS65 . cu]h]l efiff j %g g; Sg]clwsfz+ gkfn]sf nflu gkfnl efiffdf lgld; ; l8L a9L pkofu] klg x65 .

066/gb ; xofu]l - :qm0a\_

gkfnf (( kl]tzt]e]bf w]})df]g; x; sDk06/-lg/lf/ 5g\ () kl]tzt hgtfn]cu]h]l efiff a%g; Qm]g\ cgk9x]sf]nflu k9g n]y]g ; 3fpg cbfntdf n]y]gbf; =/f06/ / ; dfhdf n]y]g- ; xofu]l - :qm0a\_ sf]k]fng ePm]f]sDk06/-lg/lf/sf nflu 066/gb ; xofu]l JolQm / ; :yfx]sf] hdf] tof/ ug]k5{.

3fd, kfgl, x]f f / dna6 lahl

xfn gkfnf em08}e) kl]tzt 3/kl/j f/df dfq]lahhl ku\$]f]5 . To]klg w]h; f]zx/Llf]df ; lld 5 hxf]sh hg; Wofsf]!% kl]tzt]e]bf yf]}) dflg; a:5g\ . ct uf]df 3fd, x]f f kfgl / uf] /Uof; af6 lj hhl lgsfllg]j \$]lks pkfosf nflu ; s] Dd w]})cgbf] lbg]Jo] :yf ug]k5{.



; Rgf klj lwsf]zlQm / gkfnf o; sf]pkofu

; Rgf klj lwnf0{; j { he agfpg ; d:of / xf\$X?

ufp\$]nflu zx/sf ; f0a/ Sofknk]sf]pkofu

t/f0\$ f clwsfz uf\$X; zx/Llf]sf]glhs ePsf]/ kxf8L Onfsdf klg  
zx/ / ufP]r glhssf]; DjGw ePsf] xgfn] zx/L lfd ePsf  
; ljwfx;af6 uf\$]n]nfe ln0/x\$5 5g\ . xfn sltko zx/x;df  
; #flnt ; f0a/ Sofknk]df ufdlOf oj fx; emDfPsf blV65g\ of]k] Qnf0{  
a9fP/ zx/Llfd; #flnt ; f0a/ Sofknk]nf0{uf\$ lj sf; ; ldt,  
; dbfodf cfwl/t ; #yfx; u; /sf/L ; #yfx; / lj sf; ; #yfx; ; E  
; dlGj t u/L sfd ug{k]; flxt ugk5{. xhfsn]uf\$df lr7L afB\$  
labzdf a:g] gkfnlx;sf] Odh] zx/sf ; f0a/ Sofknk], xhfsx;,  
uf\$df rn\$5 6]h; Q6/x; dfkmf uf\$df jf sDkOb/ gePsfx;sx fF  
k/dfpg]/ k7fpg]Jo; yf ugk5{. zx/df l:yt ; f0a/ Sofknk]nf0{of]  
sdfs]lhDdf lbg; ls65 .

6]hknf; lj wf gePsf uf\$df sfd ug]kl/of]hgj jf ; /sf/L sfof\$ox; n]  
klg zx/sf ; f0a/ Sofknk]; E ldn] Odh] / O66/g6 ; lj wf pkefu  
ug{ S5g\

xhfsdf Odh] / O66/g6 ; jf

lj hhl / 6]hknf; ku\$5 xhfs sfof\$ox;df O66/g6 hl8t sDkOb/  
/fv] uf\$xs;nf0{Gogtd zNs lnP/ Odh] Psp06 vf]g]; lj wf  
lb0gk5{.

:yfglo g]Tj / lfdtfsf]lj sf;

ufdlOf Onfsdf ; Rgf klj lw sfoqmd ; #fng ug{:yfglo g]Tj sf]  
lj sf; ugk5{. sg}klg ; dbfosf]; Rgf cfj Zostf / pkoQm; #f/  
klj lwsf] af/df ; a\$6bf a9L ; dbfosf ; b:ox;nf0{yxf x65 ctM  
lbuf]kgsf]nflu klg o; sf]dxTj 5 . dflg; x;nf0{; #f/ klj lwsf]; lk  
l; sfP/ tyf ; /n / ; he k]f/f/ tof/ kf/] dfq]j klg ; dfhx;n]cf'g  
; #f/ dflbdx;dfly a9L lgo6qOf ug{ S5g\ o; /L pglx; cf'gf]elij iodfly  
a9L lgo6qOf ug{ Sg] x65g\ . of]l:y]tsf]l; hgf ug{ ; /sf/L, lghl,  
:yfglo, lfdlo tyf c6t/f]6, ljleG klf jf sf/s jf kfqx;alrsf]  
; feif kof; cfj Zos x65 .

; s]Dd w]\$f]kx'rdf

; /sf/n]!% ; o uf\$df 6]h; Q6/ :yfkf ug]of]hgj agfPsf]5 . o; sf]

; #fng / lbuf]kgsf]nflu :yfglo ; #yf jf lghl lfdnf0{lbq' Jofj xfl/s  
x65 . 6]h; Q6/x;n]3/axfn hflufpg jf uf\$sf cuj fx;sf]lgo6qOfdf  
/Vg]lgotn]klg uflj ; ejg, :sh jf sg}; fj hlgS ejgdf /Vg  
; S5g\ t/ pkof]utf, lbuf]k, cfbfgl / ; /lffsf]bl]6n]ahf/ lfd jf  
dflg; x; w]cfpg] cfj thfj t a9L xg]7fpef 6]h; Q6/ /Vgk5{.

o6qps/Of / ; lj wfsf]lgOf6

6]h; Q6/df /flvg]o6qps/Of / ; lj wfx; ; a}7fpef Ps}k\$5/sf]j f  
a/fa/ /Vg' cfj Zos / Aofj xfl/s blV6g . st}6]hknf]sf]a9L pkofu  
xg; S5 . st} ^ofS; rfxB]grflxg; S5 . st}lkQ6/ / kmf\$ksf]  
b'kofu xg; S5 . glhssf]ahf/df sltko ; jf ; :t\$df kf0g; S5g\  
ctM :yfglo cfj Zostf, pkofu / lfdtfnf0{aem] :yfglo hgtfs}  
; xdtcg' f/ s]slt ; lj wf /Vg]eG]lgOf6 ul/gk5{.

lj zif]1sf]; Nnfx tyf :yfglo ; xofu / ; sNk

ahfahdf a6b e0/Vg]ce/kbf]lahhl, cgkoQm6]hknf; kOfnl, xf8]f/  
/ ; ^6j f/ km]j]j f d/dt ug]; lj wfsf] cefj, ; Rgf klj lwn] lbg]  
; jf af/]ufp\$]sf]cgle1tf jf cfj Zj f; , :yfglo hgziQm/ ; #fngsf]  
nflu ; f] ; fwg / Joj :yfkgsf]sdl cflb afwf Joj wfgx; kf/ ug\$5  
nflu ; DalGwt lj zif]1 / :yfglo hgtfsf]; xdt ; fy{:yfglo g]Tj sf]  
; sNk lnP/ 6]h; Q6/ ; ? u/]dfq ; km xg; S5 .

nufgl

/fhgllts cl:y/tf / g]Tj txd f klj j4tfsf]sdln]ubf]lj bzl 7hf tyf  
:j ledfgl Jofkl/s lgsfox; gkfnf nufgl ug{cfP/ klg kms'k/\$f]  
5 . ; Rgf klj lwsf]pRr lzlf lbg]; #yf :yfkf ug{cfPsfx; kms]  
uPsf 5g\ clxn]gkfnf lj leG snh / lj Zj lj Bfnodf kl9x\$5 %)))  
hlt ; Rgf klj lwsf :gftsx;n] bzleq sfd gkfp]g] cfj :yf cfpg]  
; efj gf 5 . oj fx;nf0{ :j /f]huf/ agfpg ; Rgf klj lwdf cfwl/t  
Joj ; fodf nufpg' cfj Zos 5 . o; sf nflu gkfnf a\$5x;n]; Rgf  
klj lw k] 4g ug]vfnf]COf lbg]of]hgj ; #fng ugk5{ ; s]Dd cf06l  
lj sf; a\$ :yfkf ugk5{.

gofgof"pkofu]stf;X

klxn]cgdfg]gul/Psf JolQm tyf ; #yfx; 6]h; Q6/sf pkofu]stf{a6g

; Rgf klj lwsf]zIQm / gkfndf o; sf]pkofu

; Rgf klj lwnf0{; j { he agfpg ; d:of / xfSx?

; S5g\ h:t}zx/af6 dfn; fdfg lemsfpg]:yfglo Jofkf/L tyf upfE]f  
pTKfbg zx/df a]g n]hfg]Jofkf/Lx, upfE]6 zx/df sfd ug{dnhb/  
hdDf ug[7\$]f/, 7\$]f/nf0{kv] a:g]dnhb/x, lg/t/ cf06l kpfu  
ug[cfuGtSx, gofFof]hg, kl/of]hg j f ; :yfsf]sfof]ho cflb . s]n  
; #f]la; #f]h]f]gsf]nflu dfq}6]h; 6/ :yfkf ug{lemE]f dfq{agbssf]  
Joj :yf ug]h:t}xf].

; Rgf / 1fgsf]lj s]Gb] / ; he e08f/sf]lgdf0f

; Rgf klj lwsf] lj z]ftf g} 1fg / ; Rgfsf] ; j { hetf xf] . o; h]  
; /sf/L, z]f]s, Jofj ; flos, :jf:Yo; awl tyf c? sg}klg lj ifo /  
lfq; E ; a]wt ; Rgf / 1fgsf]e08f/ -8\$]f a]\_ s]b]s]t j f Ps]f]pE]f j f  
; lldt JolQmsf] lgoGq0fdf xg]x]g . ; s] Dd w}] j } f06df  
/Vgk5{ o; /L ; a}tx / lfdtfsf pkofu]stf{- JolQm / ; :yfx - n]  
1fg / ; Rgf kfp]g / pkofu] ug{S5g\

k/Dk/fut klj lwx]sf]pkofu

; Rgf / 1fgnf0{; j { he agfpg sDko6/ / 066/g]df dfq e/ gk/]  
/]8of] 6]h]ehg, lel8of] s]h 6lel, cvaf/h:t]f k/Dk/fut ; #f/  
df]lbdx]sf]klg pkofu] ug]k5{. leG klj lwx]sf]d]h]af6 ag\$]f]; #/  
klj lw -xf0la\$]\_ sf]pkofu] tyf gofF/ k/f]g klj lwx]sf]d]h]af6 l; h]g  
ePsf gofFk]ffnlx]n]k]f]j sf/L, :yfglo vr]h]w]f]g; Sg]/ ; an agfpg]  
vfnsf ; #f/sf ; fwg]x] pkn]w xg; S5g\ ; fgf]kl/df0f, sd vr{  
; dbfodvl tyf ; 6/ ; /l; keGbf aflx/ xg' cflb u0fx] gofFdf]lbdsf  
krf0bfx]xg\

tf//xlt b'; #f/ klj lwdf hf\$

ca df]af0n krf]af6 0d]h / 066/g] r]lg yfn\$]f]5 . e]f]nsf]ul/asf]  
6]h]krf] df]af0n krf]g]x]. lgs6 elj iodf u]dl0f gkfnsf]; Rgf tyf  
; #f/ k]ffnl tf//xlt b'; #f/ k]ffnl df cwf]l/t xg]s'f]df zsf 5g .  
df]af0n / :of6]h]f06 krf]g]sDko6/sf]klg sfd ug{y]f]g\$ . ctM b/  
; #f/ tyf ; Rgf klj lw; awl of]hg agf]pE]f of]s'f]nf0{]l]ofgdf /flvPg  
eg]; f] / ; fwg dfq]v] hfg]5g] b]z] g]lj sf; sf]ultdf kl5 kg\$ .

aflx/L ; xofu] :yfglo ; dbfo; u

gkfndf sfo{t /fi6«3lo lgsfox, bft[ :yfx tyf c]t/fi6« lj sf; ]

; :yfx]n]clxn]gkfndf ; Rgf klj lwnf0{; j { he agfP/ lj sf; , k]hftGq  
/ ; Zf; gs] ult]l]lwnf0{ cuf]8 a9fpg] lj leG sfo]md ; #fng  
ul//x\$]f 5g\ dGqfnob]v uflj ; ; Dd ltglx]n]; 3f0/x\$]f 5g\ t/  
lj leG ; :yfx]alr ; dG]o gx]fn]e]d, b]f]f]f]sf]d / lj s]t kl]g pTKG  
ePsf]b]l]v65 . ltglx]n]dGqfnob]v lnP/ :yfglo lgsfo / ; fdbodf  
cwf]l/t ; :yfx; E kl]g ldn]; Rgf klj lwsf sfo]mdx; ; #fng ug]k5{  
/ s]b]l]o e]bf :yfglo lfdt]f / ; lk a9fpg a9l hf\$ lbgk5{.

0sd; \$]f]lj sf; sf]nflu

klxn]sf]d t On\$6]gs sf/f]f/nf0{df]otf lbg]/ o; ; awl ck/fw  
/f]g]sfgg aG' cfj Zos 5 . To; f]ePk]5 cgnf0g lj qnl lj t/Of /  
eQn]gl ; Dej xG5 . 0sd; {dfk]f c]h]g u/\$]f]lj b]z]l db] b]z]df  
leq]p]g/ a]df /Vg]f]f]pbf/ glt Nofpgk5{ Jofkf]s j } f06sf]  
lgoldt ck8\$ xg]sf ; fy}To; dfk]f all]rg]; fdfgsf]u0f:t/ ; lglZrt  
xgk5{. Pp6f sDkgl]7]l]of]eg]; a}j } f06kl]t lj Z]f; uD5 .

b'; #f/ dx; hdf lx:; 6f/L / lglZ]s 066/g]d

066/g]d / b'; #f/ Pscsf]f]kof]j frl zAbh:t}e0; s\$]f]5 . 066/g]d  
k]f]u a9g' eg\$]f]b'; #f/sf]k]f]u / cf]db]gl a9g' xf]. ctM lj leG  
b]z]df 066/g]d ; j f lbg] sDkglx]n] b'; #f/ dx; hsf] lx:; f kfp]g  
yfn\$]f 5g\ o; /L b'; #f/sf]cf]db]gl]066/g]d ; j f w]l]gg]dfq}x]f]g  
g]k]f]d]r]lg yfn]k]5 066/g]d lglZ]s xg' :j fef]j s xf].

Ps sfd b0{dGqfno

lj 1fg tyf klj lw dGqfnon]; Rgf klj lw glt, ; f0a/ sfgg agf]p5 .  
/fi6« ; Rgf klj lw s]b]oxl dGqfnosf]c]t]u\$ 5 . csf]t/ ; Rgf  
klj lwsf]d]p]b08 b'; #f/sf]gl]t, P]g, lgod agf]pg]b]l]vlnP/ lk]f]j 6]; L,  
el:of6 cflbsf]0hfht lbg]/ sf]f]g og ug]u/f]p]l]hd]f ; Rgf tyf  
; #f/ dGqfno c]t]u\$ k5{ b'; #f/ k]l]ws/Of / ; :yfg oxl dGqfnosf]  
dftxt]df 5 . Pp6}lf]g b0{dGqfnon]x]g]k]wfg ePsf]x]E]f sltko  
lj ifodf lj ; u]t / ck7]0f/]kl]g k/\$]f]5 . ctM ; Rgf klj lw; awl ; a}  
sfd Pp6}dGqfnoc]t]u\$ /Vg' Jofj xfl/s tyf k]f]j sf/L xG5 .

c]t/fi6« b'; #f/ ; 3 -cf06]o\_ sf]; e]f]j

066/g]d k]4]sf nflu c]t/fi6« b'; #f/ ; 3 -cf06]o\_ n]u/\$]f b0{

; Pgf klj lwsf]zIQm / gkfnf o; sf]pkofu

; Pgf klj lwnf0{; j { he agfpg ; d:of / xf\$X?

cWbogx\_n]gkfnh:tf]bzd f 066/gb]sf]pkofu a9fpgsf nflu sxl  
7f] ; emfj lbPsf]5 . !((( sf]cS6f] /df ul/Psf]cWbog, aRofn[h]h  
6'b gb]s{066/gb km/ 8]nkD06E / gj]a/ @))) df ul/Psf]cWbog  
ab 066/gb kftd b 6k ckm b jN8{M gkfn s] :68UE df lbOPsf  
; hmfj x\_s]cf; o / ; f/ o; k\$ f/ 5 M

- ; /sf/sf]dflyNnf]txdf 066/gb]sf]pkofu a9fpgk5{.
- 066/gb]sf]pkofu]utfaf/]hgr:]gf a9fpg]sfoqmd rnfpgk5{.
- lghl lfq]sf]; xeflutf a9fpgk5{. ; /sf/n]lghl lfq]nf0{; xeful  
agfpg t vf]h\$]5 t/ k/]hDdf lbg vf]h\$]5g . lghl lfq]nf0{kOf{  
lfdtfsf] /fli6e b/; #f/ ; ]f ; #fng ug] cgdlt lbgk5{ .  
cGt/fli6e sn, Ej f0; 6]hknf, 8AnPnPn, dfaf0n cflb ; a}vfn]  
; ]f ; #fng ug]cj ; / gkfP; Dd cGt/fli6e nufglstf{x\_n]nufgl  
ubgg\ . gkfnf 608/n]g} ; /sf/sf]gllt / lgot em]sfp5 .  
; #yfgn]ul//fv\$]sfddWb]sxl sfd ug{lghl lfq]nf0{608/ sn  
gu/l kOf{klt:kwl{; #fnssf]nflu 608/ sn ugk5{. kllws/Ofnf0{  
aemfpgkg]s/ tyf u]dlOf b/; #f/ lj sf; sf]f]sf]nflu lbgkg]  
zNsx; ; s]x6fpgk5{g; s]36fpgk5{.
- cfwf/e't b/; #f/ ; ]fsf]ahf/ ; s]Dd w]}vfnsf Joj ; folx\_sf  
nflu vf]gk5{. 066/gb Joj ; folx\_s, cfOP; klb]v ; f0a/ Sofkm] Dd  
; fgf7hf ; a}vfnsf Joj ; folx\_nf0{ ; /sf/n] ; xofu ugk5{ .  
pglx\_nf0{bxgf uf0{7fG'x6g . clxn]nfu"ul/Psf cg\$ s/ tyf  
0hfht / gj]s/Ofsf emem6nf klqmf\_x 6fP/ 066/gb  
Joj ; folx\_nf0{k] ; fxg lbgk5{.
- 6]hknf s/]sf]gl]sf]thgdf 066/gb]df w]}a]; Dd 6]hknf]sf]pkofu  
x65 . ; fwf/Of 6]hknf nf0g pkofu u/] 066/gb rnfPbf 6]hknf]sf]  
k]Int dx; he6bf sd dx; h lng]Joj :yf ugk5{.
- cfOP; kl gePsf lhNnaf6 cfOP; kl ePsf zx/x\_sf ; e{x\_sdfknt  
066/gb rnfPbf ; fwf/Of jf sd 6]hknf dx; h nllg]Joj :yf  
ugk5{.
- 066/gb sg\$; g zNs lngsf]; \$f cfOP; klx\_n]:yfglo knf]snsf]  
dx; hsf]lx:; f kfp]Joj :yf xgk5{.
- 066/gb ; lj wf l; w}pkofu ug; Sg]; dbfox\_sf nflu 6]h; 06/  
6/

vf]g ; 3fpgk5{. hgtfnf0{lg]zNs jf ; xlnot b/df 6]hknf /  
066/gb ; ]f lbg]; dfh; ]L ; #yfx\_nf0{; /sf/ tyf bft[ :#yfx\_n]  
cgbfg / c6o ; xofu lbgk5{.

- 066/gb ; ]f lbg]\_alr :j :y k]t:kwl{u/fP/ o; sf] b/  
36fpgk5{.
- cfOP; kl / b/; #f/ ; ]f lbg]ljleG ; #yfx\_alr tyf ; #yfg; E  
klg cfk; df b/; #f/ / 066/gb cfbfgkbf, PSr] ug] s]bfb  
Joj :yf xg'clt cfjZos 5 .
- lnh nf0gsf]dx; h nfut dNocg' f/ xgk5{.
- xfn el:of6 ; #fngsf]nflu 0hfht b:t/ lgSs}dxE]5 / ljleG  
:yfgsf]nflu a]nfal]n}0hfht lngk5{. km:j\_k el:of6dfknt  
b/; #f/ ; awl lj lj w ; ]f ; #fng ug]; Defj gf sd 5 . el:of6sf]  
nflu w]}7fpE]nflu Pp6}0hfht lnP klG]xgk5{. nf0; 0;  
klqmfdf ePsf afwf c8rg x6fP/ l56f\$]/tf]agfpgk5{.
- Pp6f zx/df w]}cfOP; klx\_n]; ]f lbE] Pp6f 066/gb PSr]  
kj f066 :yfkf u/] Pp6f el:of6 kofu u/] w]h]; ]f ; #fng ug]  
Joj :yf xgk5{.
- kfej sf/l tyf :yfglo \_kn]; f6ble\$=pkofu] lj ifoj :t' tof/  
kfg{k5{. lj ifoj :t':yfglo efiidf g]j sl; t / k]4g ugk5{ ; fy}  
; dbfo :jom]lgwf{Of u/\$f] / ; dbfosf]cfjZostfdf hf\$ lbg]  
vfnsf]xgk5{ ; dbfox\_sf]lfdtf a9fP/ pglx\_nf0{cf'g]lj ifoj :t'  
tof/ kfg{Sg}agfpgk5{. ; ?df :yfglo lj ifoj :t' p]kfbg, gdf  
k6z\_g ug{cgbfg ; xofu lbgk5{. ; fy}af]4s ; DklQsf]clwsf/ /  
k]tlnk clwsf/; awl sfggnf0{kfej sf/l 9un]nfu"u/fpgk5{.
- lzlfOf ; #yfx tyf ; dfh; ]L ; #yfx\_nf0{lj z]f ; xlnot b/df  
066/gb rnfpg]Joj :yf ugk5{.
- 066/gbdfknt 6]hknf ug]; lj wdfly nufOPsf]/f\$ t?Gt}x6fpgk5{  
lsgls gkfnh:tf]bzd f nflu of]klj lw lgSs}pkofu, pkoQm /  
; :tf]klj lw xf].
- 066/gb]sf]pkofu a9fpg ; /sf/n]; flf/tf tyf lj hhl]sf]p]kfbg  
/ pkefu a9fpg]gllt / sfoqmd Nofpgk5{. 066/gb]sf]lj sf; nf0{  
bzd]sf]cfly\$ tyf ; fdlhs lj sf; ; E hf\$gk5{.

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofu

; fGbleſ Pj -kfl/eflifs zAbfj nl

kl/lzi6 !

# ; fGbleſ Pj -kfl/eflifs zAbfj nl

**clK6sn knf0a/** cfwlgs ; ʔgf klj lwdf ; ʔgf jf 8ʔfnf0{t/ʔ jf nʔ/ /s/Of=kʔfzsf] ʔkdf kʔf0f ul/g]z4 l ; ; f jf knfl:6sn]agʔf] wfufʔGbf dl; g]vʔm]g/d tf/ . xʔ{ \knf0a/ clK6S; .

**cfOP; kl** O66/gʔb ; ]f kʔfos . ufʔsnf0{O66/gʔb ; Dks{/ ; aʔwt c6o ; ]fx ʔ kʔfg ug]Jo] ; folnf0{cfOP; kl jf O66/gʔb ; le{ kʔf08/ elg65 . cfOP; kl sg} :yfglo, sg}/fli6o, sg}c6t/fʔi6«x65g\

**cf06L** ; K ; ʔgf klj lw . Ogknd] g 6\$grhf]h . ; ʔgf jf hfgsf/Lnf0{ kʔt ug] e08f/ jf ; sng ug] kʔf]vg ug] / ; ʔf/ jf k]f/ ug] On\$6kgs tl/sf, pkfo jf ; fwg . o; df lj le6g klj lwx ʔsf]Ps}kN6 pkofu ul/G5 . o; leq sDko6/; E ; aʔwt xf8]ʔ/ ; ^6jʔ/ / c6o pks/Ofx ʔsf ; fy}b/ ; ʔf/ / ; ʔdOn\$6kgs klj lwx ʔ k56\

**O66/PIS6e** dflg; x ʔ jf o6qps/Ofx ʔalr cfk; df ; ʔf/ jf ; xsfo{. dflg; / sDko6/alr ; ʔgf jf cfbʔ cfbfgkʔfg . Isafʔ}jf c6o O6k6 l8ef0; sf]dbtn]sDko6/ kʔf]ustf]lgbʔzcg; f/ sfd u/fpg]kʔffnl .

**O66/gʔb** O66/gʔb sDko6/x ʔsf]; ʔfnx ʔsf]klg ; ʔfn jf gʔj sʔ ʔsf] lj Zj Jofkl gʔj s{x]f. of]; ʔfndf cfj 4 ; a}sDko6/x ʔn]; ʔf/sf]sg} sgdf eP klg Pscfk; df ; ʔf/ ug] ʔ cfbfgkʔfg ug] S5g\ o; dfknt ; ʔf/e/df ePsf O66/gʔbdf hf]ʔPsf sDko6/x ʔdf ePsf c; W6 1fg, ; ʔgf / ; ]fx ʔsf]hfgsf/L kʔpg j ʔ; f06 / Od]hdfknt pknAw ug{/ u/fpg ; ls65 . clt bʔ ultsf] b/; ʔf/ kʔffnl]lagf O66/gʔb rNg; Qm ; ; ʔf/el/ kn]Psf lj le6g b/; ʔf/ kʔffnlx ʔ / tl kʔffnl; E cfj 4 s/fʔfʔofkl/s, ; /sf/L, uʔ; /sf/L, z]ʔfs, dg]ʔhgf]ds, cfd; ʔf/ sf gʔj sʔ ldn] O66/gʔb rN5 .

**O66kʔb** O66kʔb :yfglo sDko6/x ʔsf]; ʔfn x]f. sg}vf; ; ʔyf jf sfof]oleq ; ʔgfsf]; fenn pkofu jf cfbfg kʔf]gsf nflu o; sf] pkofu ul/G5 . o; sf]pkofu knf0n jf 8sd06x ʔ / ; ^6jʔ/x ʔ

lj t/Of, 8ʔfa] ; dl f kxF tyf tflndsf]nflu ul/G5 . O66kʔb O66/gʔb; E cfj 4 xʔ klg ; S5 gxʔ klg ; S5 . o; nf0{O66kʔb elgPsf]sf/Of s]x]f eg]o; df O66/gʔbdf h:t]j ʔ kʔx ʔ xʔ{; ls65 . ; fy}o; df O66/gʔbdf pkofu ul/g]j ʔ aʔph/h:tf sltko ; ^6jʔ/x ʔ pkofu x65 .

**Od]h** sDko6/ lj 1fgdf Od]h On\$6kgs d]h jf On\$6kgs ; fwgaf6 k7f0g]xhfssf]5fʔs/L ʔ k x]f. o; df O66kʔb jf O66/gʔbdfknt 8ʔf jf k70 ; fdu] Pp6f sDko6/af6 csf] sDko6/df k7f0G5 . Od]h kʔf]ustf]ʔn]:yfglo gʔj sʔ /fli6o gʔj sʔ]f lj Zj Jofkl gʔj sDknt ; Gbʔ / 8ʔf bʔ ultdf k7fpg; S5g\ ; g\!( ) sf]bzsd] Od]hsf] Jofks kʔng ; ? ePsf]x]f.

**On\$6kgs**; lj B'tlo sOf cyff \On\$6kgs]k]fxsf]cfwf/df xg]; ʔgf jf 8ʔf pʔkfbg, k]f/Of=]t/Of, kʔt tyf e08/Of=; sng ug] pkofu ul/g] On\$6kgs pks/Ofx ʔ, kʔom On\$6kgs ; ls6; E ; Dal6wt pks/Ofx ʔsf]lgdf, l8hf0lg<sup>a</sup> tyf kʔf] ug]lj Bf . o:tf ; ʔgf jf 8ʔfleq >Joo6qdf ; lgg]:j / / ; ult tyf le8of]j f 6]nlehgd] b]vg] bʔonufot sDko6/df xg]cgʔ kʔf/sf 8ʔf klg kg] S5g\

**Prl6PdPn** Prl6PdPn cyff \xʔk/6\$:6 dfsʔk Nof]j]h x]f. j ʔk]h agfpg o; sf]cfj Zostf x65 . o; n]k70 ; fdu], lrq, Wj lg / rnlrq cflbnf0{hfʔ5 . lj Zj el/sf j ʔ; f06x ʔ, Pp6]j ʔ; f06sf klg lj le6g kʔx ʔ, Ps}k]hsf klg lj le6g ; fdu] ʔalr ; Dks{-lns\_ ufFg]sfd o; ʔ] u5{. o; ʔf6 jN8]f08j ʔdf pkofu xg] xʔk/6\$:6 8sd06 agf065 .

**Pgfnu** Pgfnu o6q pks/Of jf ; s] h; sf]em]6]h, Wj gl cflb uOf lg/Gt/ kl/j t6 e0/x65 . em]6]h jf Wj glh:tf uOfx ʔ lg/Gt/ kl/j t6 e0/xg]:j efj ePsf o6q pks/Of jf ; s] ; E ; Dal6wt ; ʔf/ kʔffnl .

**sDko6/** sDko6/ o:tf]o6q x]f]h; n]tlg j 6f sfd u5{Mo; n]; lgo]hnt, ; ul7t tyf lgo]qt ; ʔgf ; fdu] lng5, To]f]; fdu]nf0{to; nf0{lb0Psf] lgod cg; f/ kʔf]vg u5{clg pʔkfbgsf] ʔkdf kl/Offd lb65 .

**s ; {** sDko6/sf]kʔf]b]vg]lj z]f ; s] h:t]o]k]o]k ul//xg]; f]m] jf t] f]wsf]r]f]f]f, tl/sf]6k]f] cf]f] cflb lrg6x . s ; { Isafʔ}dfp; jf sndsf]6k]f]cflbsf]0; f/f jf rfndf rN5 .

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofu

; fɔbleɕ Pj -kfl/eflifs zAbfj nl

**sf]IS; on sʔh** sʔh ɔhlehg / sDko6/ gɔj sɔf kɔfɔ xg]Ps  
Isl; dsf]tf/ . sf]IS; on tf/sf]kɔf s]5 eg]o; n]; fdfɔo tf/n]  
eɔb /fd] ɛ clt pRr lk]s]j ʔ; Lsf]t/ɹ k]ʔof ug{ S5 .

**lrk** lrknf0{df0qɔf]lrk klg elgɔ5 . of]c4{; rfn s kbɔyɔf6 agɔf]  
pks/0f x] h; df Pp6f On\$6k]gs ; lS6 xɔ5 . Pp6f On\$6k]gs ; lS6df  
cfk; df hl]hPsf ; ɔf]F xhf/f]j f s/f8f]F6k]h:6/xɔ / cɔo clt; ʔd  
On\$6k]gs lx:; fxɔ xg; S5g\ o; nf0{cf0{L cyj f 0lɔ6uɔɔ ; lS6 klg  
elgɔ5 . cfwlgs sDko6/sf]cfwf/ oxl lrk x]. o; sf]n3'cfsf/n]ubf{  
sDko6/ l56f] ; fgf] / ; :tf]xɔ5 . lrsf]lj sf; lg/ɔt/ xɔ5 . x/ɔ 8ʔ  
j ifɔf lrsf]lfdtf b0{ugf xɔ5 . km:j ɔk sDko6/sf]lfdtfsf]klg  
lg/ɔt/ lj sf; e0/xɔf]5 .

**Rof6** ɔhknfɔdf pxl ; dodf af]h] s/f u/h:t}sDko6/sf]dfɔdafa6  
pxl ; dodf (real time) n]y] s/fsgl ug{. o; df ; xefulxg]ɔ dɔw]  
k]ɔɔn]s]x l zAb j f jSo sDko6/df 6f0k u/] 066/ sl lyRbf tl zAb  
j f jSo c? ; xefulxɔsf]sDko6/sf]kɔfɔf b]vɔ5 . clg c? ; xefulxɔn]  
cfcf'gf k]t]lqmf o; }u/L 6f0k u/] cɔo ; xefulxɔnf0{k7fp5g\  
o; /L b0{f w]h]gfalr Ps}; dodf 5nkm, lj rf/ cfbfg kɔfɔ xɔ5 .

**Rof6?d** Rof6 ubf{lj ifosf]cfwf/df 5bɔf0g]; dX . xɔf] M Rof6 .

**ɔhknfɔ PS; r]h** ; a)ɔhkn]xɔ hl6n l:j lr<sup>a</sup> kɔffndf hf]8Psf xɔ5g\  
h; nf0{s]b]lɔ sfɔfɔo j f PS; r]h elgɔ5 . o; n]ɔhknfɔ ; Dks{ug]k]g]  
gDa/sf]ɔhknfɔ; ɛ ; Dks{ul/lbɔ5 .

**ɔh; ʔ6/ ɔh;** ʔ6/ ; ʔgf tyf ; ɔf/ klj lw; dlf cfdhg]tsf]kxF pknAw  
u/fpg]; fɛf :yfɔ x]. ɔh; ʔ6/sf]dVɔ sfd hg; fw/0fnf0{066/  
gɔ; dlf kxF a9fP/ pglxɔnf0{066/gɔdfk] k]t xg]; j f pkofu ug{  
; 3fpg' x]. clxn]; ʔgf klj lw, vf; u/L 066/gɔnf0{ lj sf; zln  
b]xɔdf cfdhg]t; dlf k]ɔfpg]kɔf]j sf/L dfɔd]s]ɔ kdf ɔh; ʔ6/sf]  
cjwf/0ff lgSs}pkofu]l dfɔg yflnPsf]5 . ul/a / clt sd cfo ePsf  
b]xɔsf nflu 3/3/df sDko6/ / ɔhknfɔ; Dks{clt dx]j fsf]l s/f  
xg; S5 . t/ ; fdlxs ɔkdf sDko6/ / ɔhknfɔ ; ɔfng ub]y]f]; dod]  
w]h]f0{; ɔf/ ; lj wf lbg ; lS6 . o; /L sg]; dbfo j f uf]f0{cfwlg  
; ɔf/ ; lj wf lbg]pkfonf0{; fdbflos ; ɔf/ s]b|(c3) / ɔh; ʔ6/ klg  
e]g]ul/ɔ5 .

**l8lh6** l8lh6 egɔf]; fdfɔo cyɔf cɔ x]. o; n]! b]v ) ; Ddsf bz  
j 6f cfwf/e't cɔ aɛfɔp5 . sDko6/ af0g/L l8lh6sf]cfwf/df rN5 .  
af0g/L l8lh6 egɔf]! / ) x]. sDko6/df h]ht 8ɔf j f ; ʔgf /flvɔ5  
Tof]log}b0{cɔdf xɔ5 . clf/, zAb, W]lg, lRq, rnlRq ; a}log}b0{  
cɔdf xɔ5g\ sDko6/n]8ɔf, ; sng, k]ɔf]v, k]ʔof ug]sfd ; a)! / )  
d]u5{. xɔf] \af0g/L l8lh6 .

**l8lh6n l8ef08** xfn k]ngdf /x]ɔf clwsfz sDko6/n] 8ɔf j f  
; ʔgfnf0{ b0{cɔ ! / ) sf] ɔkdf dfq a%g, ; ɔk ug{ /  
v]h]fpg; S5 . l8lh6df dfq ; ɔfng xg]xgfn]of]klj lwnf0{ l8lh6n  
klj lw elgPsf]x]. To; h]clxn]; ʔgf klj lwdf lj Zj df b]vPsf]c; dfgtf  
j f vf8nnf0{l8lh6n l8ef06 e]g yflnPsf]5 . l8lh6n l8ef08 zAbfj nln]  
; ʔgf klj lwsf ; fwg, pks/0f / pkofu]df sg}b]z j f ; dfhsf]kxFdf  
c; dfgtfnf0{hg]p5 . o; leq sDko6/ ; ɔfng ug]pks/0f / klj lwxɔ,  
b'; ɔf/ ; lj wf, On\$6k]gs pks/0fɔ, ; ʔgf klj lw ; ɔfng ug{Sg]  
hg]z]lQm lzlf, t]nd, cf]yɔ tyf ; fdf]hs lfdtf / jftj/0fnufot  
lj le]g s/f k5g\  
l8ɔf tVofsf]ds hfgsf/L, sg}kɔf]j f k/Ll0faf6 j f ; j [f0faf6 lx; fa  
u/] j f lgisif]ɔ kdf k]t ul/Psf]tVɔ / cɔ, k]l/les hfgsf/L . cɔ,  
k]f70, lRq, W]lgh:tf sDko6/n]; sng / k]ɔf]v ug{ldNg]u/L k]t  
sDko6/df k]ɔf]vgsf]nflu pkofu ul/g]tVofɔ . 8ɔfɔsf]d]h]af6 ; ʔgf  
a]g; S5 .

**ɔh** tVofsf]ds hfgsf/L, sg}kɔf]j f k/Ll0faf6 j f ; j [f0faf6 lx; fa  
u/] j f lgisif]ɔ kdf k]t ul/Psf]tVɔ / cɔ, k]l/les hfgsf/L . cɔ,  
k]f70, lRq, W]lgh:tf sDko6/n]; sng / k]ɔf]v ug{ldNg]u/L k]t  
sDko6/df k]ɔf]vgsf]nflu pkofu ul/g]tVofɔ . 8ɔfɔsf]d]h]af6 ; ʔgf  
a]g; S5 .

**Gohuk** 066/gɔdf sg}vf; lj ifodf 5nkm rnfpgsf]nflu ; ɔfnt  
dɔ . o; df ; a]wt lj ifodf n]y /rgf / ; f]n]ydfly l6k]0fl tyf yk  
hfgsf/L xɔ5 . Gohuksf ; b:oxɔn]cfcf'gf]lj rf/ j f k]t]lqmf y]b]  
hfɔ5g\ sg}Gohuk ; lldt ; b:oxɔsf]nflu xɔ5 eg]sg}066/gɔdf  
pkofu] hf] s]h]efu lng ldNg]vfnsf xɔ5g\  
kf; j 8{sDko6/ kɔffnl, vf; u/L gɔj s{/ dx]j kɔf]k]f0n, sf]; ʔlffsf]  
nflu uf]ɔ ; s]j f kf; j 8ɔf]lɔj :yf ul/Psf]xɔ5 . uf]xs j f pkofu]stf]n]  
p; nf0{b0Psf]clf/ j f ; s]xɔ 6f0k u/]k]l5 dfq}sDko6/ j f gɔj sɔf]  
k]j ɔ k]f065 .

**kf; j 8**{sDko6/ kɔffnl, vf; u/L gɔj s{/ dx]j kɔf]k]f0n, sf]; ʔlffsf]  
nflu uf]ɔ ; s]j f kf; j 8ɔf]lɔj :yf ul/Psf]xɔ5 . uf]xs j f pkofu]stf]n]  
p; nf0{b0Psf]clf/ j f ; s]xɔ 6f0k u/]k]l5 dfq}sDko6/ j f gɔj sɔf]  
k]j ɔ k]f065 .

**k]f]n** 066/gɔdf, c? j ɔ; f06sf]lns / lj le]g k]ɔf]hfgsf/L pkn]w  
u/fpg]j ɔ; f06 .

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

; fɔbleɕ Pj -kfl/eflifs zAbfj nl

**knf0a/ cIk6s** ; ʔgf tyf ; ʔf/ klj lwdf ; ʔgfnf0{ ; f j f knf:6sssf] kl; gf]vfʔmf]tf/af6 kʔfʔf ug]klj lw xʔ; \cIk6sn knf0a/

**knf0a/ cIk6s sʔh** ; ʔgf klj lwdf ; ʔgf j f 8ʔfnf0{t/ʔ j f nʔh/ ls/ʔf=kʔfzsf]kdf kʔfʔf ul/g]z4 l ; ; f j f knf:6sn]agʔf]wufʔɔɔf dl; gf]vfʔmf]g/d tf/ .

**af06** 8ʔf]Pp6f 0sf0 . kʔoM cf7 la6sf]Ps af06 x65 . o; n] j ʔfʔfnf]Pp6f cʔf/nf0{hgfp; S5 . !)}\$ af06 a/fa/ Ps lsnfʔaf06 / !)}\$ lsnfʔaf06 a/fa/ Ps dʔfaf06 x65 . To:t}!)}\$ dʔfaf06 a/fa/ Ps luufaf06 x65 .

**af0g/l l8lh6** sDk0b/ kʔffnln]sfd ug]cʔwf/eʔ ) / ! sf]cʔsf] hfʔf . xʔʔ \l8lh6, la6 / af06 .

**la6** af0g/l l8lh6 j f b0{hfʔf cʔsf]nflu kʔfʔ ul/g]; Hʔkt zʔb . sDk0b/n]kʔfʔwg ug]sfd ug]j f vʔhfp; ʔgfsf] ; aʔɔɔf ; fgf] 0sf0 . Pp6f la6df ol t yʔ]hfgsf/l x65 ls dʔf; sf]nflu Toit ; fyɕ x6ʔ . cf7 j 6f la6 ldn] Pp6f **af06** a65 . Ps af06n]sʔl ; ʔgf lbg; S5 , h:t}j ʔfʔfnf]sg]cʔf/ .

**a6** sDk0b/ vfʔg]klqmf .

**aʔph/ j ʔkʔh aʔph** ug]ʔf nflu agf0Psf] ; ^6j ʔ/ j f kʔfʔdnf0{ aʔph/ / j ʔ j ʔph/ klg elg65 . aʔph ug]egʔf]j ʔkʔh xʔʔkʔ9g' ; ʔg' xʔ] . aʔph ug]ʔf{st} ; lkmʔ / st}PS:kʔfʔ/ʔ klg elg65 .

**Aof08ljy** sDk0b/ lj 1fgdf Jof08ljy eʔgn]b0{sDk0b/alr lgwʔ/t ; dodf kʔfʔf ug] lsg]8ʔf]kl/df0f eʔg]alen65 . Jof08lj ynf0{/ʔʔof] t/ʔsf] ; ʔbeʔf ; f0sn klʔt ; ʔʔ8df gʔlk65 eg] sDk0b/df af06 klʔt ; ʔʔ8sf]Psf0df gʔlk65 . h:t} % sʔkl cyʔf ʔklʔt ; ʔʔ8 % lsnfʔaf06sf] ultn]8ʔf kʔfʔf . sDk0b/xʔ 6ʔhknf]sf]tf/, sf]ʔIS; on sʔh j f /ʔʔof] t/ʔ, df0qmf] ʔaf6 cʔk; df ; Dklsʔ ul/Psf xʔ; S5g\ yʔ] ; dodf wʔ]8ʔf kʔfʔf ug] lfdtfnf0{wʔ}Jof08ljy lfdtʔf elg65 .

**erʔn l/ofln6l** sDk0b/n]agʔfpg]j f bʔfpg]o:tf]j :t'j f bʔo hʔ sDk0b/ kʔfʔstʔʔ]xʔʔ{cgelʔ ug] S5g\ t/ To]j :t'j f bʔosf] eʔʔts cl:t]j x6ʔ . o; nf0{ceʔʔts j f:t]j stf eʔg; ls65 .

**el:of6** el:of6 eʔkux kʔffnl cʔtuʔsf]Jofj ; flos ; ʔf/ ; j f ug] ; /n pks/ʔf xʔ] . cʔt/lfdʔ lj leʔg p2ʔon]lj leʔg pʔf0df lj leʔg lfdtʔf xʔh/fʔeʔkuxxʔ :yʔkʔ ul/Psf 5g\ tldw]Jofkʔ/s p2ʔo cyʔf ʔb/ ; ʔf/ , 6ʔhlehg kʔ f/ʔf cʔlb ; j f lbP/ axʔn lng]eʔkuxxʔn] sʔh 6ʔhlehg kʔffnlsf ; fy}3/sf]5fgdf hl8Psf l8; P66ʔfʔfknʔ 3/3/df 6ʔhlehg sfoʔmd kʔfpg]sfd u5ʔ\ el:of6 cyʔf ʔeʔl :dn Pk/r/ 6ʔdʔn gʔds eʔkuxn]lj leʔg kʔf/sf Jofkʔ/s sfd, h:t} aʔxʔalr ; :yʔxʔalr tyf 066/gʔ ; j f kʔfosxʔsf kʔffnlxʔalr l8lh6n 8ʔf l/n]ug]sfd u5{ o; af6 kʔ fl/t xʔ] ; sʔ xʔʔf ug]hl6n vʔnsf]kʔfʔf/ rʔlx6ʔ ; fgf] / ; /n pks/ʔf ePkʔ5 .

**dln6ldl8of** kʔ7d, Wj lg, lʔq, Pʔgd]g, rnlʔqsf]dʔh . xʔʔ \xʔ0k/ ldl8of

**dʔn<sup>a</sup> ln:6** ; \sg]Pp6f gʔd j f zʔifɕ cʔtuʔ ; lʔj 4 ul/Psf gʔd / 0dʔh 7ʔfʔgʔsf] ; ʔl . dʔn<sup>a</sup> ln:6df gʔd ePsf]sg]uʔxsn]dʔn<sup>a</sup> ln:6sf]gʔddf 0dʔh k7ʔof]eg]ln:6df gʔd ePsf ; aʔxʔʔof]0dʔh :j tM kʔ5 .

**dfʔʔ** sDk0b/nf0{6ʔhknf] ; ʔ sʔfsgl u/f0lbg]pks/ʔf dfʔʔ xʔ] . dfʔʔ zAb dfʔhʔ / l8dfʔhʔ/ b0{zAb ldnfP/ 5ʔʔʔfP/ agf0sf]zAb xʔ] . sDk0b/ **l8lh6n** kʔffnlʔdf sfd u5{t/ 6ʔhknf] **Pgfnu** kʔffnlʔdf sfd u5{ leʔgfleʔg}kʔffnlʔdf sfd ug]xʔgn]sDk0b/ / 6ʔhknf]n]l ; w} 8ʔf cʔbʔgkʔfʔg ug] ; Qmʔ . dfʔʔn]l8lh6n ; sʔnf0{Pʔfnu ; sʔdf / Pʔfnu ; sʔnf0{l8lh6n ; sʔdf kl/ʔf t uʔ} b0{aʔnfaʔn}kʔffnlʔf0{ cʔk; df 8ʔf cʔbʔgkʔfʔg ug] Sg]agʔf5 .

**dfʔg6/** sDk0b/n]uʔʔf]sʔdsf]kl/ʔffdf cʔf/, lʔq j f rnlʔqsf]kdf bʔfʔpg]pks/ʔf . o; nf0{l:qmg klg elg65 .

**oʔf/Pn** lj Zj el/ kmʔnPsf cgluʔtl j ʔ; f06 / lj ifoxʔdW]sg sxʔF 5 egl kʔfnufpgsf]nflu **oʔf/Pn** -olgkmd{l/ ; f] {nʔʔ/\_ sf]pkofʔ ul/65 . o; nf0{j N8]f08j ʔdf ePsf] 8sdʔ6sf] 6ʔf] j f 7ʔfʔf eg] x65 . o; nf0{066/gʔ P8} klg elg65 . of]7ʔfʔf ePkʔ5 ; f]j ʔ; f06df ePsf] sg] klg 8sdʔ6; dlʔ tʔsn]kʔg j f xʔʔ / ; ʔg ; ls65 . h:t}M <http://www.cypernepal.com.np>

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

; fɔbleɕ Pj -kfl/eflifs zAbfj nl

**oh/ gɔ** ; ʔf/sf] ; ʔfndf sg}JolQmf0{lrɔgsf nflu pkofʔ ul/g} gfd jf 7ʔfgf . Odh jf 066/gɔ kɔfʔstfɔ}cf^gf]kl/rosf nflu kɔfʔ ul/g}gd jf 7ʔfgf .

**nucg=nu0g** sDko6/ kɔfʔstfɔ}sg}sDko6/sf]pkofʔ ug{sDko6/ gɔj sɔf k} ʔ kfg, jf c? o6qps/0fsf]pkofʔ ug{cgdlt kfgsf] nflu kɔfʔ ul/g}cfbʔ nucg jf nu0g xf]. nucgd kɔfʔstfɔ}cf^gf]kl/df]ns gfd jf oh/gɔ / kf; j 8{x65 . oh/gɔ / kf; j 8{lrɔgk}5 dfq}sDko6/ jf gɔj sɔf]k} ʔ lb65 .

**nuckm** nuckm sdf08 sDko6/ jf gɔj sɔf]sfd a6b ug[sbd dfq} xf]. nucg u/} vɔf]s} sDko6/ jf gɔj s{nuckm gu/L 5fl8of]eg}csf] kɔfʔstfɔ}nucg gu/L cyfɔ\oh/gɔ / kf; j 8{kɔfʔ gu/L sDko6/ / gɔj s{rnfp; S5 . lj le6g pks/0f jf kɔfʔd cg; f/ nuckm ug[t/sf km/s x65 . sgɔf dfp; n]kɔfɔf b]vPsf]sg}; ɕ} jf zJbnf0{lsns ug]alQs}nuckm x65 eg]sgɔf s}l lglZrt clf/ jf zAb n}v}k}5 dfq} nuckm x65 .

**IngS;** of]Ps kɔf/sf]sDko6/ ck/l6<sup>a</sup> l; :6d xf]. o; sf]lj sf; olgS; gds clt zIQmzfnl axpkofʔul tyf w}kɔf/sf]sfd ug] ck/l6<sup>a</sup> l; :6daf6 ePsf]xf]. IngS; sf]pkofʔ gɔj lsɔ; ; ^6j ɔ/sf] lj sf; nufot lj lj w kɔf/sf sfd ul/65 . c? dxɔf ck/l6<sup>a</sup> l; :6dsf] bɔfɔf o; nf0{; :tf]df]g65 . o; sf]lj lj w pkofʔut / ; j { hetfn]ubf{ of]lj Zj el/ nf}kɔf a6bɔ . ; ^6j ɔ/ agfpg}sf]7hf]; Wofn]o; nf0{ ckgp65g\ IngS; nf0{lj le6g kɔf/sf xf8] ɔ/; ɛ sfd ug{ Sg]agfpgsf nflu w}}sfdx? e0/xɔf 5g\

**lj 8fɔ** sDko6/ lj 1fgdf lj 8fɔsf] cy{lj Zj kl; 4 ; ^6j ɔ/ p}kfb s df0qm] ^6 skf] gn]ahf/df NofPsf]k; ɔn sDko6/ ck/l6<sup>a</sup> l; :6d xf]. o; n}sDko6/ kɔfʔstfɔ}nf0{lsafɔsf]; ɔf dfp; h:tf]tfs} lsns u/]klg]; lhnf]pks/0f pknAw u/fP/ sDko6/ rnfp g lgS}; lhnf] agf0lbof]. lj 8fɔ cfpge6f klxn}sDko6/ rnfp g df0qm] ^6s}8:s ck/l6<sup>a</sup> l; :6d ms-dos hf]gk}of]. lj 8fɔ clxn]; ʔf/d}; a6bɔf k}Int sDko6/ rnfp g]kɔfɔf ag}f]5 . o; n}sDko6/ kɔfʔstfɔ}nf0{sDko6/df sfd ug]df0nf]jftj/0f lbPsf]5 .

**j ɔkɔ** jN8]f08j ɔdf /flvPsf 8sd06 . o; df k7ɔ, lrq, Plgd}g / rnlrq xg ; S5 .

**j ɔ; f06** 066/gɔdf b]vg]kf70, lrq, Wj lg / rnlrqsf km0nx}sf] ; ɕng . j ɔ; f06 yk}j ɔkɔ cyjf Pr6lPdPn 8sd06x} ldn] ag}f] xg; S5 . j ɔ; f06 Pp6f ; fg]kɔfɔf c6fpg]klg x65 / l; ɔ}k}:tsfno hqf]lj zfn klg xg; S5 .

; ^6j ɔ/ sDko6/ kɔfʔd tyf lgb}gx} h; n}sDko6/ xf8] ɔ/nf0{sfd ug{nufp5 . ; ^6j ɔ/ dVo b0{kɔf/sf x65g}l sDko6/nf0{sfd u/fpg] l; :6d ; ^6j ɔ/ cyjf ck/l6<sup>a</sup> l; :6d / Plkns} g ; ^6j ɔ/ h; n]df]g; x}n] lj le6g p2}ocg; f/ sDko6/sf]pkofʔ ug{ Sg]tNofp5 . h:tlx; fa ug] sfdsf nflu :kɔf; 6, lr7lkq, n} /rgf n}v}gsf nflu j 8{k} / cflb . ol afxɔ klg lj le6g sfd / p2}on]agf0Psf cg}f}k}f/sf ; ^6j ɔ/ x65g\

; **f0a/ On}66g** ; ʔf/ gɔj s{vf; u/L 066/gɔsf]d]haf6 ag}f]; ʔgf kɔfɔfnl jf klj ʔ .

; **f0a/ Sofkm}** sDko6/oQm Sofkm]j f xɔfɔ hxfɔf6 u}xsn]066/gɔ / Odh pkofʔ ug{ S5 .

; **f0a/g}6S;** hlj t j :tsf]:gfo}t}q:tf lgo6qof kɔfɔfnl]cllboog u/} To; } ɛ ldnb}f]n}b}kɔfɔfnl On}66g / of]gq pks/0fx}df lj sl; t ug]af/ɔf cllboog . ; f0a/g}6S; n]hlj t / lghl} j :talr ; dfgtf / le6gtfx}sf]thgf u5{-o:tf kɔfɔfnl} sg}Pp6f hlj sf]; d}xsf]j f ; dfhsf]klg xg ; S5 .

; **f0a/:k}** lj lnod luA; gn]cf^gf]pk6of; *Neuromancer* (1982) df kl/sllkgf u/ɔf]j f:tlj sh:t}u/L cgej ug{ lsg]cef]ts=cj f:tlj s ; ʔf/ . o:tf]cj f:tlj s blgofFhx}f}FsDko6/sf]dflw}daf6 066/gɔh:tf ; ʔfnx}dfkm} k} ʔ u/} Toxf}Psf ; ʔgf, 1fg, dfgf]h}g cflb cgej ug} k}t ug{e08f/0f / k}f}of ug{; ls65 . 066/gɔh:tf]Pscfk; df ; Dks}f ePsf sDko6/x}sf]dflw}daf6 dflg; x}n]cfk; df c6t}lqmf ug]jftj/0fnf0{; f0a/ :k} elg65 . ; f0a/ :k} sf]Pp6f dVo u0f s] xf]eg]b0{hgfalr ; ʔf/df b/l}sf]sg}dtna x65 .

; ʔgf klj lwsf]zlQm / gʔfndf o; sf]pkofʔ

; f6bleʂ Pj -kfl/eflifs zAbfj nl

**l:jlr<sup>a</sup>** bʔ; ʔf/ kʔffnldf, 6ʔhknfʔ; Dks{ubf{hg gDa/sf]nflu knfʔ  
ul/Psf]xf]Tof]gDa/df 6ʔhknfʔ sn; Dks{ul/lbg]JoJ: yf .; f]sfd  
ugʂf nflu PS; rʔndf hl8t l:jlr<sup>a</sup> pks/Of .

; ʔgf 8ʔf jf hfgsf/L / tʔofsxʂnf0{; sng / kʔfʔwg u/L; ul7t,  
; fyʂ / pkofʔ ug{lsG]cfsf/df 9flnPkI5; ʔgf a65 .; ul7t /  
pkofʔul; ʔgf; xl,; f6bleʂ, kOf{; :tf]; Totfsf]k/lif0f ug{lsG]  
ljZj; glo / rflxPsf]aʔfdf kfpG; lsg]x65 .; ʔgfnf0{cIf/xʂdf,  
csxʂdf, lraqdf, rnlraqdf / Wj gldf kʔtʔ ug{ls65 .

; ʔgfsf]dxdfdu{ rʔtʔlsf]efiffdf OgkmdI g; k/xf0j Je6gn]lj Bdfg  
066/gʔ / o; nf0{; ʔfng ug{rflxg]kʔfʔ/xʂnf0{hgfp5 . o; leq  
lghl gʔj sʂʂ, cgnf0g; jfxʂ 0Toflb klG k56\ OgkmdI g; k/xf0j  
cyfʂ\; ʔgfsf]dxdfdu{e6g]zAbfj nl; j kʔyd; ʔQm /fHo cdʔ/sfsf  
eʔkʔ {pk/fi6klt cn uf]n]kʔfʔ u/ʂf lyP . pgn]of]zAbfj nl bʔ; ʔf/  
sf]o: tf]pRr Jo08lj ynf0{hgfpG kʔfʔ u/ʂf lyP h; n]; ʔf/sf; a}  
dfg; nf0{; a}dfg; ; ʔ hfʂ5 / h; n]; ʔf/sf; aʔfnsf dflʔdxʂ -  
kf70, lraq, >Jo / rnlraq - cf] f/k; f/ ug{; S5 .

; ʔgf ou sDko6/ klj lwsf]pkofʔ u/] Jofks dfqdf; ʔgf kfpG /  
k7fpG; lsg]; donf0{; ʔgf ou e6g]ul/65 . dfGj 0ltxf; sf]j tʔfg  
; do blgs hlj gbʔv lnP/ /fi6</ ljZj s} cflyʂ; fdfhs tyf  
/fhgllts lfʔdf; ʔgfsf] dxʔj / pkofʔutf al9/xʂf]; do xf].  
elj iolj bxʂ e65g\cixn]t; ʔgf olusf]kʔ/Dedfq ePsf]5 .

; ʔf/; ʔgf klj lwsf] blgofʔf; ʔf/ e6gn] Pp6f sDko6/af6 csf]  
sDko6/; Dd jf sDko6/xʂsf]alrdf 6ʔhknfʔ, df0qmf] ʔ l/n]; of6ʔf06  
lns jf sʔh tf/h:tf; ʔf/sf] sg} dflʔdāf/f 8ʔf kʔof ug{e6g]  
alem5 .

**xf0k/6ʂ:6** kf70, lraq, Wj lg, rnlraq cflbnf0{Ps cfk; df hfʂg]  
kʔffnl . xf0k/6ʂ:6sf]d2tn]Pp6f; fduʔaf6 csf]; fduʔdf; lhn} ʔ  
klG; ls65 . jN8]f08j ʔsf]o; }kʔffnldf cfwf/t 5 . df]g6/df blvg]  
sg}; fduʔdf lSns ug{lalQs}To; ; ʔ; Dal6wt csf]; fduʔdf klu65 .  
o; /l lns u/] /flvPsf]; fduʔnf0{xf0k/lns elg65 .

**xf0k/lidl8of** kf70, lraq, Wj lg / rnlraq:tf lj lj w dflʔdxʂnf0{Ps}  
; Arqdf; ʔl7t u/] pkofʔ ug{gofFtl/sfnf0{xf0k/lidl8of elg65 .  
o; df sDko6/,; l8l/fʔ / 066/gʔsf]pkofʔ ul/65 . pbfx/0fsf]nflu  
sg}; l8l/fʔ jf j ʔkʔhsf]lns jf xf0k/lns pkofʔ u/] lj le6g dflʔods  
lj le6g lj ifo xʂʂ; Gg; ls65 . of]klj lwn]ubf{sg}klG lj ifosf]sg}klG  
dflʔoddf klgsf]nflu PskI5 csf]u/L qmd} ʔ kfgf kN6fpg'kbʂ . lSns  
ug{lalQs}hg lj ifo jf zAb rflxof]To; df klG; ls65 .

**xf0k/lns** sg}Pp6f xf0k/6ʂ:6 8sdʔ6df ePsf zAb, jfSo, lrx,  
; ʂ] lj ifo / c6o xf0k/6ʂ:6 8sdʔ6df ePsf knf0n / c?; dultʂ alrsf]  
; Dksʔf0{xf0k/lns elg65 . sg}8sdʔ6df ePsf]xf0k/6ʂ:6sf]; ʂ]nf0{  
dfp; n]lSns u/] Tof]; Dksʔ]; ʂ] ug[8sdʔ6df; lhn]klG; ls65 .  
xf0k/lns]zAb jf; ʂ] c?e6bf aln}/ʔdf / lrxG; lhnf] u/L  
agf0Psf]x65 . Tof]zAb jf lrxdfly s; { nʔhʔf To; sf]/ʔ jf ?k  
kml/65 jf s; {sf]?k kml/P/ xftsf]cfʔ h:tf]blv65 .

**xf8ʔʔ/** sDko6/ o6g pks/Of / Tof] ʔ; alwt kf6kʔhf{; fduʔ . xf8{  
jʔ/ eflʔts a:t'xf]h; nf0{5g rnfpg prflG; ls65 .

**xfʔkʔh** sg}klG jʔ; f06sf]klxnf]kʔhnf0{xfʔkʔh elg65 . o; n]; f]  
jʔ; f06 / To; df ePsf; fduʔx?sf]af/ʔf aenfp5 . o; df kʔomlj ifo  
; lr /flv65 / o; nf0{jʔ; f06sf]kl/ro jf; fʂ] dflG65 .



kl/lzió @

## ; Gbe{ fdul

**bzfRk#jifló ofhgf, /flió ofhgf cfofu .**

b%; #f/ gllt @)%^, >l %sf]; /sf/ .

**gkfnsf]ljsf; sf nflu ; Rgf kljlw ; Rgf kljlw gllt tyf /0fgllt; DaGwl sfo{qxç, /flió ofhgf cfofu . @)%\* .**

**gkfnl b}gs, ; fktflxs tyf kllfs kqklqsf -@)%# ; fnb}v @)^) ; fpg; Ddsf\_ .**

**ljBtlo -0n}6}gs\_ sf/f}f/ / l8lh6n x: tflf/ ; DaGwl Joj :yf ug{ ag}f]ljw}S, @)%&, lj 1fg tyf klj lw dGqfno .**

**; Rgf kljlw gllt, @)%& , /flió ofhgf cfofu .**

**j} ; f06xç M ; /sf/sf lj leG dGqfno, ljeFu, cfofu, ; yfg tyf lj leG lgsfosf j} ; f06x/? , cft/flió tyf /flió u}; /sf/l ; yfsf j} ; f06xç,**

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; Rgf klj lwsf]zIQm / gkfnf o; sf]pkofu

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